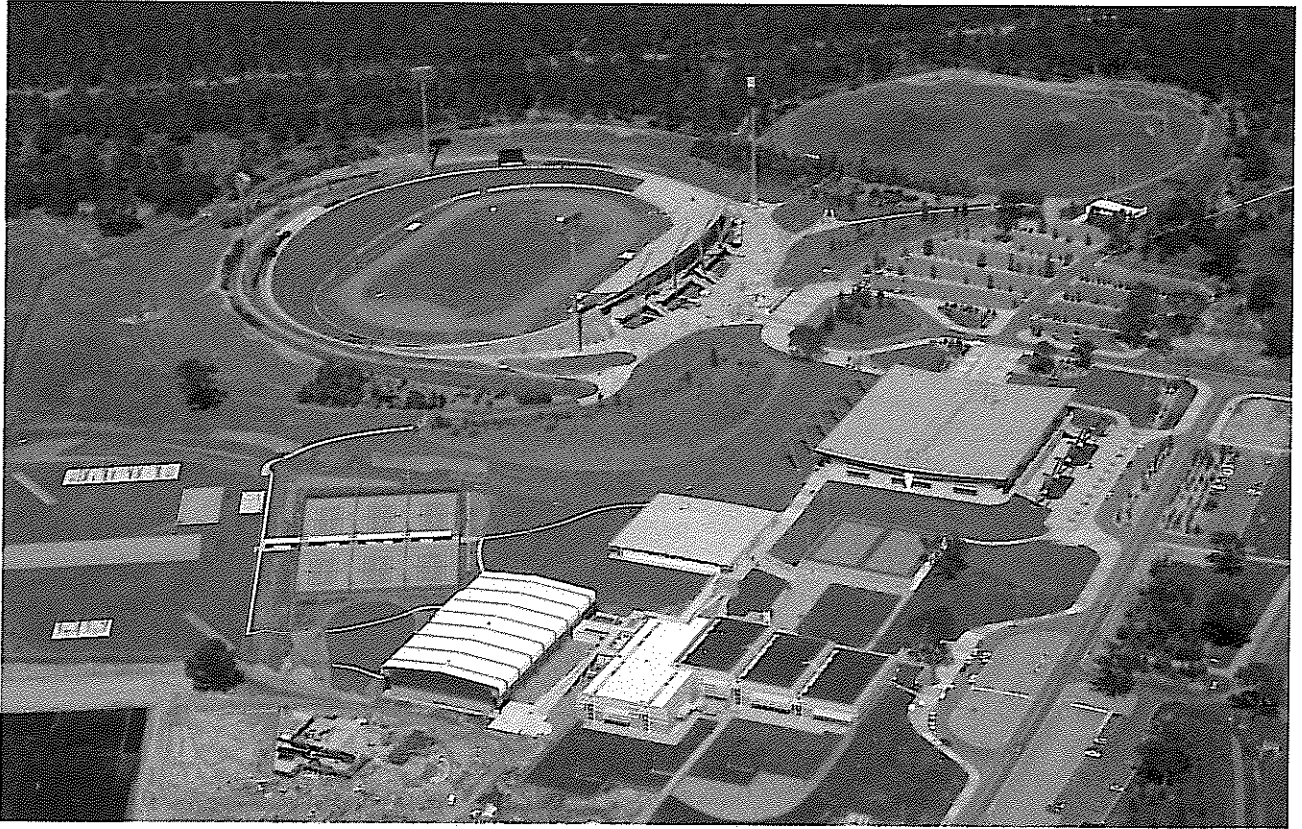
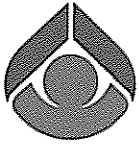




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The expanding facilities for the Australian Institute of Sport



The objectives of the Institute are provided for in Clause 2 of the Articles of Association and are as follows:

- a. To promote, provide, encourage and develop opportunities for Australians to pursue and achieve excellence in sport and activities associated with sport.
- b. To arrange or provide for the pursuit of object a. so that Australians, particularly young Australians, are able to further their training or careers in sport in conjunction with or as part of their education or work.
- c. To provide, equip and conduct laboratories and other research facilities designed to assist in the pursuit of excellence in sport or in activities related to sport.
- d. To conduct, commission or join in research designed to assist in the pursuit of excellence in sport or in activities related to sport.
- e. To develop and disseminate and encourage the development and dissemination of, sports science and sports medicine information and undertake, coordinate and commission sports research.
- f. To make the courses, coaching and facilities of the Institute available to the sportsmen and sportswomen of other countries, and to otherwise foster international cooperation in sport.
- g. To develop, encourage and provide improved coaching standards, better training and competition facilities so as to assist and encourage Australians to achieve improved sporting skills.
- h. To promote, organise and administer sporting competitions, events, meetings and games of all kinds for the purpose of developing the personal skills and excellence of all sportsmen and sportswomen.
- i. To encourage and assist sportsmen and sportswomen in their pursuit of personal improvement and excellence of their sporting skills to travel whether within Australia or overseas for the purpose of seeking competition, training and experience.
- j. To establish, administer and seek donations to a fund or funds to be used to promote excellence among Australians in sport, or in particular sports, and in activities related to sport, or to particular sports, by any means whatever, including the provision of financial assistance to individuals, teams or sporting bodies or the holding of competition or the provision of facilities or equipment.
- k. To act as trustee of any fund or to administer any foundation established to promote excellence or achievement in any sport or any particular sport or sports or in activities related to any sport or any particular sport or sports.



The Chairman of the AIS, R. Kevan Gosper with the Prime Minister and Mrs Hawke for a briefing by the Commissioner of the NCDC, Mr Tony Powell in the company of Paul Brettell, Board Member

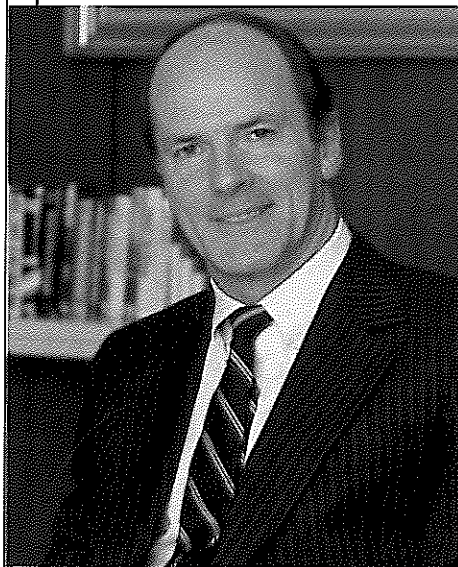
The last year was one of considerable achievement for the Australian Institute of Sport, not only because of the outstanding performances by individual athletes and teams, but also because of the growth of both the Institute's facilities and range of sports covered.

The achievements of athletes such as Robert de Castella, Pat Cash and Lisa Curry are well known, but the progress of the Institute's athletes goes far beyond this group of established champions.

Many athletes for various reasons cannot accept full time scholarships at the AIS. However, through the National Training Centre Program, these people are able to take advantage of the facilities and benefits offered, if only for limited periods of time. Many of these athletes return to the AIS to take up full time scholarships the following year in order to develop their potential.

Apart from individuals, the scheme allows teams to be prepared for competition. The Australian Volleyball, Squash and Ladies Lacrosse teams have all trained at the Institute prior to competing. Assistance from the AIS also helped to prepare the teams which won the World Netball Championships and the Junior World Basketball Championships.

In addition to the facilities presently in use, construction of the soccer/basketball/netball and weightlifting complex is nearing completion. I am optimistic that approval will be given for the commencement of two separate additions:



accommodation on site for 320 athletes; and buildings to house the administrative, sport science and medical facilities. All of these projects have the backing of the Federal Government whose support has enabled Australian and Commonwealth athletes access to facilities of such a high standard. The Board is extremely grateful for the ongoing support of the Federal Government and its various departments.

R. Kevan Gosper

Corporate support in both cash and kind has greatly aided the operations of the AIS. The Institute has been able to purchase technical equipment for the sports science section; manufacturers of sports equipment and clothing have contributed considerable amounts to the athletes, and travel companies have helped reduce travelling costs. The Institute thanks all those who have made contributions.

Mention should be made of the twenty six coaches who help guide the athletes towards achieving their potential. The policy of the AIS is to obtain the best available coaches from all over the world. Control and selection of athletes as well as their training and well being is the responsibility of the coach: An especially demanding position as many of the athletes are still in their teens.

One individual who has had a great effect on the AIS is the Executive Director of the Institute, Don Talbot. Tribute must be paid to the major part he has played in the Institute's establishment, its promotion and development, in so short a time. Everyone associated in any way with the AIS thanks him and wishes him every success. Don's enthusiasm and expertise, along with the co-operation of all AIS staff and national federations, has seen enormous progress in the last two and a half years.

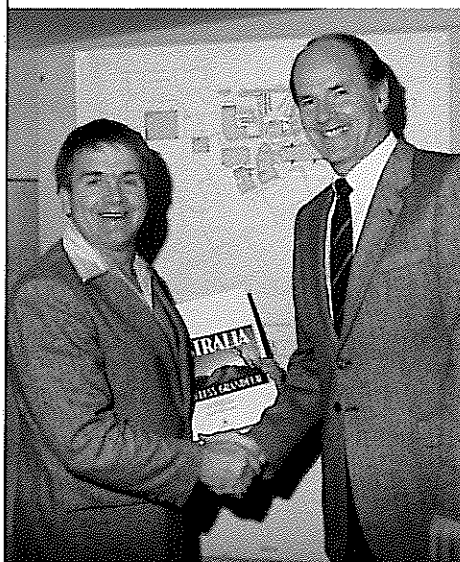
A handwritten signature in black ink, which appears to read 'R. Kevan Gosper'. The signature is written in a cursive, flowing style.

Last year I commented that "within the framework of an institute concept, to reach the objectives of athletic excellence, requires that:

1. suitable indoor and outdoor training facilities be available for athletes and coach use;
2. athletes be exposed to the best coaching and sports science/medicine available;
3. each athlete be provided with frequent opportunity to compete at challenging levels both nationally and internationally."

As I write, 2. and 3. of these requirements have been met. The first has not yet been achieved, but is on the way. With the promise outlined by the present Government in their platform on sport, the next three years should see suitable facilities for high performance athlete training completed. In addition to new indoor facilities for basketball, netball, weightlifting and soccer being completed by August 1984, approval is anticipated for a new sports science block, administration block and a much needed 320 bed residential. These represent a considerable government commitment to the Australian Institute of Sport.

When the 'head office' of the Australian Institute of Sport in Canberra is finally finished, that will, I believe, be a great day for sport in this country. At that time the currently underway decentralised concept of the



Australian Institute of Sport should be operating with many new Olympic and high profile sports. The first of these decentralised sports will be men's and women's hockey, which commences in Perth in February 1984. By then the truly national image concept should be well on the way to strengthening Australia as a sporting power again.

Farewell presentation to Executive Director, Mr Don Talbot by Chairman, Mr R. Kevan Gosper

Already there have been claims of success as was predicted. AIS athletes performed well at the Track and Field World Championships, Swimming on the international scene at the Guayaquil World Championships, the Netball World Championships, the World Youth Soccer Championships and Junior Wimbledon. In spite of the marginal successes we are experiencing with our athletes in these competitions, easily the most satisfying and indicative performance of our athletes in world-style competition was the 1982 Brisbane Commonwealth Games. In retrospect, those Commonwealth Games came at a good time as far as the Australian Institute of Sport is concerned since they offered about the level of competition at that time that we were ready for. By that I mean, if it was any tougher then we would have come out with our tails between our legs. Because we were able to win, there was a distinct motivational gain that prepared us for the later successes at the above championships I have mentioned. Among those, were the much tougher world track and field championships, and world swimming championships. These events are much more realistic measures for the performances we should expect at the 1984 Olympics.

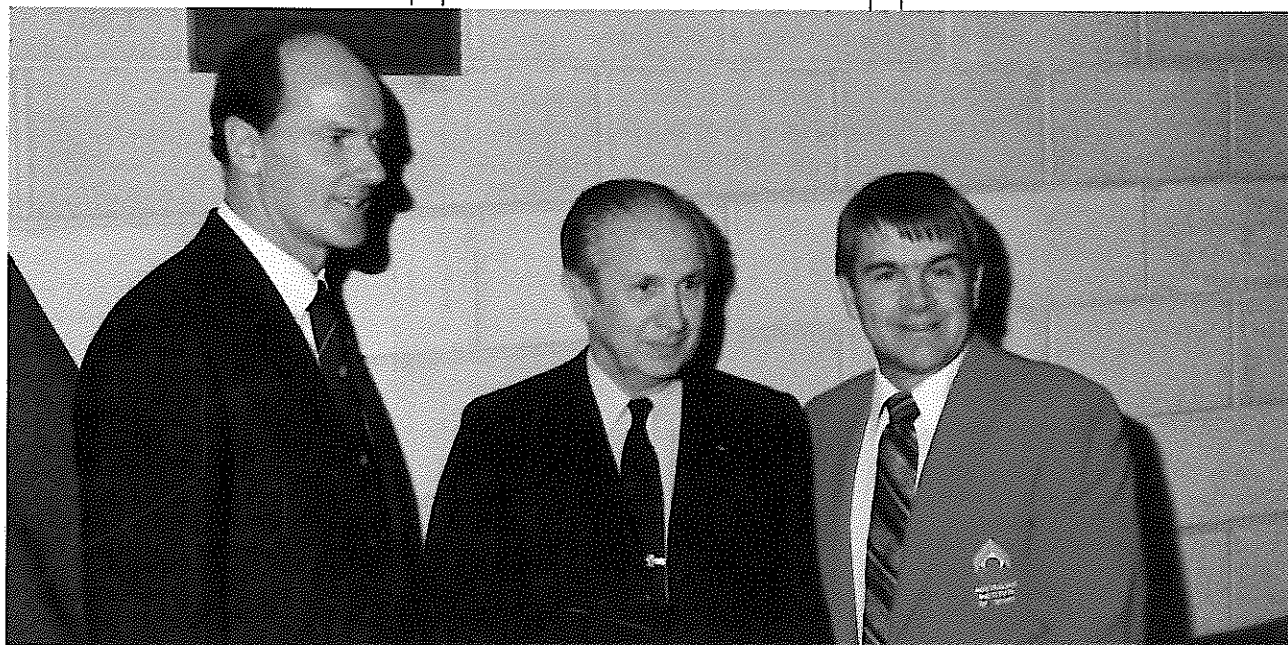


All of this leads to the risky business of making predictions for the Olympics. At being confident in Australian athletes and our past ability to excel when we feel we are getting the support of our fellow Australians, I feel that Australia will most certainly be well among the silver and bronze medal winners, of the 1984 Olympics, but that gold medals will certainly be scarce. However, obviously we

have a chance at some gold medals and knowing Australian athletes as I do and their ability to rise to the occasion, we may even be pleasantly surprised at what happens there.

In making these predictions I am sure that the Australian Institute has played and will continue to play a major and leadership role for Australia's future successes.

NOTE: Since writing this report, Don Talbot has resigned as Executive Director to take up a position as Master Swimming Coach at Quebec Province in Canada. His replacement is yet to be announced.



The Chairman, R. Kevan Gosper with the Executive Director, Don Talbot, welcoming the President of the International Olympic Committee, H.E. Juan Antonio Samaranch



Board of Management

Kevan GOSPER BA (Hons)
Chairman

Professor John BLOOMFIELD
A.M.Dip.P.E., B.Sc.M.Sc.(Hons)Ph.D.
(Oreg.)CIT.WA.
Deputy Chairman
WESTERN AUSTRALIA

Mr John CHEADLE LLB
NEW SOUTH WALES

Dr John DALY Dip.P.E., B.A., M.Sc.,
Ph.D. (Ill.)
SOUTH AUSTRALIA

Mr Herbert Bruce MacDONALD
AUSTRALIAN CAPITAL TERRITORY
Appointed 6th April, 1983.

Mr Paul BRETTELL BA Dip.P.E.
AUSTRALIAN CAPITAL TERRITORY
(Resigned 6th April, 1983).

Mr John DEVITT
NEW SOUTH WALES

Miss Deirdre HYLAND B.A.
B.Ed(Post Grad) Dip.P.E.
QUEENSLAND

Mr John NEWCOMBE O.B.E.
NEW SOUTH WALES

Mr Wayne REID O.B.E.
VICTORIA

Dr S.S. RICHARDSON C.B.E.
A.O.,M.A.(Oxon) LL.D, (A.Bello)
of Lincoln's Inn, Barrister at Law
AUSTRALIAN CAPITAL TERRITORY

Mr Don TALBOT O.B.E. B.A.(Hons)
M.A.
AUSTRALIAN CAPITAL TERRITORY

Mr Peter BOWMAN A.A.S.A.
Company Secretary and Administrator

left to right

John Daly, John Bloomfield, Kevan Gosper, John Cheadle, John Devitt, Deirdre Hyland, Bruce MacDonald and Wayne Reid. (Absent Paul Brettell, John Newcombe, Sam Richardson, Don Talbot.)



The Need for an Institute of Sport in Australia

Before the commencement of the AIS, most of Australia's leading and promising athletes did not have the opportunity to train under top level coaches or receive assistance with their travel to important competitions nor did they have in most instances the use of satisfactory facilities and equipment. Prior to the AIS, many Australian athletes had to choose between their sport or pursuing a career. A large proportion of our leading and promising sportsmen and women had given up their sport and a large number had left Australia in order to gain access to the up-to-date opportunities available in the USA.

Internationally, support services for high performance athletes are provided extensively. Sports science and medical personnel are an essential part of this support service. These services should be available while the athlete is in normal training as well as during tours and competitions. Australia had always neglected the "back-up" services which are necessary for its athletes and coaches.

Recognising these problems, the Federal Government created the Australian Institute of Sport to provide Australian athletes with:

1. a very high level of coaching with intensive training and at the same time offering them complementary and other attractive educational opportunities.
2. world class facilities, the best equipment, sports science and sports medicine back-up; and
3. adequate domestic and overseas travel in order to expose them to the high levels of competition required to achieve superior performance.

With each of these requirements in mind, the Australian Institute of Sport was established at the National Sports Centre in Canberra.

Canberra, which was built to serve Australia as its national capital, is regarded by overseas tourists as one of the most beautiful, modern cities in the world. It is a garden city of light and space with distinction and contrasts. It was an obvious choice for the Australian Institute of Sport.

Selection

Application for scholarships during years 1982 and 1983 were advertised nationally in appropriate general and sports publications, inviting potential athletes who had attained a certain level of performance in each of the eight sport disciplines to apply.

After consultation between the Head Coaches at the AIS and the national body controlling each sport, successful athletes were advised of their scholarships in December and arrived in January the following year to pursue their athletic goals.

Scholarships

Full Scholarship

- Board and Quarters
- Travel to and from Canberra (economy air fare)
- Education up to \$250
- Travel in Canberra (equivalent bus pass)
- Free Medical supervision

Part Scholarship

- Board and Quarters
- Free Medical supervision

All athletes are entitled to top class coaching; world class facilities; competition and training gear plus equipment; laundry of training and competition gear; competition costs (interstate and overseas); and all back-up services (e.g. administrative and sports science).

Visiting the Institute, G. Dempster and B. MacDonald, Dept. Sport, Recreation and Tourism, with the Minister, the Hon. John Brown and Executive Director Don Talbot



Associated Activities

Education

The AIS provided attractive educational opportunities in co-operation with the following institutions.

- Canberra College of Advanced Education
- Bruce College of Technical and Further Education
- Canberra College of Technical and Further Education
- Australian National University
- Dickson College
- Lyneham High School
- Deakin High School

Billeting

Scholarship holders under the age of 16 years are placed with Canberra families as close as possible to the AIS.

Married Athletes

Married athletes receive a rent subsidy and find their own accommodation. Consideration is also given to requests by senior athletes to find their own accommodation.

Facilities

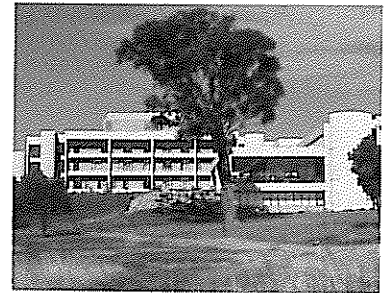
During the first year of the Institute's operation (1981) our athletes used the facilities of the National Sports Centre consisting of a track and field stadium, an indoor sports centre, outdoor tennis and netball courts.

Over the 1982/83 period the Institute has seen the building and opening of new world class facilities, including

- a) A gymnastics training hall
- b) An indoor tennis hall (4 courts)
- c) An aquatic centre with an 8 lane 50 metre pool plus a short sprint 25 metre pool.

1984 sees the opening of:

- a) An indoor basketball/netball facility
- b) A weightlifting hall and theatrette
- c) An indoor soccer training hall and outdoor synthetic pitch



Bruce College of Technical and Further Education



Headquarters Australian Institute of Sport



As part of the continuing growth of the Institute's facilities during the 1982/83 period, the administrative staff continues to provide a considerable number of supportive facilities for all aspects of the AIS programs and requirements. Specifically the administrative staff carry out:

1) **Accounting and Budgets**

The financial administrator Mr John Scarano carried out duties in relation to the budgets of each sport and administrative areas and ensured correct procedures and accountability of allocated funds.

2) **Personnel** (staff and athletes).

The personnel and athlete administrator Mrs Joan Faull is responsible for the staff and athletes at the AIS. Her duties included liaison with all athletes and coaches to ensure minimal disruption occurred to education and training programs. The requirements of scholarship holders were administered with the assistance of the personnel and athlete clerk Mr Mike Riley.

3) **Equipment** (Purchasing and maintaining).

One of the important back-up areas to athletes and coaches is the purchase and maintenance of their respective equipment needs. A comprehensive storeroom operates for the ordering, receiving and dispersment of equipment which includes sports clothing, athletic equipment, AIS motor vehicles, sports science requirements and a laundry service for uniforms.

Travel

During the 1982/83 years the Travel Clerk, Mrs Siegrun Vizjak handled all matters relating to the domestic and overseas travel requirements of all athletes, coaches and administrative staff.

This included all travel, accommodation and vehicle rental as required, ranging from individuals to teams of 40 competing locally or internationally.

