



Australian Government  
Australian Sports Commission

## Active After-school Communities

Helping kids and communities get active



# ACTIVE AFTER-SCHOOL COMMUNITIES (AASC) program National Triathlon participation report – 2011 - 2012

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*Prepared:*        **2012**

*By:*                **Kym McMahon, NSO Liaison Manager**

## Background

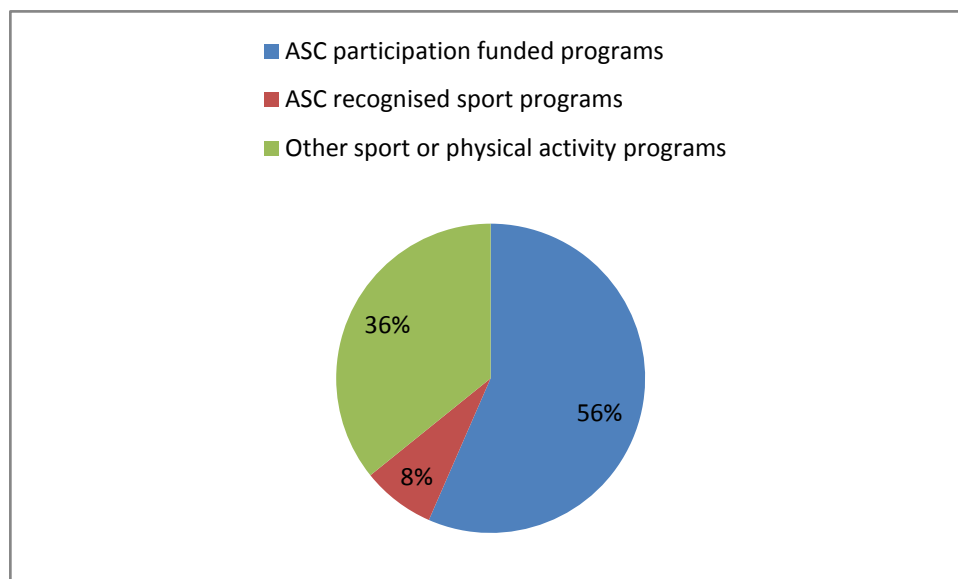
The Active After-school Communities (AASC) program has been delivering sport and physical activity programs to primary school aged children across Australia for more than seven years. Over the past few years, the program has had an increased focus to engage with local, state and national sporting bodies and develop strategies to promote continued participation in sport.

This report provides a snapshot of quantitative data relevant to triathlon programs during the 2011 - 2012 financial year.

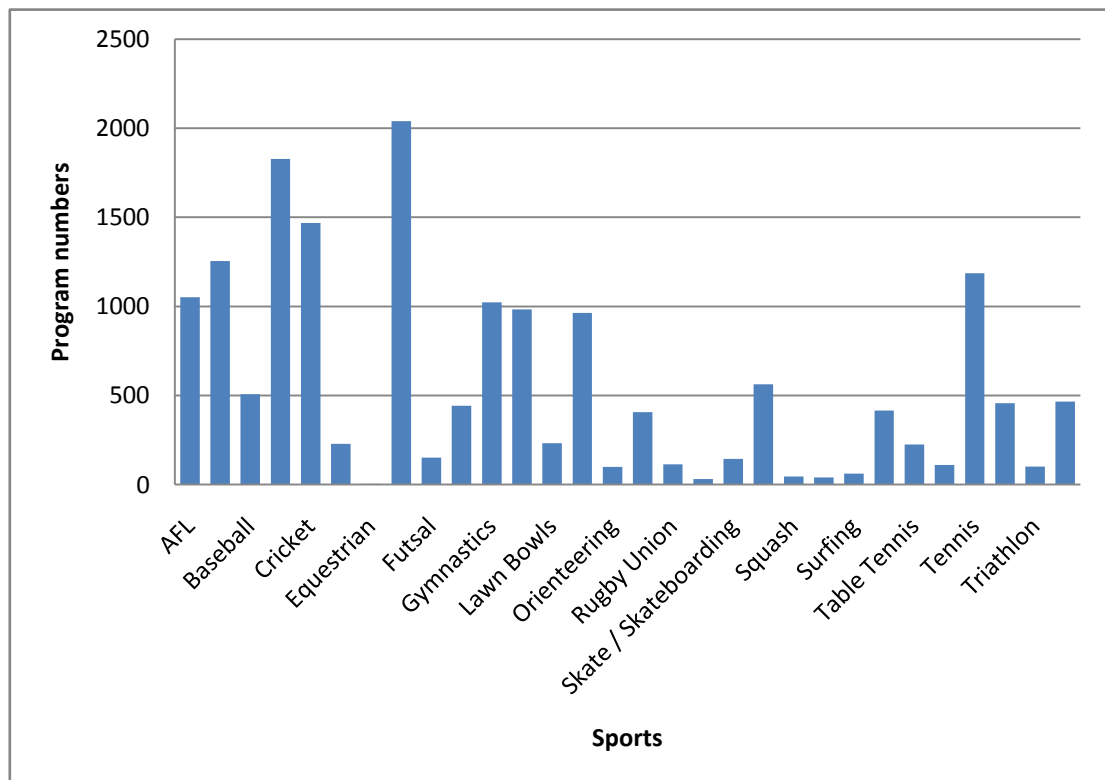
Each semester, schools and Outside School Hours Care (OSHC) services involved in the AASC program identify the sports and physical activities they would like delivered to the children participating within the program.

