

## Team passing

## SESSINN

B
2 teams each with 2 or more players. The team with the ball makes as many passes as possible before the opposing team intercepts. (Play with 4 or more - break into


## PLAYING

$>$ No running with the ball.
> The team with the greatest number of passes in a set time is the winner - make sure someone on each side keeps score.
> Dropped passes do not score.
> Rule - players cannot stand next to each other unless one of the players is unable to pass/catch

## Change it

> Various throws - e.g. underarm, overarm, two-handed, side arm.
> Use non-preferred hand.
> Roll the ball - the receiver has to trap the ball and retain it to score.
> Vary - throwing pass or hand to hand pass, type and size of ball, uneven team size, 2-3 steps allowed for throwers, allowable distance between thrower and interceptor. Establish an intercept free-zone.
Interceptors are excluded from the zone


## Safety

> Choose a ball to suit the ability of the players - vary size and weight.
$>$ No snatching or body contact.
$>$ If a ball goes out of the area, retrieving players should signal they are entering another group's area.

[^0]
[^0]:    LESSON LINK
    Team passing is a simple invasion game that can be modified to suit a wide range of abilities. The game builds on simple passing and catching activities such as Start out CP 03.

