Get into it SF 07







TEAM 1



TEAM 2

# Kolap

This object throwing game was played on Mer Island in the Torres Strait. 'Kolap' refers to the beans of the Kolap tree – the throwing objects. Objects (*kolaps*) are thrown onto a target such as a mat. Players work in teams of two aiming to reach a set score.

# Scoring

- > Play until a nominated combined score is reached by one of the teams, e.g. 20.
- > A kolap must land completely on the target to count.

# TEAM 2 WHAT you need

## What to do

- Players attempt to throw their kolaps onto the mat in front of them.
- One player starts the game and throws 4 kolaps. A player from the second team throws next.

### **LESSON LINK**

A target game that provides interest and variety to other games like bocce.

SESSION PLANS

> Targets for each pair: softball

coins or large buttons

> Each player has 4 kolaps.

bases, rubber mats or towels

> Objects to represent kolaps – bean bags,

> Set up the playing area and pairs in teams

as shown. Notice how the pairs are split

# Kolap

Skills > Target throwing

# change it...

- > Change the distance and size of the target.
- > Vary the type of throw front on, side on, 1 or 2 hands.
- > Set a time limit for each round of 4 kolaps thrown.
- Match the kolap substitute to the ability of the group, e.g. bean bags and bigger targets for beginners.
- > Provide targets at different distances, with different values.

No standing around – each player has their own target (the same distance for each player). Players can throw simultaneously and avoid waiting around.



# **Safety**

- > Ensure adequate space for the number of players.
- > Players wait for others to finish their round before moving onto the playing area.