The AASC program is committed to promoting Australian Sport Commission (ASC) participation funded and recognised sports for delivery. Figure one shows the percentage of AASC programs delivered by ASC funded and recognised sports, while figure two indicates the percentages of ASC participation funded sport programs delivered.

**Figure 1: Percentage of AASC programs by sport or physical activity type in 2011 - 2012**



**Figure 2: Percentage of ASC participation funded sport programs in 2011 - 2012**

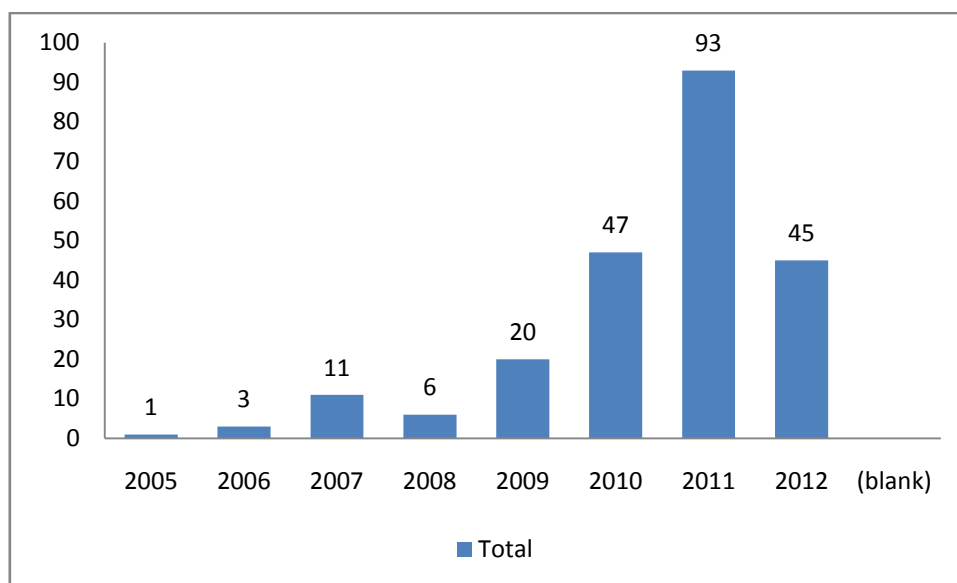


## National Snapshot – Triathlon in the AASC program

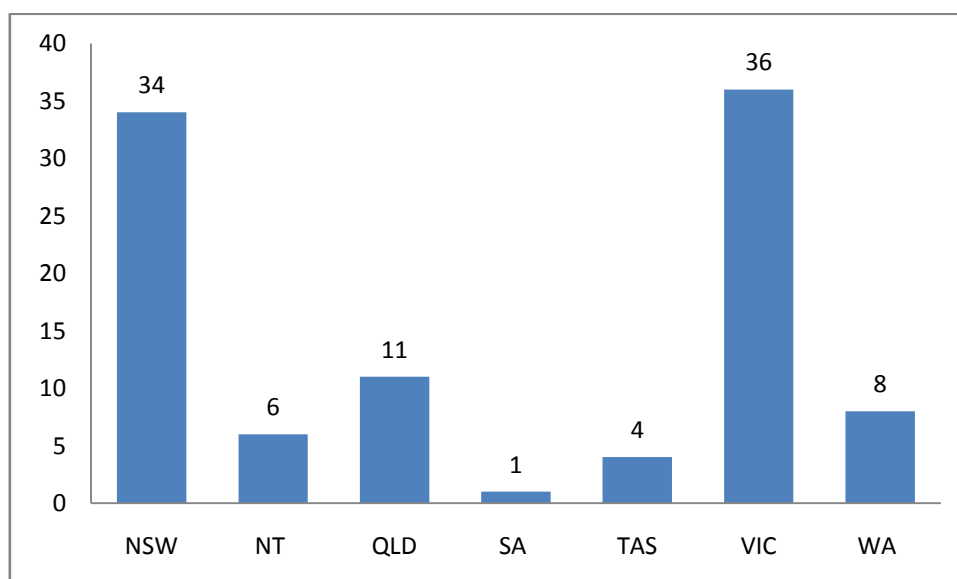