Public Relations

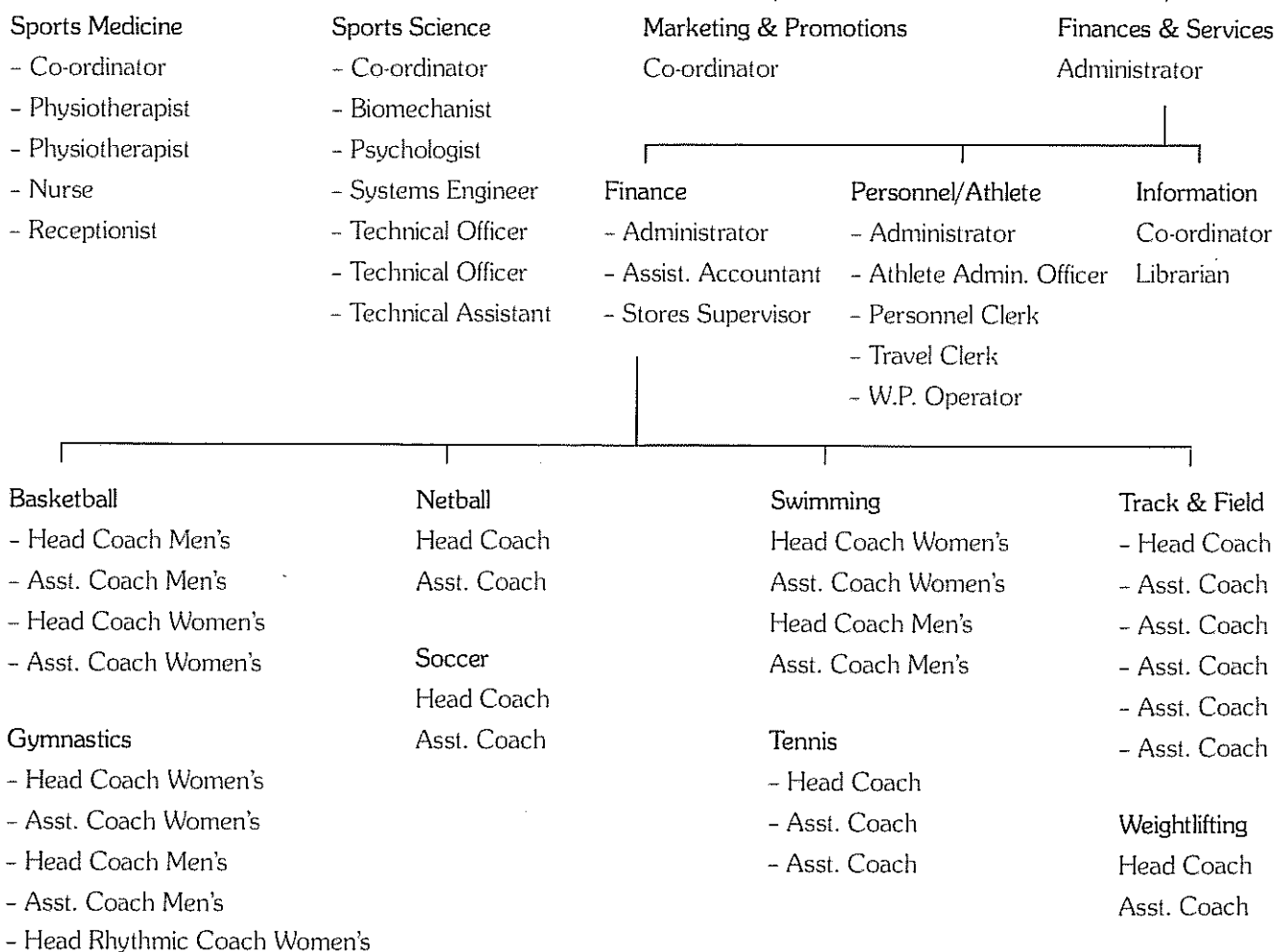
This area was handled mainly by the Executive Director and the administrator Mr Peter Bowman and included:

- a) Publication of fortnightly information bulletins
- b) Publication of brochures for all sport disciplines
- c) Liaison with government departments, institutions and associations
- d) Liaison with all media
- e) Compilation and publication of the Annual Report



Executive Director

Personal Secretary



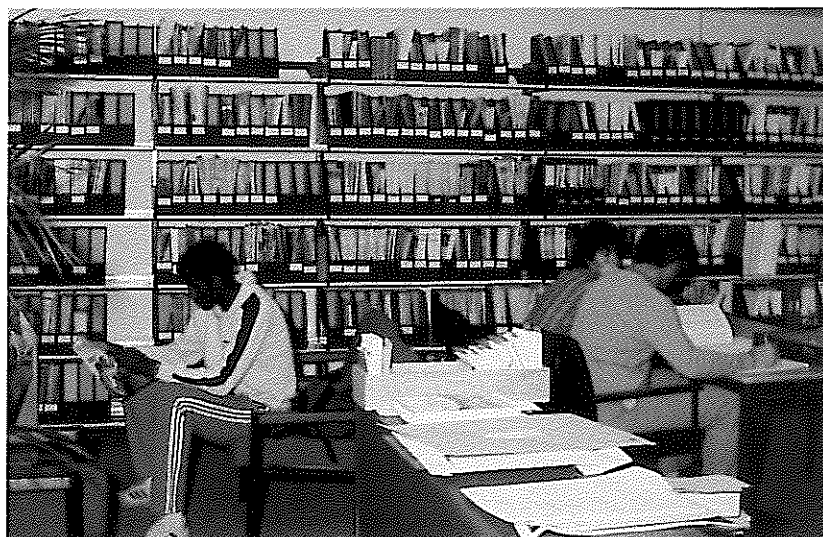
The Information Centre was established in February 1982 and aims to provide a comprehensive multi media sports information service to staff and athletes of the Institute and to those who participate in the National Training Centre Program. In the future it is planned to extend these services to the wider community and for the Institute to become a national resource centre for sports information.

The Collection

Since its establishment the Information Centre has identified user needs and has concentrated on acquiring multi media information on all aspects of coaching, sports science, sports medicine and on the eight sports of the Institute. Over 1000 monographs have now been purchased and subscriptions to approx. 250 periodical titles have been placed, 47% of these titles being unique to Australia.

A comprehensive audio visual collection is also being developed which includes 8 mm and 16 mm film, slides, photographs, posters, cassettes and videotape.

Details of all material acquired by the Information Centre are entered onto the computerised data base, the Australian Bibliographic Network and this becomes accessible to all Australians through the inter-library loan process.



Information Centre



Services

The Information Centre not only aims to acquire multi media information but also to disseminate current sports information. The Information Centre produces bibliographies, current awareness services and user guides and offers access to a number of on-line computerised data bases which provide users with the most up to date publications from Australia and overseas.

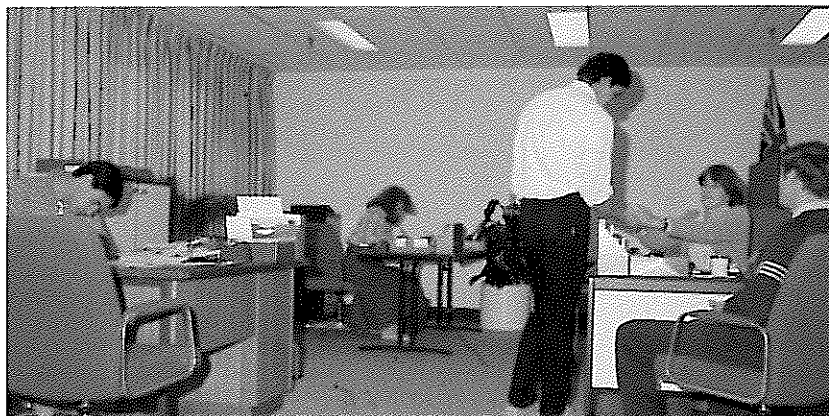
In addition, the Information Centre provides an important venue where staff and athletes can locate and exploit a variety of information sources.

Although at this stage it is not possible for the Information Centre to offer a comprehensive sports information service to the public, those enquiries which are received from the public are, where possible, answered from the resources of the Information Centre or referred on to more appropriate sources of information.

Liaison with Other Organisations

The Information Centre has during the past eighteen months made a concerted effort to contact as many sporting organisations and providers of sport information as possible both in Australia and overseas, in order to ensure a mutual exchange of sports information. In September 1982 the Information Centre assisted the National Library in mounting a display on sport in Australia which included a large section on the Australian Institute of Sport. In November 1982 Mr Gilles Chiasson of the Canadian Sport Information Resource Centre visited the Institute, and gave valuable advice on the establishment of a national sport information resource centre.

1982/83 has seen the initial development of a sport information service for the Institute which is seen as an essential support service to the programs of the Institute. In the forthcoming year it is planned to consolidate and where possible extend the services of the Information Centre.



Athletes working in the Administration Area

At the conclusion of a successful first year, 23 companies were involved with the Australian Institute of Sport's marketing program.

Maxted Marketing was appointed as marketing consultants at the beginning of 1982; a year which saw the program double with 55 companies becoming involved in the program.

Marketing Program

A marketing program has been devised that would enable corporate involvement in the following ways:

- a. provision of a yearly scholarship;
- b. sponsorship of the teams competing for the Institute;
- c. supply of products and equipment required by the Institute; and
- d. sponsor special projects such as coaching, films, newsletters, manuals, sports and equipment

The Institute is looking for a commitment of 4 years from companies. This gives ample opportunities for the sponsors to maximise their exposure, and takes into consideration that many athletes could stay at the Institute for up to 4 years, providing they maintain the standards set. Among the numerous benefits available to companies are:

- a. the use of the AIS symbol for promotion;
- b. endorsements by coaches and teams;
- c. use of team athletes for advertising;
- d. corporate identification on tracksuits;
- e. identification on brochures for sponsors and companies that provide team scholarships;
- f. editorial mention in newsletters;
- g. public relations.

Many promotional activities were supervised or organised on behalf of the Institute during 1982-83.

Brochures

Brochures were designed, printed and distributed for each of the eight sports, male and female training at the Institute. The brochures included biographic details of coaches, athletes, coaching philosophy and the yearly sporting calendar.

"Friends of the Institute"

The "Friends of the Institute" program has proven to be so popular, that a further print run was required.

Annual Report

The First Annual Report was produced and distributed widely. The report promoted all aspects of the Australian Institute of Sport, and has been used as a promotional document as well as an enlightening report.

Collectable Posters

A series of collectable posters were developed and sponsored by a number of companies. The first poster was of Robert De Castella. It is anticipated that three posters will be produced each year.

Promotional Activities

Several television documentaries were produced at the Australian Institute of Sport. Through this means and general public relations, the Institute's profile has risen enormously. The appointment of a Promotions/PR Co-ordinator Officer will further expand this area.

Diaries

The first Australian Institute of Sport diary was produced and donated by Monocraft. The diary features Australian Institute of Sport highlights of sporting events and sports policy.

Presentation Day

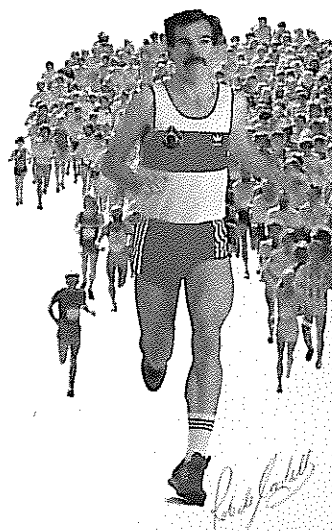
A presentation day for sponsors and VIPs was held on March 1, 1983. The Prime Minister, Malcolm J. Fraser presented plaques to sponsors and announced a major sponsorship of the Gymnastics Team by Allied Grocery Products.

The Prime Minister also opened the Tennis and Gymnastics Training Halls.

The companies involved with the Institute during 1982-83 were:-

Team Sponsors

Allied Grocery Products (Gymnastics)
 Colgate-Palmolive Pty. Ltd. (Tennis)
 Kimberly-Clark Aust. Pty. Ltd. (Soccer)
 Speedo Knitting Mills Pty. Ltd. (Swimming)



FUTURO Monocraft adidas Stefan



Scholarships

Comalco Limited (Swimming)
Dunlop Footwear (Tennis & Netball)
Exacto Knitwear Pty. Ltd. (Track & Field)
Monier Limited
Riker Laboratories
Streets Ice Cream (Track & Field)

Official Suppliers

A number of companies agreed to supply not only specialised competition clothing but also general products required by the Institute. Many of these companies have not only supplied the product free of charge but have also paid a fee.

a. Outfitting

Adidas (Track & Field, Soccer and Tennis)
Dunlop Footwear (Netball)
Mitre Balls (Soccer & Netball)
Puma Australia Pty. Ltd. (Basketball & Weightlifting)
Speedo (Swimming & Gymnastics)

b. Endorsed Products

Boots Company (Glucomed)
Cooper Tool Company Group Limited (Lufkin Tapes)
Jackel International Pty. Ltd. (Futuro)
Riker Laboratories (Metsal)
Smith Kline & French (Skefron)
Smith & Nephew (Elastoplast)

c. Suppliers of Products

(General)
Breville
Budget Rent a Car
General Accessories
Jetset
Monocraft (Aust.) Pty. Ltd.
Nicholas Aspro

d. Pharmaceutical

Abbott Laboratories
Allergan
Astra Pharmaceuticals
Bayer Pharmaceutical
Boehringer Ingelheim
Boots Co.
Ciba-Geigy
Faulding Medical Co.
Charles E. Frosst
Glaxo Australia
Hoechst Roussel
I.C.I.
Janssen Pharmaceutical
May and Baker

Merrell
Organon (Aust)
Parke Davis
Pjizer
Riker Laboratories
A.J. Robins
Roche Products
Schering Corp. (USA)
Smith, Kline & French
E.R. Squibb & Sons
Upjohn
USV Australian
Wellcome
WMIS Merrell
Wyeth Pharmaceutical

Licenseses

Australian Tie Company
Clubknit
Jarose
Maxi-Power



AIS Sponsors Presentation Day, March 1, 1983

Sir Robert Menzies National Foundation for Health, Fitness and Physical Achievement

The Menzies Foundation was established to encourage and support research into and programs for:

- a. health, fitness and physical achievement;
- b. public education in the improvement of health and quality of life of Australians; and
- c. increased participation in sporting and leisure activities.

It was considered by The Menzies Foundation that by offering Menzies Scholarships to a small number of outstanding sportsmen and sportswomen attending the Institute, it could further its aims. These scholarships were offered to ten athletes in 1982 and seven in 1983.



Menzies Scholarship holder, Ken Lorroway, collecting his silver medal at the 1982 Commonwealth Games.

Each Menzies Scholarship provided all the benefits of a full Institute scholarship plus a cash allowance of \$1,000 payable to the athlete in ten equal instalments.

The Foundation also funded an additional trip home for athletes.

The ACT Committee of the Menzies Foundation, headed by Sir William Refshauge met the Menzies Scholars on several occasions in a social atmosphere and offered them friendship and their homes as a point for contact. The Menzies Scholars are extremely grateful for the kindness shown to them by the members of The Menzies Foundation.

The Menzies Foundation also committed funds for Menzies Fellowships to bring to the Institute relevant experts from overseas. A small number of these experts visited the Institute during the 82/83 period.

1982 Scholarship Holders

Marisa Rowe
Basketball
Kelly Bevan
Netball
Debbie Kerfoot
Netball
Tim Ford
Swimming
Graeme McGufficke
Swimming
Anne Minter
Tennis
Sue Cook
Track & Field
Garry Brown
Track & Field
Ken Lorroway
Track & Field
Michael Sabljak
Weightlifting

1983 Scholarship Holders

Sue Cook
Track & Field
Garry Brown
Track & Field
Ken Lorroway
Track & Field
Matthew Brown
Swimming
Chris Ford
Weightlifting
Janet Bothwell
Netball
Ron McKeon
Swimming

The National Training Centre Program NTCP was announced to the public by the Minister for Home Affairs and Environment on 15 December 1982. The Government appropriated \$200,000 to the scheme for six months ending 30 June 1983.

The NTCP concept was part of the Institute's long term developmental plan. This program was introduced to encourage sports, in addition to the eight sports resident at the Institute, to utilise the Institute's facilities for national training camps or technical seminars for coaches, judges and referees.

During the first six months of the NTCP the Institute provided assistance to ten national sports. The level of assistance depended on the quality of the particular program and its total cost. Assistance normally was in the form of airfares, training facilities, accommodation, local travel, video equipment and the very important access to the Institute's sports science/medicine laboratory.

Commitments made during the six months ended 30 June 1983.

Sport	Parti- pants	Program	Period
1. National Football League	50	Umpires seminar	26-27 Feb '83
2. Australian Rugby Football Union	43	Under-21 Training Camp	17-20 March '83
3. Australian Water Polo Assoc	16	Training Camp (Women)	31 March-4 April '83
4. Australian Water Polo Assoc	36	Training Camp (Men)	15-17 April '83
5. Australian Canoe Federation	20	Training Camp	28 April-1 May '83
6. Australian Squash Racquets Association	20	Junior Training Camp	5-9 May '83
7. Australian Baseball Fed.	27	Junior Training Camp	6-15 May '83
8. Australian Amateur Rowing Council	30	Under-23 Training Camp	7 May-14 August '83
9. Australian Volleyball Federation (Men)	34	Training Camp	20-23 May '83
10. Australian Amateur Cycling Federation	32	Training Camp (road cyclists)	22-29 May '83
11. Australian Volleyball Federation (Women)	24	Training Camp	27-31 May '83
12. Amateur Pistol Shooting Union of Aust. Inc.	32	Training Camp	6-10 July '83



In the first Annual Report 1981, Stage 1 of the Sports Science/Medicine Laboratories and Clinics was outlined. This initial stage involved the appointment of the Co-ordinator of Sports Science, physiologist Dr Richard Telford, from The Phillip Institute of Technology, Victoria. Then followed Mr Rob de Castella and Mrs Wendy Kupkee, trained in biophysics and biochemistry respectively. These three staff, however, spread their ability throughout the physiology,

biomechanics, biochemistry, psychology and physiotherapy areas from time to time. Stage 2 was the appointment of Dr Ken Maguire of Perth and nursing sister, Ms Susan Beasley of Canberra, in early 1982 enabled the athletes to gain 'on the spot' expert attention in the medical area. Mr Craig Purdam from Geelong Victoria was appointed to take charge of the physiotherapy room, providing the athletes with the personalised service they required. Dr Telford started to get

the DEC LS1-11/23 computer system set in operation and Dr Mark Woolston, computer engineer from the ANU, was appointed to initiate the specialised task of developing its application to the laboratories and clinics. Mr Jeff Bond, a private practitioner from Melbourne, was the successful applicant for the position of sports psychologist, an important field of sports science that has received relatively little attention to date in Australia. Another area in its infancy relative to other nations was the sports biomechanics. Dr Bruce Mason from Wollongong University, took up the first AIS appointment in this area of broad potential assistance to coaches at the AIS. Mr Doug Tumilty was appointed as laboratory technician in the physiology area. Stage 2 also involved the purchase and development of equipment in the physiology, psychology, medicine/physiotherapy and biomechanics areas.

By 1983 the demands on the sports medicine and science areas outweighed the abilities of the operation to satisfy them. It was evident that more staff were required to serve the coaches/athletes of the eight different sports. The common problem was the processing of data to feed back the results from the physiology/biochemistry areas. With different groups requiring testing in tight schedules, staff were often forced to delay the preparation of reports from previous groups. We anticipate this problem will be overcome in time with the development of the athlete data base system. The development of an athlete data base to store and report on the progress of an athlete's physiology, psychology, biomechanical and medical status



Dr R. Telford testing athlete on treadmill

is progressing well, even though we cannot assume that the computer engineer's first order of priority at this particular stage.

Early in 1983 Mr Ross Johnson was appointed to relieve Rob de Castella whose overseas duties were becoming more time consuming. The sports science/medical staff, were delighted that Rob had acquired the status of a world class athlete; we are very proud of his achievements. Ross and Mark have worked together in producing hardware for computer projects. Miss Julianne Colby from Perth was a welcome addition to the physiotherapy clinic particularly in the light of the demands placed upon Craig, and now Julianne, to travel with teams interstate and abroad. 1983 has seen a change in the medical practitioner at the AIS. Dr Ken Maguire chose to further his studies in rheumatology at Perth Hospital and Dr Peter Fricker of Canberra, already well known to the AIS, was appointed to replace Dr Maguire. We all hope Ken is able to resume appointment at the AIS; his studies being directed to furthering his expertise in sports medicine.

National Training Centre Program

This scheme of assisting sporting bodies around Australia is certainly appreciated by the sports science staff and we enjoyed the opportunity of working with national coaches in the many sports that visited the AIS. However, the keenness of the staff did in fact amplify the problems already outlined in servicing the coaches of the AIS. These

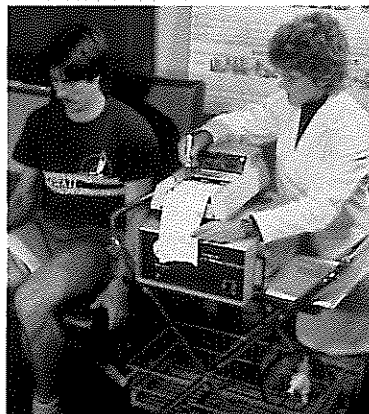
problems fortunately were to be partly overcome with the hiring of two laboratory assistants.

New Sports Science/Medicine Centre

Currently sports medicine and science staff are heavily involved in the design of an exciting new sports science/medicine building which will greatly facilitate the process described above in all areas. Further a submission is currently lodged which seeks assistance to our physiologist, biomechanist, psychologist and physiotherapists as well as a computer engineer in each of these areas.

The Future - Latter 1983 and 1984

The expansion of staff and development of an adequate sports medicine/science complex is essential for adequate servicing of coaching requirements in the AIS and National Training Centre Program sports. It has become evident that staff members can adequately service only two to four sports each on a fulltime basis which would include individual monitoring of the performance



Julie Anne Colby tests athlete

components of the particular staff member's discipline. Adequate servicing of a sport means providing specific backup to the coach by:

- 1) Identifying the method of analysis of the sport with coach and player.
- 2) Carrying out the analysis procedures in the field and the laboratory.
- 3) Processing and discussing the results with coaches and athletes on an individual and group basis.
- 4) Discussing recommendations for improving the athlete's specific performance profile with coach and athlete.
- 5) Reassessing the performance profile after a training period and following up as described in points 3 and 4.
- 6) Attempting to answer questions that coaches pose in relation to the effectiveness of their coaching. These may involve minor applied research projects e.g. what is the effect of weight training on tennis serving speed?
- 7) Gathering information from scientists around the world, assessing newly available apparatus and techniques to continually refine methods of approach.
- 8) Disseminating information to scientists, coaches and athletes related to the particular discipline's application to the improving of sporting performance. This includes lecture presentations to sporting associations and conferences. This may include supervision of postgraduate students from universities or colleges.



List of Measurements taken in Sports Science

To provide the reader with some idea of the nature of the service offered to coaches, the following list of measurements is included. A document "Summary of Procedures" is available to interested personnel from the Sports Science Laboratories.

