

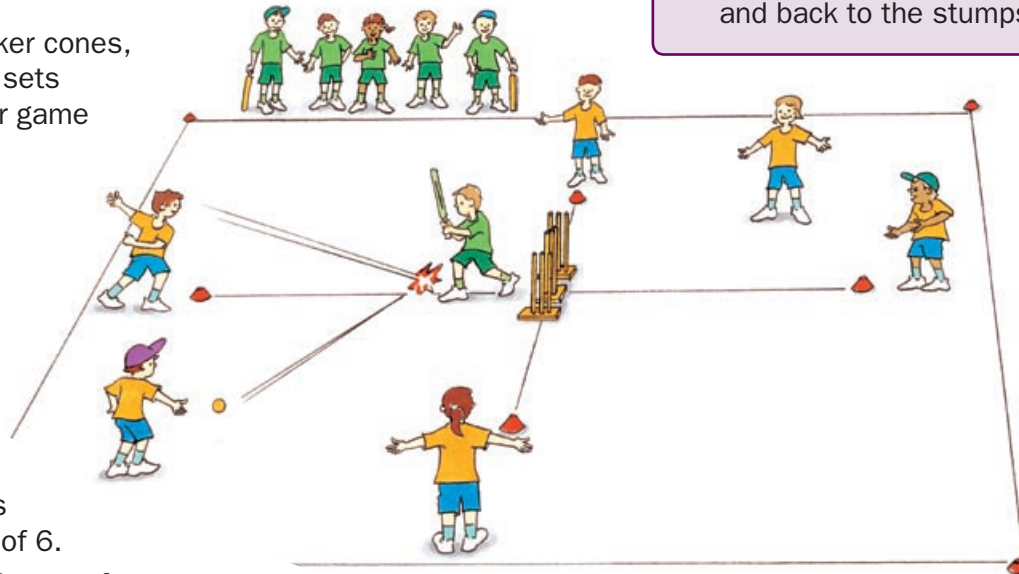


# Four bowler cricket

**Batters attempt to score points by running around a marker. Bowlers attempt to get batters out by bowling or catching them out. (Play in 2 teams of 6.)**

## What you need

- > 1 ball, 4 marker cones, 3 bats and 3 sets of stumps per game



## What to do

### SETTING UP:

- > Divide players into 2 teams of 6.
- > Position the 3 sets of stumps to face the 4 directions of bowling.
- > The fielding team has 4 bowlers (1 placed on each marker) and 2 fielders.

### PLAYING:

- > The batting team bats one at a time.
- > A bowler bowls the ball to the batter.
- > When the batter hits the ball, they must run around the marker from where the ball was bowled and return to the batting position.
- > The ball is returned by a fielder to any of the bowlers, where they can bowl immediately — even if the batter has not returned.
- > The batter may be out by being bowled or caught only.
- > Rotate the bowlers and fielders regularly.
- > Teams change over when all batters have been dismissed.

## Scoring

- > 1 run is scored each time a batter successfully runs around a marker and back to the stumps.

## Change it

- > Vary the type of ball and bat according to players' ability.
- > Allow players to bat from a tee.
- > Use either an underarm or overarm bowling action or roll the ball when bowling.

## Safety

- > If using a hard cricket ball, protective padding must be worn by the batter i.e. helmet, leg pads and gloves.

## Ask the players

- > When batting where can you hit the ball to score the most points?
- > Where should you bowl to try and get the batter out?
- > Where is the best place to stand when fielding?
- > How can you work together to get batters out/stop batters scoring?

## LESSON LINK

*Four bowler cricket* is an energetic game that keeps players moving. The game develops fielding, bowling, batting and teamwork skills.