### Triathlon programs

Approximately 3270 schools and OSHC centres across Australia delivered the AASC program during the 2011 – 2012 period. **Appendix A** outlines details for the schools and OSHC centres that delivered Triathlon programs.

**Figure 3: Number of triathlon programs delivered by year**  
(Note 2012 – Semester one)



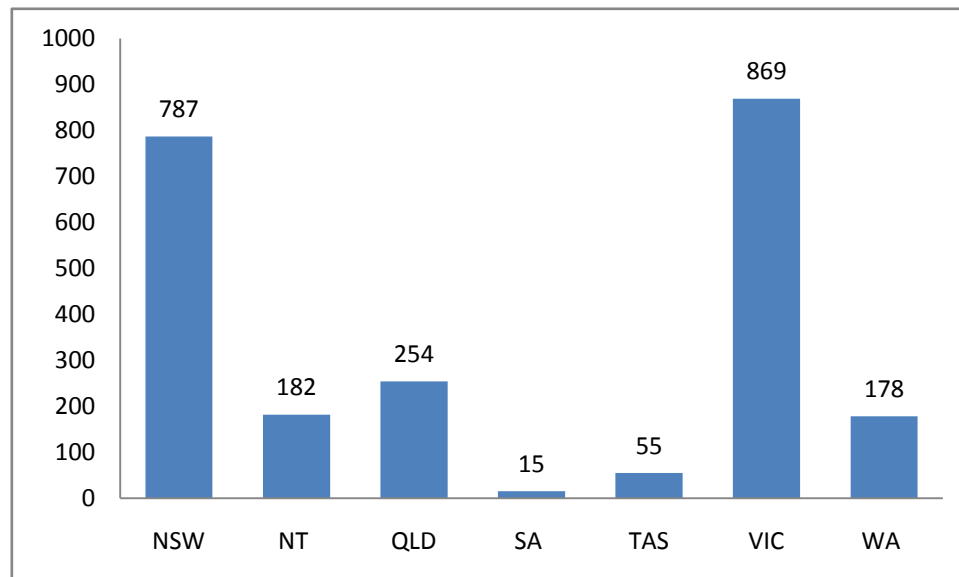
**Figure 4: Number of triathlon programs delivered in 2011 – 2012 by state**  
(Total programs = 100)



## Participant numbers

**Figure 5: Approximate number of triathlon program participants in 2011 – 2012 by state**  
(Total = 2340)

(\* Participant numbers are based on site grant application projected figures)

