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Department of Communications,
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PARTICIPATION IN EXERCISE, RECREATION AND SPORT



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1 Introduction

The *Exercise, Recreation and Sport Survey* (ERASS) is a joint initiative of the Australian Sports Commission and the state and territory government agencies responsible for sport and recreation.

The first survey was conducted in 2001. This publication presents results from the sixth annual ERASS data collection, which was conducted in 2006.

ERASS collects information on the frequency, duration, nature and type of physical activities that are participated in by persons aged 15 years and over for exercise, recreation and sport during the 12 months prior to interview. Participation means active 'playing' participation, and does not include coaching, refereeing and being a spectator, or activities related to work, household chores or gardening duties.

ERASS collects data on the total participation rate in physical activity for exercise, recreation and sport over the 12-month period. The total participation rate is based on the number of persons who have undertaken exercise, recreation and sport at least once during the previous 12 months. This rate does not reflect the number of persons who are physically active on a regular basis. Frequency and duration data provide an indication of the number of persons who are regularly active.

The survey is conducted quarterly throughout Australia. In 2006, ACNielsen Research completed the fieldwork and supplied the data tables provided in this report.

This publication provides the revised ERASS data for 2006 based on the corrected population benchmark. Differences between the previous publication of the 2006 ERASS Annual Report and this corrected publication are explained in the next section 'Errata'.

This publication presents information regarding the:

- frequency of participation in organised and non-organised physical activity for exercise, recreation and sport
- duration of participation in physical activity for exercise, recreation and sport
- type of participation in physical activity for exercise, recreation and sport.

For trends in participation over time, users should refer to the ERASS 2007 Annual Report which is available on the ERASS website (ausport.gov.au/information/scors/ERASS).

2 Errata

Following the release of the Participation in Exercise, Recreation and Sport Annual Report 2006, an error was found that has a minor impact on the data in that report. The error arose because the organisation that was contracted to produce the tables used population estimates that are inconsistent with those underpinning past ERASS publications. They used what the Australian Bureau of Statistics call Estimated Resident Population (ERP) figures, instead of the population in Occupied Private Dwellings (OPD). The ERP figures include persons in special dwellings such as hospitals and nursing homes who are outside the scope of ERASS (they numbered about 540 000 persons aged 15 years and over in 2006). As a result, the 2006 report exaggerated the size of the population that ERASS covers by about 3%, and this error automatically flowed proportionately into estimates of the number of participants. Note that the physical activity participation rates remain virtually unchanged because the number of participants and the population were both exaggerated on approximately the same scale.

To ensure that users of ERASS data have easy access to data that gives a true picture of participation over time, revised data for 2006 are provided in this publication.