Physiology

Muscular strength, muscular power, muscular endurance, alactic anaerobic power and capacity, lactic anaerobic, aerobic power, aerobic and anaerobic threshold, efficiency, joint mobility (flexibility), haematology and biochemistry body composition, body height, weight, limb lengths, girths and widths, microsampled blood lactic acid in laboratory and field, telemetered heart rate in the field, underwater weighing.

Biochemistry

Alcohol (ETHYL), Albumin, Alkaline Phosphatase (AP), cholesterol/HDL, creatine kinase (CK), CK-MB, Creatinine, 2,3-Diphosphoglycerate (2,3-DPG), ferritin, glucose, iron and total iron binding capacity (TIBC), lactate, lactate dehydrogenase, magnesium, SGOT (ASAT), SGPT (ALAT), total protein, triglycerides, uric acid, area nitrogen, blood (BUN).

Haematology

Red cell count, white cell count, haematocrit, haemoglobin, MCV, MCH, MCHC.

Psychology

Concentration Style, Interpersonal Style, Achievement Motivation Scale, Attributions/Causal Dimension Scale, Elite Attitude Scale, Various Standardized Personality Tests, Sport Competition Anxiety Test,



Jeff Bond, Sports Psychologist testing an athlete

Incentive Motivation, Autonomic Perception/Cognitive-Somatic Anxiety.

Psychological Training Methods

A variety of methods are available for enhancement of elite performances, and for general stress reduction.

1. Various forms of tension control/arousal control training (progressive relaxation, biofeedback, hypnosis, meditation).
2. Mental rehearsal training.
3. Modification of precompetition and competition psychological strategies based on performance segmentation.
4. Attention control training and Centering.
5. Subconscious programming through self-hypnosis.
6. Stress/tension reduction via sensory isolation flotation.

Biomechanics

High speed cinematography analysis, force profile analysis, individual velocity and acceleration analysis, instantaneous velocity measurement.

Medical/Physiotherapy

A comprehensively equipped physiotherapy room enables our Sports Physician and Sports Physiotherapist to apply modern techniques to injury diagnosis, treatment and rehabilitation.

Computer Engineering

An ongoing process is to automate the above procedures. Our computer staff are working on developing on-line instrumentation thus enabling rapid feedback of results to coaches. Furthermore, a data bank system is being developed whereby computer disks will replace filing cabinets. Consequently coach and sports scientist/medico will be able to review athletes' histories far more efficiently.

Summary of Services carried out from January to July 1983

Physiology/Biochemistry

The major role of this area was to measure specific performance profiles whereby coaches are able to extract strength and weaknesses and monitor training effects of the components of athletic fitness. The motivational influence of these evaluations is also considered important. Groups availing themselves of these services were:—

January

Track and Field Junior Weightlifting - National Training Centre Program.

February

Tennis, Weightlifters, Netball, Basketball - men and women, Soccer.

March

Distance Runners, Swimmers, Netball, Gymnastics, Track and Field, Basketball, Tennis.

April

Swimmers - men, Tennis, Netball, Swimmers - women, Gymnastics - men and women, Canoeing - National Training Centre Program, Track and Field.

May

Tennis, Squash - National Training Camp, Baseball - National Training Camp, Swimmers, Netball, Weightlifters, Gymnastics, Cycling - National Training Camp, Volleyball - National Training Camp.

June

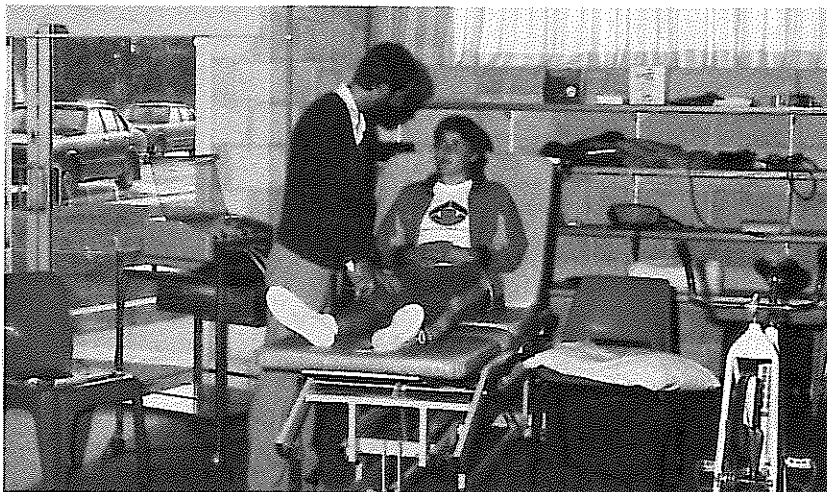
Swimmers, Weightlifters, Tennis, Rowers - National Training Centre Program, Volleyball - National Training Centre Program, Tennis Basketball.

July

Swimmers, Pistol Shooters - National Training Camp, Netball, Basketball, Rowers - National Training Centre Program, Squash - National Training Centre Program.

Note:

The performance profiles often included haematology and blood biochemistry which were studied in consultation with the sports medical officer before presentation to coaches and athletes. Further, extensive counselling in nutrition was provided on a group and individual basis by the physiologist, particularly in respect to the attainment of optimal body weight in female athletes. The coaches of the swimmers, netballers and gymnasts were particularly keen to obtain regular service in this area.



Craig Purdam, physiotherapist treating an AIS athlete



Psychology

The sport psychology service involved both individual and group consultation and training sessions. In the individual sessions, performance problem areas and questionnaire reports were discussed and psychological training programs developed (e.g. in concentration, biofeedback, etc.) to aid performance in high stress situations. Stress management techniques were taught. The team meetings were used to collect data and develop group discussions centering around specific issues (e.g. arousal control). Approximate use of this service was as follows:

1. Individual One Hour Meetings

Track and Field 26, Basketball 45, Netball 39, Soccer 1, Gymnastics 20, Tennis 37, Weightlifting 23, Swimming 70.

2. Team Meetings

Track and Field 10, Basketball 7, Netball 9, Soccer 1, Gymnastics 2, Tennis 1, Weightlifting 2, Swimming 15.

3. National Training Centre Program

A questionnaire and computerised psychological profile report administered and presented in two group meetings were provided for the following camps:

Rugby Union, Kayak, Squash (Juniors), Baseball, Rowing, Pistol Shooters, Basketball, Volleyball, Squash (Seniors).

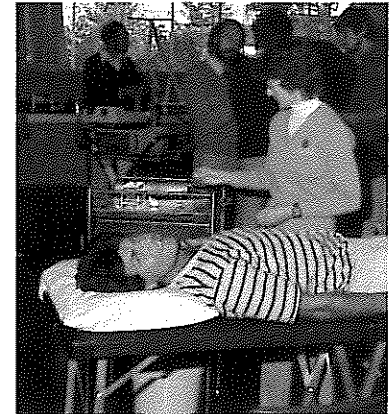
4. Team Travel

The Psychologist worked with the Women's Swim Team at the Canada Cup in May 1983.

Biomechanics

The following projects were undertaken in the abovementioned six months period:

1. Male Swimming Squad - High speed cinematographic filming and stroke technique analysis.
2. Female Swimming Squad - High speed cinematographic and video filming and stroke technique analysis.
3. Female Basketball Squad - High speed cinematographic and running style analysis.
4. Biomechanical assessment of athletes - High speed cinematography of athletes with injuries in the sports - Tennis, Swimming, Track and Field.
5. Tennis Squad - Speed of service by way of radar gun.
6. Female Swimming Squad - High speed underwater cinematographic filming and video filming of entire squad on respective strokes for stroke technique analysis.
7. Male Swimming Squad - as per above - underwater viewing windows.
8. Track and Field - High speed filming of Nick de Castella for running style analysis.
9. Male Gymnastics - High speed filming of Men's Gymnastics National Championships in selected events for specified performances for analysis.
10. Female Gymnastics - High speed filming of all Vaulting in National Championships for technique analysis.



Peter Parcell, world long distance runner, being tested on way through Canberra

National Training Centre Program

1. Canoe/Kayak - High speed cinematography filming with stroke technique analysis.
2. Cycling - Biomechanics consultation with coaches.
3. Rowing - Implementation of force transducer in the rowing ergometer to obtain stroke force profiles and pull techniques analysis.
4. Male Swim Developmental Squad - High speed cinematographic filming and stroke technique analysis.
5. Female Swim Developmental Squad - High speed cinematographic and video filming and stroke technique analysis.
6. Shooters - Biomechanical consultation with coaches and re. future work with this group.
7. Australian Team Female Basketball - High speed cinematographic filming and running style analysis.

The medical practitioner sees athletes and staff of the AIS on an appointment basis and provide their services from 8.00 am until 8.00 pm Monday to Friday. Special arrangements are made for provision of physiotherapy services at weekends.

The physiotherapists also provide a

service in travelling with teams when necessary. There is no doubt that the physiotherapist travelling with a team provides a valuable and necessary service allowing for maintenance of maximum performance by the athlete.

As a part of the Sports Medicine Department program in education, two physiotherapy students from Cumberland College of Advanced Education are attached through the year. Every five weeks two students arrive to work and study with the physiotherapists. While they are here they are encouraged to undertake some research and summarise their findings. It is hoped that this research will be made available for publication in the near future.

Similarly, medical students are being taken in from universities all over Australia on attachment for variable periods of time (from two

weeks to six weeks) and they are also encouraged to undertake some clinical research and make available their findings for publication.

The National Training Centre Programs have put a large demand on the staff of Sports Medicine. However, the physiotherapists in particular have managed to cope with the increased load by employing a physiotherapist part-time. The National Training Centre Programs are also addressed in formal teaching sessions by the doctor and physiotherapists on matters particular to their sports. For example - a discussion on care of the back was provided to the Rowers and a program of back exercises taught them with the aim of alleviating back related injuries.

This aspect of preventive care is seen as very important by the staff of Sports Medicine at the AIS.



Sports Science/Medicine Staff



Although research is difficult at the AIS due to very heavy demands on the staff, some clinical research is being undertaken where possible. At present a study on prevention of back injury in gymnastics is being undertaken and review on patella tendonitis is being prepared (particularly with respect to methods of alleviating the symptoms due to this chronic condition). A national survey on groin pain and ostietis pubis is being undertaken and sports medicine at the AIS is taking part

in this also.

Another role of Sports Medicine is to evaluate products for their manufacturers. Evaluation is done on a clinical basis and a report provided to the manufacturer. If sponsorship is requested then the AIS undertake to arrange for sponsorship and endorsement. This is a part of the overall program for private enterprise supporting the AIS long term. Needless to say with AIS becoming more "high profile" more and more companies are seeking

to have their products endorsed by the AIS.

The future development of sports medicine at the AIS looks into several areas. The maintenance of the highest quality service to athletes remains of utmost importance and is our highest priority. To achieve this goal staff will be encouraged to attend professional meetings and seminars. These are often international meetings where the latest and best is presented.

The Sports Medicine Department will maintain its role in educating physiotherapy students and medical undergraduates and will continue to lecture to sporting groups as often as possible.

Research: Sports Medicine and Sports Science

Research will hopefully be possible as time goes on and with the support of bodies such as the Menzies Foundation the community at large will begin to see the results of clinical and applied research done by Sports Medicine and Sports Science respectively at the AIS.

Sports Medicine continues to work as closely as possible with the Sports Sciences and of course with the coaches, and it is from this cooperation that questions arise demanding some applied research for their answers.

As a result of these endeavours the athlete at the AIS and the general community of Australia should obtain valuable and practical support.



Julianne Colby, Physiotherapist treating Commonwealth Gold Medalist Gary Brown



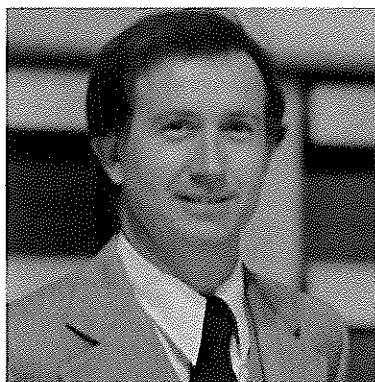
Scholarship by Sport and State 1983

NOTE:
Scholarship numbers fluctuate due to some scholarships being used for potential or visiting athletes.

	Vic	NSW	WA	Qld	SA	Tas	ACT	NT	Total
Track & Field	9	5	3	5	2	—	4	—	28
Basketball	4	5	5	4	3	2	2	—	25
Gymnastics	6	7	5	7	1	—	2	—	28
Netball	3	6	2	3	1	2	1	—	18
Soccer	4	4	2	4	1	1	1	—	17
Swimming	5	14	—	14	2	2	1	—	38
Tennis	2	6	—	1	5	1	2	—	17
Weightlifting	1	6	—	—	—	3	2	—	12
TOTAL	34	53	17	38	15	11	15	—	183

Scholarship Numbers - Male, Female, By Sport & Education/Work 1983

SPORT	Lyneham H.S.	Dickson College	Other Schools	Canberra TAFE	Bruce TAFE	CCAEE	ANU	Work	Unem-ployed	TOTAL
BASKETBALL										
Male	—	—	—	3	—	7	—	3	—	13
Female	—	2	—	1	1	2	—	5	1	12
TOTAL	—	2	—	4	1	9	—	8	1	25
GYMNASTICS										
Male	2	3	1	—	1	4	—	1	1	13
Female	7	3	1	—	1	2	1	—	—	15
TOTAL	9	6	2	—	2	6	1	1	1	28
NETBALL										
Female	—	2	—	4	—	7	1	4	—	18
SOCCER										
Male	1	4	1	2	—	5	2	1	1	17
SWIMMING										
Male	—	1	—	—	—	5	2	8	1	18
Female	—	9	1	2	3	2	1	1	1	20
TOTAL	—	10	2	2	3	7	3	9	2	38
TENNIS										
Male	—	2	8	—	—	—	—	—	1	11
Female	—	4	—	—	—	2	—	—	—	6
TOTAL	—	6	8	—	—	2	—	—	1	17
TRACK & FIELD										
Male	—	—	1	1	2	6	1	9	—	20
Female	—	—	1	1	—	1	—	5	—	8
TOTAL	—	—	2	2	2	7	1	14	—	28
WEIGHTLIFTING										
Male	—	1	2	—	3	2	—	3	1	12
TOTAL										
Male	3	11	14	6	6	29	5	25	5	104
Female	7	20	3	8	5	16	3	15	2	79
TOTAL	10	31	17	14	11	45	8	40	7	183



**Head Coach -
Dr Adrian Hurley**

Life Member Illawarra Amateur Basketball Association. President Australian Association of Basketball Coaches (World ABC) National Coaching Advisory Panel. National Selector 1978-84. Assistant National Men's coach 1982 World Championships, 1984 Olympic Games.

**Coach Patrick Hunt
Coach Phil Smyth**

The AIS basketball program is aimed at improving Australia's world ranking in men's, women's and junior basketball for both sexes.

At present Australia is world ranked fifth in the men's, eleventh in the women's and ninth in the juniors. The Olympic and World Championships start with qualifying rounds between approximately 127 countries and results in the final tournament between sixteen countries.

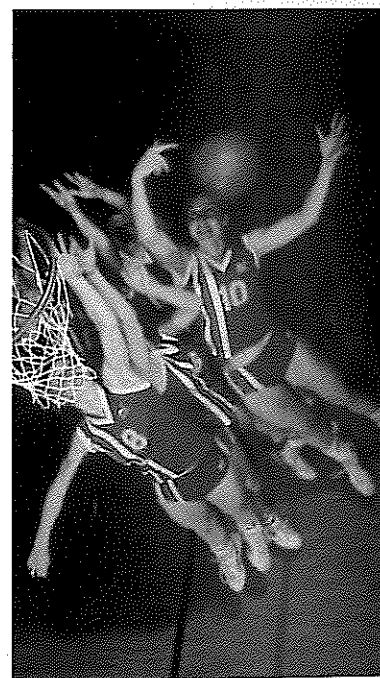
The AIS programs are aimed at junior levels, with the objective of producing young athletes of world class to feed into the club systems, and national teams, thus catering for the base and apex of the basketball pyramid.

Athletes are selected through the pyramid system. Athletes represent their clubs, their State, and then are chosen in the National Talent Identification Squad and a small number from that squad are selected to attend the Institute. Provision is made for athletes to qualify for the AIS outside that system through recommendation of a panel of nationally recognised coaches.

A. Men

- Outstanding performances in the 1983 South Eastern Conference against senior teams enhanced by foreign players;
- Third place in the 1983 South Eastern Basketball League using a total team concept with major exposure to all players;
- Outstanding performances by our players as individuals representing their States in the Australian Junior Championships in 1982 and 1983;
- Six players representing Australia in the qualifying games against New Zealand for the 1983 World Junior Championships;

- Eight Institute athletes, and one former AIS athlete, in a team of twelve representing Australia in the 1983 World Junior Championships. The team finished equal ninth;
- A highly successful tour of US States Georgia and Florida late in 1982. This tour established the foundation for the outstanding results in 1983.
- Seven Institute athletes representing Australia in the World University Games in Edmonton in 1983. The team finished eighth overall;
- The selection of Peter Wain and Mark Dalton in the national men's team training squad in 1983;
- The inclusion of Australian team captain Phil Smyth on the AIS coaching staff in 1983.





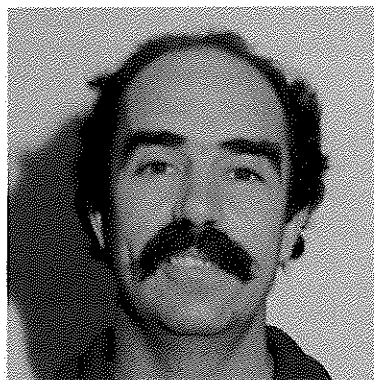
B. Women

1983 has shown the continued development of the women's basketball program at the Institute of Sport.

Eleven scholarships were given to players from Tasmania, Victoria, Queensland, South Australia, Western Australia and New South Wales at the beginning of the year and a further two scholarships were given to local ACT girls during the year.

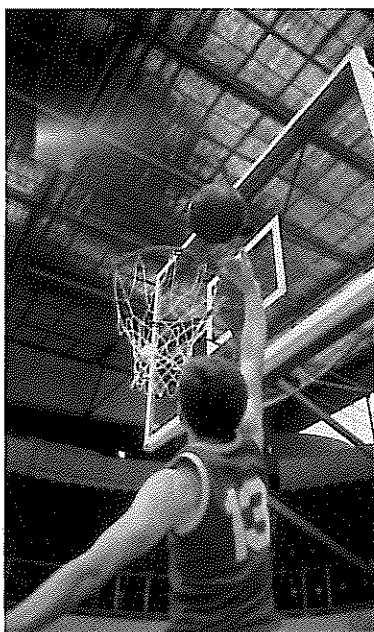
Highlights of the women's program:

- A highly successful tour to Japan and Korea in 1982 to play games against the national teams;
- An undefeated tour in 1982 of the east coast of the USA;
- Sixth place in the 1982 Women's Basketball League and third place in the 1983 Women's Basketball League. (The AIS program aims to, per se, give junior players experience at the highest level of League competition.)
- Outstanding performance by many of the women when they represented their respective States in the National Championships in 1982 and 1983;
- Eighth position in the 1982 Australian Women's Club Championships;



**Head Coach - Women
- Brendan Flynn**

Coach Jenny Cheeseman



AIS Men in training

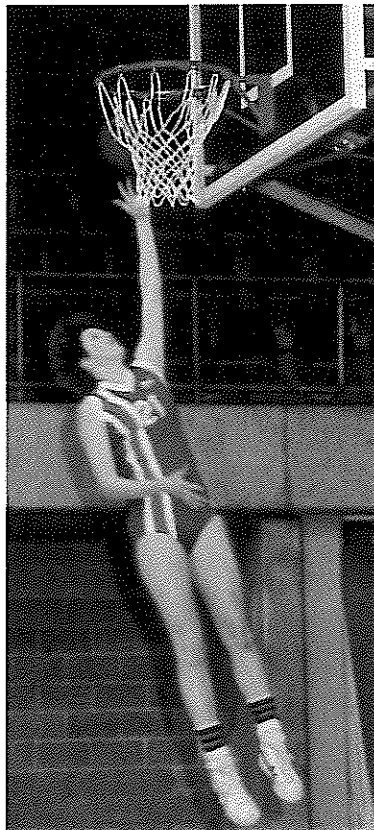
- Three women being selected in the national training squad in 1982, and six in the 1983 squad. Those selected were Bronwyn Marshall, Tracey Browning, Paula Hetenyi, Donna Quinn, Sandra Woods and AIS Assistant Coach, Jenny Cheesman.
- Bronwyn Marshall's selection in the Australian team for the 1983 World Championships in Brazil;
- An undefeated tour of New Zealand in 1983 by the women's team, which included four wins over the New Zealand national team;
- The appointment in late 1982 of Brendan Flynn, the Australian national coach, as Head Coach of the AIS women's team;
- The appointment of Jenny Cheesman, national team captain, to the Institute, as a coach in 1983. Jenny was subsequently chosen as captain of the Australian team to the World Championships in Brazil in 1983;



C. Other

- The national men's team training camp being conducted at the AIS in 1983;
- The national women's team training camp and the final preparation for the World Championships being held at the AIS in 1983;
- The national junior men's team training camp and final preparation for the World Championships being held at the AIS in 1983;
- All three national teams being in camp at the same time and venue at the AIS in 1983;
- Continued Visiting Scholarships to members of Australian national teams to visit the Institute for personal development;
- The introduction of the ABF-AIS basketball workshop in 1982. The workshop proved to be the largest and most challenging workshop ever held in Australia and drew coaches from all over Australia and New Zealand;

- The foundation of the 1983 ABF-AIS workshop to be incorporated with Level III national accreditation, the State Directors of Coaching Workshop and to include a top American professional coach;
- The planning, and beginning construction of the new three court basketball training hall which will be completed in 1984;
- The continued support of PUMA Australia and the excellent equipment and clothing they provided for both the men's and women's teams.



AIS Basketballer in action

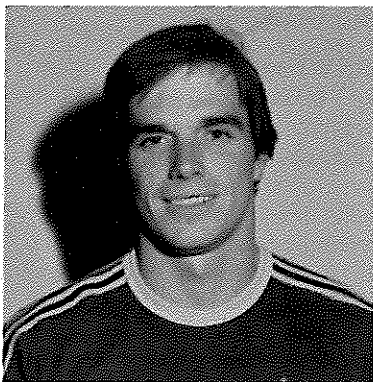
Summary

1982-83 were outstanding years for the basketball program. The program surged ahead after the formative year of 1981. Directions were clearly established and outstanding results recorded. The real impact of the program is clearly seen at the national junior level and is now producing results at the senior level.

The results of the individuals and teams in Australia and overseas proves the success of the program. The program is providing highly skilled players at the club level, national level and international level. This, in dovetail with Australia's domestic and international programs, is producing an Australian program of international significance.