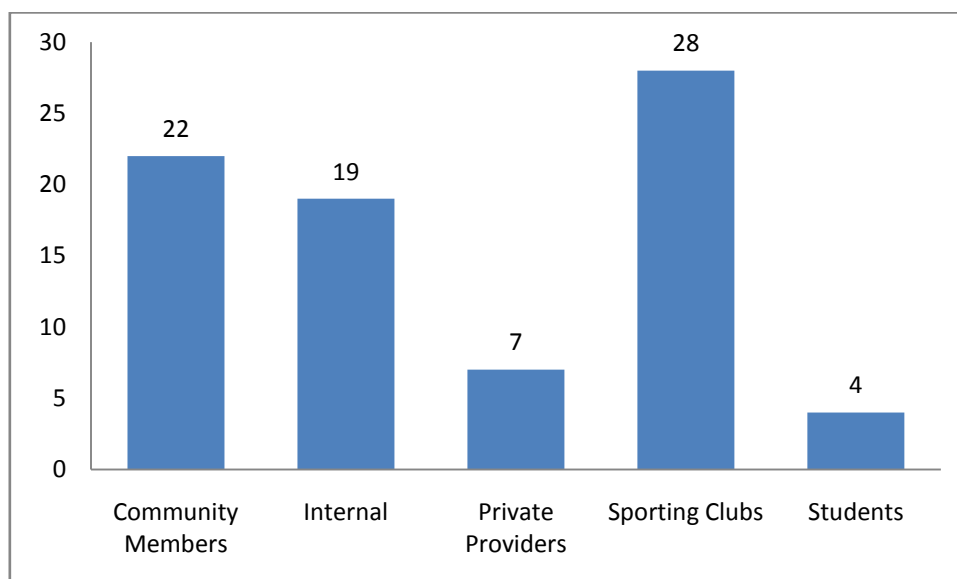


## Triathlon community coaches

Programs are delivered at AASC program sites by community coaches who are registered with the ASC. Coaches are classified into the following categories:

Coach category	Types of coaches
Community member	Relation of a child or a volunteer coach
Internal	School teacher or employee of the OSHC centre
Private provider	Private organisation deliverer
Sporting Club	Local club member, accredited coach and state sporting organisation representative or coach
Student	High school, TAFE or university student

**Figure 6: Breakdown of community coaches who delivered triathlon in 2011 – 2012  
(Total = 80)**



There were 80 individual coaches registered to deliver triathlon programs in 2011 - 2012. Of these 80 individuals, 28 individual coaches were linked to a sports club, so the assumption can be made that more than 20 links between local sporting clubs and schools or OSHCs were made.

**Table 1: State breakdown of community coaches who delivered triathlon in 2011 – 2012**

Community Coach Sub Type Grouping	NSW	NT	QLD	SA	TAS	VIC	WA	Grand Total
Community Members	14		4	1	1	1	1	22
Internal	7		3		3	4	2	19
Private Providers	1	3				3		7
Sporting Clubs	7		4		1	12	4	28
Students	4							4
Grand Total	33	3	11	1	5	20	7	80

**Appendix B** outlines some of the organisations to deliver triathlon programs in the 2011 – 2012 period.

## Transitions to sport

At the beginning of 2012, the AASC program implemented database functionality to capture information on AASC program participants who have transitioned from the AASC program into community or school sport. Strategies to promote and transition children into continued participation in sport that have been effective include:

- The provision of club promotional and discount flyers to participating children and their families
- Club coaches mentoring other community coaches to enhance their ability to deliver sport programs
- Club coaches attending final AASC program sessions to promote links with local clubs
- The coordination of come and try or club registration events at local clubs at the end of the AASC program term.

**Appendix C** outlines examples of ongoing participation in triathlon during the 2011 – 2012 period.

## Summary

The AASC program values the involvement of Triathlon Australia, State and local triathlon associations within the program and would like to further develop strategies to help increase participation in the sport of triathlon.

I welcome you to contact me to discuss ongoing opportunities for collaboration or to find local contacts within our AASC program staff network.