3 List of tables

Table 1: Characteristics of participants, 2006 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Participation rate (%)	Number (‘000)	Participation rate (%)	Number (‘000)	Participation rate (%)
AGE GROUP (YEARS)						
15 to 24	1,304.7	92.4	1,196.9	87.6	2,501.6	90.0
25 to 34	1,192.9	85.4	1,148.4	80.6	2,341.2	83.0
35 to 44	1,196.2	81.4	1,270.5	83.6	2,466.7	82.5
45 to 54	1,074.4	78.3	1,177.1	83.1	2,251.5	80.7
55 to 64	813.5	74.1	899.1	81.3	1,712.6	77.7
65 and over	773.2	68.0	898.6	67.4	1,671.8	67.7
REGION						
Capital city	4,163.3	82.3	4,299.8	81.4	8,463.1	81.8
Rest of state	2,191.5	77.6	2,290.8	79.5	4,482.3	78.6
EMPLOYMENT STATUS						
Employed full time	3,908.6	82.7	2,097.0	85.3	6,005.6	83.6
Employed part time	821.0	88.6	2,079.7	86.1	2,900.6	86.8
<i>Total employed</i>	<i>4,729.6</i>	<i>83.6</i>	<i>4,176.6</i>	<i>85.7</i>	<i>8,906.2</i>	<i>84.6</i>
Unemployed	284.8	81.6	223.0	78.8	507.9	80.3
Not in the labour force	1,340.3	71.3	2,190.9	72.8	3,531.3	72.2
MARITAL STATUS						
Married	3,692.9	79.1	3,638.9	81.5	7,331.8	80.3
Not married	2,650.0	83.0	2,902.6	79.8	5,552.6	81.3
Refused/do not know	11.9*	58.9*	49.1	76.3	61.0	72.2
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	1,884.2	81.0	2,187.7	81.3	4,071.9	81.2
At least one under 18 – none at home	155.5	73.5	32.7	79.5	188.2	74.5
No children under 18	4,315.1	80.7	4,370.1	80.4	8,685.3	80.6
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	1,593.5	88.4	1,680.5	90.0	3,274.0	89.2
Undergraduate diploma or associate diploma	513.5	86.7	612.3	86.5	1,125.7	86.6
Certificate, trade qualification or apprenticeship	1,103.7	79.9	866.4	82.4	1,970.0	81.0
Highest level of secondary school	1,407.0	80.6	1,473.1	78.7	2,880.1	79.6
Did not complete highest level of school	1,277.7	68.9	1,580.2	71.0	2,857.9	70.1
Never went to school	8.4*	51.8*	8.1*	46.8*	16.5*	49.2*
Still at secondary school	420.9	96.9	324.3	92.4	745.2	94.9
Other	11.9*	55.2*	23.4*	63.2*	35.3	60.3
Refused	18.2*	50.6*	22.3*	60.9*	40.6	55.8
INDIGENOUS STATUS						
Non-Indigenous	6,271.9	80.7	6,500.4	80.8	12,772.3	80.8
Indigenous	82.9	72.2	90.2	72.5	173.1	72.4
LANGUAGE SPOKEN AT HOME						
English only	5,609.7	81.1	5,988.1	81.8	11,597.8	81.5
European language/s other than English	186.8	80.8	216.2	72.0	403.0	75.8
Non-European language/s	583.2	75.4	416.3	71.2	999.5	73.6
Total	6,354.8	80.6	6,590.6	80.7	12,945.4	80.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 2: Characteristics of participants — three times per week or more, 2006 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Participation rate (%)	Number (‘000)	Participation rate (%)	Number (‘000)	Participation rate (%)
AGE GROUP (YEARS)						
15 to 24	661.1	46.8	584.1	42.7	1,245.2	44.8
25 to 34	483.3	34.6	619.3	43.5	1,102.6	39.1
35 to 44	519.8	35.4	741.9	48.8	1,261.7	42.2
45 to 54	522.8	38.1	747.5	52.8	1,270.3	45.6
55 to 64	408.8	37.3	563.7	51.0	972.5	44.1
65 and over	485.5	42.7	531.9	39.9	1,017.3	41.2
REGION						
Capital city	2,076.4	41.0	2,476.6	46.9	4,553.0	44.0
Rest of state	1,004.9	35.6	1,311.8	45.5	2,316.7	40.6
EMPLOYMENT STATUS						
Employed full time	1,730.1	36.6	1,257.1	51.1	2,987.2	41.6
Employed part time	410.7	44.3	1,158.5	48.0	1,569.2	47.0
<i>Total employed</i>	<i>2,140.8</i>	<i>37.9</i>	<i>2,415.6</i>	<i>49.6</i>	<i>4,556.4</i>	<i>43.3</i>
Unemployed	162.3	46.5	110.1	38.9	272.5	43.1
Not in the labour force	778.2	41.4	1,262.6	42.0	2,040.9	41.8
MARITAL STATUS						
Married	1,736.5	37.2	2,150.6	48.2	3,887.1	42.6
Not married	1,338.3	41.9	1,612.1	44.3	2,950.4	43.2
Refused/do not know	6.6**	32.6	25.6*	39.9	32.2	38.1
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	799.6	34.4	1,218.8	45.3	2,018.4	40.2
At least one under 18 — none at home	61.1	28.9	20.6*	50.1	81.7	32.3
No children under 18	2,220.7	41.5	2,548.9	46.9	4,769.7	44.2
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	838.1	46.5	1,030.4	55.2	1,868.5	50.9
Undergraduate diploma or associate diploma	261.5	44.2	370.5	52.3	632.0	48.6
Certificate, trade qualification or apprenticeship	513.4	37.1	488.3	46.5	1,001.7	41.2
Highest level of secondary school	626.5	35.9	811.9	43.4	1,438.5	39.8
Did not complete highest level of school	573.3	30.9	905.7	40.7	1,479.0	36.3
Never went to school	6.3**	38.8**	4.2**	24.2**	10.5*	31.3*
Still at secondary school	245.8	56.6	150.3	42.8	396.1	50.4
Other	5.4**	25.0**	16.3*	44.0*	21.7*	37.0*
Refused	11.0*	30.5*	10.9*	29.7*	21.9*	30.1*
INDIGENOUS STATUS						
Non-Indigenous	3,043.3	39.2	3,743.2	46.6	6,786.5	42.9
Indigenous	38.1	33.2	45.2	36.4	83.3	34.8
LANGUAGE SPOKEN AT HOME						
English only	2,706.9	39.2	3,458.3	47.3	6,165.3	43.3
European language/s other than English	113.8	49.2	102.1	34.0	215.9	40.6
Non-European language/s	275.9	35.7	248.0	42.4	523.9	38.6
Total	3,081.4	39.1	3,788.4	46.4	6,869.8	42.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 3: All participants — participation by states and territories, age and sex, 2006 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	22.5	421.7	14.1	254.1	97.4	27.3	325.2	142.4	1,304.7
	25 to 34	22.1	390.9	12.1	223.2	78.7	24.1	315.5	126.3	1,192.9
	35 to 44	20.7	386.0	13.3	232.8	93.0	29.5	302.0	118.9	1,196.2
	45 to 54	20.0	378.1	10.3	211.4	79.0	26.9	240.6	108.1	1,074.4
	55 to 64	14.8	262.1	7.5	167.0	66.8	22.7	192.6	80.0	813.5
	65 and over	10.9	252.1	2.7	139.6	71.5	19.7	205.5	71.2	773.2
	TOTAL		110.9	2,090.9	60.1	1,228.1	486.3	150.3	1,581.4	646.9
Females	15 to 24	21.9	380.1	12.0	249.2	85.0	28.7	297.2	122.7	1,196.9
	25 to 34	23.8	337.7	15.0	240.3	81.2	23.7	310.6	116.1	1,148.4
	35 to 44	22.1	417.5	13.4	231.5	90.9	28.9	328.7	137.5	1,270.5
	45 to 54	20.7	393.0	10.5	216.7	92.2	27.2	289.6	127.3	1,177.1
	55 to 64	15.2	299.4	5.5	163.5	69.7	24.8	234.7	86.4	899.1
	65 and over	11.5	294.4	2.9	158.0	80.3	26.3	240.7	84.4	898.6
	TOTAL		115.1	2,122.0	59.4	1,259.2	499.3	159.6	1,701.4	674.5
Persons	15 to 24	44.4	801.8	26.1	503.3	182.4	56.1	622.4	265.1	2,501.6
	25 to 34	45.9	728.6	27.1	463.5	159.9	47.8	626.1	242.4	2,341.2
	35 to 44	42.8	803.6	26.8	464.3	183.9	58.4	630.6	256.4	2,466.7
	45 to 54	40.7	771.0	20.9	428.1	171.2	54.1	530.2	235.4	2,251.5
	55 to 64	29.9	561.4	13.0	330.5	136.5	47.5	427.3	166.4	1,712.6
	65 and over	22.3	546.5	5.6	297.6	151.8	46.0	446.2	155.6	1,671.8
	TOTAL		226.0	4,212.9	119.5	2,487.3	985.6	309.8	3,282.8	1,321.4
		Participation rate (%)								
Males	15 to 24	89.2	93.1	93.2	90.7	92.0	86.2	91.5	97.7	92.4
	25 to 34	86.1	84.0	74.4	82.3	80.7	88.1	88.1	93.3	85.4
	35 to 44	86.0	80.3	82.3	81.7	84.7	89.8	81.2	80.0	81.4
	45 to 54	91.1	84.0	75.2	79.1	74.0	78.6	71.2	77.4	78.3
	55 to 64	88.8	72.8	78.7	75.4	77.0	78.9	72.7	73.0	74.1
	65 and over	80.8	65.3	56.8	65.1	73.6	65.2	71.8	68.2	68.0
	TOTAL	87.4	80.6	79.5	79.8	80.5	81.1	80.1	82.6	80.6
Females	15 to 24	90.0	86.2	80.4	90.8	83.9	93.3	87.0	88.7	87.6
	25 to 34	91.0	70.8	87.9	86.3	83.7	81.9	85.7	84.8	80.6
	35 to 44	88.5	84.2	84.7	77.2	81.3	83.8	85.4	90.6	83.6
	45 to 54	86.8	84.7	79.3	78.1	83.0	76.6	83.0	89.0	83.1
	55 to 64	88.0	82.5	70.2	74.6	76.8	85.0	86.1	81.3	81.3
	65 and over	71.5	64.0	70.2	65.9	68.1	74.3	70.6	71.4	67.4
	TOTAL	86.9	78.6	81.2	79.2	79.3	82.2	83.0	84.9	80.7
Persons	15 to 24	89.6	89.7	86.8	90.8	88.0	89.7	89.3	93.3	90.0
	25 to 34	88.6	77.3	81.3	84.3	82.2	84.9	86.9	89.1	83.0
	35 to 44	87.3	82.3	83.5	79.4	83.0	86.7	83.3	85.4	82.5
	45 to 54	88.9	84.4	77.2	78.6	78.6	77.6	77.2	83.3	80.7
	55 to 64	88.4	77.7	74.8	75.0	76.9	82.0	79.5	77.1	77.7
	65 and over	75.7	64.6	63.1	65.5	70.6	70.1	71.2	69.9	67.7
	TOTAL	87.1	79.6	80.3	79.5	79.9	81.7	81.6	83.7	80.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006

