

# Active After-school Communities

Helping kids and communities get active



# ACTIVE AFTER-SCHOOL COMMUNITIES (AASC) program National Sailing participation report – 2011 - 2012



Prepared: 2012

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# **Background**

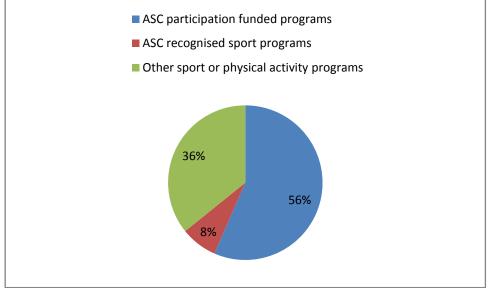
The Active After-school Communities (AASC) program has been delivering sport and physical activity programs to primary school aged children across Australia for more than seven years. Over the past few years, the program has had an increased focus to engage with local, state and national sporting bodies and develop strategies to promote continued participation in sport.

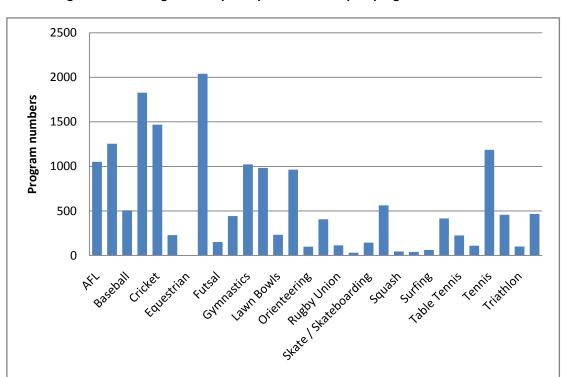
This report provides a snapshot of quantitative data relevant to sailing programs during the 2011 - 2012 financial year.

Each semester, schools and Outside School Hours Care (OSHC) services involved in the AASC program identify the sports and physical activities they would like delivered to the children participating within the program.

The AASC program is committed to promoting Australian Sport Commission (ASC) participation funded and recognised sports for delivery. Figure one shows the percentage of AASC programs delivered by ASC funded and recognised sports, while figure two indicates the percentages of ASC participation funded sport programs delivered.

Figure 1: Percentage of AASC programs by sport or physical activity type in 2011 - 2012





**Sports** 

Figure 2: Percentage of ASC participation funded sport programs in 2011 - 2012

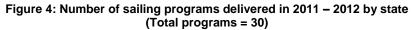
# National Snapshot - Sailing in the AASC program

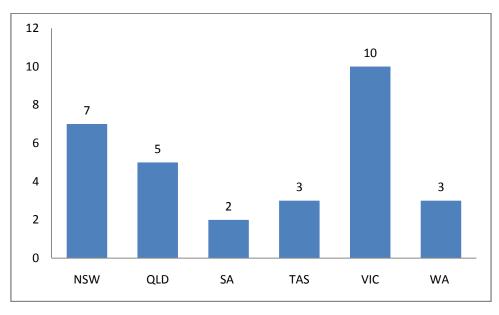
## Sailing programs

Approximately 3270 schools and OSHC centres across Australia delivered the AASC program during the 2011 – 2012 period. **Appendix A** outlines details for the schools and OSHC centres that delivered sailing programs.

(blank) Total

Figure 3: Number of sailing programs delivered by year (Note 2012 – Semester one)





# **Participant numbers**

Figure 5: Approximate number of sailing program participants in 2011 – 2012 by state (Total = 615)

(\* Participant numbers are based on site grant application projected figures)



# Sailing community coaches

Programs are delivered at AASC program sites by community coaches who are registered with the ASC. Coaches are classified into the following categories:

Coach category	Types of coaches
Community member	Relation of a child or a volunteer coach
Internal	School teacher or employee of the OSHC
	centre
Private provider	Private organisation deliverer
Sporting Club	Local club member, accredited coach
	and state sporting organisation
	representative or coach
Student	High school, TAFE or university student