Kind regards,

**Kym McMahon**

NSO Liaison Manager

Active After-school Communities

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## Appendix A – School and OSHC centre details

State	Region	Site Name	Site Type	Venue Address 1	Venue Address 2	Suburb	Postcode	Number of Participants	Sessions per Week	Year	Term
NSW	NSW - Lake Macquarie	Barnsley Public School	School	Cliffbrook Street		Barnsley	2278	15	1	2012	1
NSW	NSW - Riverina 2	Beckom Public School	School	Welman Street		Beckom	2665	15	1	2011	4
NSW	NSW - Parramatta/Fairfield	Bossley Park Public School	School	Cnr Bossley Park Road and Marconi Rd		Bossley Park	2176	35	1	2011	4
NSW	NSW - Sutherland Shire/Georges River	Burraneer Activity Centre	OSHCS	161-165 Burraneer Bay Road		Cronulla	2230	20	1	2011	4
NSW	NSW - Sutherland Shire/Georges River	Burraneer Activity Centre	OSHCS	161-165 Burraneer Bay Road		Cronulla	2230	20	1	2011	4
NSW	NSW - Riverina 4	Deniliquin OOSH	OSHCS	Cnr Harfleur & Butler Streets		Deniliquin	2710	31	1	2012	1
NSW	NSW - Central West Sydney	Dobroyd Point OOSH	OSHCS	Dobroyd Point Public School	87 Waratah St	Haberfield	2045	40	1	2012	2
NSW	NSW - Riverina 4	Edward Public School	School	Butler St		Deniliquin	2710	15	1	2012	1
NSW	NSW - North Coast 2	Evans River K-12 Community School	School	Cypress Street		Evans Head	2473	30	1	2011	4
NSW	NSW - Riverina 1	Ganmain Public School	School	19-23 Langham Street		Ganmain	2702	35	1	2011	4
NSW	NSW - Riverina 2	June North Public School	School	Queen Street		June	2663	15	2	2012	1



NSW	NSW - Riverina 2	June Public School	School	Lorne Street		June	2663	15	1	2012	1
NSW	NSW - Central Coast 1	Kariong Public School	School	Langford Dr		Kariong	2250	25	2	2011	4
NSW	NSW - Riverina 4	Mallan Public School	School	Cunninyeuk Rd		MALLAN	3586	10	1	2011	4
NSW	NSW - Riverina 4	Mallan Public School	School	Cunninyeuk Rd		MALLAN	3586	10	1	2011	4
NSW	NSW - Riverina 4	Moulamein Public School	School	Brougham St		Moulamein	2733	20	1	2012	1
NSW	NSW - Hunter/North Coast (RM)	Mount Hutton PS	School	12 Dunkley Pde		Mount Hutton	2290	25	1	2011	4
NSW	NSW - Central Coast 1	Narara Valley Baptist ASC	OSHCS	127 Narara Valley Dr		Narara	2250	25	1	2012	1
NSW	NSW - New England/North West	Norfolk Island Central School	School	Queen Elizabeth Drive		NORFOLK ISLAND	2899	40	1	2012	1
NSW	NSW - Central Coast 2	Northlakes Public School	School	Goorama Ave		San Remo	2262	25	1	2011	3
NSW	NSW - Central Coast 2	Northlakes Public School	School	Goorama Ave		San Remo	2262	25	1	2011	3
NSW	NSW - Central Coast 2	Northlakes Public School	School	Goorama Ave		San Remo	2262	25	1	2011	4
NSW	NSW - Central Coast 2	Northlakes Public School	School	Goorama Ave		San Remo	2262	25	1	2011	4
NSW	NSW - Central Coast 2	Northlakes Public School	School	Goorama Ave		San Remo	2262	18	1	2012	1
NSW	NSW - Mid North Coast 1	Port Adventist School	School	500 Ocean Drive		Port Macquarie	2444	20	1	2011	3
NSW	NSW - Central West Sydney	Presbyterian Ladies College	School	Boundary street		Croydon	2132	25	1	2012	1
NSW	NSW - Queanbeyan/Monaro	Queanbeyan YMCA - Bungendore	OSHCS	63 Majara Street		Bungendore	2621	45	1	2011	4
NSW	NSW - Hunter Coalfields	Scone OOSH	OSHCS	St Marys School	Waverley St	Scone	2337	24	1	2011	4
NSW	NSW - Lake Macquarie	Speers Point Public School	School	Main Rd		Speers Point	2284	31	1	2011	4

