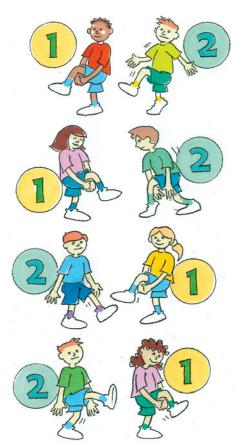
CLASS MANAGEMENT

EASY MED HARD



Splitting pairs

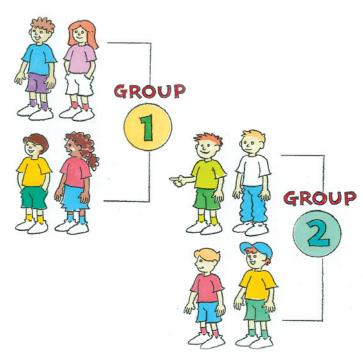
If a class is already divided into pairs, this activity allows the coach to form 2 new groups. If the 2 new groups are too big, they can be split using this fun activity. (Play with 8 or more.)



What to do

SETTING UP

> Players are already in pairs from a previous activity.



PLAYING

- Call an action such as 'reach under your knee and join hands while standing on one leg'.
- The first person to perform the call from each pair form group 1 and the other half form group 2.
- > **Four groups** repeat the previous step.



If there is a dispute about who was first, ask for a repeat and add an extra level of difficulty, e.g. do it with eyes closed.

Change it

- Choose an activity that is appropriate for all members of the group.
- > You can substitute less demanding activities.







LORR LORR

LESSON LINK

Splitting pairs is a fun class management tool that allows the coach to move from one formation to another. See also card Start out WC 02a.