

FitNSW 2016

Supporting local communities to move more – Interagency strategies to reduce childhood obesity

The NSW Premier's Council for Active Living (PCAL) invites you to attend *FitNSW 2016: Supporting local communities to move more— Interagency strategies to reduce childhood obesity*.

Keynote speaker:

**Shellie Pfohl, Executive Director
President's (Obama) Council on Fitness,
Sports and Nutrition**

The US Let's Move program was launched by First Lady, Michelle Obama in 2010 as a comprehensive initiative dedicated to solving the problem of obesity within a generation. Recognising the diverse roles of different sectors, there are a variety of Let's Move sub-initiatives, including Let's Move Cities, Towns and Counties. The program provides the opportunity for local elected officials from cities and towns across the US to address the childhood obesity epidemic. Come and hear how the Let's Move initiative has facilitated local actions to make communities more healthy and active and create national recognition for local success.

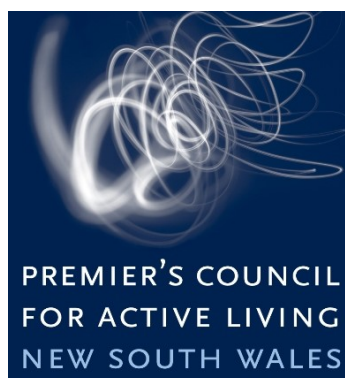


Who should attend

- Local and State Government elected officials
- Planners, architects and social planners
- Engineers and transport professionals
- Parks, leisure and recreation professionals
- Health promotion and public health officers
- Anyone interested in healthy built environments and active transport to create more liveable neighbourhoods.



FitNSW 2015 Summary Brochure: www.pcal.nsw.gov.au/fitnsw



This event can attract PIA Professional Development Points

When: Wednesday 9th March 2016 9:30am—1:00pm (registration from 9:00am)

Where: NSW Parliament House, Macquarie Street Sydney

Cost: Free (limited places)

Registration: <http://www.trybooking.com/JUKQ>

RSVP: For further details contact: Emily.fletcher@heartfoundation.org.au or (02) 9219 2492

FitNSW 2016

Supporting local communities to move more –
Interagency strategies to reduce childhood obesity

Draft agenda

9:00am	Registration	
9:30am	Welcome to Country	Uncle Chicka Madden
9:35am	Opening address	The Hon. Jillian Skinner MP, Minister for Health
9:45am	Let's Move! keynote: Cities, Towns and Communities	Shellie Pfohl, President Obama's Council on Fitness, Sports and Nutrition
10:30am	Q&A	
11:00am	Morning tea	
11:30am	Transport overview: Keeping NSW moving	Clare Gardiner-Barnes, Deputy Secretary, Transport for NSW
11:50am	Healthy planning	Lucy Turnbull , Chief Commissioner, Greater Sydney Commission
12:10pm	Local government engagement	Melissa Gibbs, Director Policy & Sector Development, Office of Local Government
12:30pm	Western Sydney local council case study	Christine Newman - WSLHD Kelly-Anne Gee - WSROC
12:50pm	Key take home messages	Dr Jo Mitchell, Ministry of Health
1:00pm	Close	
1:45pm-3:30pm	Barangaroo walkshop (places are limited)	Barangaroo Delivery Authority