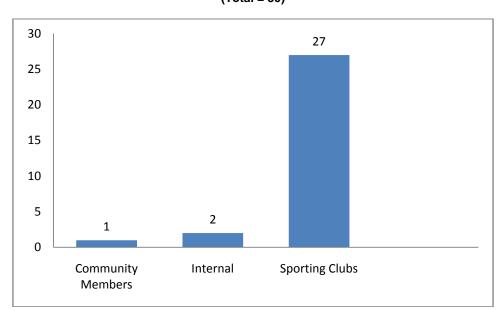


Figure 6: Breakdown of community coaches who delivered sailing in 2011 – 2012 (Total = 30)

There were 30 individual coaches registered to deliver sailing programs in 2011 - 2012. Of these 30 individuals, 27 individual coaches were linked to a sports club, so the assumption can be made that more than 20 links between local sporting clubs and schools or OSHCs were made.

Table 1: State breakdown of community coaches who delivered sailing in 2011 - 2012

Community Coach Sub Type Grouping	NSW	QLD	SA	TAS	VIC	WA	Grand Total
Community Members			1				1
Internal	1				1		2
Sporting Clubs	10	4	1	2	8	2	27
Grand Total	11	4	2	2	9	2	30

**Appendix B** outlines some of the organisations to deliver sailing programs in the 2011 - 2012 period.

#### **Transitions to sport**

At the beginning of 2012, the AASC program implemented database functionality to capture information on AASC program participants who have transitioned from the AASC program into community or school sport. Strategies to promote and transition children into continued participation in sport that have been effective include:

- The provision of club promotional and discount flyers to participating children and their families
- Club coaches mentoring other community coaches to enhance their ability to deliver sport programs
- Club coaches attending final AASC program sessions to promote links with local clubs
- The coordination of come and try or club registration events at local clubs at the end of the AASC program term.

**Appendix C** outlines examples of ongoing participation in sailing during the 2011 – 2012 period.

## **Summary**

The AASC program values the involvement of the Yachting Australia, State and local sailing associations within the program and would like to further develop strategies to help increase participation in the sport of sailing.

I welcome you to contact me to discuss ongoing opportunities for collaboration or to find local contacts within our AASC program staff network.

Kind regards,

#### **Kym McMahon**

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#### Appendix A – School and OSHC centre details

State	Region	Site Name	Site Type	Venue Address 1	Venue Address 2	Suburb	Postcode	Number of Participants	Sessions per Week	Year	Term
NSW	NSW - Central Coast 1	Chertsey Primary School	School	Willow Rd		Springfield	2250	16	1	2011	4
NSW	NSW - Central Coast 1	Holgate Public School	School	189 Wattle Tree Rd		Holgate	2250	16	1	2011	4
NSW	NSW - Riverina 4	Mallan Public School	School	Cunninyeuk Rd		MALLAN	3586	7	1	2012	1
NSW	NSW - Lake Macquarie	Marks Point Public School	School	Findon Street		Marks Point	2280	30	1	2012	1
NSW	NSW - Hunter/North Coast (RM)	Mount Hutton PS	School	12 Dunkley Pde		Mount Hutton	2290	25	1	2011	4
NSW	NSW - Lake Macquarie	Swansea Public School	School	Rawson St		Swansea	2281	20	1	2012	1
NSW	NSW - Lake Macquarie	Wakefield School	School	37 School Road		Wakefield	2278	16	1	2011	4
QLD	QLD - Sunshine Coast South	Kidz Bizz Glenview OSHC	OSHCS	6 Leeding Road		Glenview	4553	17	1	2012	2
QLD	QLD - Capricorn Coast	Park Avenue State School	School	Main St		North Rockhampton	4701	15	1	2012	2
QLD	QLD - Sunshine Coast North	St Thomas MooreSchool	School	Ben Lexcen Drive		Sunshine Beach	4567	30	1	2012	1
QLD	QLD - Capricorn Coast	Yeppoon State School	School	Tucker Street		Yeppoon	4703	25	1	2011	3
QLD	QLD - Capricorn Coast	Yeppoon State School	School	Tucker Street		Yeppoon	4703	25	1	2011	3
SA	SA - Eyre Peninsula	Ceduna Area School	School	May Crescent		Ceduna	5690	25	1	2011	4