NSW	NSW - Riverina 3	St Columbas Primary School	School	6-14 Corcoran St		Berrigan	2712	18	1	2012	1
NSW	NSW - Lake Macquarie	Teralba Public School	School	York St		Teralba	2284	40	1	2011	4
NSW	NSW - Riverina 3	Thurgoona Public School	School	11 Bottlebrush St		Thurgoona	2640	25	1	2011	3
NT	NT - Top End 1	Holy Spirit School OSHCS	OSHCS	Gsell St		Wanguri	0810	35	1	2011	3
NT	NT - Top End 1	Leanyer School Council OSHCS	OSHCS	Leanyer Drive		Leanyer	0812	70	1	2011	3
NT	NT - Top End 1	St Andrews Lutheran School	School	94 Leanyer Drive		Leanyer	0812	25	1	2011	3
NT	NT - Top End 2	St Pauls OSHC	OSHCS	Cnr Trower Rd & Francis St		Rapid Creek	0810	12	1	2011	4
NT	NT - Top End 1	Wanguri OSHCS	OSHCS	Gsell St		Wanguri	0810	15	1	2011	4
NT	NT - Top End 2	YMCA Nightcliff OSHC	OSHCS	Cunjevoi Crescent		Nightcliff	0810	25	1	2012	2
QLD	QLD - Townsville and Gulf	Greenvale State School	School	Cassia Court		Greenvale	4816	25	1	2012	1
QLD	QLD - Townsville and Gulf	Greenvale State School	School	Cassia Court		Greenvale	4816	25	1	2012	1
QLD	QLD - Townsville and Gulf	Greenvale State School	School	Cassia Court		Greenvale	4816	25	1	2012	2
QLD	QLD - North West QLD	Julia Creek State School	School	21 Burke St		Julia Creek	4823	16	1	2012	1
QLD	QLD - Cairns & Tablelands	Mareeba State School	School	Constance Street		Mareeba	4880	15	1	2012	1
QLD	QLD - Gold Coast South	Numinbah Valley State School	School	2270 Nerang - Murwillumbah Road		Numinbah Valley	4211	15	1	2011	4
QLD	QLD - Toowoomba & Darling Downs (West)	St Johns Lutheran PS	School	84-92 Ivy St		Kingaroy	4610	20	1	2012	2
QLD	QLD - Central West	St.Josephs Catholic School	School	66 Rainbow Street		Biloela	4715	50	1	2012	1

QLD	QLD - Sunshine Coast North	Sunshine Beach State School	School	Sunshine Beach State School	David Low Way	Sunshine Beach	4567	20	1	2011	3
QLD	QLD - Toowoomba & Darling Downs (West)	Taabinga State School	School	Rae Street		Kingaroy	4610	18	1	2011	4
QLD	QLD - Cape & TSI	Tagai State College - Thursday Island P-7 Campus	School	Summer Street		Thursday Island	4875	25	1	2012	2
SA	SA - Mid North & Yorke	Stansbury Primary School	School	North Tce		Stansbury	5582	15	1	2011	4
TAS	TAS - South 3	Risdon Vale PS	School	2 Heather Rd		Risdon Vale	7016	20	2	2011	3
TAS	TAS - North	St Marys District High School	School	Gray Road		St Marys	7215	15	1	2011	3
TAS	TAS - South 3	Triabunna District High School	School	15 Melbourne Street		Triabunna	7190	20	1	2011	3
VIC	VIC - Metro Northern 3	Andersons Creek PS OSHCS	OSHCS	Drysdale Rd		Warrandyte	3113	20	1	2012	1
VIC	VIC - Metro Eastern 5	Ashburton Primary School	School	Fakenham Rd		Ashburton	3147	25	1	2012	1
VIC	VIC - Metro Eastern 6	Belgrave Heights Christian School	School	Wattle Valley Rd		Belgrave Heights	3160	30	1	2011	4
VIC	VIC - Metro Northern 3	Donvale Primary School	School	Elata St		DONVALE	3111	30	1	2012	2
VIC	VIC - Goulburn 4 - Bright	Dookie PS	School	Baldock St		Dookie	3646	15	1	2012	1
VIC	VIC - Goulburn 1 - Shepparton	Echuca South Primary School	School	McKenzie Street		Echuca	3564	20	1	2012	2
VIC	VIC - Metro Eastern 5	Heathmont East PS	School	Louis St		Heathmont	3135	25	1	2011	3
VIC	VIC - Metro Southern 4	Highvale Primary School	School	Ashton Street		Glen Waverley	3150	35	1	2011	4