Table 4: All participants — participation three times per week or more, by states and territories, age and sex, 2006 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	11.1	207.7	6.3	129.6	31.0	13.2	173.0	89.2	661.1
	25 to 34	10.9	154.7	6.0	81.1	26.1	11.4	140.1	53.1	483.3
	35 to 44	11.7	166.4	7.0	106.2	38.6	10.1	126.8	52.9	519.8
	45 to 54	9.9	214.6	5.3	93.2	32.6	12.0	103.5	51.8	522.8
	55 to 64	8.2	115.2	4.9	88.2	32.4	9.6	111.0	39.3	408.8
	65 and over	6.6	171.2	2.0	86.7	39.4	11.7	120.4	47.7	485.5
	TOTAL		58.4	1,029.8	31.5	584.9	200.1	67.9	774.8	333.9
Females	15 to 24	10.0	184.8	6.4	134.5	42.1	17.9	127.1	61.2	584.1
	25 to 34	14.4	152.8	9.9	128.8	44.3	13.2	178.5	77.5	619.3
	35 to 44	12.0	251.1	8.0	136.9	47.8	17.2	188.7	80.2	741.9
	45 to 54	12.2	243.8	6.5	138.9	51.1	14.5	197.4	83.0	747.5
	55 to 64	10.0	171.1	3.6	111.4	43.8	14.6	153.7	55.6	563.7
	65 and over	6.7	165.5	1.8	93.1	47.2	16.2	147.2	54.2	531.9
	TOTAL		65.3	1,169.1	36.2	743.6	276.3	93.6	992.5	411.7
Persons	15 to 24	21.1	392.5	12.7	264.0	73.2	31.1	300.2	150.4	1,245.2
	25 to 34	25.3	307.5	15.9	209.8	70.4	24.6	318.5	130.6	1,102.6
	35 to 44	23.6	417.5	15.1	243.1	86.4	27.3	315.5	133.1	1,261.7
	45 to 54	22.2	458.4	11.8	232.2	83.7	26.5	300.9	134.7	1,270.3
	55 to 64	18.2	286.3	8.5	199.6	76.2	24.1	264.7	94.9	972.5
	65 and over	13.3	336.7	3.8	179.7	86.5	27.9	267.5	101.9	1,017.3
	TOTAL		123.7	2,198.9	67.7	1,328.5	476.5	161.5	1,767.3	745.6
Participation rate (%)										
Males	15 to 24	44.1	45.8	41.9	46.3	29.3	41.7	48.7	61.2	46.8
	25 to 34	42.6	33.3	36.7	29.9	26.8	41.7	39.1	39.2	34.6
	35 to 44	48.5	34.6	43.4	37.3	35.2	30.7	34.1	35.6	35.4
	45 to 54	45.2	47.7	38.6	34.9	30.5	35.0	30.6	37.0	38.1
	55 to 64	49.6	32	51.7	39.8	37.4	33.2	41.9	35.8	37.3
	65 and over	49	44.3	40.9	40.4	40.5	38.6	42.1	45.7	42.7
	TOTAL		46.1	39.7	41.7	38.0	33.1	36.7	39.2	42.6
Females	15 to 24	41.2	41.9	42.9	49.0	41.6	58.1	37.2	44.3	42.7
	25 to 34	55.1	32	57.9	46.2	45.7	45.7	49.2	56.6	43.5
	35 to 44	47.9	50.7	50.6	45.6	42.8	49.9	49.0	52.9	48.8
	45 to 54	51.4	52.6	48.9	50.1	46.0	40.9	56.6	58.0	52.8
	55 to 64	57.7	47.1	45.7	50.8	48.3	50.0	56.4	52.3	51.0
	65 and over	41.6	36	43.9	38.8	40.0	45.8	43.2	45.8	39.9
	TOTAL		49.3	43.3	49.5	46.8	43.9	48.2	48.4	51.8
Persons	15 to 24	42.7	43.9	42.4	47.6	35.3	49.8	43.1	53.0	44.8
	25 to 34	48.9	32.6	47.6	38.2	36.2	43.7	44.2	48.0	39.1
	35 to 44	48.2	42.8	46.9	41.6	39.0	40.6	41.7	44.3	42.2
	45 to 54	48.4	50.2	43.7	42.6	38.4	38.0	43.8	47.6	45.6
	55 to 64	53.7	39.6	49.0	45.3	42.9	41.7	49.2	44.0	44.1
	65 and over	45	39.8	42.3	39.6	40.2	42.5	42.7	45.8	41.2
	TOTAL		47.7	41.5	45.5	42.5	38.6	42.6	43.9	47.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006

Table 5: All persons — frequency of participation in physical activity for exercise, recreation and sport, 2006 (a)

