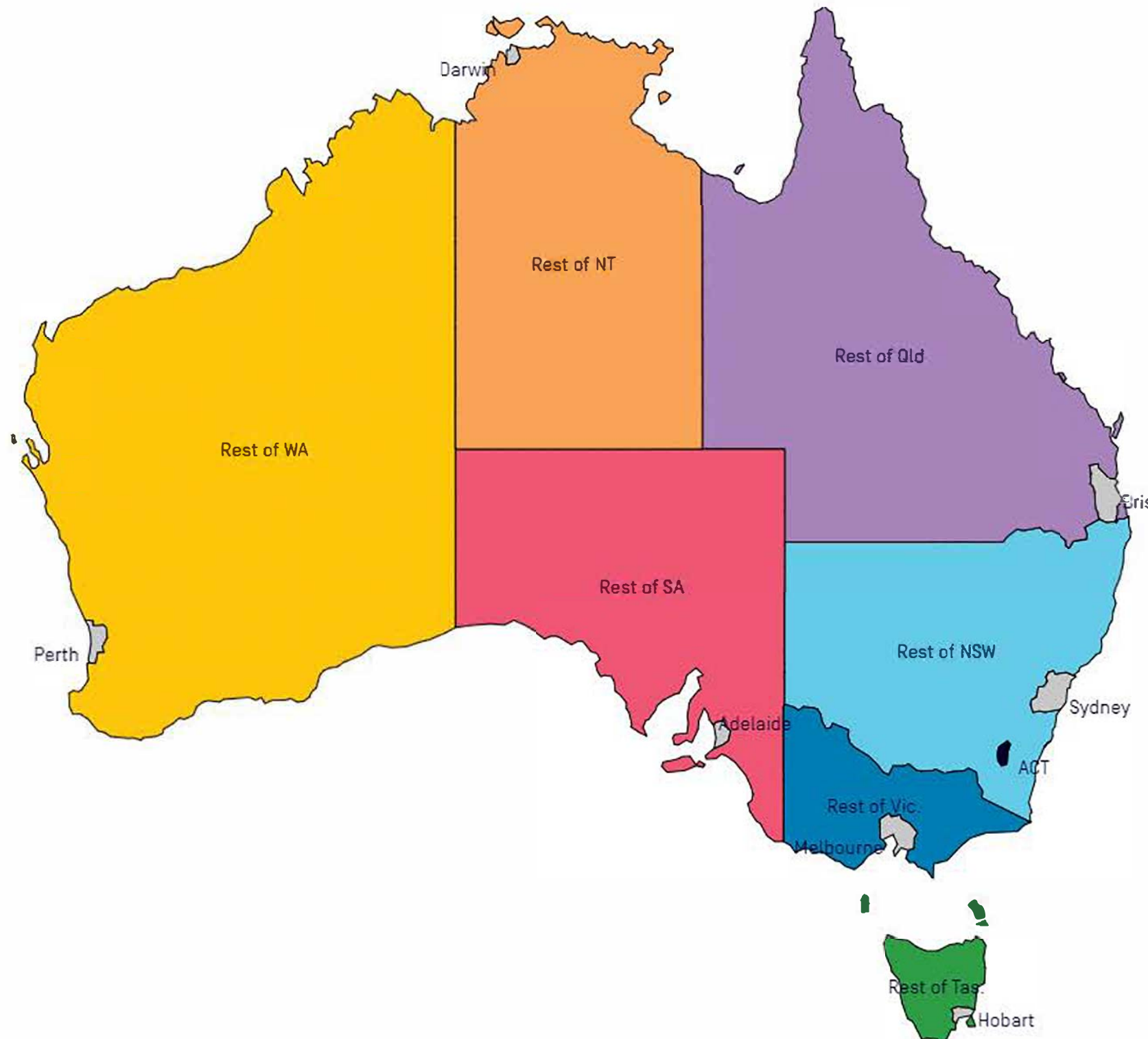


Sport Australia collects national sport and physical activity participation data through its AusPlay survey. ↴