VIC	VIC - Metro Eastern 3	Kalinda Primary School	School	39-49 Kalinda Rd		Ringwood	3134	25	1	2011	3
VIC	VIC - Metro Eastern 5	Kilsyth Primary School	School	Durham Road		Kilsyth	3137	20	1	2011	3
VIC	VIC - Loddon 1 - Mildura	Koorlong Primary School	School	3645 Benetook Avenue		Koorlong	3501	15	1	2012	1
VIC	VIC - Metro Southern 4	Malvern Valley Primary School	School	1 A Abbotsford Avenue		Malvern East	3145	25	1	2012	1
VIC	VIC - Metro Southern 4	Malvern Valley Primary School	School	1 A Abbotsford Avenue		Malvern East	3145	25	1	2012	2
VIC	VIC - Gippsland 2 - Moe	Nilma Primary School	School	Bloomfield Rd		Nilma	3821	20	1	2012	1
VIC	VIC - Metro Southern 5	Oakleigh Primary School	School	Cnr Warrigal Road & Logie Street		Oakleigh	3166	25	1	2011	4
VIC	VIC - Metro Southern 5	Oakleigh South Primary School	School	Riley Street		Oakleigh South	3167	25	1	2012	1
VIC	VIC - Metro Northern 3	OSHClub Deepdene	OSHCS	958a Burke Rd		Balwyn	3103	35	1	2011	4
VIC	VIC - Metro Eastern 3	Our Holy Redeemer ASC	OSHCS	311 Mont Albert Rd		Surrey Hills	3127	18	1	2011	3
VIC	VIC - Metro Eastern 3	Our Holy Redeemer ASC	OSHCS	311 Mont Albert Rd		Surrey Hills	3127	18	1	2011	3
VIC	VIC - Metro Southern 5	Our Lady of Lourdes Prahran	School	7 Wynnstay Rd		PRAHRAN	3181	25	1	2011	4
VIC	VIC - Loddon 4 - Mildura	Our Lady of the Sacred Heart	School	18 Box Street		Merbein	3505	32	1	2012	1
VIC	VIC - Loddon 4 - Mildura	Our Lady of the Sacred Heart	School	18 Box Street		Merbein	3505	32	1	2012	1
VIC	VIC - Goulburn 4 - Bright	Oxley PS	School	1050 Wangaratta - Whitfield Road		Oxley	3678	15	1	2011	3
VIC	VIC - Metro Eastern 6	Rolling Hills PS OSHCS	OSHCS	52 Landscape Dr		Mooroolbark	3138	15	1	2012	1
VIC	VIC - Metro Southern 5	Solway Primary School	School	Winton Road		Ashburton	3147	20	1	2011	4
VIC	VIC - Metro Southern 4	Syndal South Primary School	School	14 Montgomery Ave		MOUNT WAVERLEY	3149	35	1	2011	4
VIC	VIC - Metro Eastern 6	Tecoma PS OSHC	OSHCS	1536 Burwood Highway		TECOMA	3160	25	1	2012	1