Sex	Age group (years)	None	Zero — once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	107.5	218.0	425.5	277.6	383.5	1,412.1
	25 to 34	203.8	299.1	410.4	263.3	220.1	1,396.6
	35 to 44	273.0	325.5	350.9	285.4	234.4	1,469.2
	45 to 54	297.4	264.1	287.4	238.1	284.8	1,371.8
	55 to 64	283.8	178.9	225.7	162.4	246.4	1,097.2
	65 and over	363.9	98.3	189.4	157.4	328.1	1,137.1
	TOTAL	1,529.3	1,384.0	1,889.4	1,384.2	1,697.2	7,884.1
Females	15 to 24	169.9	220.0	392.8	260.3	323.8	1,366.8
	25 to 34	275.6	189.9	339.2	259.6	359.7	1,423.9
	35 to 44	248.8	197.7	330.9	342.1	399.9	1,519.4
	45 to 54	239.7	143.4	286.2	320.8	426.7	1,416.8
	55 to 64	206.9	92.3	243.1	202.8	360.9	1,106.0
	65 and over	433.9	115.2	251.5	208.9	322.9	1,332.5
	TOTAL	1,574.7	958.6	1,843.7	1,594.5	2,193.9	8,165.3
Persons	15 to 24	277.4	438.0	818.3	537.9	707.4	2,778.9
	25 to 34	479.3	489.0	749.6	522.8	579.8	2,820.6
	35 to 44	521.8	523.1	681.8	627.5	634.2	2,988.6
	45 to 54	537.1	407.6	573.6	558.9	711.4	2,788.6
	55 to 64	490.6	271.3	468.8	365.3	607.2	2,203.2
	65 and over	797.8	213.5	440.9	366.3	651.1	2,469.6
	TOTAL	3,104.0	2,342.5	3,733.1	2,978.7	3,891.1	16,049.4

Proportion of each demographic group within each category (row %)

Males	15 to 24	7.6	15.4	30.1	19.7	27.2	100.0
	25 to 34	14.6	21.4	29.4	18.9	15.8	100.0
	35 to 44	18.6	22.2	23.9	19.4	16.0	100.0
	45 to 54	21.7	19.3	21.0	17.4	20.8	100.0
	55 to 64	25.9	16.3	20.6	14.8	22.5	100.0
	65 and over	32.0	8.6	16.7	13.8	28.9	100.0
	TOTAL	19.4	17.6	24.0	17.6	21.5	100.0
Females	15 to 24	12.4	16.1	28.7	19.0	23.7	100.0
	25 to 34	19.4	13.3	23.8	18.2	25.3	100.0
	35 to 44	16.4	13.0	21.8	22.5	26.3	100.0
	45 to 54	16.9	10.1	20.2	22.6	30.1	100.0
	55 to 64	18.7	8.3	22.0	18.3	32.6	100.0
	65 and over	32.6	8.6	18.9	15.7	24.2	100.0
	TOTAL	19.3	11.7	22.6	19.5	26.9	100.0
Persons	15 to 24	10.0	15.8	29.4	19.4	25.5	100.0
	25 to 34	17.0	17.3	26.6	18.5	20.6	100.0
	35 to 44	17.5	17.5	22.8	21.0	21.2	100.0
	45 to 54	19.3	14.6	20.6	20.0	25.5	100.0
	55 to 64	22.3	12.3	21.3	16.6	27.6	100.0
	65 and over	32.3	8.6	17.9	14.8	26.4	100.0
	TOTAL	19.3	14.6	23.3	18.6	24.2	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than 3 times per week

(d) Three or more times and less than five times per week

Table 6: All persons — frequency of participation in organised physical activity for exercise, recreation and sport, 2006 (a)

		None	Zero – once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
Sex	Age group (years)	Number ('000)					
Males	15 to 24	503.7	240.3	325.9	162.5	179.8	1,412.1
	25 to 34	765.2	253.7	245.7	93.7	38.2	1,396.6
	35 to 44	860.2	302.9	215.3	64.0	26.7	1,469.2
	45 to 54	925.3	215.9	143.1	72.8	14.7*	1,371.8
	55 to 64	782.7	144.3	124.1	38.5	7.6*	1,097.2
	65 and over	827.8	84.4	144.5	64.7	15.6*	1,137.1
	TOTAL	4,665.1	1,241.5	1,198.6	496.3	282.6	7,884.1
Females	15 to 24	534.5	240.5	347.6	123.6	120.5	1,366.8
	25 to 34	897.9	187.9	223.5	66.6	48.1	1,423.9
	35 to 44	968.0	189.6	216.4	95.7	49.7	1,519.4
	45 to 54	990.3	142.4	176.4	77.0	30.7	1,416.8
	55 to 64	756.4	113.2	158.1	56.9	21.3*	1,106.0
	65 and over	957.7	106.6	184.5	53.9	29.6	1,332.5
	TOTAL	5,104.8	980.2	1,306.4	473.8	300.0	8,165.3
Persons	15 to 24	1,038.2	480.8	673.5	286.1	300.3	2,778.9
	25 to 34	1,663.1	441.6	469.2	160.3	86.3	2,820.6
	35 to 44	1,828.2	492.5	431.7	159.7	76.4	2,988.6
	45 to 54	1,915.6	358.3	319.5	149.9	45.4	2,788.6
	55 to 64	1,539.2	257.5	282.2	95.5	28.9	2,203.2
	65 and over	1,785.5	191.1	329.0	118.7	45.3	2,469.6
	TOTAL	9,769.9	2,221.7	2,505.0	970.1	582.7	16,049.4

Proportion of each demographic group within each category (row %)