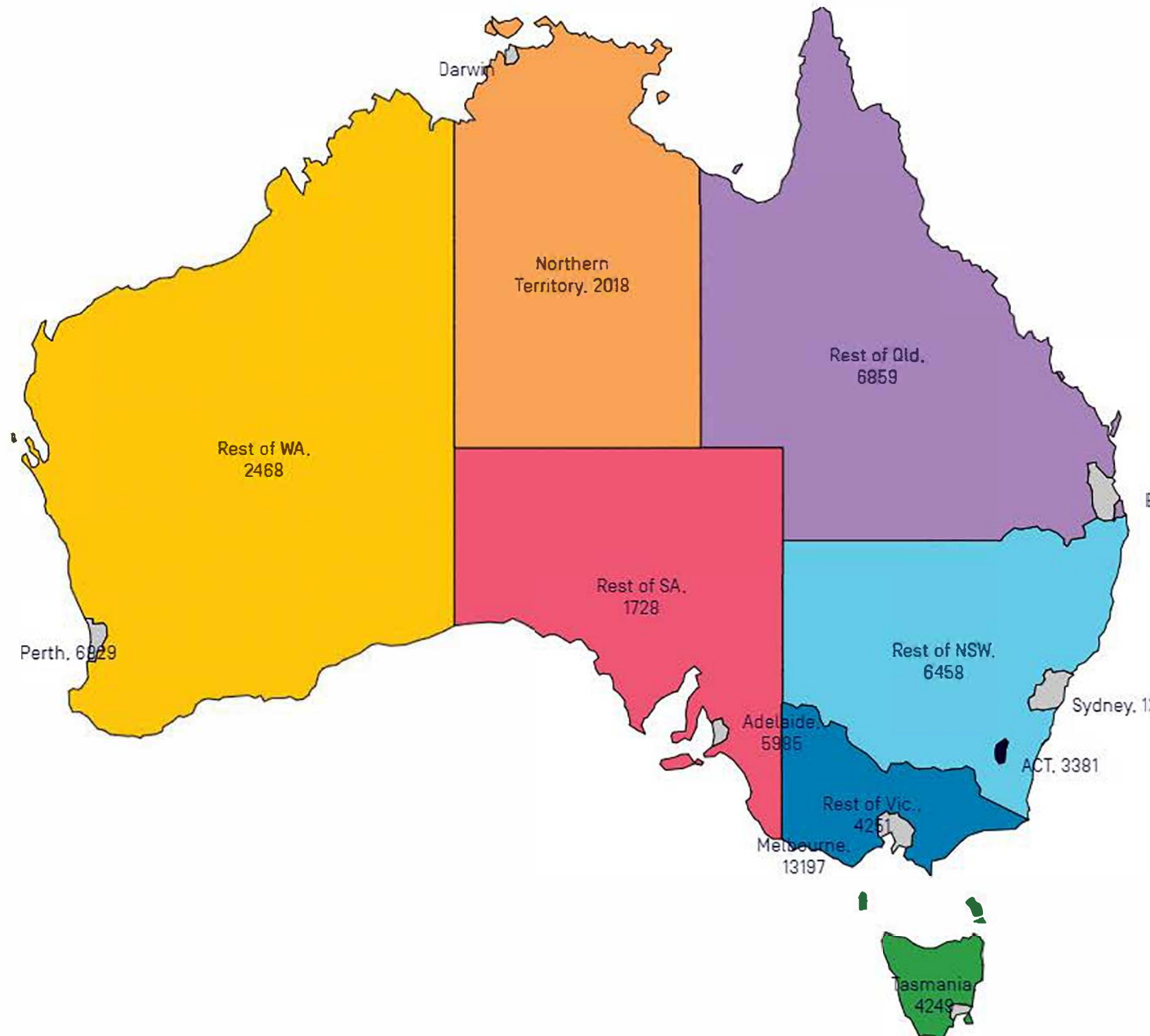
AusPlay is designed to capture 15 geographic

AusPlay is designed to capture 15 geographic regions: capital cities and rest of state in New South Wales (NSW), Victoria (Vic), Queensland (Qld), Western Australia (WA), South Australia (SA), Tasmania (Tas) and Northern Territory (NT), plus the Australian Capital Territory (ACT).