Australian Institute of Sport
Basketball Teams wear Puma.



Head Coach - Warwick Forbes
Assistant Coach World
Championships Moscow 1982-83.
Chunichi Cup International.

Coach - Paul Szyjko

1. Aims and Objectives

The aim of the Institute Gymnastic program is to improve the standard and standing of the Australian gymnasts in the international arena.

The Institute provides the performer with:

- a high level of coaching and intensive training along with attractive education opportunities and scholarship opportunities
- world class facilities and equipment with sports science and medicine laboratories back-up

- adequate domestic and international travel to gain the necessary competition experience
- development of strong junior talent teams as well as improving senior elite programs
- implementation of a talent identification program for development of a national program with the Australian Gymnastics Federation.

Men

Program

The men's gymnastic program for 1983 has been altered from previous years, when Australia's top gymnasts all trained at the Institute. Australia's top international competitors are still resident at the Institute and in addition, a junior talent squad has been established.

Six of Australia's most talented junior gymnasts are being prepared for future national teams by Paul Szyjko. In order to catch up with international gymnastic standards, younger gymnasts are being prepared with strong fundamentals. Junior squad members are attending high schools or Dickson College and participate in a six days per week training program.

The seven senior gymnasts at the Institute are essentially Australia's national team and train six days a week with goals of World Championships and Olympic Games in mind. This program is unique in Australia as it is the first time our gymnastic team has had the opportunity to train together on a daily basis as a team.

Selection

Twelve gymnasts were awarded scholarships. The gymnasts are divided into senior and junior teams. Six Level 10 gymnasts were re-selected, and one Level 9 gymnast, to make up the senior group. The remaining five positions went to three Level 8 and two Level 7 gymnasts and they comprise the junior team.

All scholarships are reconsidered at the end of each year, and the selection tests for the 1983 intake were completed in November and early December.



The selection testing included:

- Physiological test (AIS human performance lab.)
- Medical check (AIS sports medicine physician)
- Optional routines - 6 events
- Physical ability tests (gymnasium)
- Interview

Competition

The men's team has had a most successful competition season although depth at the international level will remain a problem for some time to come.

1. State Titles

AIS gymnasts competed successfully in the ACT, Victoria, New South Wales, Queensland and Western Australia State titles throughout July 1982. This was the first month of a four month competitive season.

Results:

ACT

- | | |
|----------------|---------|
| 1. W. Birnbaum | AIS/NSW |
| 2. R. Edmonds | AIS/Qld |

VIC

- | | |
|------------------|---------|
| 1. W. Birnbaum | AIS/NSW |
| 2. G. Gleyberman | AIS/Vic |

NSW

- | | |
|----------------|---------|
| 1. S. Byng | AIS/NSW |
| 2. W. Birnbaum | AIS/NSW |

QLD

- | | |
|----------------|---------|
| 1. R. Edmonds | AIS/Qld |
| 2. K. Meredith | AIS/Qld |
| 3. G. Carlyon | AIS/Qld |

Level 6

- | | |
|---------------|---------|
| 1. R. Redhead | AIS/Qld |
|---------------|---------|

WA Level 8

- | | |
|----------------------|--------|
| 1. Wayne Van Moorsel | AIS/WA |
|----------------------|--------|

National Titles 1982

Werner Birnbaum took the National title from Gennady Gleyberman.

Level 10

- | | | |
|--------------------|---------|--------|
| 1. Werner Birnbaum | AIS/NSW | 110.25 |
|--------------------|---------|--------|

- | | | |
|-----------------------|---------|--------|
| 2. Gennady Gleyberman | AIS/Vic | 109.10 |
|-----------------------|---------|--------|

- | | | |
|-------------------|---------|--------|
| 3. Robert Edmonds | AIS/Qld | 108.30 |
|-------------------|---------|--------|

Level 8

- | | | |
|-------------------|--------|--------|
| 1. W. Van Moorsel | AIS/WA | 101.60 |
|-------------------|--------|--------|

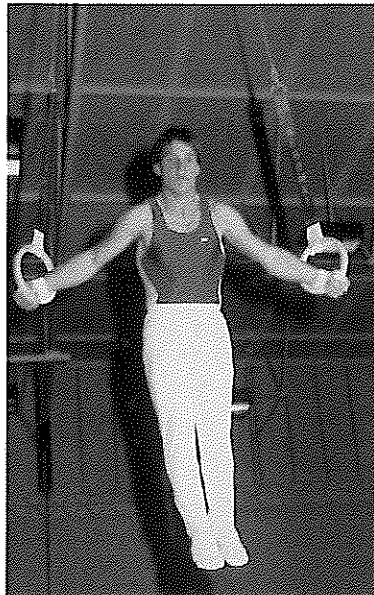
Pacific Championships/ Commonwealth Invitational

Seven nations took part in the first two competitions, the Australia Cup in Melbourne and the Pacific Cup in Canberra. Australia performed creditably during the tour and indicated that they were catching the more prominent gymnastic nations of China, Japan and USA. Australia finished 5th behind Canada.

Gennady Gleyberman AIS/Vic placed 13th out of 28 competitors, he was also placed 3rd on Floor and 4th on Vault.

Seven Commonwealth countries participated in this invitational competition prior to the Commonwealth Games.

Results were: 1. Canada 2. England 3. Australia



AIS Gymnast

AIS German Tour 1982

The AIS team of Gennady Gleyberman, Werner Birnbaum, Robert Edmonds and Ken Meredith competed in the International Cup at Volklingen, West Germany.

The breakthrough for Australia came with Gennady Gleyberman reaching the finals in the Floor exercise. This was the first time an Australian gymnast had qualified for a final at a major international event. Gennady placed 5th out of 8 finalists with.

Golden Sands, Bulgaria, 1983

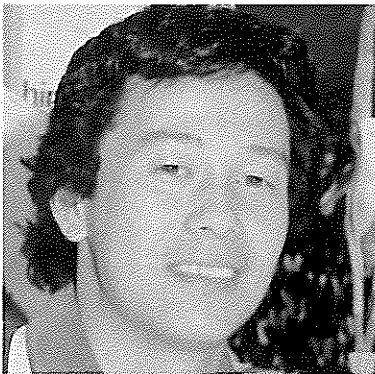
Robert Edmonds and Gennady Gleyberman travelled to Varna, Bulgaria to compete in this prestigious Eastern Block Invitational. Again Australian gymnasts broke into the finals - Robert Edmonds 4th on Vault and 8th on Horizontal Bar while Gennady Gleyberman ranked 6th on Floor exercise and 5th on Vault.

World University Games, Edmonton, Canada

Four AIS gymnasts represented the Australian Universities in the Universiade. This competition proved to be a mini World Championships with USSR, China, Japan and USA tussling for first place. Australia ranked 13th out of the 26 countries that participated. All team members Werner Birnbaum, Shaw Byng, Grant Carlyon and John Curtin produced excellent results with many event personal bests.

Summary

1982 and 1983 have seen considerable progress in the standard of the men's gymnastic team at the Institute. The opening of the new gymnastic hall has given the program a major boost as it offers a training facility equal to anywhere in the world.



Head Coach - Kazuya Honda Women Coach of Australian Women's team in 1980. Assistant Coach of Australian Team - World Championships 1981. Coach of Australian Team in Japan 1981.

Selection trials were held at each State during November. Applicants are assessed on:

- a) **Routines:** which offers a chance to observe progress, and also provides some insight into abilities and potentials of performance.
- b) **Physical ability testing:** consisting of a comprehensive battery of tests both general and gymnastic specific (strength, flexibility). Body composition (gymnast, parent).

There are two groups in the women's gymnastic program.

1. Senior Group - Level 9, 10, over 12 years
2. Junior Group - all Levels, 12-14 years.

c) **Interview:** provides the opportunity for a discussion between the gymnast and the selection committee.

B. Camps are held at the AIS at the end of November in order to finalise scholarship selections. These camps offer an additional:

- a) chance to observe potential ability of skills, b) interview, c) physical ability testing by sports science, and d) attitude assessment for international competition.

Note: In exceptional circumstances, a gymnast may be granted admission to the Institute outside the normal selection time. Factors which would be considered are:

- a gymnast who did not apply earlier due to extenuating circumstances
- the availability of financial support.

Program

1982

Twelve gymnasts were selected for the 1982 Institute program. The gymnasts ranged in age from 12 years to 18 years. The athletes under 16 years were billeted with families in Canberra whilst the older athletes boarded at the Australian National University residence.

General training times were set at 4.00-8.30 pm each week night, 1.00-5.00 pm Saturday, with ballet on Tuesday and Thursday from 5.00-6.00 pm. Sundays are always free unless competitions are scheduled. School commitments: 6 gymnasts (12-15 yrs) attend Lyneham High School; 5 gymnasts (16-18 yrs) attend Dickson College and 1 gymnast (18 yrs) attend CCAE.



Former Prime Minister, Malcolm Fraser, meeting members of the Gymnastics Team sponsored by ETA Peanut Butter and Speedo

**AUDITOR'S REPORT TO THE MEMBERS
OF THE AUSTRALIAN INSTITUTE OF SPORT**

In accordance with section 285 of the Companies Act 1981 I report that, in my opinion -

- (a) the accompanying accounts, being the balance sheet, statement of income and expenditure, notes to the accounts and Director's statement of the Australian Institute of Sport which have been prepared in accordance with the policies outlined in Note 1, are properly drawn up in accordance with the provisions of the Companies Act 1981 and so as to give a true and fair view of -
 - (i) the state of affairs of the Company as at 30 June 1982 and the results of the Company for the year ended 30 June 1982; and
 - (ii) the other matters required by section 269 of that Act to be dealt with in the accounts.
- (b) the accounting records and other records and registers required by that Act to be kept by the Company have been properly kept in accordance with the provisions of that Act.

K.F. Brigden
Auditor-General

14 December 1982

STATUTORY REPORT OF THE BOARD OF MANAGEMENT

The Board of Management of the Australian Institute of Sport ("AIS") has pleasure in presenting its Report together with the Accounts of AIS for the financial year ended June 30, 1982 and the Auditors' Report thereon. The Accounts of AIS have been prepared in accordance with the provisions of Schedule 7 to the Companies Regulations.

DIRECTORS IN OFFICE AT THE DATE OF THIS REPORT

R.K. Gosper	Chairman
Professor J. Bloomfield	Deputy Chairman
D. Talbot	Executive Director
J. Cheadle	Director
Dr J.A. Daly	Director
J.T. Devitt	Director
W.V. Reid	Director
J. Newcombe	Director
Dr S. Richardson	Director
P.D. Hyland	Director
P. Brettell	Director

PRINCIPAL ACTIVITIES

- (b) The principal activities of AIS in the course of the financial year were to provide high level coaching, facilities and opportunities for elite athletes in eight sports, viz. tennis, basketball, netball, swimming, track and field, gymnastics, weightlifting and soccer. There were no significant changes in the nature of those activities during the financial year.

NET PROFIT AND LOSS

- (c) The Australian Taxation Office has ruled that the AIS should lodge an income tax return. The question of whether Government funds and Sponsorship funds are taxable is now being examined. It is considered that these funds are exempt from income tax and that the AIS has no tax liability. Therefore no provision has been made for such tax. Its operating surplus for the financial year was \$134,942.

SUBSIDIARIES

- (d) AIS was not a holding company at any time during the financial year.

TRANSFERS TO OR FROM RESERVES OR PROVISIONS

- (e) There were no transfers to or from reserves during the financial year. However the following provisions were made out of revenue during that year:-
- (i) \$35,963.00 for depreciation;
 - (ii) \$29,000.00 for recreation leave; and
 - (iii) \$14,611.00 for long service leave.

ISSUE OF SHARES OR DEBENTURES

- (f) AIS does not have a share capital and thus did not issue any shares during the financial year nor did it issue any debentures.

DIVIDENDS

- (g) AIS is not permitted to distribute amongst its members (either directly or indirectly) its profits by way of dividend, bonus or otherwise and in fact has never done so.

BAD AND DOUBTFUL DEBTS

- (h) Before the Statement of Income and Expenditure and the Balance Sheet were made out, the Board of Management took reasonable steps to ascertain, so far as debts owing to AIS are concerned, what action had been taken in relation to the writing off of bad debts and the making of provision for doubtful debts. The Board of Management is not aware of any circumstances which would require debts to be written off as bad, or for a provision to be made for bad or doubtful debts.
- (j) At the date of this Report, the Board of Management is not aware of any circumstances which would require debts to be written off as bad or for a provision to be made for bad or doubtful debts.

CURRENT ASSETS

- (k) Before the Income and Expenditure Statement and Balance Sheet were made out, the Board of Management took reasonable steps to ascertain whether any current assets of AIS were unlikely to realise in the ordinary course of business their values as shown in the accounting records of AIS.
- (l) At the date of this Report, the Board of Management is not aware of any circumstances that would render the values attributed to current assets in the Accounts misleading.

CHARGE ON ASSETS - CONTINGENT AND OTHER LIABILITIES

- (m) At the date of this Report:-
 - (i) no charge on the assets of AIS has arisen since the end of the financial year and secures the liabilities of any other person; and
 - (ii) no contingent liability of AIS has arisen since the end of the financial year.
- (n) No contingent or other liability of AIS has become enforceable or is likely to become enforceable within the period of 12 months after the end of the financial year being a liability that, in the opinion of the Board of Management, will or may substantially affect the ability of AIS to meet its obligations as and when they fall due.

ITEMS OF AN UNUSUAL NATURE

- (o) At the date of this report, the Board of Management is not aware of any circumstances, not otherwise dealt with in this Report of Accounts, that would render any amount stated in the Accounts misleading.
- (p) The results of the operations of AIS during the financial year, were not, in the opinion of the Board of Management, substantially affected by any item, transaction or event of a material and unusual nature.
- (q) There has not arisen in the interval between the end of the financial year and the date of this Report any item, transaction or event of a material and unusual nature likely, in the opinion of the Board of Management, to affect substantially the results of the operations of AIS for the next succeeding financial year.

OPTIONS GRANTED OVER UNISSUED SHARES

- (r) AIS has not at any time granted to any person an option to have issued to him shares in AIS as it is unable so to do.

DIRECTORS' BENEFITS

- (s) Save and except the benefits included in the aggregate amount of emoluments received or due and receivable by members of the Board of Management shown in the accounts, no member of the Board of Management since the end of the previous financial year, has received, or become entitled to receive, a benefit by reason of a contract made by AIS or a related corporation with such a member or with a firm of which he is a member, or with a company to which he has a substantial financial interest.

For and on behalf of
the Board of Directors

R. Kevan Gosper
Chairman

John Bloomfield
Deputy Chairman

STATEMENT MADE BY THE BOARD OF MANAGEMENT

IN THE OPINION of the Board of Management of the Australian Institute of Sport ("AIS"):-

- (a) the accompanying Income and Expenditure Statement of AIS is drawn up so as to give a true and fair view of the result of AIS for the financial year ending on June 30, 1982;
- (b) the accompanying balance sheet of AIS is drawn up so as to give a true and fair view of the state of affairs of AIS for the financial year ending on June 30, 1982; and
- (c) there are reasonable grounds to believe that AIS will be able to pay its debts as and when they fall due.

Dated at Melbourne this 7th day of December 1982
and signed in accordance with a resolution of the Board of Management

R. Kevan Gosper
Chairman

John Bloomfield
Deputy Chairman

**INCOME AND EXPENDITURE STATEMENT
FOR THE YEAR ENDED 30 JUNE 1982**

REVENUE	NOTE	1982 - 1/7/81 - 30/6/82 \$	1981 24/9/80 - 30/6/81 \$
Parliamentary Appropriations - Commonwealth		2,738,200	1,077,780
Sponsorship - Cash	4	201,751	54,150
- Other	4	42,060	18,728
Sundry Income	5	27,396	13,709
		<u>3,009,407</u>	<u>1,164,367</u>
EXPENSES			
Salaries and Associated Payments	14	948,293	265,995
Travelling and Subsistence	15	605,896	129,188
Recruitment of Staff	6	50,176	108,924
Expenses of the Board	7	15,821	12,380
Administration	8	141,932	64,585
Professional Services	9	168,216	44,012
Scholarships	10	577,411	238,627
Facilities	11	312,677	147,110
		<u>2,820,422</u>	<u>1,010,821</u>
Excess of Revenue over Expenses		188,985	153,546
LESS NON CASH ITEM			
Depreciation	3	35,963	5,591
Balance before Extraordinary Item		153,022	147,955
Less Extraordinary Item	16	18,080	—
Balance transferred to Capital Accumulation Account		<u>134,942</u>	<u>147,955</u>

The accompanying Notes form an integral part of these accounts.

AUSTRALIAN INSTITUTE OF SPORT

BALANCE SHEET AT 30 JUNE, 1982

	NOTE	1982 1/7/81 - 30/6/82 \$	1981 24/9/80 - 30/6/81 \$
CAPITAL			
Amount limited by Members Guarantee - \$220			
Accumulation Account			
- opening balance		147,955	NIL
- balance transferred 30/6/82		<u>134,942</u>	<u>147,955</u>
		<u>282,897</u>	<u>147,955</u>
LONG TERM LIABILITIES			
- Provision for Long Service Leave		<u>20,100</u>	<u>5,489</u>
		<u>20,100</u>	<u>5,489</u>
CURRENT LIABILITIES			
- Bank	17	77,793	-
- Accrued Expenses	13	23,744	206,316
- Provision for Recreation Leave		47,000	18,000
- Sundry Creditors		<u>3,509</u>	<u>2,668</u>
		<u>152,046</u>	<u>226,984</u>
		<u>455,043</u>	<u>380,428</u>
TOTAL FUNDS			
REPRESENTED BY FIXED ASSETS			
- Furniture, motor vehicles, laboratory equipment, training equipment, plant, laundry equipment and information centre	3	411,865	127,767
- Less Prov. for Depreciation	3	<u>41,554</u>	<u>5,591</u>
		<u>370,311</u>	<u>122,176</u>
NET FIXED ASSETS			
CURRENT ASSETS			
- Cash in hand		150	225,655
- Prepayments	2	82,796	31,870
- Sundry Debtors		<u>1,786</u>	<u>727</u>
		<u>84,732</u>	<u>258,252</u>
		<u>455,043</u>	<u>380,428</u>
TOTAL ASSETS			

The accompanying Notes form an integral part of these accounts.

NOTES TO AND FORMING PART OF THE ACCOUNTS

NOTE 1 STATEMENT OF ACCOUNTING POLICIES

The Institute's statements have been prepared on the basis of historical cost and therefore do not reflect changes in purchasing power of money or current valuations of non-monetary assets, except for training equipment and medical supplies received by way of sponsorship which have been valued at listed wholesale prices.

DEPRECIATION

Furniture, Training equipment, Laboratory equipment, Plant, and Motor Vehicles are depreciated over their estimated economic lives in equal amounts each year, or at rates allowed by the Taxation Office by the Prime Cost method.

INVESTMENTS

Funds which are not immediately required are invested by way of Commercial Bills endorsed by the Commonwealth Trading Bank. Interest is brought to account through the Income and Expenditure Statement.

HOLIDAY PAY

Policy provides that Holiday Pay be accrued for all Employee Leave Entitlements.

AUDITORS' REMUNERATION

Audit fees were paid in accordance with the determination made under Section 63 Q of the Audit Act 1901.

	1982	1981
Auditing Fee	13,200	NIL
Other	<u>NIL</u>	<u>NIL</u>
Total	<u>\$13,200</u>	\$NIL

EMPLOYEE ENTITLEMENTS

The Australian Institute of Sport is an approved authority for the purpose of long service leave (Commonwealth employees) Act 1976 and section 47E of the Public Service Act 1922. The Institute is also a prescribed body under Part IV of the Public Service Act 1922.

If a former public servant elects and qualifies under section 87L(1) of the Public Service Act 1922 to receive a lump sum payment in lieu of long service leave, the amount in question will be paid by the Institute (on written approval by the Public Service Board). Such payments will be treated as Extraordinary Item. (Refer also Note 16.)