Males	15 to 24	35.7	17.0	23.1	11.5	12.7	100.0
	25 to 34	54.8	18.2	17.6	6.7	2.7	100.0
	35 to 44	58.6	20.6	14.7	4.4	1.8	100.0
	45 to 54	67.5	15.7	10.4	5.3	1.1*	100.0
	55 to 64	71.3	13.2	11.3	3.5	0.7*	100.0
	65 and over	72.8	7.4	12.7	5.7	1.4*	100.0
	TOTAL	59.2	15.7	15.2	6.3	3.6	100.0
Females	15 to 24	39.1	17.6	25.4	9.0	8.8	100.0
	25 to 34	63.1	13.2	15.7	4.7	3.4	100.0
	35 to 44	63.7	12.5	14.2	6.3	3.3	100.0
	45 to 54	69.9	10.1	12.4	5.4	2.2	100.0
	55 to 64	68.4	10.2	14.3	5.1	1.9*	100.0
	65 and over	71.9	8.0	13.8	4.0	2.2	100.0
	TOTAL	62.5	12.0	16.0	5.8	3.7	100.0
Persons	15 to 24	37.4	17.3	24.2	10.3	10.8	100.0
	25 to 34	59.0	15.7	16.6	5.7	3.1	100.0
	35 to 44	61.2	16.5	14.4	5.3	2.6	100.0
	45 to 54	68.7	12.8	11.5	5.4	1.6	100.0
	55 to 64	69.9	11.7	12.8	4.3	1.3	100.0
	65 and over	72.3	7.7	13.3	4.8	1.8	100.0
	TOTAL	60.9	13.8	15.6	6.0	3.6	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than 3 times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 7: All participants — frequency of participation, cumulative, 2006 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	218.0	1,086.7	858.1	661.1	1,304.7
	25 to 34	299.1	893.7	674.4	483.3	1,192.9
	35 to 44	325.5	870.7	664.3	519.8	1,196.2
	45 to 54	264.1	810.3	660.4	522.8	1,074.4
	55 to 64	178.9	634.5	509.2	408.8	813.5
	65 and over	98.3	674.9	592.4	485.5	773.2
	TOTAL	1,384.0	4,970.8	3,958.9	3,081.4	6,354.8
Females	15 to 24	220.0	976.9	764.1	584.1	1,196.9
	25 to 34	189.9	958.5	785.3	619.3	1,148.4
	35 to 44	197.7	1,072.9	918.9	741.9	1,270.5
	45 to 54	143.4	1,033.7	902.2	747.5	1,177.1
	55 to 64	92.3	806.8	684.0	563.7	899.1
	65 and over	115.2	783.3	672.3	531.9	898.6
	TOTAL	958.6	5,632.1	4,726.8	3,788.4	6,590.6
Persons	15 to 24	438.0	2,063.5	1,622.2	1,245.2	2,501.6
	25 to 34	489.0	1,852.2	1,459.7	1,102.6	2,341.2
	35 to 44	523.1	1,943.6	1,583.2	1,261.7	2,466.7
	45 to 54	407.6	1,843.9	1,562.6	1,270.3	2,251.5
	55 to 64	271.3	1,441.3	1,193.2	972.5	1,712.6
	65 and over	213.5	1,458.3	1,264.8	1,017.3	1,671.8
	TOTAL	2,342.5	10,602.9	8,685.7	6,869.8	12,945.4
Participation rate (%)						
Males	15 to 24	15.4	77.0	60.8	46.8	92.4
	25 to 34	21.4	64.0	48.3	34.6	85.4
	35 to 44	22.2	59.3	45.2	35.4	81.4
	45 to 54	19.3	59.1	48.1	38.1	78.3
	55 to 64	16.3	57.8	46.4	37.3	74.1
	65 and over	8.6	59.4	52.1	42.7	68.0
	TOTAL	17.6	63.0	50.2	39.1	80.6
Females	15 to 24	16.1	71.5	55.9	42.7	87.6
	25 to 34	13.3	67.3	55.2	43.5	80.6
	35 to 44	13.0	70.6	60.5	48.8	83.6
	45 to 54	10.1	73.0	63.7	52.8	83.1
	55 to 64	8.3	72.9	61.8	51.0	81.3
	65 and over	8.6	58.8	50.5	39.9	67.4
	TOTAL	11.7	69.0	57.9	46.4	80.7
Persons	15 to 24	15.8	74.3	58.4	44.8	90.0
	25 to 34	17.3	65.7	51.8	39.1	83.0
	35 to 44	17.5	65.0	53.0	42.2	82.5
	45 to 54	14.6	66.1	56.0	45.6	80.7
	55 to 64	12.3	65.4	54.2	44.1	77.7
	65 and over	8.6	59.0	51.2	41.2	67.7
	TOTAL	14.6	66.1	54.1	42.8	80.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006

Table 8: All participants — frequency of participation in organised activity, cumulative, 2006 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	240.3	668.2	490.6	342.3	908.4
	25 to 34	253.7	377.6	211.6	131.9	631.4
	35 to 44	302.9	306.1	170.0	90.7	609.0
	45 to 54	215.9	230.6	146.0	87.5	446.5
	55 to 64	144.3	170.2	88.9	46.1	314.5
	65 and over	84.4	224.9	159.4	80.4	309.3
	TOTAL	1,241.5	1,977.5	1,266.6	778.9	3,219.0
Females	15 to 24	240.5	591.8	384.5	244.2	832.3
	25 to 34	187.9	338.2	214.2	114.7	526.0
	35 to 44	189.6	361.8	222.2	145.4	551.4
	45 to 54	142.4	284.1	203.3	107.7	426.5
	55 to 64	113.2	236.3	149.1	78.3	349.5
	65 and over	106.6	268.1	172.4	83.6	374.7
	TOTAL	980.2	2,080.3	1,345.7	773.8	3,060.5
Persons	15 to 24	480.8	1,259.9	875.2	586.4	1,740.7
	25 to 34	441.6	715.8	425.9	246.6	1,157.4
	35 to 44	492.5	667.8	392.2	236.1	1,160.3
	45 to 54	358.3	514.7	349.4	195.2	873.0
	55 to 64	257.5	406.5	238.0	124.4	664.0
	65 and over	191.1	493.0	331.8	164.0	684.0
	TOTAL	2,221.7	4,057.8	2,612.4	1,552.8	6,279.5
Participation rate (%)						
Males	15 to 24	17.0	47.3	34.7	24.2	64.3
	25 to 34	18.2	27.0	15.2	9.4	45.2
	35 to 44	20.6	20.8	11.6	6.2	41.4
	45 to 54	15.7	16.8	10.6	6.4	32.5
	55 to 64	13.2	15.5	8.1	4.2	28.7
	65 and over	7.4	19.8	14.0	7.1	27.2
	TOTAL	15.7	25.1	16.1	9.9	40.8
Females	15 to 24	17.6	43.3	28.1	17.9	60.9
	25 to 34	13.2	23.7	15.0	8.1	36.9
	35 to 44	12.5	23.8	14.6	9.6	36.3
	45 to 54	10.1	20.1	14.4	7.6	30.1
	55 to 64	10.2	21.4	13.5	7.1	31.6
	65 and over	8.0	20.1	12.9	6.3	28.1
	TOTAL	12.0	25.5	16.5	9.5	37.5
Persons	15 to 24	17.3	45.3	31.5	21.1	62.6
	25 to 34	15.7	25.4	15.1	8.7	41.0
	35 to 44	16.5	22.3	13.1	7.9	38.8
	45 to 54	12.8	18.5	12.5	7.0	31.3
	55 to 64	11.7	18.5	10.8	5.6	30.1
	65 and over	7.7	20.0	13.4	6.6	27.7
	TOTAL	13.8	25.3	16.3	9.7	39.1

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006

Table 9: All persons — average frequency of participation in physical activity for exercise, recreation and sport, 2006 (a)