So far over 77,000 telephone interviews have been

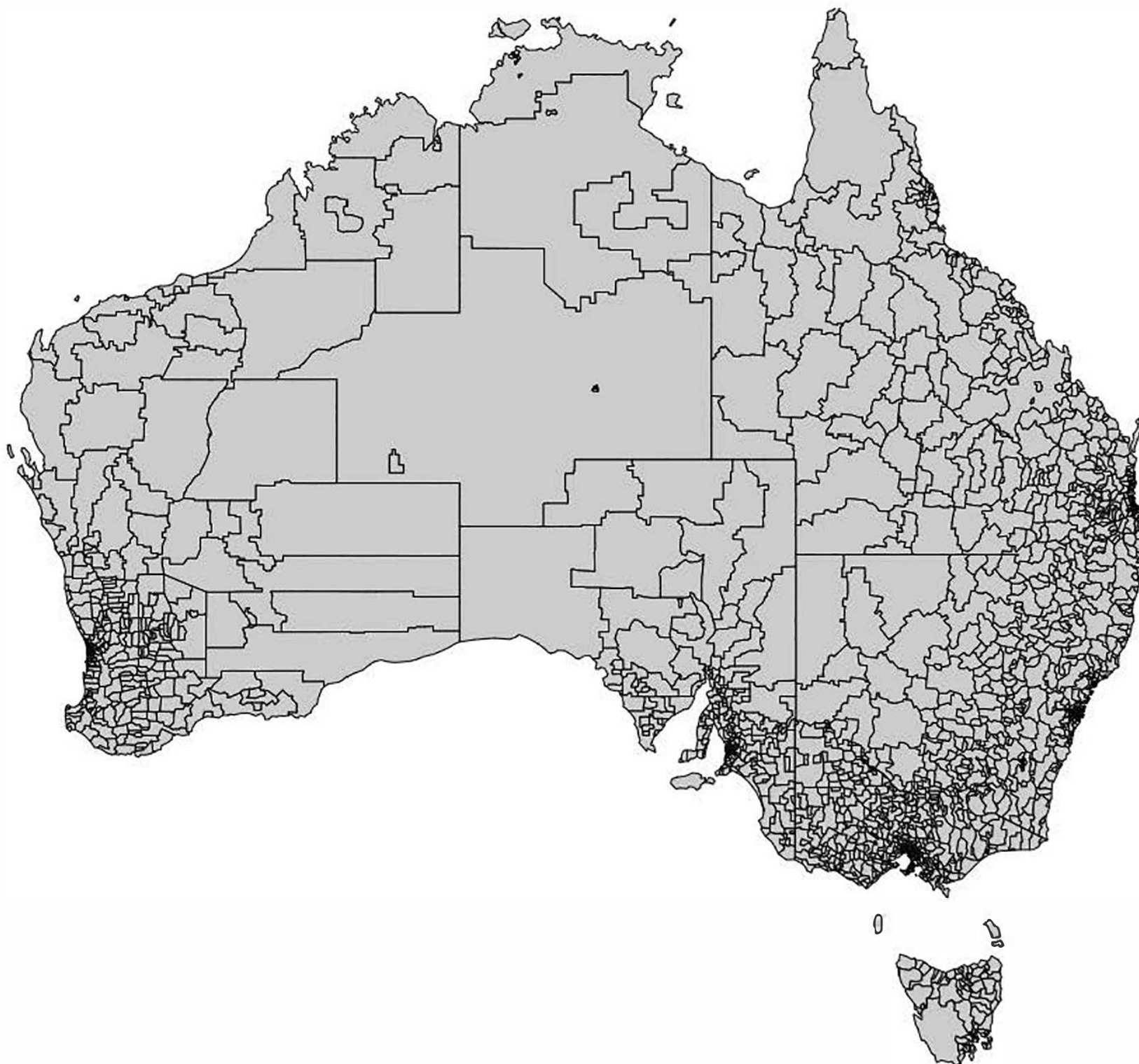
So far over 75,000 telephone interviews have been conducted with Australian adults across all states and territories. ↴