NOTE 2 PREPAYMENTS

The principal prepayments by the Institute at June 30 1982 were -

	1982	1981
- Overseas travel	45,965	7,690
- Scholarships Accom/Travel	23,613	NIL
- Domestic Travel	4,341	NIL
- Hire of Deakin Pool	3,666	3,667
- Salaries	NIL	14,823
- Professional Services - Visiting Coach	NIL	4,002

NOTE 3 FIXED ASSETS

	1982	1981
Furniture and Fittings at cost	60,819	37,582
Furniture for Library at cost	6,589	3,466
Staff Amenities at cost	1,429	1,429
	<u>68,837</u>	<u>42,477</u>
Less Depreciation	4,006	875
	<u>64,831</u>	<u>41,602</u>
Motor Vehicles at cost	44,652	33,692
Less Depreciation	8,487	2,063
	<u>36,165</u>	<u>31,629</u>
Laboratory Equipment at cost	190,848	24,553
Less Depreciation	16,759	1,186
	<u>174,089</u>	<u>23,367</u>
Training equipment at cost	42,513	17,745
Less Depreciation	8,481	1,467
	<u>34,032</u>	<u>16,278</u>
Training Equipment - at valuation	16,164	9,300
Less Depreciation	1,057	NIL
	<u>15,107</u>	<u>9,300</u>
Information Centre and Audio Visual Equipment at cost	24,297	NIL
Less Depreciation	1,349	NIL
	<u>22,948</u>	<u>NIL</u>
Laundry facilities - at cost	24,554	NIL
Less Depreciation	1,415	NIL
	<u>23,139</u>	<u>NIL</u>
TOTAL FIXED ASSETS (NET)	<u>370,311</u>	<u>122,176</u>

NOTE 4 SPONSORSHIP

	1982	1981
Cash Sponsorship was received from:		
Menzies Foundation	44,551	25,000
Speedo Knitting Mills Pty. Ltd.	31,362	15,000
Dunlop Footwear (\$10,000 Rec. July '82)	343	7,100
All Australian Netball Association	—	3,550
Union of Old Swimmers	—	2,500
The Cooper Tool Group Ltd.	1,500	1,000
Colgate-Palmolive	30,000	—
Riker Laboratories	10,500	—
Monier	5,000	—
Tomasetti Industries	1,000	—
Adidas	2,000	—
Cornalco	10,000	—
Kimberly Clark	30,000	—
Shell Australia	27,745	—
Puma	1,000	—
Exacto	5,000	—
The Boots Company	1,000	—
	<u>201,001</u>	<u>54,150</u>
	SUB TOTAL	
Friends of the Institute Programme	750	—
	<u>201,751</u>	<u>54,150</u>
	TOTAL	

Training equipment, medical items and wearing apparel was received by way of sponsorship from

Smith and Nephew
Adidas
Dunlop Footwear
The Boots Co.
Nicholas
Speedo Knitting Mills P/L

Berli Osti Hestia
Riker Laboratories (Aust) P/L
The Cooper Tool Group Ltd
AANA Sportswear
Puma (Aust) Pty Ltd
General Accessories

NOTES TO AND FORMING PART OF THE ACCOUNTS

NOTE 5 SUNDRY INCOME	1982	1981
Tennis prize money	2,946	784
Interest from short-term Investment	11,353	12,925
Arscott House Rent Re-coupment	3,922	—
Commissions received	7,450	—
Ticket Sales	625	—
Sundry Sales	1,100	—
	<u>27,396</u>	<u>13,709</u>
NOTE 6 RECRUITMENT OF STAFF	1982	1981
Advertising/Interviews	18,316	26,345
Travel/Accom/Removal Exp.	31,860	81,002
Other	—	1,577
	<u>50,176</u>	<u>108,924</u>
NOTE 7 EXPENSES OF THE BOARD	1982	1981
Travel and Accommodation	12,605	8,101
Sitting Fees paid to Directors	3,163	4,256
Miscellaneous	53	23
	<u>15,821</u>	<u>12,380</u>
NOTE 8 ADMINISTRATION	1982	1981
Printing and Stationery	21,415	16,411
Local Travel	2,041	1,686
Typing Services	995	4,380
Photocopier	8,607	2,591
Freight	4,986	464
Advertising General	1,640	386
Telephone	46,973	21,824
Postage	5,693	3,557
Newspapers	1,002	311
Running costs of Motor Vehicles	9,487	3,004
Bank Charges	1,321	616
Insurance	8,110	2,708
Staff Amenities	46	926
Payroll Services	1,370	592
Hire of Indoor Plants	2,287	910
Entertaining (visiting VIPs)	1,401	281
Miscellaneous	1,581	1,955
Sports Information Centre	6,925	1,983
Staff Uniforms	1,943	—
Science Laboratory (Consumables)	12,823	—
Repairs and Maintenance - Admin	575	—
Equipment Room Consumables	711	—
	<u>141,932</u>	<u>64,585</u>

NOTE 9 PROFESSIONAL SERVICES

	1982	1981
Legal Expenditure	3,768	3,444
Consultants Fees	500	1,685
Audit Fees	13,200	NIL
Medical Expenses	52,801	13,281
Marketing Program	85,840	25,602
Visiting VIPs	12,107	—
	<u>168,216</u>	<u>44,012</u>

NOTE 10 SCHOLARSHIPS

	1982	1981
Athletes Home Travel	24,908	13,933
Accommodation	428,371	177,526
Travel in Canberra	14,573	8,532
Educational	14,278	6,179
Menzies Living Allowance	7,500	4,060
Personal Training Equip - at cost	56,005	17,043*
Personal Training Equip - Sponsors	26,845	11,228
Laundry of Personal Training Equip	187	126
Special Living Allowance	4,744	—
	<u>577,411</u>	<u>238,627</u>

*Shown in last year's accounts as Personal Training equipment

Training equipment	6,407
Basic Training Equip. consumables	10,636
	<u>\$17,043</u>

NOTE 11 FACILITIES

	1982	1981
Subvention payable to the Dept. of Capital Territory for the use of National Indoor Sports Centre	250,000	100,000
Hire of Deakin Pool	44,000	29,333
Hire of Deakin Pool - extra heating	12,205	—
Hire of Deakin Gym	4,233	2,009
Hire of ANU Facilities	723	2,024
Sundry		3,744
Contribution towards cost of lights, (\$9,000) and concrete circle (\$1,000) constructed by CCAE for use by Hammer Throwers and Soccer Team	NIL	1,000
	<u>1,516</u>	<u>9,000</u>
	<u>312,677</u>	<u>147,110</u>

NOTE 12 COMMITMENTS

	1982	1981
Capital expenditure contracted but not provided for in the accounts was	22,282	59,443

NOTE 13 ACCRUED EXPENSES

	1982	1981
The principal Accruals were -		
Group Travel	8,450	49,873
Subvention to Dept. of Capital Territory	—	100,000
Telephone	118	14,278
Wages	7,738	19,970
Insurance	446	—
Capital Purchases - Equip/Furniture	2,385	—

NOTE 14 SALARIES AND ASSOCIATED PAYMENTS

	1982	1981
Salaries - Administration	203,903	78,010
- Coaches	444,238	139,237
- Sports Sciences	103,764	2,530
- Casual Staff	33,463	5,180
Recreation Leave Provision	29,000	18,000
Allowances	3,910	1,479
Overtime/Meal Allowances	4,388	441
*Superannuation	70,696	4,973
Payroll Tax	40,320	10,656
Long Service Leave Provision	14,611	5,489
	<u>948,293</u>	<u>265,995</u>

*Amount represents 20% of employees salaries who contribute to the Commonwealth Superannuation Scheme.

NOTE 15 TRAVELLING AND SUBSISTENCE

	1982	1981
Administration	32,063	12,172
Sports Science	5,166	502
Basketball	84,276	5,939
Gymnastics	72,261	2,552
Netball	67,191	9,035
Soccer	57,554	6,626
Swimming	116,058	6,623
Tennis	57,619	55,500
Track and Field	77,445	4,717
Weightlifting	34,150	25,522
Professional Development	2,113	—
	<u>605,896</u>	<u>129,188</u>

NOTE 16 EXTRAORDINARY ITEM

	1982	1981
Paid under Section 87L(1) of the Public Service Act 1922 (see Note 1).	18,080	NIL

NOTE 17 BANK

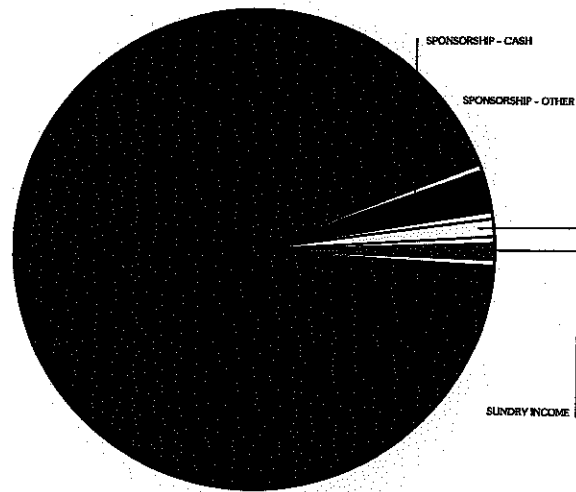
Prepayments to the value of \$82,796 were made, causing the Bank ledger balance to reflect an overdraft of \$77,793.

Major items

— Overseas travel	\$45,965
— Athletes Accommodation	\$23,613

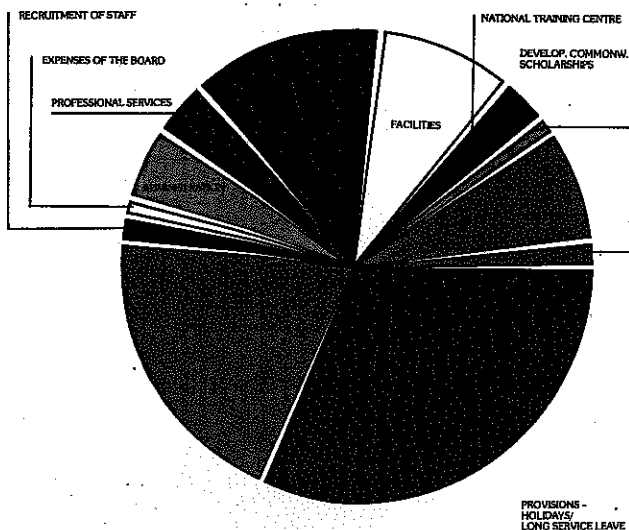
The actual balance at the bank was \$93,176 Credit as at June 30th and total outstanding cheques stood at \$170,969. Funds were received from the Commonwealth Government on 8/7/82 (\$750,000) to cover ongoing commitments.

REVENUE
FOR THE YEAR ENDED 30 JUNE 1983



NOTE: Figures are unaudited. The audit had not been completed at the time of printing.

HOW EACH DOLLAR OF REVENUE WAS SPENT
FOR THE YEAR ENDED 30 JUNE 1983



**INCOME AND EXPENDITURE STATEMENT
FOR THE YEAR ENDED 30 JUNE 1983**

REVENUE	NOTE	1983	1982
		\$	\$
Parliamentary Appropriations - Commonwealth		4,504,700	2,738,200
Sponsorship - Cash	2	197,608	201,751
- Other	2	50,657	42,060
Sundry Income	3	43,697	27,396
		<u>4,796,662</u>	<u>3,009,407</u>
EXPENSES			
Salaries and Associated Payments	12	1,526,141	948,293
Travelling and Subsistence	13	940,525	605,896
Recruitment of Staff	4	29,629	50,176
Expenses of the Board	5	31,150	15,821
Administration	6	266,827	141,932
Professional Services	7	192,230	168,216
Scholarships	8	684,365	577,411
Facilities	9	428,409	312,677
National Training Centre	17	167,896	—
Develop. Commonw. Scholarships	18	58,198	—
Loss on disposal of Assets	1	1,016	—
		<u>4,326,386</u>	<u>2,820,422</u>
Excess of Revenue over Expenses		470,276	188,985
LESS NON CASH ITEMS			
Depreciation	1	94,643	35,963
Balance before Extraordinary Item		375,633	153,022
Less Extraordinary Item	14	—	18,080
Balance transferred to Capital Accumulation Account		<u>375,633</u>	<u>134,942</u>

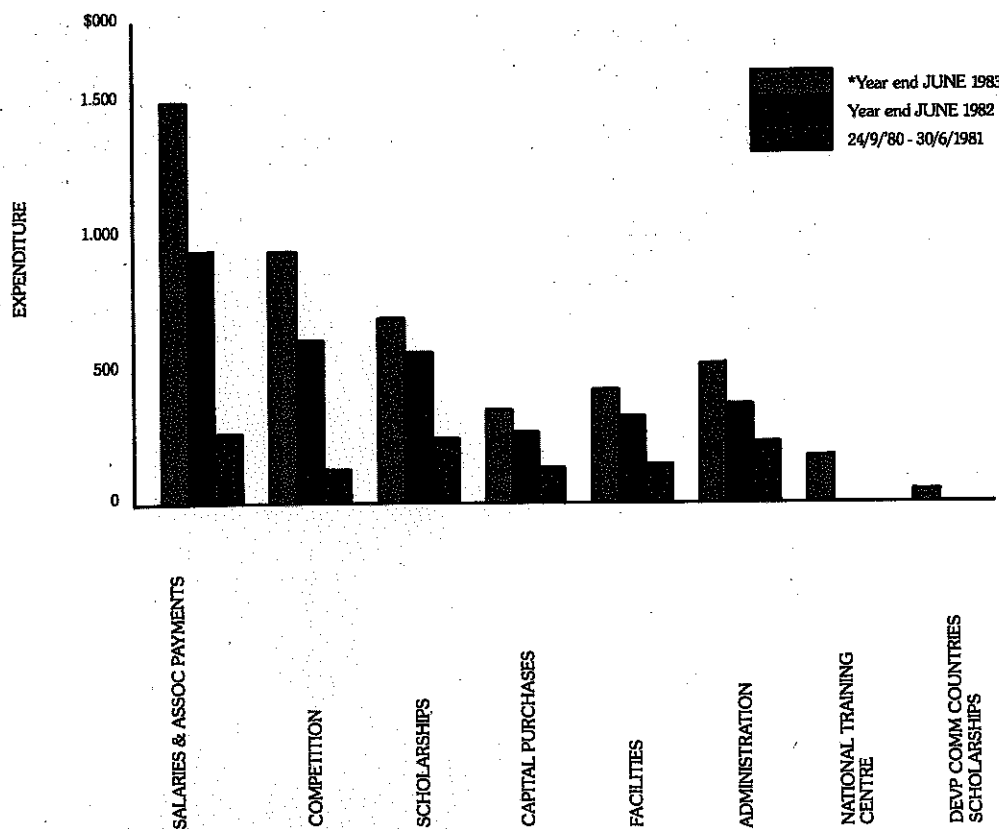
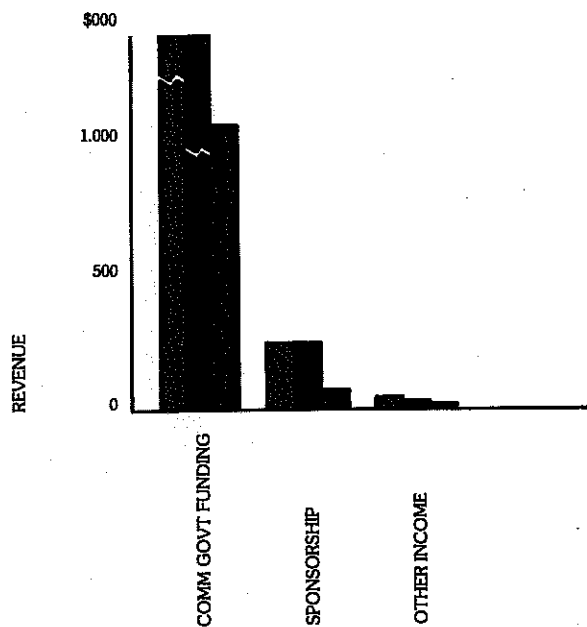
NOTE: Figures are unaudited. The audit had not been completed at the time of printing.

BALANCE SHEET AT 30 JUNE, 1983

	NOTE	1983	1982
		\$	\$
CAPITAL			
Amount limited by Members Guarantee - \$220			
Accumulation Account			
- opening balance		282,897	147,955
- balance transferred 30/6/83		375,633	134,942
		<u>658,530</u>	<u>282,897</u>
LONG TERM LIABILITIES			
- Provision for Long Service Leave		38,338	20,100
		<u>38,338</u>	<u>20,100</u>
CURRENT LIABILITIES			
- Bank		—	77,793
- Accrued Expenses	11	135,234	23,744
- Provision for Recreation Leave		84,000	47,000
- Sundry Creditors		2,750	3,509
		<u>221,984</u>	<u>152,046</u>
		<u>918,852</u>	<u>455,043</u>
TOTAL FUNDS			
REPRESENTED BY			
Fixed Assets	15	810,217	411,865
Less Accumulated Depreciation	15	133,541	41,554
NET FIXED ASSETS	15	<u>676,676</u>	<u>370,311</u>
CURRENT ASSETS			
- Bank		169,816	—
- Cash in hand		170	150
- Prepayments	16	50,128	82,796
- Sundry Debtors		22,062	1,786
		<u>242,176</u>	<u>84,732</u>
		<u>918,852</u>	<u>455,043</u>
TOTAL ASSETS			

NOTE: Figures are unaudited. The audit had not been completed at the time of printing.

**AUSTRALIAN INSTITUTE OF SPORT
FINANCIAL RESULTS FROM 24/09/1980
TO 30/06/1983**



*NOTE: Figures are unaudited. The audit had not been completed at the time of printing.



1983

Eleven gymnasts were selected for the 1983 Institute program. The gymnasts ranged in age from 12-17 years. The athletes under 16 years were billeted with families in Canberra whilst the older athletes boarded at the Australian National University.

General training times were set at 4.00-8.30 pm each week night, 9.00-1.00 pm Saturday. Ballet sessions commenced on Monday, Wednesday and Friday from 4.00-5.30 pm from September. Sundays are always free unless competitions are scheduled.

Competition

Kellie Wilson, Keri Battersby, Susan Miller, Michelle White, and Carolyn Wootton were selected to go to the World Championships in Hungary in October.

Australian Bronze National Championships (May)

1st Joanne Marshall

Australian Junior National Championships (May)

1st Carolyn Wootton

3rd Joanne Marshall

Golden Sands Competition - Bulgaria (June)

This competition brought together some of the finest gymnasts in Europe.

18th Michelle White

22nd Kellie Wilson

Canadian Junior Elite Classic Competition - Canada (June)

Teams from Canada, USA, France, Italy and Australia competed.

20th Carolyn Wootton

26th Joanne Marshall

State Championships (July)

Vic Level 9 1st Carolyn Wootton

Level 10 2nd Keri Battersby

Qld Level 10 1st Kellie Wilson

NSW Level 8 1st Joanne Marshall

Level 9 1st Carolyn Wootton

Level 10 1st Michelle White

3rd Keri Battersby

4th Susan Miller

ACT Level 8 1st Joanne Marshall

Level 9 1st Carolyn Wootton

Level 10 1st Kellie Wilson

2nd Keri Battersby

4th Susan Miller

5th Tracey Parnell

National Championships, Canberra (Aug)

Level 9 1st Carolyn Wootton

Level 10 1st Kellie Wilson

2nd Keri Battersby

5th Susan Miller

Summary

1982/83 has to be viewed as extremely successful years within Australia as well as internationally. The provision of financial and professional support to gymnastics at the AIS is reflected in these results. The AIS continues to offer a unique opportunity for Australian gymnastics to make inroads into international gymnastics.

Aims and Objectives

Rhythmic Sportive Gymnastics (RSG) was a discipline included in the Institute at the beginning of 1983. Representation at the Institute has assisted two key aims:

1. encouraging growth and development of RSG in Australia.
2. providing an avenue to produce gymnasts of a higher standard internationally.

The immediate objective for the gymnasts is to qualify for the 1984 Olympics. This is being achieved by our attendance in the forthcoming World Championships. In the long term, quality is being developed through experience gained by frequent competitions with international gymnasts.

A final general objective at present is to provide members of the Institute with more knowledge about this new sport in Australia.

Selection

The format for selection after applications are received is as follows:

- a) Personal interviews
- b) Observation of potential applicants based on:
 - i) flexibility and strength
 - ii) body technique and extension
 - iii) physical characteristics and proportions
 - iv) skills with each apparatus
 - v) physical and mental fitness

At present there are four gymnasts at the Institute. In 1984 the number will increase by up to 4 more.

Training Program

The venue for RSG requires a 10-12 metre roof and a 12 x 12 metre carpet area. The girls train between 3 to 5 hours a day. Each component of the program is designed individually. The components include:

- Warm up and warm down
- Testing skills with the apparatus
- Conditioning and strength exercises for body technique
- Repeats of routines with regular checks on composition and execution requirements
- Ballet

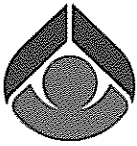
Nearing a competition, the quantity of training decreases, but the program is more intense, concentrating on the quality of each girl's performance.



Australian Institute of Sport
Gymnastic Teams wear Speedo.

Gymnastic Teams sponsored by
ETA Products.





A new coach, Ileana Vogelaar, will arrive shortly from overseas. She has extensive background in and knowledge of RSG internationally. This will provide a new direction for RSG in 1984 and in the future. A coach of this calibre will offer current trends in body technique, apparatus elements and overall composition and execution in the girls' routines.

With the arrival of a new coach and more Rhythmic gymnasts coming to the Institute, Rhythmics Gymnastics will progress rapidly

Competition Program

Results

The final competition for 1983 will be the World Games held in France during October.

Competition Name		Ball	Hoop	Clubs	Ribbon	Total	Place
International Competition							
Wiesbaden	Gail Duquemin	8.65	8.65	8.25	7.85	33.40	32nd
WA Champs	Karen Ho	8.9	7.35	8.7	9.2	34.15	1st
	Cathy Byrne	8.95	7.6	8.1	9.05	33.70	2nd
Vic Champs	Karen Ho	8.90	8.90	8.75	9.10	35.65	1st
	Gail Duquemin	8.80	8.50	8.90	8.80	35.00	2nd
	Cathy Byrne	9.15	9.05	7.90	8.80	34.90	3rd
	Ann-Maree Kerr	8.50	8.95	8.65	8.50	34.60	4th
NSW Champs	Karen Ho	7.95	8.95	8.95	8.95	34.65	2nd
	Gail Duquemin	8.80	8.60	8.85	7.95	34.20	3rd
	Ann-Maree Kerr	8.80	8.70	8.75	8.75	35.00	1st
Australian Champs							
	Name	Ball	Hoop	Clubs	Ribbon	Totals	
	Karen Ho	8.70	9.00	8.90	9.00	35.60	
		9.05	9.10	8.70	9.10	71.55	
		17.75	18.10	17.60	18.10		
		(1st)	(1st)	(2nd)	(2nd)		1st overall
	Gail Duquemin	8.85	8.80	8.80	9.05	35.50	
		8.80	8.45	8.90	9.25	70.90	
		17.65	17.25	17.70	18.30		
		(2nd)	(2nd)	(1st)	(1st)		2nd overall
	Ann-Maree Kerr	8.70	8.85	8.55	8.85	34.95	
		8.95	8.25	8.65	8.20	69.00	
		17.65	17.10	17.20	17.05		
		(2nd)	(3rd)	(3rd)	(4th)		3rd overall



**Head Coach -
Wilma Shakespear**

Coach of Australian Team in New Zealand 1969. Coach of Australian Team - World Championships 1970. Coach of Australian Team in England 1978.

Coach - Gaye Teede

Philosophy

Australia's domination of international Netball continued this year when it won the coveted World Title in Singapore. This makes it five victories and one tied title in the six series contested.

The Institute's Netball program aims to maintain this proven international standing. The National team is not a bleeding ground for players - but rather the accomplished performers' arena. By the time a player reaches this level she should have a competitive background of training that will allow her to handle the scene. She should be familiar with the styles of all major contenders whilst understanding fully the peculiar facets of the Australian game. Training programs therefore focus on the skills and tactics employed by Australian teams and their major international rivals. Institute coaches work closely with the National Coaching Director, Mrs Joyce Brown, in establishing and implementing the AIS Netball program.

It is not the winning or losing of matches that is of major importance to the Institute program, rather the development of the individual player's potential by offering a wide range of meaningful learning experiences, that is the vital factor.

Recruitment

Netballers recruited onto the AIS program generally have a State representative background. Applications are called for in the October. Following screening in each major centre, successful candidates commence their scholarship in February.

The 1982 intake comprised two teams. Half the group was recruited from Open Age players -

considered to have the potential of reaching national level. The remainder comprise Under Age players whose first objective is to establish themselves on the national scene.

1983 saw a change of emphasis - with the World Championships four years away recruitment was directed at Under Age players who it is anticipated will help to broaden the base of top level players by the next World Series - four years hence.

Training Program

Schedules are published weekly, being based on either the work or competitive cycle which operates throughout the 45 weeks of the scholarship year. Such cycles dictate the intensity and content of individual sessions.

They begin by focusing on the individual's skill, progresses to local competition then State fixtures, culminating in an international event. Such a program allows us to compete in most major events on the Australian calendar.

