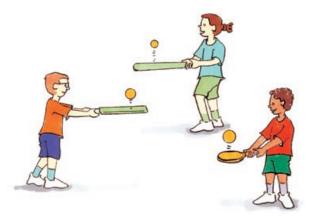




Bat tapping

SESSION PLANS

Each player has a suitable batting implement and ball. The aim is to keep tapping the ball into the air with the bat for as long as possible. Many variations are possible.

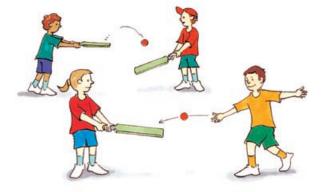


Scoring

> Award 1 point per successful hit.

Change it

- > Vary the bat and ball.
- > Play cooperatively in pairs or groups of 3 and vary the distance between players according to ability.



What you need

> 1 ball and batting implement per player (suitable to player ability)



What to do

- > Players tap their ball up and down on their bat, and count the number of consecutive taps they get.
- > If a player drops their ball, they start counting from the beginning.

> See how many times players can tap the ball on different parts of the bat.

- > Players try to hop/jump as many times as they can while the ball is in the air.
- > Players see how long they can keep the ball on their bat without it rolling off.

Safety

- > Use bats and balls suitable for players' ability.
- > Check there is enough space between players and away from walls or other obstacles.
- > Bats must not be swung around or raised more than chest high.

Ask the players

- > How many times can you tap the ball into the air with your bat?
- > How high can you tap the ball into the air and still catch it?
- > How many hops/jumps/other things can you do while the ball is in the air?
- > Which bats/balls make this easier/harder?

LESSON LINK

Bat tapping is a fun activity that allows players to develop hand-eye and bat coordination.