The most granular level of geographic information

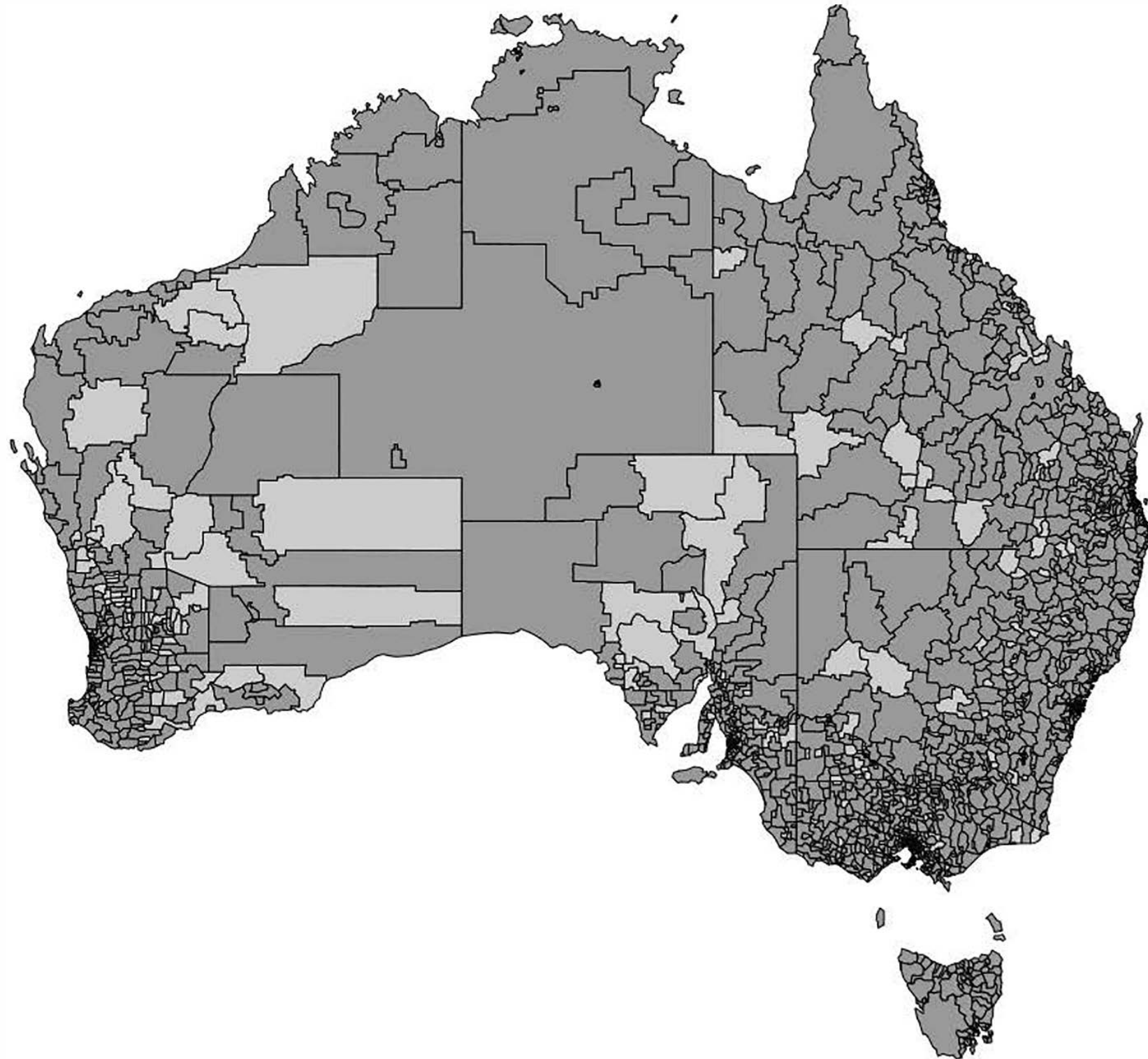


The most granular level of geographic information AusPlay collects is postcode. ↴



And after almost 4 years of data collection we've not

And after almost 4 years of data collection we've got most of the country covered! ↴