Training Procedures

Morning training commences at 6.30 am whilst afternoon workouts are held around 5 pm at the National Indoor Sports Centre. Athletes generally train twice daily five days a week. Sessions involve the whole group, a specified team, area specialisation i.e. defence/centre/shooters for given individuals. The duration varies from 1-2 hours. Our program is further enhanced by the inclusion of outside specialists who work with Institute athletes on specific areas. In particular we wish to acknowledge the assistance given by Margaret Caldwell (shooting specialist) and Maureen Boyle, Neita Mathew and Jan Cross (umpires).

Representative Honours

The 1983 World Championship Team contained four players with an AIS background: Sue Hawkins, Chris Harris, Karan Smith and Jane Searle.

Half the Australian team 1982 which toured New Zealand had attended the Institute.

The 1983 National Championships saw the first National U21 team selected. Current students Roselee Jencke (Captain), Keeley Devery, Debbie Johnson, Gillian Walsh were joined by Julie Gibb from our initial intake to make it a 50% representation.

National Squad

Three AIS players have gained their first selections at this level: Cheryl McCormack, Debbie Kerfoot and Roselee Jencke.

State Selections

At both Open and U21 levels AIS players have gained numerous representative honours.

We wish to acknowledge the support given to Institute players by the ACTNA in allowing athletes who could not seek representation in their home State to attend selection trials in Canberra. This

support was invaluable to us, providing many players with the opportunity to compete which would otherwise have been denied them.

Results

International - Open Team

1982 - Caribbean/Canadian Tour.

AIS defeated Canadian National Squad 3 games to nil
AIS defeated Jamaican National Squad 5 games to 4
AIS defeated Trinidad & Tobago U23 team 38-30
AIS lost to Marveletes 31-32

New Zealand - Auckland, Waikato 15-25 July

AIS 5 wins 2 losses

U21 Team

AIS U21 v New Zealand U21 - National Indoor Centre, May
AIS defeated the previously unbeaten New Zealand National U21 team in a round robin event involving these teams plus ACT & NSW U21 teams.

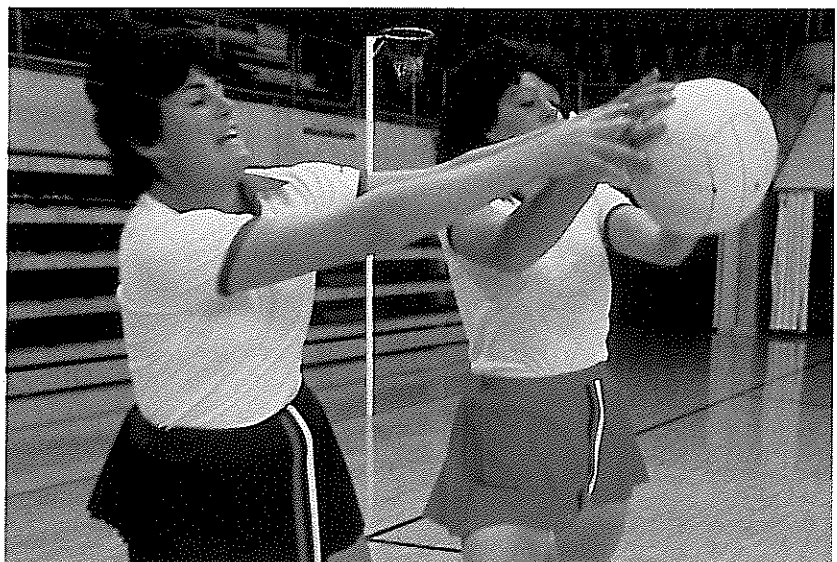
AIS U21 Toured Fiji 15-25 July

AIS remained unbeaten in its seven matches.

AIS U21 competed in Malaysia 4-12 November.

AIS undefeated in the eight matches. The AIS party conducted a coaches and umpires residential clinic in conjunction with our matches. This was sponsored by the Malaysian Government through its Ministry of Sport.

U21 Team - South Pacific Club Championship, Suva, Fiji
AIS undefeated to take this inaugural Club Title.





AIS Women in training

1983 - Open Team

New Zealand Tour: Canterbury/Wellington

Highlight: AIS defeated New Zealand South Island Squad 48-31. The total AIS played fourteen games on the ten day tour. The only loss was to the Canterbury Rep. side who were joint New Zealand champions.

U21

New Zealand Tour: Auckland, North Island.

Our younger players competed against similar age group on this tour. In their eight games they were undefeated.

Major Australian Tournaments

TAA Challenge Series -

Melbourne 28 February.

A nationally televised series for clubs. AIS Open Team were defeated by Melbourne Blue by one goal in preliminary rounds; thus were not eligible for the final. The series was won by Downey Park, Qld.

All Australian Night

Tournament - Hobart, March 6-10

AIS Open Team competed by invitation against teams representing NSW, Vic, Qld, SA and Tasmania. Undefeated in this series.

All Australian Club

Championships - Melbourne, Easter

AIS Open team runners-up to Melbourne Blue for title. A pleasing result as three regular team members were trialling with the National team during this period.

State Championships

1. ACT - Canberra - May
Two AIS teams participated. Both were undefeated.
2. Western Australia - Perth - June
Queensland - Brisbane
AIS teams competed by invitation in both events. Each group contained members of the U21 team who were given the opportunity to combine with regular Open Age players. In WA the team's only loss was to eventual winners Matthews Centre. In Queensland, AIS defeated all local teams but went down to another invitational side, Auckland, in the final.
3. Challenge Series - Tasmania, Launceston - July
AIS competed with Tas. Open & U21 teams in a weekend's round robin event. AIS defeated Tasmanian Open team in the final.



1983

Esso Gold Cup - International Club Championship.

AIS defeated Melbourne Blue 39-34 to become the inaugural winners of this event.

State Championships - WA - Perth, June

AIS Open lost to Mathews in Rounds.

AIS U21 undefeated in Country section.

- ACT - May

Both teams entered appropriate divisions by invitation and remained undefeated.

Challenge Series

Tasmania - Launceston

South Australia - Adelaide

Victoria - Melbourne

Prior to the National Championships AIS players competed in a number of challenge series against leading State and U21 teams.

Local Competition

1982

NSW Interdistrict - Saturday, March-June

Open and U21 teams entered the first round of the NSW Interdistrict competition by invitation. Here we encountered regular hard competition so vital for player's development.

Results: AIS (1) undefeated - 8 matches

AIS (2) 4 wins, 4 losses

ACT Interdistrict - Wednesday evening, April-August

AIS players were spread throughout the competing teams. Where possible a younger player went with an Open Age representative.

1983

NSW Interdistrict -

Open team won 7 and lost one game to Manly-Warringah U21
4 wins, 4 losses

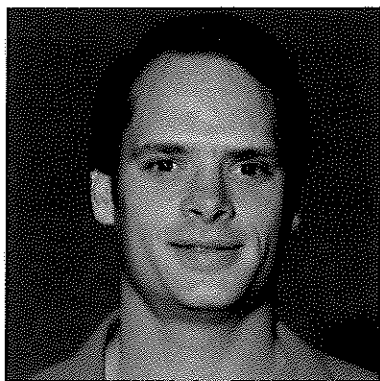
ACT Interdistrict -

Open team spread through competing teams

U21 competed as a unit - winning a very exciting grand final.

Australian Institute of Sport
Netball Team wears Dunlop Footwear.

 **DUNLOP**
SPORTS FOOTWEAR



Head Coach - Dennis Pursley
1980 voted "Coach of the Year" in USA Produced 35 world ranked champions in 1980. US Coach 1979 and 1980.

Coach - Craig Crozier

1983 saw the separation of the men's and women's swimming teams. This move brings Australia into line with the world leaders of swimming i.e. East Germany, Russia, and USA.

Bill Sweetenham was elevated to Head Coach of the women's team and Ken Wood was newly appointed as Assistant Coach, with Dennis Pursley remaining as men's swimming Head Coach and Assistant Coach Craig Crozier.



The Prime Minister meets silver medallist Georgina Parkes



Men's

In every respect, the AIS men's swimming team continued to progress in 1983. The Institute men demonstrated significant improvement in all three areas of evaluation:

1 International competition

A. Mission Viejo International Invitational - This event marked the first time since the Institute was founded that AIS swimmers defeated world record holders. Stephen Cook earned his first gold medal in major international competition by defeating world record holder Steve Lundquist in the 100 m breaststroke. Mark Stockwell's victory over world

record holder Rowdy Gaines in the 100 m freestyle was good for the silver medal. In the 50 m freestyle, Mark surpassed his previous achievement by touching ahead of Gaines and NCAA Champion Tom Jager for the gold. Glenn Beringen and Stephen Cook provided a 1-2 finish in the 200 m breaststroke ahead of US Olympian and World Championship medalist John Moffet. Competing against the best teams from the US and Canada, our men's 800 m freestyle relay was victorious in meet record time.

B. McDonald's Los Angeles pre-Olympic meet - The two swimmers representing the

AIS men's team were highly successful in this prestigious international event. In finishing third behind world record holder Ricardo Prado, Rob Woodhouse became the first Australian in history to break the 4:30.0 barrier in the 400 m IM. Stephen Cook followed suit with a personal best silver medal performance in the 100 m breaststroke.

C. West Germany, Sweden, AIS Tri-Meet - As West Germany and Sweden are generally considered to be two of the top five men's swimming nations in the world, we were very proud to have won the battle in regard to the point score and the gold medal tally. Paul Rowe provided



The new AIS Swimming Complex. Speedo sponsor the AIS Swimming teams



the meet's major upset in defeating world record holder Michael Gross in the 200 m butterfly. However, the highlight of the meet was Greg Fasala's victory in the 100 m freestyle which will be remembered as the first Commonwealth record for the AIS men's team. Equally impressive was the 400 m freestyle relay which missed the Commonwealth record by less than 0.3 seconds! Peter Dale earned his first gold in international competition by defeating a field of world renowned 200 m freestylers. Other gold medals were won by Glenn Beringen in the 200 m breaststroke, Brett Stocks in the 100 m breaststroke and David Orbell in the 200 m backstroke.

D. Tokyo International Invitational - Several world record holders were featured in this event which included national teams from eight countries. Australia finished second to the United States in the total medal count ahead of third placed Canada. AIS athletes accounted for 8 of Australia's 9 medals in the men's individual events and the Institute placed three swimmers on each of Australia's three silver medal winning relays!

II World rankings (Top 25)

In 1983, the AIS men accounted for 10 of Australia's 17 world rankings and earned two more than the 1981 and 1982 squads combined. Congratulations to the following world ranked swimmers:

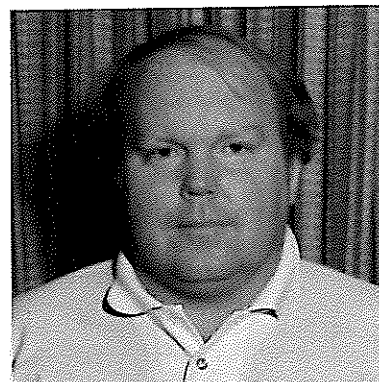
1. Greg Fasala
- 50 m freestyle
2. Greg Fasala
- 100 m freestyle
3. Rob Woodhouse
- 400 m IM
4. Paul Rowe
- 200 m butterfly
5. Glenn Beringen
- 200 m breaststroke
6. Stephen Cook
- 100 m breaststroke
7. Brett Stocks
- 100 m breaststroke
8. Mark Stockwell
- 50 m freestyle
9. Greg Fasala, Mark Stockwell,
Peter Dale and Ron McKeon
- 400 m freestyle relay
10. Peter Dale, Ron McKeon,
Paul Rowe, Greg Fasala
- 800 m freestyle relay

III National Records

After re-writing the books with an incredible 12 national record breaking performances in the 1983 AIS short course invitational, the Institute men later accounted for three additional long course records equalling the total output of the two previous years. Congratulations are due to the following long course record breakers:

1. Greg Fasala
- 100 m freestyle 50.96
(Commonwealth record)
2. Greg Fasala
- 50 m freestyle 22.97
3. Rob Woodhouse
- 400 m IM 4:28.44

Women's



Coach - Bill Sweetenham

Queensland Director of Coaching - four years. Coach of Australian Team. 1981 "Coach of the Year" awarded by Confederation of Australian Sport.

Coach - Ken Wood

In many ways 1983 has been a difficult year. Some swimmers after their demanding Commonwealth Games year, decided not to work out over the summer period, plus the Institute's new 1983 seasonal program, which allowed for a much shorter preparation for the increased international competition than did previous years. Together with these problems the season commenced with the sharing of our Deakin pool headquarters with the men's team.

Subsequently, our move to the new pool at Bruce in June of this year was a tremendous boost for the team.

July 16/17 marked another milestone in the progress of the Institute of Sport with the official opening of our new \$6.5 million swimming hall by the Minister of Sport, Recreation and Tourism, Mr John Brown, in conjunction with the first AIS Short Course Meet with strong teams from Queensland, NSW and Victoria competing.

Combining the renewed attitude of the swimmers, the great help from the AIS staff and science and medical centres, we had our most progressive and successful season of swimming yet, at the Institute.

Georgina Parkes suffered a serious shoulder impingement injury and unfortunately had to spend eight weeks out of the water, but Georgina showed the tenacity and determination to overcome this problem, to record some very good times during the year. We can expect to see her in great form during the summer and later at the 1984 Olympic Games.

The 1983 women's team has the distinction of being undefeated at international meets and many great performances were recorded.

Results

Hapoel Games - Israel

Only three of our women attended. It was a great performance to win gold medals in the 200 m butterfly (Susie Woodhouse) and the 400 m Individual Medley (Susan Landells) to bring home a total of five medals.

Canada Cup - Vancouver

This meet proved to be a great boost for our women with outstanding individual performances and a great team effort. The highlights of this meet were Susan Landells' Australian record in the 400 m Individual Medley and our victory over Mark Schubert's Mission Viejo Nadadores women; this was only their third defeat ever and their first for two and a half years. Our AIS women won eleven gold medals from a possible seventeen

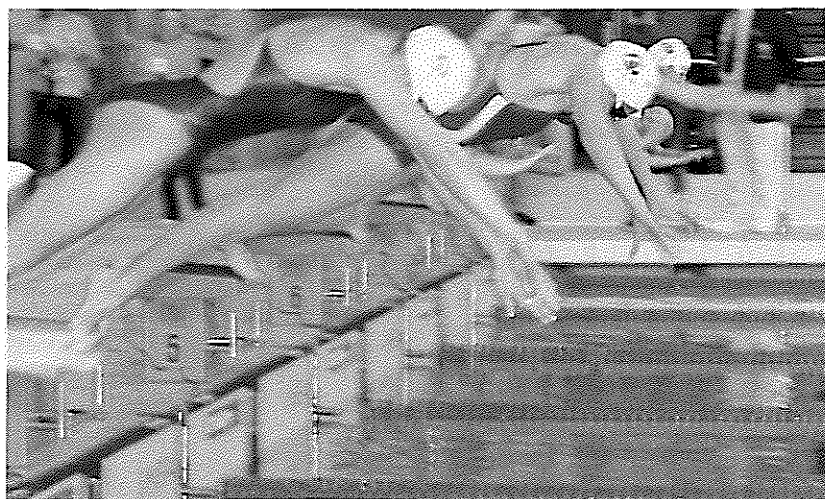
restricting the Nadadores and the Canadian women to three wins each. AIS team members established 5 meet records and 16 personal best times were recorded by the team.

World Student Games - Montreal

The performances of Susie Woodhouse at this meet capped a great season for her and her two gold medals in the 100 m and 200 m butterfly events, both times establishing new games records, 61.79 and 2:13.5 stamped her as the outstanding swimmer for 1983.

Pre-Olympic Meet - Los Angeles

The two top efforts at this meet came from two members of the Commonwealth Games team who worked out all summer and reaped the rewards here. Sue Landells became the first Australian woman to break 4 mins 50 secs for the 400 m Individual Medley with a new national mark of 4:48.56 and Jillian Collingwood's 2.20.- and 4.5- in the 200 and 400 m IM's were all personal bests for the girls and placed them high up in the world rankings.



AIS swimmer



Joanne Bell recorded a personal best time in the 200 m backstroke. Cindy-lu-Fitzpatrick took a bronze medal in the 200 m breaststroke to take the AIS medal tally to 3 silver and 2 bronze and included 6 personal best times and 3 world ranked performances. A great success for our form strokes swimmers.

AIS Invitational - Canberra

The women's team responded to the occasion and eight national short course records were broken and only 2 of our AIS records remained intact at the meet's conclusion.

AIS-Sweden-West Germany - Karlsruhe

It was obvious by Suzi Baumer's great triple gold medal winning effort in the 200, 400 and 800 m freestyles that she was the outstanding swimmer of this meet, and when we look at her erratic splits in the 400 m freestyle event it is evident that she is ready for the big breakthrough we have been working for, and we can expect to see her go three to four seconds faster this summer.

Another great effort at this meet came from Michele Pearson in the 200 m freestyle. Her 2:03.11 was a top effort and Michele could make this event very interesting at the selection trials.

Tokyo International '83

The top swim from our six AIS representatives on this team came from Lisa Curry. This was her second appearance since the Commonwealth Games and followed her butterfly gold medal win two weeks previously in Karlsruhe. Her silver medal here in the 200 m Individual Medley was a great swim despite the fact that she had not trained for this event all year and her program of moderate work will put her in mental and physical readiness for some good performances this summer.

National Winter Championships - Darwin

Although many of our team were competing after their fifth international competition since April - the entire team showed character and attitude and put in good performances.

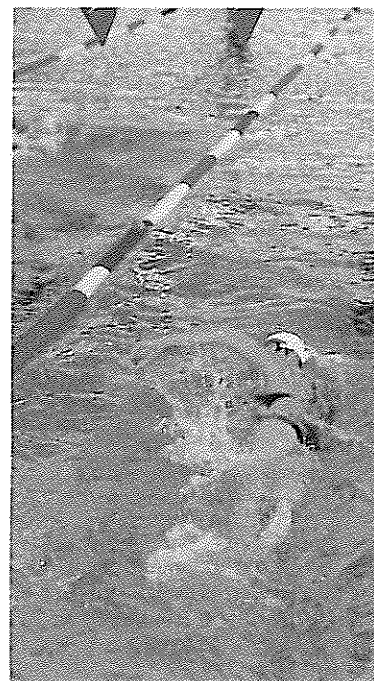
A number of personal best times were recorded. Victoria Moore was prominent in this regard. The team finished the year with 10 world ranked performances.

Interstate Competition - South Australia and Queensland

Both competitions proved very beneficial to our team and are an important part of our overall program. Our thanks go to all those officials and others who made our visits most enjoyable.

Olympic Preparation

After a strenuous season the team had a short rest at the conclusion of the Winter Nationals before returning for a heavy dry land strength program and swimming endurance phase which will cover 9 to 10 weeks prior to them returning to their summer coaches in November. During the 1983 year the training emphasis has been centred on an over exaggeration



AIS swimmer



of the endurance work to provide all swimmers with the necessary background for their all important 1984 summer program and Olympic year.

Away from the competitive side of our program, there are some very significant gains by a number of our women in the academic areas during the season. This area is a very important component in our overall program where the development of character and dedication will always be essential ingredients for ultimate success.

New Initiatives

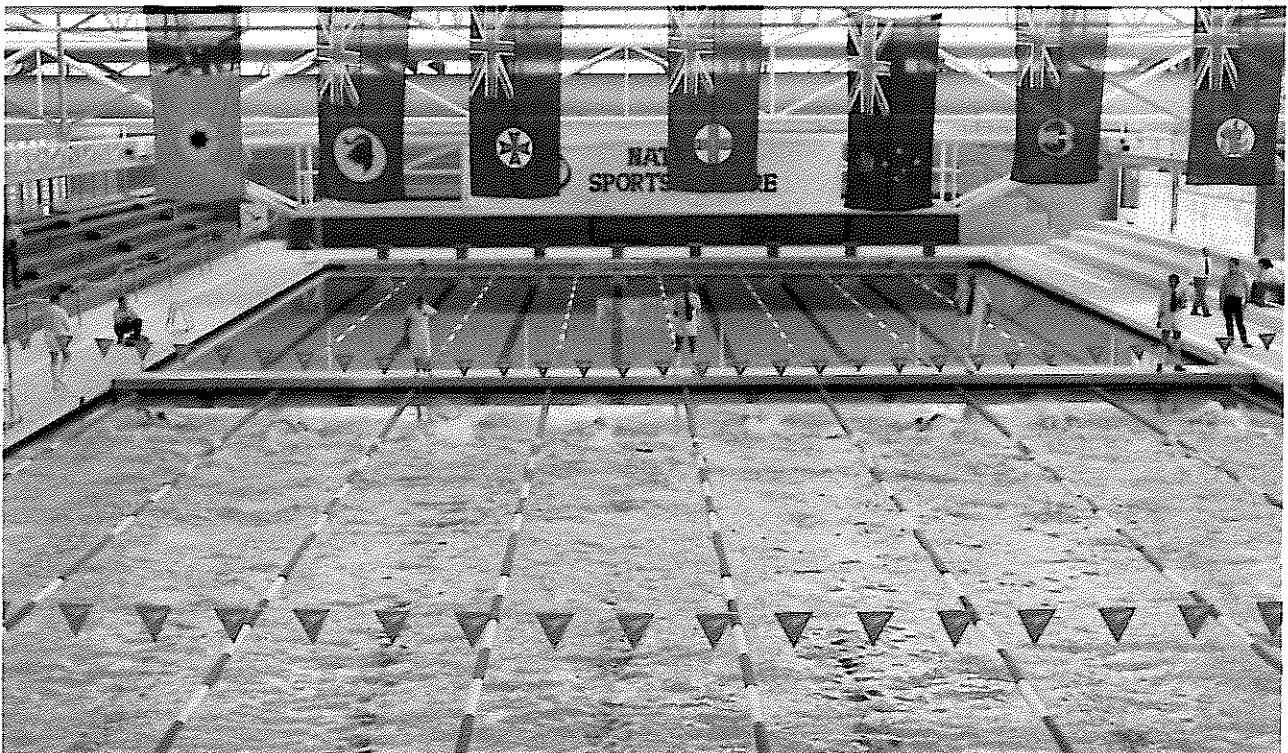
1983 saw the introduction of our AIS Development Scholarships, designed to give as many promising young swimmers the opportunity to participate in the program for one or two weeks and to talk with our staff about schooling or employment availability should they win a scholarship. We propose to expand this scheme in 1984.

Finally our thanks go to the Australian Swimming Union for their help and cooperation and to Speedo for the outstanding contribution they made to our team.



Australian Institute of Sport Swimming Team sponsored by and wear Speedo.

Comalco Australia provide a scholarship to the Swimming Team.



New indoor swimming complex. Speedo sponsor the AIS Swimming Team



Head Coach - Jimmy Shoulder

Player First Division in England in 1967. Football Association Staff Coach in England.

Coach - Ron Smith

Aims

To assist in the build-up of the Australian Youth Team towards the World Youth Cup finals in Mexico in June 1983.