VIC	VIC - Metro Northern 3	Templestowe Valley Primary School OSHC	OSHCS	Birchwood Ave		TEMPLESTOWE LOWER	3107	35	1	2011	4
VIC	VIC - Loddon 1 - Mildura	The Lake OSHCS	OSHCS	Seventeenth Street		Cabarita	3505	20	1	2012	1
VIC	VIC - Goulburn 5 - Wodonga	Trinity Anglican College	School	34 Ellen McDonald Drve		BARANDUDA	3691	20	1	2011	4
VIC	VIC - Metro Eastern 6	Upwey South Primary School Combined OSHC	OSHCS	91 Morris Rd		Upwey	3158	15	1	2012	2
VIC	VIC - Goulburn 4 - Bright	Wangaratta Primary School	School	Chisholm St		Wangaratta	3677	17	1	2012	2
VIC	VIC - Gippsland 2 - Moe	Warragul North PS	School	O'Dowds Rd		Warragul	3820	20	1	2012	1
VIC	VIC - Metro Northern 3	Wonga Park Primary School	School	Dudley Rd		WONGA PARK	3115	60	1	2012	2
VIC	VIC - Goulburn 3 - Euroa	Yea PS	School	23 Station St		Yea	3717	16	1	2011	3
VIC	VIC - Goulburn 3 - Euroa	Yea PS	School	23 Station St		Yea	3717	16	1	2011	4
WA	WA - South West	East Manjimup PS	School	O'Connor Street		Manjimup	6258	20	1	2012	2
WA	WA - South West	East Manjimup PS	School	O'Connor Street		Manjimup	6258	20	1	2012	2
WA	WA - Great Southern - Esperance	Gnowangerup District High School	School	Yougenup Road		GNOWANGERUP	6335	25	1	2012	1
WA	WA - Wheatbelt	Lancelin PS	School	53 Gingin Road		Lancelin	6044	30	1	2011	4
WA	WA - Great Southern	Manjimup Primary School	School	Finch Street		Manjimup	6258	20	1	2012	2
WA	WA - Fremantle Peel	Mel Maria Catholic Primary School	School	33 Davidson Road		Attadale	6156	30	1	2011	4
WA	WA - Fremantle North	Presbyterian Ladies' College	School	14 McNeil Street		PEPPERMINT GROVE	6011	9	1	2011	3
WA	WA - Fremantle North	Presbyterian Ladies' College	School	14 McNeil Street		PEPPERMINT GROVE	6011	24	1	2011	4



## Appendix B – Triathlon program delivery organisations

State	Program Delivery Organisation
NSW	Deniliquin Sports Park Incorporated
NSW	Deniliquin Sports Park Incorporated
NSW	Deniliquin Sports Park Incorporated
NSW	Woodstock Runners
NSW	Deniliquin Sports Park Incorporated
NSW	Feel Happy Fitness
NSW	Moulamein Little Athletics Centre
NSW	Triathlon ACT
NSW	Scone OOSHC
NSW	Albury Wodonga Triathlon Club
NT	HG Fitness
NT	HG Fitness
NT	HG Fitness
QLD	McKinlay Shire Council
QLD	Triadventure
QLD	Kingaroy Touch Association
VIC	Nunawading Triathlon Club
VIC	Nunawading Triathlon Club
VIC	Nunawading Triathlon Club
VIC	Nunawading Triathlon Club
VIC	Nunawading Triathlon Club
VIC	Merbein Swimming Club
VIC	Nunawading Triathlon Club
VIC	Coomealla Triathlon Club
VIC	Coomealla Triathlon Club
VIC	Nunawading Triathlon Club

VIC	Nunawading Triathlon Club
VIC	Triathlon Victoria
VIC	Red Cliffs Swimming Club Inc
WA	Manjimup Marlin Swimming Club
WA	Gnowangerup Sporting Complex Committee
WA	Manjimup Marlin Swimming Club



### Appendix C – Examples of participation in triathlon beyond the AASC program

Transition Type	Description	Organisation	Site	State	Region	Term	Date Held	Participants Engaged	Transitioned To Sport
Program	Triathlon Program with club delivery - transition into Anaconda Junior Tri Event at Noosa		Sunshine Beach State School	QLD	Sunshine Coast North	2	11/08/2012	20	7
Program	Dirt and Dust Festival Triathlon		Julia Creek State School	QLD	North West QLD	2	20/04/2012	16	16
Event	The club arranged the children to go to the local pool to enhance triathlon program experience	Nunawading Triathlon Club		VIC	Metro Eastern 5	1	29/03/2012	25	0
Event	One off Tri event held at Merbein Pool outside of 7 week AASC session	Coomealla Triathlon Club		VIC	Loddon 1 - Mildura	1	11/03/2012	20	20