This enables us to analyse participation data by

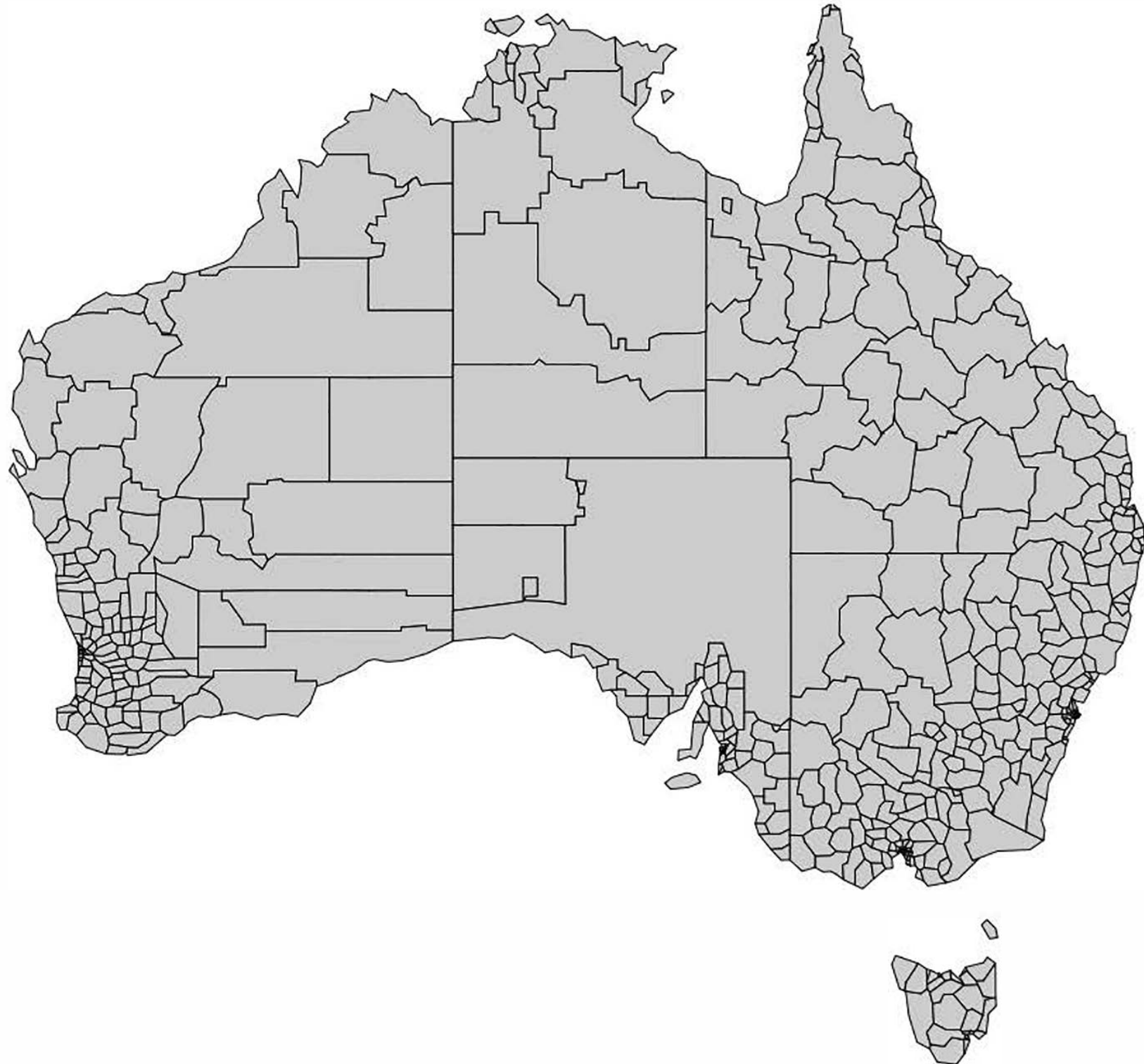


This enables us to analyse participation data by different geographic boundaries, like the Department of Health Primary Health Network ...