Sex	Age group (years)	Number of weekly sessions of activity (median)	Number of weekly sessions of activity (mean)	Mean number of different activities (for those that participate in any activity)
Males	15 to 24	2.6	3.6	2.5
	25 to 34	1.8	2.5	2.0
	35 to 44	1.5	2.5	1.9
	45 to 54	1.9	2.8	1.6
	55 to 64	1.4	2.8	1.3
	65 and over	2.0	3.1	1.1
	<i>TOTAL</i>	2.0	2.9	1.8
Females	15 to 24	2.1	3.1	2.1
	25 to 34	2.1	3.2	1.8
	35 to 44	2.9	3.3	1.8
	45 to 54	3.0	3.5	1.6
	55 to 64	3.0	3.7	1.5
	65 and over	2.0	2.8	1.0
	<i>TOTAL</i>	2.5	3.3	1.6
Persons	15 to 24	2.5	3.4	2.3
	25 to 34	2.0	2.8	1.9
	35 to 44	2.0	2.9	1.8
	45 to 54	2.3	3.2	1.6
	55 to 64	2.1	3.2	1.4
	65 and over	2.0	3.0	1.0
	TOTAL	2.0	3.1	1.7

(a) Relates to all persons aged 15 years and over

Table 10: All participants — average frequency of participation, 2006 (a)

Sex	Age group (years)	Number of weekly sessions of activity (median)	Number of weekly sessions of activity (mean)	Mean number of different activities (for those that participate in any activity)
Males	15 to 24	3.0	3.9	2.7
	25 to 34	2.2	2.9	2.3
	35 to 44	2.2	3.1	2.3
	45 to 54	2.9	3.6	2.1
	55 to 64	3.0	3.7	1.8
	65 and over	4.0	4.6	1.6
	<i>TOTAL</i>	2.9	3.6	2.2
Females	15 to 24	2.9	3.6	2.4
	25 to 34	3.0	3.9	2.2
	35 to 44	3.2	4.0	2.1
	45 to 54	3.7	4.3	1.9
	55 to 64	3.9	4.6	1.8
	65 and over	3.4	4.2	1.5
	<i>TOTAL</i>	3.2	4.1	2.0
Persons	15 to 24	3.0	3.8	2.5
	25 to 34	2.8	3.4	2.3
	35 to 44	3.0	3.5	2.2
	45 to 54	3.1	3.9	2.0
	55 to 64	3.1	4.2	1.8
	65 and over	3.8	4.4	1.5
	TOTAL	3.0	3.8	2.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006

Table 11: All participants — duration of participation 2006 (a)

		One activity	Two activities	Three activities	Total
		Number ('000)			
Five hours or more	More than three sessions weekly	789.3	1,236.3	739.0	2,764.6
	Two or three sessions weekly	296.8	159.0	36.1	491.9
	Less than two sessions weekly	109.3	17.2*	0.0**	126.5
	<i>Total</i>	<i>1,195.4</i>	<i>1,412.6</i>	<i>775.1</i>	<i>3,383.1</i>
Two hours or more but less than five hours	More than three sessions weekly	994.9	850.5	281.5	2,126.9
	Two or three sessions weekly	785.9	534.8	92.1	1,412.9
	Less than two sessions weekly	508.1	121.8	5.9**	635.8
	<i>Total</i>	<i>2,288.9</i>	<i>1,507.1</i>	<i>379.5</i>	<i>4,175.5</i>
Less than two hours	More than three sessions weekly	169.8	62.5	6.0**	238.3
	Two or three sessions weekly	716.0	233.7	41.7	991.5
	Less than two sessions weekly	1,868.6	236.8	2.2**	2,107.5
	<i>Total</i>	<i>2,754.4</i>	<i>533.0</i>	<i>49.9</i>	<i>3,337.3</i>
Total	More than three sessions weekly	1,953.9	2,149.3	1,026.5	5,129.8
	Two or three sessions weekly	1,798.8	927.6	170.0	2,896.3
	Less than two sessions weekly	2,486.0	375.8	8.0*	2,869.8
	Total	6,238.7	3,452.7	1,204.5	10,895.9
		Participation rate (%)			
Five hours or more	More than three sessions weekly	7.2	11.3	6.8	25.4
	Two or three sessions weekly	2.7	1.5	0.3	4.5
	Less than two sessions weekly	1.0	0.2*	0.0**	1.2
	<i>Total</i>	<i>11.0</i>	<i>13.0</i>	<i>7.1</i>	<i>31.0</i>
Two hours or more but less than five hours	More than three sessions weekly	9.1	7.8	2.6	19.5
	Two or three sessions weekly	7.2	4.9	0.8	13.0
	Less than two sessions weekly	4.7	1.1	0.1**	5.8
	<i>Total</i>	<i>21.0</i>	<i>13.8</i>	<i>3.5</i>	<i>38.3</i>
Less than two hours	More than three sessions weekly	1.6	0.6	0.1**	2.2
	Two or three sessions weekly	6.6	2.1	0.4	9.1
	Less than two sessions weekly	17.1	2.2	0.0**	19.3
	<i>Total</i>	<i>25.3</i>	<i>4.9</i>	<i>0.5</i>	<i>30.6</i>
Total	More than three sessions weekly	17.9	19.7	9.4	47.1
	Two or three sessions weekly	16.5	8.5	1.6	26.6
	Less than two sessions weekly	22.8	3.4	0.1*	26.3
	Total	57.3	31.7	11.1	100.0

(a) Relates to persons aged 15 years and over who participated in one of their 'top three' physical activities for exercise, recreation and sport over a two-week period prior to interview in 2006. 'Top three' activities refer to the physical activities that respondents participated in most over the 12 months prior to interview

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 12: All participants — duration of participation, walkers compared to non-walkers 2006 (a)

