

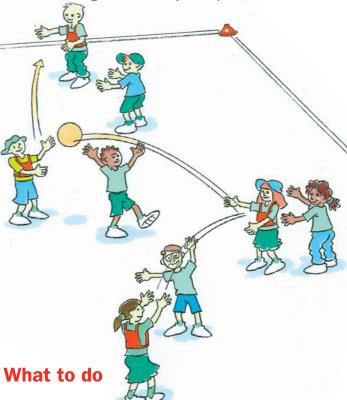




SESSION

В

2 teams each with 2 or more players. The team with the ball makes as many passes as possible before the opposing team intercepts. (Play with 4 or more – break into discrete games as required.)



PLAYING

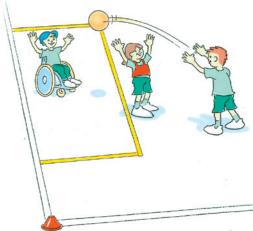
- > No running with the ball.
- The team with the greatest number of passes in a set time is the winner – make sure someone on each side keeps score.
- > Dropped passes do not score.
- > Rule players cannot stand next to each other unless one of the players is unable to pass/catch.

Change it

- > **Various throws** e.g. underarm, overarm, two-handed, side arm.
- > Use non-preferred hand.
- > Roll the ball the receiver has to trap the ball and retain it to score.

Team passing

Vary – throwing pass or hand to hand pass, type and size of ball, uneven team size,
2–3 steps allowed for throwers, allowable distance between thrower and interceptor.
Establish an intercept free-zone.
Interceptors are excluded from the zone



Safety

- Choose a ball to suit the ability of the players – vary size and weight.
- > No snatching or body contact.
- If a ball goes out of the area, retrieving players should signal they are entering another group's area.

LESSON LINK

Team passing is a simple invasion game that can be modified to suit a wide range of abilities. The game builds on simple passing and catching activities such as Start out CP 03.

SETTING UP

- Open area with a safe distance between groups – use cones to mark playing areas.
- > May be adapted for a suitable pool.
- > One ball for each 2 teams. Vary the type of ball depending on the ability of the group.
- > Bibs for one team for the dry-land game.