Or Local Government Areas  
where sample size

Or Local Government  
Areas where sample  
size allows. ↴





From October 2015 to June 2019, the ACT had the highest percentage of adults getting active at least once per year... ↴

At least once per week ↴





At least once per week... ↴

And at least three times per week... ↴

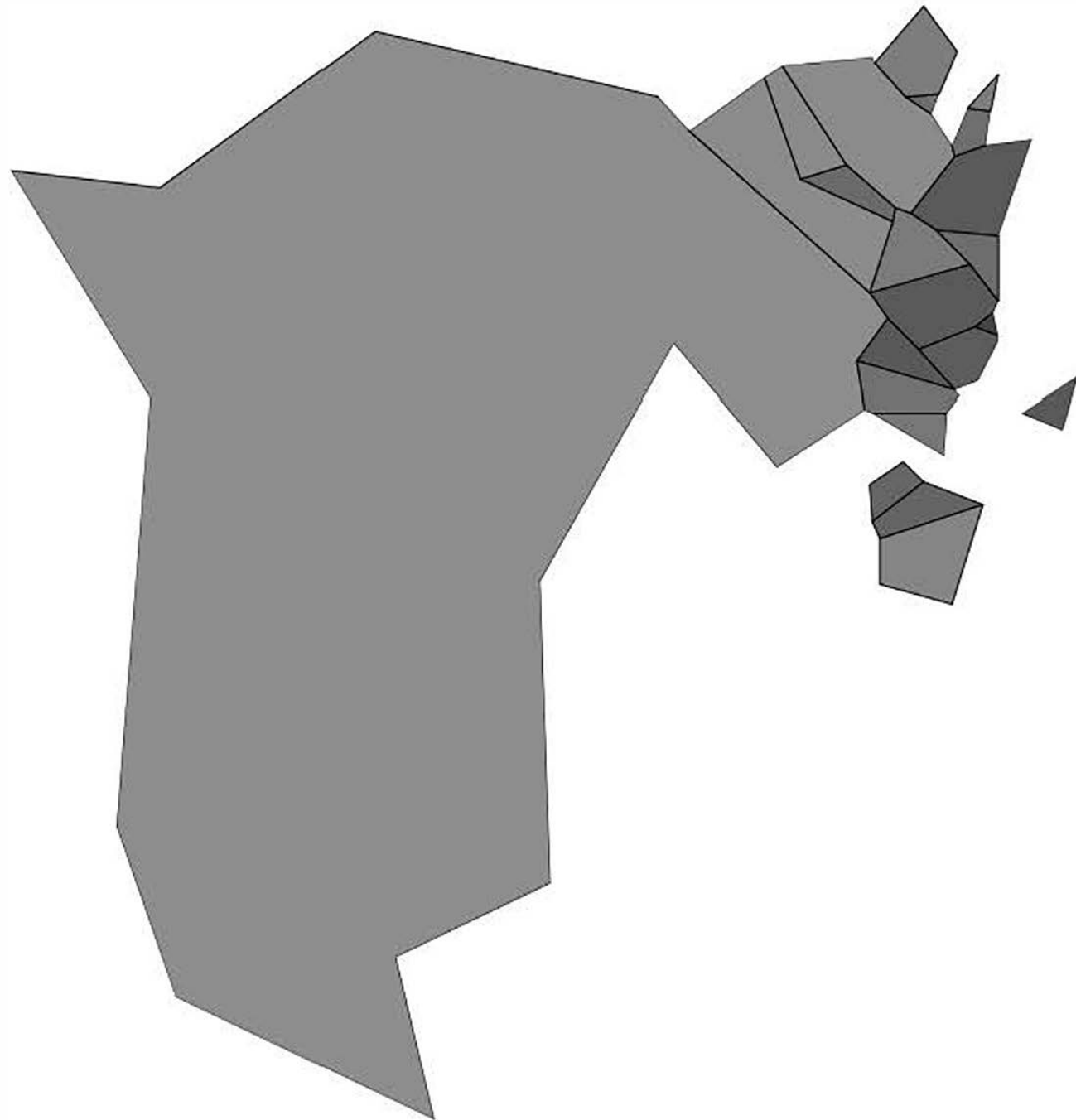


And at least three times per week. ↴

When we zoom in we find that at least three times per



When we zoom in we find that at least three times per week participation differs in parts of Canberra, which is located in the top right of the ACT. ↴