SA	SA - Eyre Peninsula	Ceduna Area School	School	May Crescent	Ceduna	5690	15	1	2012	1
TAS	TAS - South 1 (SM)	Kingston OSHCS	OSHCS	Church St	Kingston	7050	25	1	2012	1
TAS	TAS - South 3	New Town PS	School	32 Forster St	New Town	7008	28	1	2012	1
TAS	TAS - South 3	New Town PS	School	32 Forster St	New Town	7008	20	1	2012	1
VIC	VIC - Metro Southern 2	Aspendale Gardens PS	School	Kearney Dr	Aspendale Gardens	3195	20	1	2011	4
VIC	VIC - Loddon 2 - Bendigo	Eppalock PS	School	149 Patons Rd	AXE CREEK	3551	15	1	2011	4
VIC	VIC - Barwon 3 - Geelong	Highton PS	School	218 Roslyn Rd	Highton	3216	20	1	2012	1
VIC	VIC - Loddon 4 - Mildura	Lake Boga Primary School	School	Williams Road	Lake Boga	3584	20	1	2011	4
VIC	VIC - Loddon 2 - Bendigo	Redesdale Mia Mia Primary School	School	31 School Road	Redesdale	3444	15	1	2012	1
VIC	VIC - Metro Southern 2	Seaford North PS	School	Hallifax Street	SEAFORD	3198	20	1	2011	4
VIC	VIC - Metro Southern 2	Skye Primary	School	395 Ballarto Rd	Skye	3977	20	1	2012	1
VIC	VIC - Metro Southern 5	St Columba's Primary School	School	24 Glen Huntly Road	Elwood	3184	20	1	2011	4
VIC	VIC - Barwon 3 - Geelong	St Leonards PS	School	1341 Murradoc Rd	St Leonards	3223	20	1	2012	1
VIC	VIC - Metro Southern 5	Stonnington PS	School	Hornby St	Windsor	3181	25	1	2012	1
WA	WA - West Coast South	North Cottesloe Primary School	School	100 Eric Street	Cottesloe	6011	25	1	2011	4
WA	WA - Great Southern	Walpole Primary School	School	Cnr Swan and Latham st	Walpole	6398	20	1	2012	1
WA	WA - Great Southern	Walpole Primary School	School	Cnr Swan and Latham st	Walpole	6398	20	1	2012	2

Appendix B – Sailing program delivery organisations

State	Program Delivery Organisation
NSW	Gosford Sailing Club
NSW	Belmont 16ft Sailing Club
QLD	Mooloolaba Yacht Club Ltd
QLD	Keppel Bay Sailing Club
QLD	Noosa Yacht and Rowing Club Inc
SA	Ceduna Sailing Club
TAS	The Royal Yacht Club of Tasmania
TAS	The Royal Yacht Club of Tasmania
VIC	Yachting Victoria
VIC	Yachting Victoria
VIC	Bendigo Yacht Club
VIC	Royal Geelong Yacht Club
VIC	Frankston Yacht Club
VIC	Yachting Victoria
VIC	St Leonards Yacht Club & Motor Squadron Inc
VIC	Yachting Victoria
WA	Royal Freshwater Bay Yacht Club

#### Appendix C – Examples of participation in Sailing beyond the AASC program

Transition Type	Description	Organisation	Site	State	Region	Term	Date Held	Participants Engaged	Transitioned To Sport
Program	AASC sailing session - family of three children have joined Belmont 16ft Sailing Club from Marks Point public school after participating in AASC sailing now so confident in sailing they have their own sailing boat and one is training as a crew member on a sailing boat with the Hunter Academy of Sport.		Marks Point Public School	NSW	Lake Macquarie	1	08/02/2012	32	1
Program	AASC 2 week program. Highton PS	Royal Geelong Yacht Club		VIC	Barwon 3 - Geelong	1	26/03/2012	20	2
Program	AASC Program with parralympin Athlete	Walpole Yacht Club		WA	Great Southern	2	16/05/2012	15	14