		Non-walking	Walking and other	Walking only	All participants
		Number ('000)			
Five hours or more	More than three sessions weekly	1,336.5	987.4	440.7	2,764.6
	Two or three sessions weekly	452.6	33.7	5.6**	491.9
	Less than two sessions weekly	122.1	1.3**	3.2**	126.5
	<i>Total</i>	<i>1,911.2</i>	<i>1,022.4</i>	<i>449.4</i>	<i>3,383.1</i>
Two hours or more but less than five hours	More than three sessions weekly	699.8	675.1	752.0	2,126.9
	Two or three sessions weekly	877.4	244.3	291.2	1,412.9
	Less than two sessions weekly	597.3	13.2*	25.3*	635.8
	<i>Total</i>	<i>2,174.5</i>	<i>932.5</i>	<i>1,068.5</i>	<i>4,175.5</i>
Less than two hours	More than three sessions weekly	89.8	40.3	108.3	238.3
	Two or three sessions weekly	381.1	137.5	473.0	991.5
	Less than two sessions weekly	1,297.3	93.6	716.6	2,107.5
	<i>Total</i>	<i>1,768.2</i>	<i>271.3</i>	<i>1,297.8</i>	<i>3,337.3</i>
Total	More than three sessions weekly	2,126.1	1,702.7	1,301.0	5,129.8
	Two or three sessions weekly	1,711.1	415.5	769.7	2,896.3
	Less than two sessions weekly	2,016.7	108.1	745.0	2,869.8
	Total	5,853.9	2,226.2	2,815.8	10,895.9
		Participation rate (%)			
Five hours or more	More than three sessions weekly	12.3	9.1	4.0	25.4
	Two or three sessions weekly	4.2	0.3	0.1**	4.5
	Less than two sessions weekly	1.1	0.0**	0.0**	1.2
	<i>Total</i>	<i>17.5</i>	<i>9.4</i>	<i>4.1</i>	<i>31.0</i>
Two hours or more but less than five hours	More than three sessions weekly	6.4	6.2	6.9	19.5
	Two or three sessions weekly	8.1	2.2	2.7	13.0
	Less than two sessions weekly	5.5	0.1*	0.2*	5.8
	<i>Total</i>	<i>20.0</i>	<i>8.6</i>	<i>9.8</i>	<i>38.3</i>
Less than two hours	More than three sessions weekly	0.8	0.4	1.0	2.2
	Two or three sessions weekly	3.5	1.3	4.3	9.1
	Less than two sessions weekly	11.9	0.9	6.6	19.3
	<i>Total</i>	<i>16.2</i>	<i>2.5</i>	<i>11.9</i>	<i>30.6</i>
Total	More than three sessions weekly	19.5	15.6	11.9	47.1
	Two or three sessions weekly	15.7	3.8	7.1	26.6
	Less than two sessions weekly	18.5	1.0	6.8	26.3
	Total	53.7	20.4	25.8	100.0

(a) Relates to persons aged 15 years and over who participated in one of their 'top three' physical activities for exercise, recreation and sport over a two-week period prior to interview in 2006. 'Top three' activities refer to the physical activities that respondents participated in most over the 12 months prior to interview

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 13: All participants — duration of participation by age 2006 (a)

		15 to 24	25 to 34	35 to 44	45 to 54	55 to 64	65 and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	640.2	392.7	456.9	478.5	402.6	393.7	2,764.6
	Two or three sessions weekly	120.0	70.5	72.2	59.3	72.9	97.1	491.9
	Less than two sessions weekly	32.2	17.1*	17.4*	24.9*	21.2*	13.7*	126.5
	<i>Total</i>	792.3	480.3	546.5	562.8	496.7	504.5	3,383.1
Two hours or more but less than five hours	More than three sessions weekly	279.4	370.2	401.8	457.8	310.6	307.1	2,126.9
	Two or three sessions weekly	314.1	283.6	283.4	245.2	151.0	135.6	1,412.9
	Less than two sessions weekly	136.7	105.5	97.1	117.6	108.6	70.3	635.8
	<i>Total</i>	730.1	759.3	782.3	820.6	570.3	513.0	4,175.5
Less than two hours	More than three sessions weekly	20.2*	20.9*	51.2	33.2	38.5	74.3	238.3
	Two or three sessions weekly	141.6	201.5	200.2	172.2	131.6	144.4	991.5
	Less than two sessions weekly	475.6	406.4	445.1	329.9	239.7	210.7	2,107.5
	<i>Total</i>	637.5	628.8	696.5	535.3	409.7	429.5	3,337.3
Total	More than three sessions weekly	939.7	783.9	909.8	969.5	751.7	775.1	5,129.8
	Two or three sessions weekly	575.7	555.5	555.8	476.7	355.5	377.1	2,896.3
	Less than two sessions weekly	644.5	529.0	559.6	472.5	369.5	294.7	2,869.8
	Total	2,159.9	1,868.4	2,025.3	1,918.7	1,476.7	1,447.0	10,895.9
		Participation rate (%)						
Five hours or more	More than three sessions weekly	5.9	3.6	4.2	4.4	3.7	3.6	25.4
	Two or three sessions weekly	1.1	0.6	0.7	0.5	0.7	0.9	4.5
	Less than two sessions weekly	0.3	0.2*	0.2*	0.2*	0.2*	0.1*	1.2
	<i>Total</i>	7.3	4.4	5.0	5.2	4.6	4.6	31.0
Two hours or more but less than five hours	More than three sessions weekly	2.6	3.4	3.7	4.2	2.9	2.8	19.5
	Two or three sessions weekly	2.9	2.6	2.6	2.3	1.4	1.2	13.0
	Less than two sessions weekly	1.3	1.0	0.9	1.1	1.0	0.6	5.8
	<i>Total</i>	6.7	7.0	7.2	7.5	5.2	4.7	38.3
Less than two hours	More than three sessions weekly	0.2*	0.2*	0.5	0.3	0.4	0.7	2.2
	Two or three sessions weekly	1.3	1.8	1.8	1.6	1.2	1.3	9.1
	Less than two sessions weekly	4.4	3.7	4.1	3.0	2.2	1.9	19.3
	<i>Total</i>	5.9	5.8	6.4	4.9	3.8	3.9	30.6
Total	More than three sessions weekly	8.6	7.2	8.4	8.9	6.9	7.1	47.1
	Two or three sessions weekly	5.3	5.1	5.1	4.4	3.3	3.5	26.6
	Less than two sessions weekly	5.9	4.9	5.1	4.3	3.4	2.7	26.3
	Total	19.8	17.1	18.6	17.6	13.6	13.3	100.0

(a) Relates to persons aged 15 years and over who participated in one of their 'top three' physical activities for exercise, recreation and sport over a two-week period prior to interview in 2006. 'Top three' activities refer to the physical activities that respondents participated in most over the 12 months prior to interview

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 14: Male participants — duration of participation by age 2006 (a)