To look at a number of younger players with a view to the 1984-85 World Youth Cup campaign.

To provide National League clubs with high class young Australian players.

To complement and supplement the National Coaching Scheme.

Players

Selection

A squad of 15 players was selected for 1983 as follows:

- Anthony Franken - Perth
- Roy Jones - Perth
- Michael Barnett - Adelaide
- Luciano Fabrizio - Hobart
- John Mihailidis - Melbourne
- Marcelo Salvo - Melbourne
- Warren Spink - Melbourne
- Daryn White - Melbourne
- Andrew Bernal - Canberra
- Ian Fergusson - Tamworth
- Glenn Cameron - Newcastle
- Mark Boyd - Brisbane
- Craig McLatchey - Rockhampton
- Frank Farina - Cairns
- Ray Junna - Mareeba



AIS Soccer Team

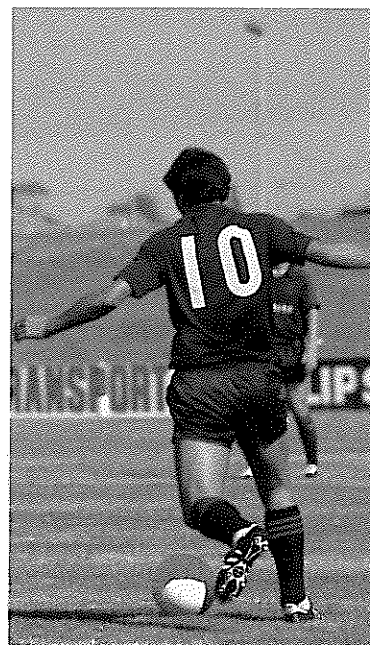


Availability

Problems were caused through injury and National Youth Team commitments. Ian Fergusson received a severe knee injury in only the third match of the year and has been unavailable ever since while Franken, Jones, Fabrizio, Salvo and Farina were regularly involved in Youth Team camps. Franken, Jones and Farina were unavailable from early May until mid June due to their involvement in World Youth Cup finals and, at the special request of the National Coach, Farina played at weekends in the National League for Canberra Arrows.

Performance

Considering that the team was composed of young players and our non-international older group for the majority of the games, results and performances were satisfactory. Our lack of strength and experience, particularly in attack, meant that goals were hard to come by, but we were also difficult to break down so that most of our matches were close, hard-fought affairs. The young players found the going particularly tough but a number of the older boys such as Barnett, Mihailidis and Junna, and Fabrizio and Franken, when available, played consistently well.



AIS soccer player in action

Match Statistics

Matches to Date	Goals				
	Played	Won	Drawn	Lost	For Against
National Youth League	11	5	3	3	12 11
Challenge Matches	8	5	—	3	23 16
Total	19	10	3	6	35 27

Goalscorers	NYL	Challenge	Total
L. Fabrizio	4	6	10
F. Farina	1	4	5
W. Spink	2	3	5
M. Salvo	1	3	4
R. Jones	2	1	3
R. Junna	1	2	3
G. Cameron	1	1	2
J. Mihailidis	—	1	1
A. Bernal	—	1	1
D. White	—	1	1

Appearances (listed over)



Representative Honours

All eligible players, Bernal, Boyd, Cameron, Spink and White represented their respective States in the May National Youth Championships.

Franken, Farina, Fabrizio, Jones and Salvo represented Australia in World Youth Cup qualifying matches in the Oceania Tournament (Port Moresby) and the Inter-Continental Tournament (Costa Rica). Jones, Farina and in particular Franken went on to play with great distinction for Australia in the Finals in Mexico in June.

In addition, ex-AIS players Rod Brown, Chris Hummel and Danny Wright were in the squad in Mexico.

Most of the players who left AIS at the end of 1982 are regular senior players in our top competition:

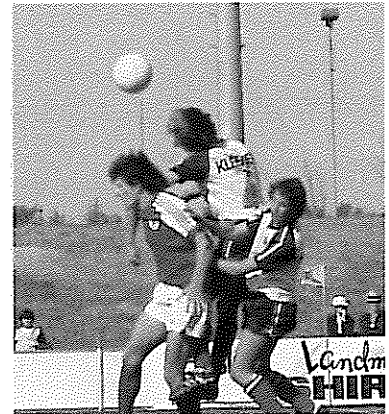
Andrew Young - Canberra Arrows - National League
 John Kowtan - Brisbane City - National League
 Jean-Paul De Marigny - Sydney City - National League
 Rod Brown - Marconi - National League
 Michael McLaughlin - Blacktown City - NSW State League

In addition Chris Hummel is with Canberra Arrows and Antony Welbourn is with Blacktown City while Paul Turner is trialling in England.

Appearances

National Youth League			Franken	Barnett	Mihalidis	Bernal	Jones	McLatchey	Salvo	Fergusson	Farina	Fabrizio	Junna	Boyd	White	Spink	Cameron	Andrews	Kulcsar	Northam
Date		F	A																	
March 13	Marconi	A	2	0	X	X	X	X	X	X		X ²	X	X		X	X			
March 19	Canberra	A	1	0	X	X	X	X	X	X		X	X ¹	S		X	X			
March 26	St George	A	1	4	X	X	X	X	X	X ¹		X	X		X	X				
April 2	Wollongong	H	0	0	X	X	X	X	X			X	X		X	X	X			
April 16	Newcastle	H	0	2	X	X	X	X	S	X		X	X		X	X	X			
April 24	Leichhardt	A	2	1	X	X	X	X	X	X		X ¹	X	S	X	X ¹				
May 7	Sydney Olympic	H	2	2	X	X	X	X	X	X	X ¹		X	X	X	S ¹	X			
June 4	Canberra	H	0	1		X	X	X	X	X		X	X	X		X	X			
June 13	Wollongong	H	0	0		X	X	X	X	X		X	X	X	X	X				
June 18	Sydney Olympic	A	2	0	X	X		X	X	X	X	X ¹	X		X	X ¹	X			
June 25	Marconi	H	2	1	X	X	X	X ²	X		X	X	S	X	X		X			
July 3	Sydney City	A	1	2	X	X		X			X	X	X	X	X	X	X ¹	X		
July 10	Wollongong	A	1	1	X		X	S	X	X		X	X	X	X ¹	X	X	X		
July 16	St George	H	1	2	X		X	X	X	X		X	X	X ¹	X	X			X	
July 23	Newcastle	A	1	1	X		X	X	X	X				X ¹	X	X			X	X
July 30	Leichhardt	H	4	1	X		X	X	X	X		X	X	X ¹	X ³				X	X
August 6	Newcastle	A	1	2	X		X ¹	X	X	X		X	X	X	X	X	X	X	S	X
August 13	Leichhardt	H	3	0	X		X	X	X ¹			X	X	X	X ²		X	X	X	X
August 24	Canberra	A	2	0	X	X	X	X	X			X	X	X ¹	X ¹	S	X			
August 27	Sydney City	A	1	1	X	X	X	X ¹	X	X		X	X	S	X	X	X			
Sept. 11	Marconi	A	2	1	X	X	X	X	X	X		X			X	X ²	X			X

Appearances



Australian Institute of Sport
Soccer Team use Mitre Sports.



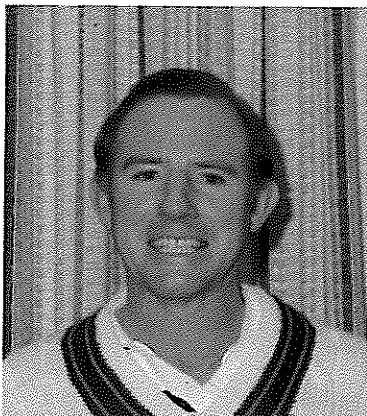
Australian Institute of Sport
Soccer Team sponsored by
Kimberly-Clark.

Australian Institute of Sport
Soccer players wear Adidas.

Social Matches

Key
X Played in game
S Substitute
1,2,3. Indicates goals scored

Date		F	A	Franken	Barnett	Mihailidis	Bernal	Jones	McLatchey	Salvo	Fergusson	Farina	Fabrizio	Junna	Boyd	White	Spink	Cameron	Andrews	Kulcsar	Northam
February 20	East Fremantle	A	3	4	X	X	X	S ¹	X	X	X ¹	X	X ¹	X	X	S	S	S			
February 22	WA Under 20s	A	1	4	X	X	X	X	X	X	X	X ¹		X	S	X	X	S			
February 26	Osborne Park	A	4	3	X	X	X	S	X	X	X	X ²	X ¹	X ¹	X		S				
February 27	WA Under 18s	A	0	1	X	X	X	X	X	X	S	S	S	X	X	X	X	X			
March 5	Canberra	H	2	1	X	X	X	X	X	X	X	X	X ²	X	X		X	S			
March 16	Inter Monaro	A	1	0	X	X	X	X	X	X	X		X	X	X		X ¹	X			
April 9	ACT Under 18sH		8	0	X	X	X ¹	X	X ¹	X ²	X	X ¹	X ¹	X ¹	X	X ¹	X ¹	X			
April 13	Croatia Deakin	H	4	3	X	X	X	X	X	X	X	X ²	X	X	X	X	X ¹	X ¹			
August 20	South Tasmania	A	0	1	X	X	X	S	X	X	X			X	X	X	X	X	X	X	
August 21	North Tasmania	A	3	1	X		X	X	X	X	X			X	X	X ²	X	X	X		X
September 4	Aust. Schools	A	3	1			X		X	X	X			X	X ¹	X ²	X	X	X		X



Head Coach - Ray Ruffels

Member of Australian touring and Davis Cup Teams. Play in major international championships, including Wimbledon, US, Australian and French. Current National Coach.

**Coach - Helen Gourlay
(Women)**

Coach - Bob Carmichael (Men)

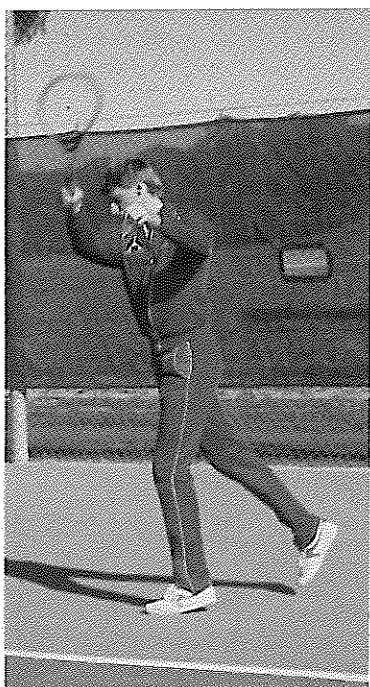
Coach - Brett Edwards (Men)

The aims of the Institute are firstly to establish the tennis program as the best in Australia. By doing this we provide a flow-on facility for the top Australian players in the 16 & Under, 17 & Under and 18 & Under age brackets from State and privately sponsored programs. Our ultimate aim is to have the finest tennis program in the world. Athletes are selected through application to the Institute and then their results, temperament and suitability are assessed in the major Australian Junior tennis tournaments. The final decision is made by the Institute coaches in consultation with the LTAA National selectors who also select the Davis Cup and Federation Cup teams. AIS athletes are therefore already before these eyes at an early age. Most athletes will be completing high school.

The program in 1982 consisted of training at the AIS and both national and international tournaments. Players competed for both ITF Junior world ranking points and computer points on the ATP and WTA world open rankings. The AIS also competed in many centres throughout Australia. The 1982 program was greatly improved and the tournament program for 1983 will become reasonably standard in 1984. The 1983 program is as follows.



AIS outdoor courts



Simon Youl in action

Domestic

February 21	NSW Hardcourt Championships, Wollongong NSW
February 28	Men's Satellite — Wagga Wagga NSW
March 6	
March 7-13	Men's Satellite — Armidale NSW
March 14-20	Men's Satellite — Newcastle NSW
March 21-27	Men's Satellite Masters — Sydney NSW
April 1-4	Easter Championships — Sydney NSW, Townsville Qld
April 30-May 2	Mackay, Qld
May 9-16	School & Age Championships — Sydney NSW
June 11-13	Cairns Qld, Kempsey NSW
September 23-25	Canberra Singles Event
October 3-9	Brisbane Indoor — Men
	Women's Satellite — Canberra
October 10-16	Sydney Indoor — Men
	Women's Satellite — Newcastle NSW
October 17-23	Australian Hardcourt, Sydney NSW
October 24-30	Women's Satellite Masters —
	Tanglewood NSW
October 21-	International Women Teams Event — Broadbeach Qld
November 6	
November 14-20	Women's Classic — Brisbane Qld
November 21-27	Women's Classic — Sydney NSW
	Qld Men's Open — Brisbane
	Australian Open — Melbourne Vic
November 28-	
December 11	
December 12-18	NSW Men's Open — Sydney
December 19-26	SA Men's Open — Adelaide
December 27-	Victorian Men's Open — Melbourne
January 1	

International

June 27 -	Men's Satellite Circuit — Europe (for ATP Points)
August 21	Women's Satellite Circuit — USA (for WTA Points)
July 4 - August 7	LTA 16s Tour — USA

The highlights of AIS tennis results in 1982 are as follows.

W. Masur	Winner Dunlop Masters — \$33,000 Japan
	Winner WA Open — \$25,000 Perth
	Improved world ranking to 100 approx.
S. Youl	Runner-up US Junior Grasscourt
	Runner-up Australian Junior Champs.
	Winner US Junior Grasscourt Doubles/J. Harty
M. Hartnett	Winner ITF Grasscourt Tournament —
	Thames-Ditton GB
	Winner Australian Junior Doubles/B. Burke
B. Edwards	Winner NSW Hardcourt over K. Rosewall
A. Minter	Winner Australian Hardcourt Singles & Doubles
	Winner Canberra Satellite Tournament Singles &
	Doubles
	Wins over H. Sukova (Czech) & S. Mascarin (USA)
K. Staunton	Winner SA Junior Champs. Singles & Doubles
	Winner Australian Junior Doubles/ Gulley

1983 highlights:

- | | |
|---|--|
| S. Youl | Winner French, Wimbledon & US Junior Doubles/
M. Kratzman — Australian Junior Doubles needed for
Grand Slam.
Winner Canadian Juniors & ITF Tournament —
Thames-Ditton, GB, Singles & Doubles/M. Kratzman
Runner-up US Junior Champs to S. Edberg (Sweden)
Qualified French Open. |
| M. Kratzmann | Doubles as above plus
Winner Japanese Junior Singles & Doubles
Semi-finalist Canadian Juniors
Quarter-finalist Italian Open Juniors |
| D. Tyson | Qualified for Masters Singles & Doubles on Swiss
Satellite
Qualified for Masters Singles & Doubles on Australian
Satellite |
| P. Carter
J. Harty
G. Riddle
C. Carney | Qualified for Masters on Australian Satellite |
| L. Field | Winner Cal. State, US 16s Singles & Doubles
6th US National Hardcourt 16s
Winner Southern 16s Singles USA
7th US National Hardcourt 16s |
| M. Turk | Winner 4 Australian Tournaments
Winner Cal. State, US 16s Doubles
Runner-up Southern 16s Singles, USA |
| K. Staunton | Runner-up ITF Junior Tournament, Aessandria, Italy
Winner ITF Junior, Thames-Ditton Doubles/E. Minter |

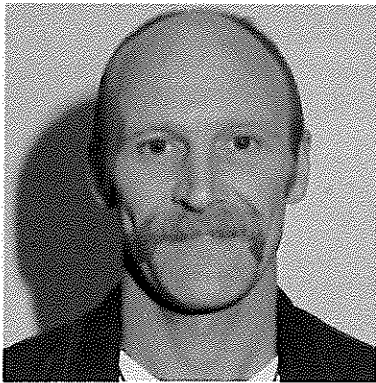
The improvement in the program with both coaching, facilities such as the indoor courts, video and manpower of three coaches has produced excellent results. Internationally the Australian junior program headed by the AIS is gaining recognition and momentum. We are still in infancy but the horizons are in sight. The aim of next year is to build greater intensity and utilise the knowledge which the coaches have gained from their overseas experience.



Australian Institute of Sport
Tennis Team sponsored by
Colgate-Palmolive.



AIS tennis players in action



Head Coach - Kelvin Giles

Numerous years coaching in UK and USA; British Amateur Athletic Board Staff Coach; UK Technical Director of Track & Fields. As UK National Coach his duties included developing and directing coach strategies.

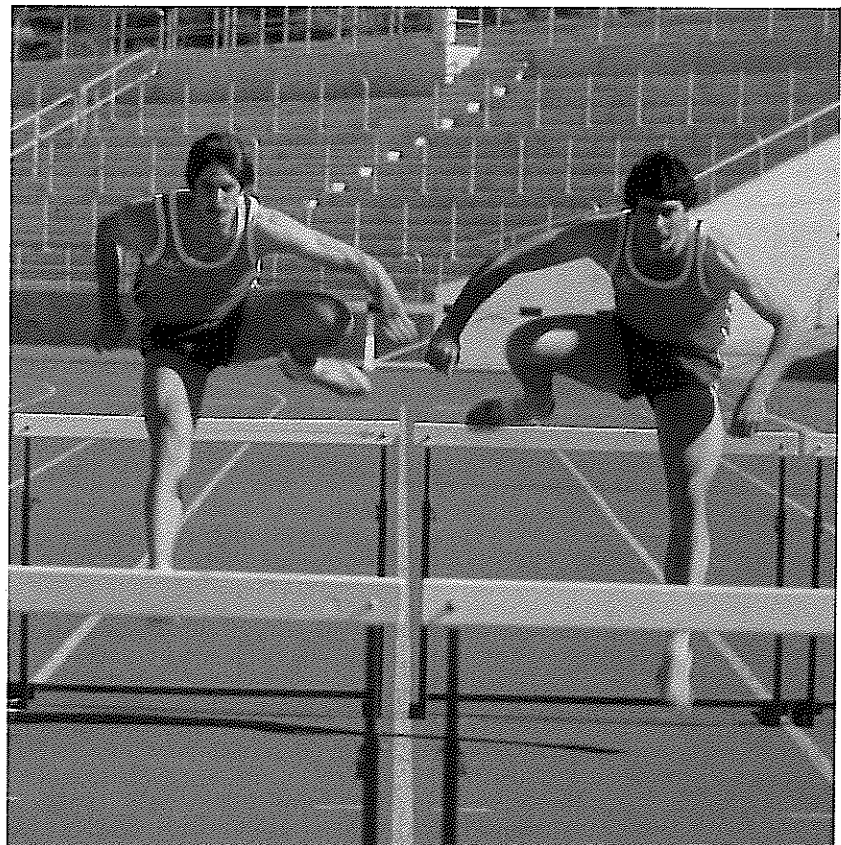
Coaches -
Merv Kemp
Gary J. Knoke
Pat Clohessy
Craig Hilliard

1983 contained two major commitments, the inaugural World Championships in Helsinki (August 7-14) and the domestic summer season (Jan-March). In addition to these major areas of our campaign included such ventures as: World X-Country Championships, Canadian Walks Series, Eschborne Cup for Walks and World Student Games in Edmonton. Over the last two years the competition calendar covers an entire twelve month period. No longer can track and field be viewed as a seasonal sport, we have to be ready as an operation to respond to all the competitive elements of the year.

Scholarships

With the appointment of Pat Clohessy as Endurance Coach our scholarship numbers were increased from 30-32 so as to allow Pat the opportunity of recruiting a squad. Because of the interest shown in the 'visiting scholarship' program it was decided that only 28 of the 32 places could be filled with residential scholarship holders. The visiting scholarships are being funded from the normal scholarship budget.

Six athletes left the squad during 1983. Four athletes failed to meet the performances criteria set down for them and two left Canberra for personal reasons.



Champion hurdlers, Don Wright and Gary Brown



AIS discus thrower

Results

Notes follow on the general status of the athletes. Reports from differing sections of the operation are contained in the appendix.

- | | |
|----------------|--|
| J. Andrews | (Endurance) – joined AIS in June 1983. European Tour. |
| S. Austin | (Endurance) – joined AIS in April 1983. European Tour. National 10K champion. |
| M. Barratt | (HJ) National Champion. Seasons best 2.14 m World Student Games representative. |
| P. Beames | (TJ) – joined AIS October 1983. |
| G. Briggs | (Endurance) – joined a part-time scholarship in January 1983. Ranked No. 2 in 3K Steeple chase. 2nd in Australian National X-Country Championships. Selected to represent Australia in Taiwan. |
| G. Brown | (400 mH) Ranked No. 1. Seasons best 50.75. Selected for World Championships. Achilles tendon surgery – fully recovered. |
| V. Browne | (HJ) Australian Record 1.94 (pb). World Championships – 9th. Ranked No. 1. |
| M. Carroll | (110 mH) Ranked No. 2. Selected in National Championships. Personal best 14.38. |
| R. De Castella | (Marathon) World No. 1, World Champion. |
| N. De Castella | (Endurance) Australian team for World X-Country Championships. Personal best Marathon. |
| S. Cook | (Walks) Ranked No. 1, p.b. 5K and 10K. World Record 10K. 3rd in Eschborne Cup. National Champion. |
| M. Favier | (800) joined AIS January 1983. 2nd U18 National Championships. |
| J. Fleming | (800) joined AIS March 1983 |
| P. Gilbert | (800) Ranked No. 2. World Student Games rep. World Championship rep. Personal best 1:45.90 |
| S. Howland | (Javelin) Underwent major surgery during 1983. |
| P. Kaine | (400) Ranked No. 5. Personal best 47.02. 3rd in National Championships. |
| G. Keating | (100 m) Ranked No. 2. World Championship representative. |
| K. Lorroway | (TJ) Ranked No. 1. Australian record 17.35 m National Champion. World No. 5. World Championships representative. |
| R. Lorroway | (LJ) Ranked No. 1. Australian record 6.74. British All-comers record. Personal best 6.74. 8th in World Championships. National Champion. |
| J. Low | (100 mH, 400 mH) joined AIS in March 1983. |
| P. Nandapi | (Discus) Ranked No. 1, National Champion. Personal best 57.02. |



P. Narracott	(100/200) Ranked No. 1. National Champion. World Championships - 7th.
P. Nettle	(Shot) 3rd in National Championships.
J. Parker	(HJ) Joined AIS February 1983. 3rd U18 National Championships. 3rd Senior National Championships.
J. Rennie	(Endurance) joined AIS February 1983.
P. Scammell	(1500) joined AIS January 1983. European tour 1983. Ranked No. 1.
P. Spivey	(Hammer) 2nd in National Championships. Ranked No. 2.
D. Wright	(110 mH) Ranked No. 1. National Champion. World Championship semi-finalist.