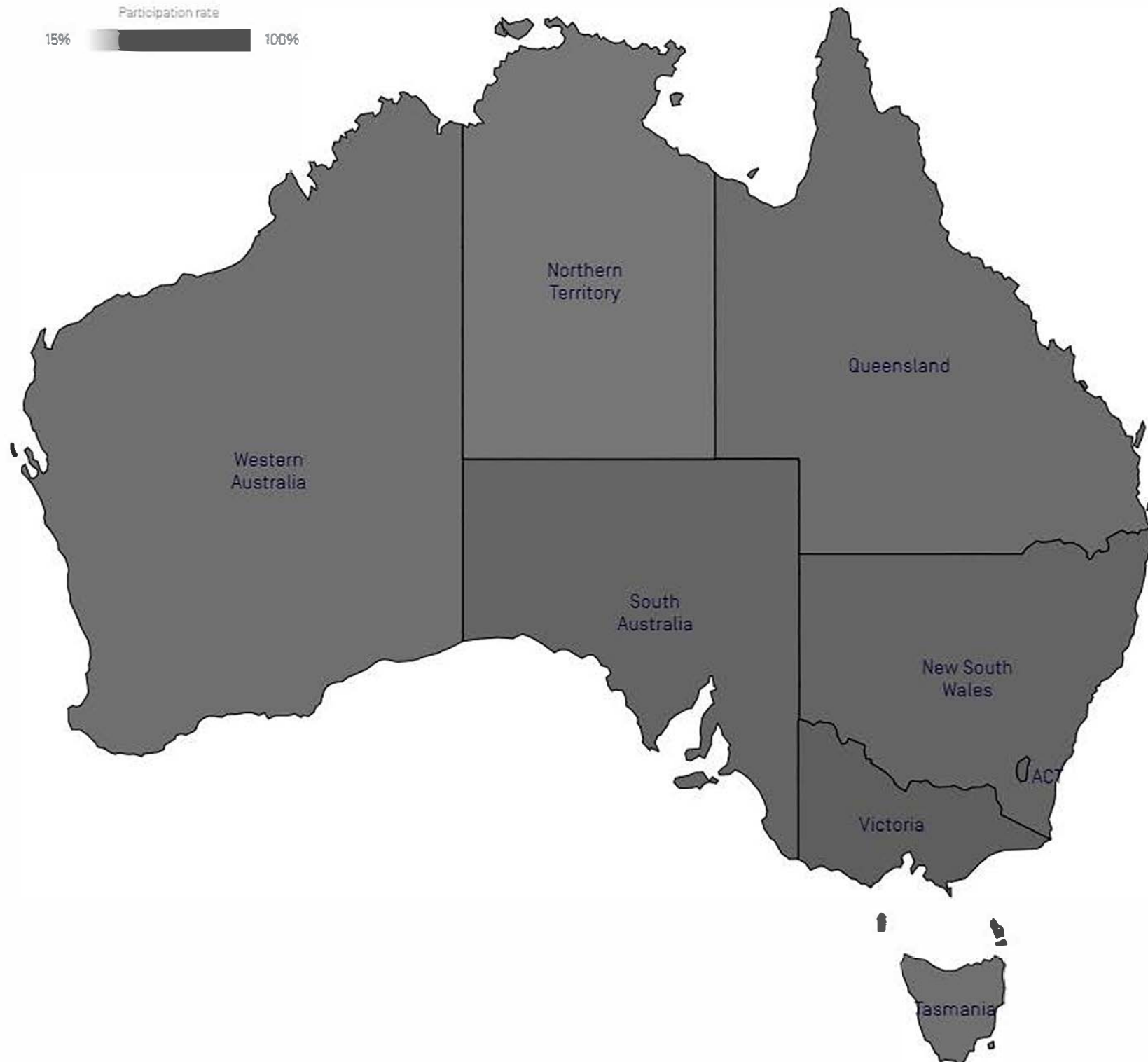






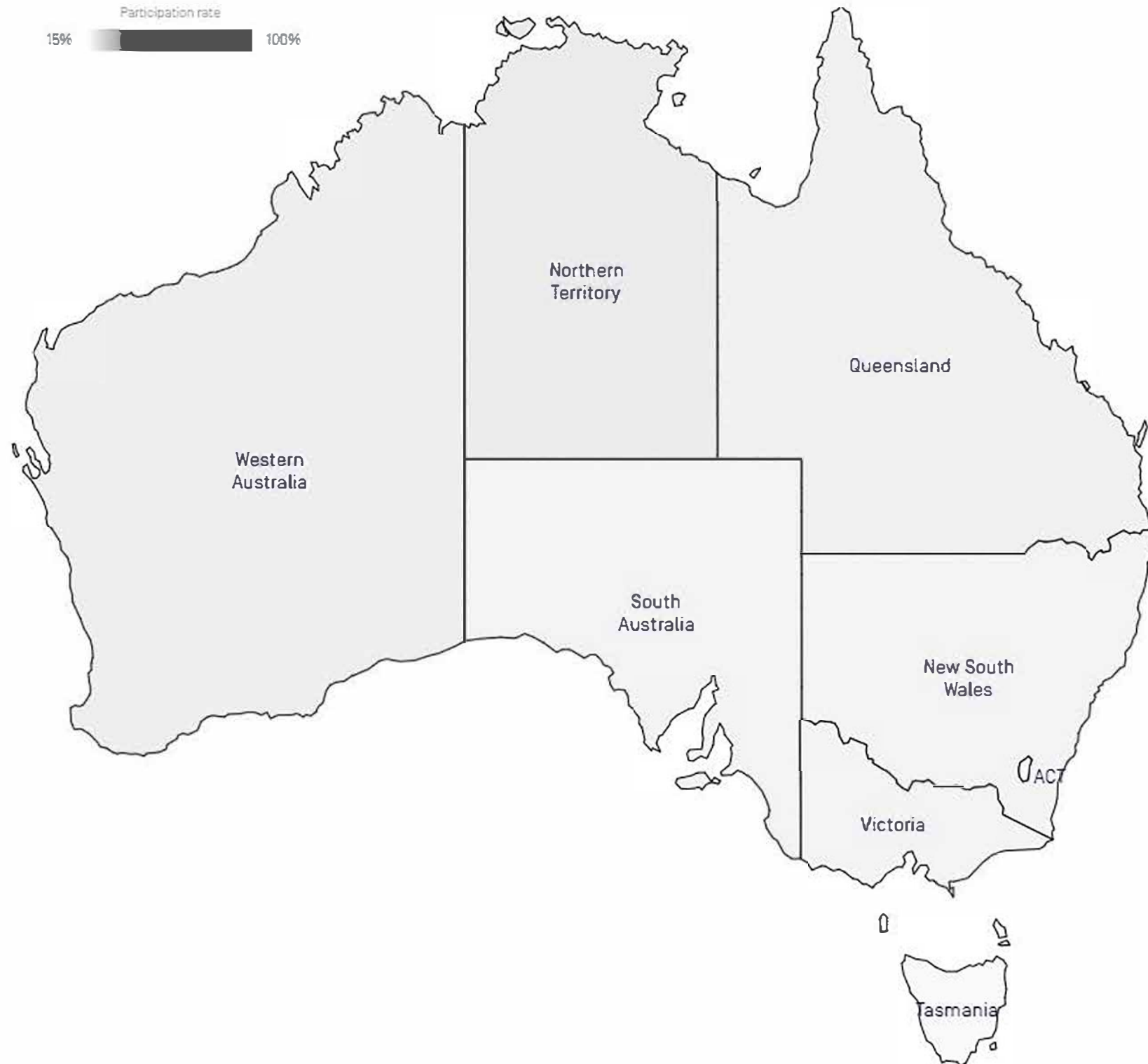
Adult participation in organised sport and physical activity is also highest in the ACT for adults... ↴

And for children outside of school hours... ↴



And for children outside of school hours. ↴

However, the ACT doesn't always come out on top



However, the ACT doesn't always come out on top. For adult sport-related participation, WA has the highest participation rate. ↴

Whilst for adult non-sport-related participation, South





Whilst for adult non-sport-related participation, South Australia leads the way. ↴

Nearly half of ACT adults participate in both sport and



Nearly half of ACT adults participate in both sport and non-sport-related activities. ↴

And the ACT has the highest proportion of adults who



And the ACT has the highest proportion of adults who meet Australia's Physical Activity and Sedentary Behaviour Guidelines.





Thanks for reading.  
Click the map to discover more information and data on sport and physical activity participation in each state and territory.