The squad is divided into event blocks as follows:

Sprints/Hurdles

P. Narracott	J. Low
G. Keating	M. Carroll
G. Brown	P. Kaine
D. Wright	H. Davey

Throws

S. Howland
P. Nettle
P. Nandapi
P. Spivey

Jumps

K. Loraway	V. Browne
R. Lorraway	P. Beames
J. Parker	R. Sluyters
M. Barratt	

Endurance

R. De Castella	P. Scammell
N. De Castella	S. Austin
J. Fleming	J. Andrews
P. Gilbert	M. Favier
G. Briggs	
J. Rennie	

Walks

Sue Cook

Coach

G. Knoke
(C. Hilliard)

M. Kemp

K. Giles

P. Clohessy

C. Hilliard

National Champions	- 9
Australian record holders	- 8
World records	- 1
Personal bests	- 8
International representatives	- 12

The 'visiting scholarship' program was initiated in 1983 and is designed to offer a service to those highly ranked athletes who cannot move permanently to Canberra. At the time of this report the following athletes had taken advantage of the service.

Grenville Wood, Susan Alton, Carolyn Byles, Peter Gandy, Gary Honey, Stuart Gyngell, David Dixon, Robert Hannah, Peter Bourke, Kristina Wood, Malcolm Norwood, Hans Lotz.

As a further indication of the AIS service, many quality athletes have received advice and counselling from the coaching staff on a regular basis. Overall, including scholarship holders, visiting scholarships and advising/counselling there have been 65 athletes serviced in 1983.

The coaching staff have had a heavy commitment to external agencies for coaching workshops, clinics, lectures and seminars. During 1983 the staff undertook 32 such commitments.

The Commonwealth Athletes scholarships also began in 1983 with track and field. Each of the 5 foreign athletes taking part in the venture has gained much from his/her visit.



Australian Institute of Sport Athletics Team wear Adidas. Streets Ice Cream provide a scholarship to the Athletics Team.

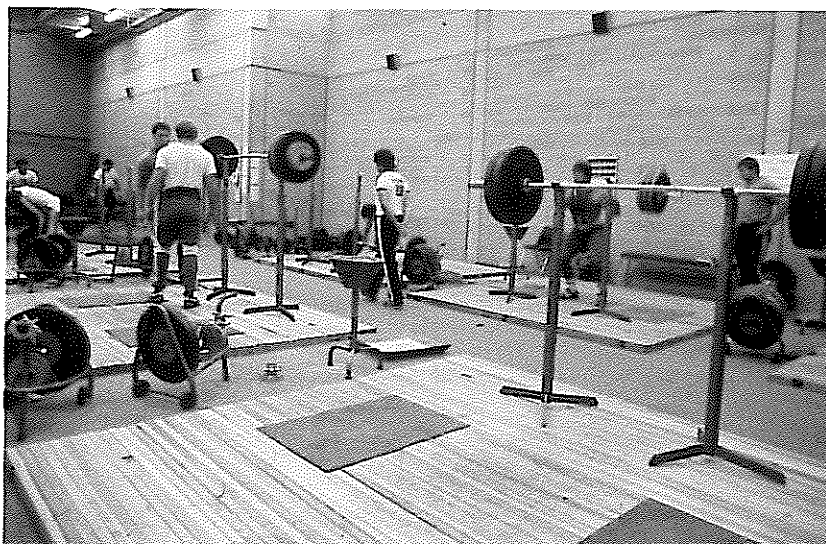


At the start of 1981 we had only one lifter of National Elite Standard, M. Sabljak - during 1982 two more made this standard.

The competition results so far in 1983 have been most encouraging with steady significant improvement being maintained. The average improvement/lifter in 1982 was 25K/lifter while so far in 1983 it is over 20K/lifter.

The 1983 National Championships results were our best to date with 4 gold medals and one bronze from our 6 competitors. In the National Junior Championships we gained 2 golds, one silver and a bronze from our very young team. At the National Youth (U18) Championships we gained a gold and a bronze and at National Schoolboy level two golds and a silver. Ron Laycock and John Siermicki represented Australia at the World Junior Championships where Laycock set two national Youth records. Our full AIS team also defeated New Zealand in Auckland.

Many national records were broken by AIS lifters in 1983. Laycock set 12 Youth records at 60K and 67.5K. Chemaisssem broke 7 Youth records in the 67.5 and 75K categories and 5 National Schoolboy records at 75K. Tony Hills set a National 110K clean and jerk record with 203.5K. Many other AIS lifters are now attempting National records on a regular basis.



AIS weightlifters in action

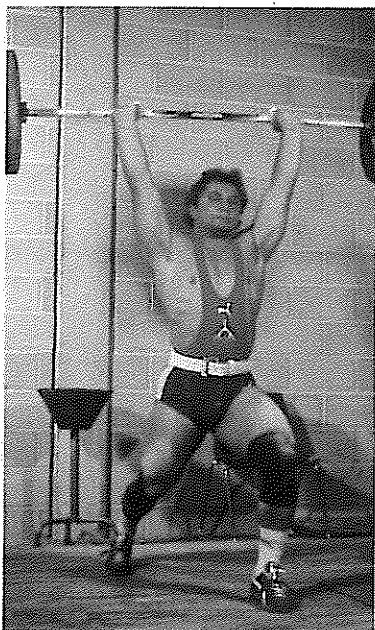
Results

1982

Name	Age	Titles Won	No. of Comps	Improve ment	Grade
D. Byrnes	20	9th Junior World National Junior Champs Bronze National Seniors	7	+30K	A+25
F. Chemaisssem	17	Los Angeles Invitation Winner National Youth Champion 2nd National Schoolboys NSW Youth & Shoolboys Champion National Schoolboys Clean and Jerk Winner ACT Youth & Schoolboy Champion	10	+25K	B+12.5



The Institute was host to the National Talent Identification Schoolboy Camp in January where over 30 promising schoolboy lifters attended for intensive training. We also organised a triangular Youth team match between NSW, Victoria and ACT in May which was an outstanding success. Top coaches Paul Coffa (Victorian State Director) and Leon Holme (South Australia) also worked with us for a week as did Nigerian Coach Dr Angel Akrahov.



ALS weightlifter in action

P. Clark	20	5th World Juniors National Junior Champion Tasmanian Junior Champion (Knee operation caused 6 months no training)	4	-10K	A+5K
C. Ford	25	Commonwealth Games Trials Winner NSW Champion Sydney Champion National Champion 2nd Silver Dragon Tournament	7	+20K	Elite+10
S. Hambesis	22	Oceania Champion	6	+30K	Elite
T. Hills	21	National Champion 3rd Silver Dragon	4	+10K	A+25K
J. Jones	16	Los Angeles Invitational Winner 3rd National Youth Champs. 3rd National Schoolboys NSW Youth & Schoolboy Champion NSW U16/Teenage Champion ACT Youth & Schoolboy Champion National Schoolboy Clean & Jerk Winner	10	+25K	C+15K
R. Laycock	17	7th World Junior Champs. National Junior Champion National Youth Champion Tasmanian Youth/Jnr/Snr. Champion	11	+57.5K	A+7.5
C. Menhenick	22	2nd Oceania Champs. 3rd Silver Dragon Tournament 2nd National Champs. Sydney Champion	6	+12.5K	A+22.5
D. Mudd	20	7th Junior World Champs. National Champion National Junior Champion	6	+27.5K	A+12.5
M. Sabljak	22	3rd Commonwealth Games 2nd National Champs. NSW Champion Sydney Champion	7	+5K	Elite+5
J. Siermicki	19	National Junior Champion Tasmanian Jnr & Snr Champion	6	+30K	B+25
G. Vukojevic	20	2nd National Juniors	6	+17.5	A



F. Chemaisssem	18	National Youth Champion National Schoolboy Champion 3rd National Juniors NSW Youth & Schoolboy Champion	7	+22.5K	A
C. Ford	26	National Champion NSW Champion	4	+17.5	Elite+7.5
S. Hambesis	23	NSW Champion	4	-2.5	A+27.5
P. Harrison	16	4th National Juniors	4	+27.5	B+7.5
A. Hills	22	National Champion	4	+17.5	Elite+5
J. Jones	17	National Schoolboy Champion NSW Junior Champion NSW Youth & Schoolboy Champion 3rd National Youth Champs.	8	+17.5	B
R. Laycock	18	National Junior Champion 3rd National Champs. Tasmanian Junior Champion National Country Champion	7	+40	A+20
C. Menhenick	23	Severe knee injury 2 operations - now fully recovered.	1	-17.5	A+20
D. Mudd	21	National Champion NSW Champion	3	+10	A+22.5
J. Pavone	16	2nd National Juniors 2nd National Schoolboys NSW Youth & Schoolboy Champion NSW U16 Champion	9	+32.5	B
J. Siermicki	20	National Junior Champion Tasmanian Junior Champion	4	+15K	A+5K
G. Vukojevic	21	National Champion	5	+22.5K	A+22.5



Australian Institute of Sport
Weightlifters wear Adidas and use Metsal
Smith & Nephew Strapping
Gallosch & Coffey Protein Products.

We have welcomed this year (1983) the opportunity to have the following lifters come into the program for varying periods of time and train at the AIS on 'Camp Scholarships'.

Nick Voukelatos
Commonwealth Games Gold
medallist
Harold Flechzig
Victorian Junior Champion
Kelvin Harper
National Junior Champion
Stephen Lele
National Junior Champion
George Ikosdedakis
National Junior Champion
James Percival
2nd National Juniors
Charlie Gorzorella
Bronze medallist World Juniors
Peter Mancuso
National Youth Champion
Greg Hayman
NSW Champion
Dean Lukin
Commonwealth Games Gold
medallist
Gino Fratangelo
National Champion
Chris Duthie
National Junior Champion
Stephen Fairlie
National Junior Champion
Sergio Beviloque
Canadian Champion
Bassey Ironbar
Nigerian Commonwealth Games
Bronze medal
Oliver Orok
Nigerian Commonwealth Games
Gold medal

Scholarship Holders

1982

Basketball

Brett Flanigan	NSW
Sandra Woods	NSW
Mark Dalton	NSW
Timothy Morrissey	NSW
James Kennedy	VIC
William Ward	VIC
Tracey Browning	VIC
Jenny Coffey	VIC
Peter Wain	VIC
Trevor Pugh	WA
Peter Purins	WA
Eric Watterson	WA
Ned Coten	WA
Robert Dempster	WA
Jenny Peterson	WA
Marisa Rowe	SA
Sue Carter	SA
Karl Luke	SA
Kelly Watts	SA
Robyn Blackburn	QLD
Bridgette Lane	QLD
Christine Nielson	QLD
Donna Quinn	QLD
Christina Christie	QLD
Bronwyn Marshall	QLD
Paula Hetenyi	ACT
Simon Cottrell	TAS
Marion Brinkman	TAS

Gymnastics (Female)

Susan Miller	NSW
Michelle White	NSW
Heidi Amundsen	VIC
Keri Battersby	VIC
Gillian Berry	VIC
Phillipa Ray	VIC
Carolyn Wootton	VIC
Jennifer Roberts	WA
Julie Briguglio	WA
Karan Nasskau	WA
Kellie Wilson	QLD
Jacqueline Gibbons	QLD
Susan Morrison	QLD

Gymnastics (Male)

Werner Birnbaum	NSW
Shaw Byng	NSW
John Curtin	NSW
Gennady Gleyberman	VIC
Adam Simmonds	VIC
Wayne Van Moorsel	WA
Paul Edelsten	QLD
Robert Edmonds	QLD
Kenneth Meredith	QLD
Grant Carlyon	QLD
Randall Redhead	QLD

Netball

Mary O'Hanlon	VIC
Maria Semmel	VIC
Rosalie Jencke	VIC
Catherine Meale	VIC
Victoria Plaisted	VIC
Jayne Searle	VIC
Gillian Walsh	VIC
Dianne Watts	VIC
Kelly Bevan	WA
Christine Jackson	WA
Dianne Smith	SA
Jaynene White	SA
Tracey Dobeli	QLD
Karen Panzram	QLD
Donna Smith	QLD
Maria Smith	QLD
Janet Bothwell	QLD
Anne Cameron	QLD
Deborah Kerfoot	TAS
Bronwyn Mills	TAS

Soccer

Antony Welbourn	NSW
Rod Brown	NSW
Ian Fergusson	NSW
Jean-Paul de Marigny	NSW
Michael McLaughlin	NSW
John Mihailidis	VIC
Marcelo Salvo	VIC
Paul Turner	WA
Anthony Franken	WA
Roy Jones	WA
Michael Barnett	SA
Mark Boyd	QLD
Frank Farina	QLD
Raymond Junna	QLD
John Kowtan	QLD
Christian Hummel	ACT
Andrew Young	ACT
Luciano Fabrizio	TAS

**Swimming**

Ian Findlay	NSW
Cindy-Lu Fitzpatrick	NSW
Bradley Jones	NSW
Donald Metcalf	NSW
Graeme Brewer	NSW
Graeme Carroll	NSW
Stephen Cook	NSW
Richard Dill-Macky	NSW
Stephen Foley	NSW
Timothy Ford	NSW
Ronald McKeon	NSW
Lynne Prosser	NSW
Bernadette Shepherd	NSW
Rickie Binning	NSW
Georgina Parkes	NSW
Matthew Brown	VIC
Susie Woodhouse	VIC
Lisa Dedman	VIC
Greg Fasala	VIC
Glen Beringen	SA
Glynn Husdell	SA
Mark Stockwell	QLD
Suzi Baumer	QLD
Lisa Curry	QLD
Peter Dale	QLD
Trudy Housman	QLD
David Orbell	QLD
Michelle Pearson	QLD
Krista Muir	QLD
Suzanne Landells	QLD
Steven Clark	QLD
Paul Rowe	ACT
Kim Terrell	ACT
Audrey Moore	TAS
Graeme McGufficke	NT

Tennis

Annette Gulley	NSW
Jamie Harty	NSW
Graham Riddle	NSW
Kim Staunton	NSW
Sharon Hodgkin	VIC
Anne Minter	VIC
Kerryn Pratt	VIC
Miranda Yates	VIC
Brendan Burke	VIC
Mark Hartnett	VIC
Scott Marshall	WA
Linda Cassell	QLD
Charles Fancutt	QLD
Brett Edwards	ACT
Wally Masur	ACT
Simon Youl	TAS
Marie Booth	TAS

Track & Field

Leanne Dennis	NSW
Paul Gilbert	NSW
Helen Davey	NSW
Bruce Dengate	NSW
Patrick Kaine	NSW
Kathryn Welch	NSW
Loris Bertolacci	VIC
Paul Cleary	VIC
Susan Cook	VIC
Kenneth Hall	VIC
David Huxley	VIC
Gerrard Keating	VIC
Anne Miller	VIC
John Roche	VIC
Phillip Spivey	VIC
Robyn Strong	VIC
Paul Nandapi	VIC
Steve Foley	VIC
Vladimir Slavnic	VIC
Vanessa Browne	WA
Nicole Gibson	WA
Andrina Rovis-Hermann	WA
Stacy Tanner	WA
Matthew Barber	WA
Mark Barratt	SA
Gregory Wainwright	SA
Garry Brown	QLD
Suzanne Howland	QLD
Donald Wright	QLD
Paul Narracott	QLD
Ken Lorroway	ACT
Kathryn Lee	ACT
Robyne Sluyters	ACT
Gail Miller	TAS

Weightlifting

Dallas Byrnes	NSW
Christopher Ford	NSW
Cameron Menhenick	NSW
Daniel Mudd	NSW
Michael Sabljak	NSW
Stan Hambesis	NSW
Fadi Chemaisssem	NSW
John Cordes	VIC
Goran Vukojevic	VIC
Julian Jones	ACT
Paul Clark	TAS
Ron Laycock	TAS
John Siermicki	TAS
Anthony Hills	TAS

1983

Basketball (Men)

Brett Flanigan	NSW
Mark Dalton	NSW
Timothy Morrissey	NSW
Scott Fenton	NSW
Mark Sinderberry	NSW
Peter Wain	VIC
Michael Lee	VIC
Peter Purins	WA
Edward Coten	WA
Robert Dempster	WA
Eric Watterson	WA
Karl Luke	SA
Sammy Mills	QLD
Chris Appleby	ACT
Simon Cottrell	TAS

Basketball (Women)

Sandra Morgan (nee Woods)	NSW
Tracey Browning	VIC
Julie Grace	VIC
Jenny Peterson	WA
Fiona Glidden	SA
Sandra Prettejohn	SA
Donna Quinn	QLD
Christina Christie	QLD
Bronwyn Marshall	QLD
Paula Hetenyi	ACT
Annette Dejong	ACT
Susanna Geh	ACT
Marion Brinkman	TAS

Artistic Gymnastics (Men)

Werner Birnbaum	NSW
John Curtin	NSW
Shaw Byng	NSW
David Guthrie	NSW
Gennady Gleyberman	VIC
Wayne Van Moorsel	WA
Robert Edmonds	QLD
Kenneth Meredith	QLD
Randall Redhead	QLD
Andrew Burton	QLD
Grant Carlyon	QLD
Russell Stevens	QLD
Mark Mommsen	ACT

Artistic Gymnastics (Women)

Susan Miller	NSW
Michelle White	NSW
Gabrielle Allen	NSW
Debbie Graham	NSW
Keri Battersby	VIC
Gillian Berry	VIC
Carolyn Wootton	VIC
Julie Briguglio	WA
Tracey Parnell	WA
Joanne Marshall	SA
Kellie Wilson	QLD
Natalie Abreu	ACT

Rhythmic Gymnastics

Gail Duquemin	VIC
Anne-Maree Kerr	VIC
Catherine Byrne	WA
Karen Ho	WA

Netball

Lisa Beehag	NSW
Keeley Devery	NSW
Marcia Ella	NSW
Stacey Gregory	NSW
Debbie Johnson	NSW
Michelle Murray	NSW
Roselee Jencke	VIC
Gillian Walsh	VIC
Wendy Richards	VIC
Noelene Baker	WA
Paula Harwood	WA
Karen Schulz	SA
Janet Bothwell	QLD
Melissa Jones	QLD
Jenny McGrory	QLD
Tracey Duck	ACT
Bronwyn Mills	TAS
Chree Clarke	TAS

Soccer

Ian Fergusson	NSW
Glenn Cameron	NSW
Darren Northam	NSW
John Mihailidis	VIC
Marcelo Salvo	VIC
Warren Spink	VIC
Daryn White	VIC
Anthony Franken	WA
Roy Jones	WA
Peter Andrews	WA
Michael Barnett	SA
Mark Boyd	QLD
Frank Farina	QLD
Raymond Junna	QLD
Craig McLatchey	QLD
Andrew Bernal	ACT
George Kulscar	ACT
Luciano Fabrizio	TAS

Swimming (Women)

Lynne Prosser	NSW
Rickie Binning	NSW
Georgina Parkes	NSW
Cindy-Lu Fitzpatrick	NSW
Dianne Sandberg	NSW
Joanne Bell	NSW
Elizabeth Grant	NSW
Wendy Bowie	NSW
Karen Phillips	NSW
Susie Woodhouse	VIC
Lisa Dedman	VIC
Caroline Whitty	VIC
Suzie Baumer	QLD
Lisa Curry	QLD
Michele Pearson	QLD
Suzanne Landells	QLD
Krista Muir	QLD
Jillian Collingwood	QLD
Andrea Shaw	QLD
Kym Boorman	QLD
Bettina Faux	QLD
Audrey Moore	TAS
Victoria Moore	TAS

**Swimming (Men)**

Stephen Cook	NSW
Ronald McKeon	NSW
Ian Findlay	NSW
Bradley Jones	NSW
Stephen Cameron	NSW
Ralph Taylor	NSW
Richard Ford	NSW
Matthew Brown	VIC
Gregory Fasala	VIC
Rob Woodhouse	VIC
Glynn Husdell	SA
Glenn Beringen	SA
Peter Dale	QLD
David Orbell	QLD
Mark Stockwell	QLD
Malcolm Packman	QLD
Brett Stocks	QLD
Gary Watson	QLD
Michael Bohl	QLD
Noel Donnelly	QLD
Jonathon Cattana	QLD
Lindsay Spencer	QLD
Paul Rowe	ACT

Tennis (Men)

Jamie Harty	NSW
Graham Riddle	NSW
Desmond Tyson	NSW
Mark Bertalli	VIC
Peter Carter	SA
Todd Viney	SA
Anthony Lane	SA
Darren Cahill	SA
Mark Kratzman	QLD
Wally Masur	ACT
Simon Youl	TAS

Tennis (Women)

Kim Staunton	NSW
Michelle Turk	NSW
Colleen Carney	NSW
Louise Field	VIC
Natalia Leipus	SA
Rebecca Bryant	ACT

Track and Field

Paul Gilbert	NSW
Bruce Dengate	NSW
Patrick Kaine	NSW
Kathryn Welch	NSW
Michael Carroll	NSW
Helen Davey	NSW
Jeffrey Parker	NSW
John Andrews	NSW
Paul Cleary	VIC
Susan Cook	VIC
Gerrard Keating	VIC
Anne Miller	VIC
Phillip Spivey	VIC
Paul Nandapi	VIC
Nicholas de Castella	VIC
John Fleming	VIC
Patrick Scammell	VIC
Stephen Austin	VIC
Vanessa Browne	WA
Andrina Rovis-Hermann	WA
Julie Rennie	WA
Gregory Wainwright	SA
Mark Barratt	SA
Philip Nettle	SA
Garry Brown	QLD
Suzanne Howland	QLD
Paul Narracott	QLD
Donald Wright	QLD
Matthew Favier	QLD
Jenny Low	QLD
Gary Briggs	QLD
Ken Lorroway	ACT
Robyn Lorroway	ACT
Kathryn Lee	ACT
Robyn Sluyters	ACT
Robert de Castella	ACT

Weightlifting

Christopher Ford	NSW
Cameron Menhenick	NSW
Fadi Chemaisssem	NSW
Stan Hambesis	NSW
Paul Harrison	NSW
Jim Pavone	NSW
Goran Vukojevic	VIC
Daniel Mudd	ACT
Julian Jones	ACT
Anthony Hills	TAS
Ronald Laycock	TAS
John Siermicki	TAS

Commonwealth Athletes

Commonwealth Athletes	Sport	Country
Neo Chwee Kok	Swimming	Singapore
Sunil Muni De Silva	Weightlifting	Sri Lanka
Richard Griffiths	Soccer	Jamaica
Suita Helu	Soccer	Tonga
Charles Kokoyo	Track & Field	Kenya
Vali Ligo	Track & Field	Papua New Guinea
Zepahaniah Ncube	Track & Field	Zimbabwe
Peter Rwamuhanda	Track & Field	Uganda
Sadia Aina Sowunmi	Track & Field	Nigeria
Aporosa Tuitokova	Basketball	Fiji



Acknowledgements

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The Hon. Michael Hodgman
The Hon. Tom McVeigh

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