		15 to 24	25 to 34	35 to 44	45 to 54	55 to 64	65 and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	415.0	204.9	217.9	228.5	176.6	204.8	1,447.6
	Two or three sessions weekly	92.8	60.1	50.9	32.9	45.0	64.3	346.0
	Less than two sessions weekly	29.3	13.0*	17.1*	24.2*	18.2*	9.9*	111.8
	<i>Total</i>	537.1	278.0	285.9	285.6	239.8	279.0	1,905.5
Two hours or more but less than five hours	More than three sessions weekly	124.0	149.8	155.0	198.8	125.5	140.3	893.4
	Two or three sessions weekly	160.7	147.4	123.3	108.5	62.6	48.7	651.2
	Less than two sessions weekly	90.5	85.9	78.7	91.8	78.6	41.3	466.9
	<i>Total</i>	375.2	383.2	357.1	399.0	266.6	230.4	2,011.5
Less than two hours	More than three sessions weekly	7.9*	2.1**	27.4	12.4*	18.4*	23.1*	91.3
	Two or three sessions weekly	43.3	93.9	81.9	70.3	63.0	65.1	417.5
	Less than two sessions weekly	200.8	167.7	228.5	142.0	109.1	76.4	924.4
	<i>Total</i>	251.9	263.7	337.8	224.6	190.5	164.7	1,433.2
Total	More than three sessions weekly	546.8	356.8	400.4	439.7	320.5	368.2	2,432.3
	Two or three sessions weekly	296.8	301.4	256.0	211.6	170.6	178.2	1,414.6
	Less than two sessions weekly	320.6	266.6	324.4	258.0	205.9	127.7	1,503.2
	Total	1,164.1	924.9	980.8	909.3	696.9	674.1	5,350.1
		Participation rate (%)						
Five hours or more	More than three sessions weekly	7.8	3.8	4.1	4.3	3.3	3.8	27.1
	Two or three sessions weekly	1.7	1.1	1.0	0.6	0.8	1.2	6.5
	Less than two sessions weekly	0.5	0.2*	0.3*	0.5*	0.3*	0.2*	2.1
	<i>Total</i>	10.0	5.2	5.3	5.3	4.5	5.2	35.6
Two hours or more but less than five hours	More than three sessions weekly	2.3	2.8	2.9	3.7	2.3	2.6	16.7
	Two or three sessions weekly	3.0	2.8	2.3	2.0	1.2	0.9	12.2
	Less than two sessions weekly	1.7	1.6	1.5	1.7	1.5	0.8	8.7
	<i>Total</i>	7.0	7.2	6.7	7.5	5.0	4.3	37.6
Less than two hours	More than three sessions weekly	0.1*	0.0**	0.5	0.2*	0.3*	0.4*	1.7
	Two or three sessions weekly	0.8	1.8	1.5	1.3	1.2	1.2	7.8
	Less than two sessions weekly	3.8	3.1	4.3	2.7	2.0	1.4	17.3
	<i>Total</i>	4.7	4.9	6.3	4.2	3.6	3.1	26.8
Total	More than three sessions weekly	10.2	6.7	7.5	8.2	6.0	6.9	45.5
	Two or three sessions weekly	5.5	5.6	4.8	4.0	3.2	3.3	26.4
	Less than two sessions weekly	6.0	5.0	6.1	4.8	3.8	2.4	28.1
	Total	21.8	17.3	18.3	17.0	13.0	12.6	100.0

(a) Relates to persons aged 15 years and over who participated in one of their 'top three' physical activities for exercise, recreation and sport over a two-week period prior to interview in 2006. 'Top three' activities refer to the physical activities that respondents participated in most over the 12 months prior to interview

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 15: Female participants — duration of participation by age 2006 (a)

		15 to 24	25 to 34	35 to 44	45 to 54	55 to 64	65 and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	225.2	187.9	239.0	250.0	226.0	188.9	1,317.0
	Two or three sessions weekly	27.1	10.3*	21.4*	26.4*	27.9	32.8	145.9
	Less than two sessions weekly	2.9**	4.1**	0.2**	0.7**	3.0**	3.8**	14.7*
	<i>Total</i>	255.3	202.3	260.5	277.1	256.9	225.5	1,477.6
Two hours or more but less than five hours	More than three sessions weekly	155.4	220.4	246.7	259.1	185.1	166.8	1,233.5
	Two or three sessions weekly	153.4	136.2	160.1	136.7	88.4	86.9	761.7
	Less than two sessions weekly	46.1	19.6*	18.4*	25.8*	30.1	28.9	168.9
	<i>Total</i>	354.9	376.2	425.2	421.6	303.6	282.6	2,164.1
Less than two hours	More than three sessions weekly	12.3*	18.8*	23.8*	20.8*	20.1*	51.2	147.0
	Two or three sessions weekly	98.4	107.6	118.3	102.0	68.5	79.3	574.1
	Less than two sessions weekly	274.9	238.7	216.6	188.0	130.6	134.3	1,183.1
	<i>Total</i>	385.5	365.1	358.7	310.7	219.2	264.8	1,904.1
Total	More than three sessions weekly	393.0	427.1	509.5	529.9	431.2	406.9	2,697.5
	Two or three sessions weekly	278.8	254.1	299.8	265.1	184.9	199.0	1,481.7
	Less than two sessions weekly	323.9	262.4	235.2	214.4	163.7	167.0	1,366.6
	Total	995.7	943.5	1,044.5	1,009.4	779.8	772.9	5,545.8
		Participation rate (%)						
Five hours or more	More than three sessions weekly	4.1	3.4	4.3	4.5	4.1	3.4	23.7
	Two or three sessions weekly	0.5	0.2*	0.4*	0.5*	0.5	0.6	2.6
	Less than two sessions weekly	0.1**	0.1**	0.0**	0.0**	0.1**	0.1**	0.3*
	<i>Total</i>	4.6	3.6	4.7	5.0	4.6	4.1	26.6
Two hours or more but less than five hours	More than three sessions weekly	2.8	4.0	4.4	4.7	3.3	3.0	22.2
	Two or three sessions weekly	2.8	2.5	2.9	2.5	1.6	1.6	13.7
	Less than two sessions weekly	0.8	0.4*	0.3*	0.5*	0.5	0.5	3.0
	<i>Total</i>	6.4	6.8	7.7	7.6	5.5	5.1	39.0
Less than two hours	More than three sessions weekly	0.2*	0.3*	0.4*	0.4*	0.4*	0.9	2.7
	Two or three sessions weekly	1.8	1.9	2.1	1.8	1.2	1.4	10.4
	Less than two sessions weekly	5.0	4.3	3.9	3.4	2.4	2.4	21.3
	<i>Total</i>	7.0	6.6	6.5	5.6	4.0	4.8	34.3
Total	More than three sessions weekly	7.1	7.7	9.2	9.6	7.8	7.3	48.6
	Two or three sessions weekly	5.0	4.6	5.4	4.8	3.3	3.6	26.7
	Less than two sessions weekly	5.8	4.7	4.2	3.9	3.0	3.0	24.6
	Total	18.0	17.0	18.8	18.2	14.1	13.9	100.0

(a) Relates to persons aged 15 years and over who participated in one of their 'top three' physical activities for exercise, recreation and sport over a two-week period prior to interview in 2006. 'Top three' activities refer to the physical activities that respondents participated in most over the 12 months prior to interview

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** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 16: Selected activities by sex, 2006

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Participation rate (%)	Number (‘000)	Participation rate (%)	Number (‘000)	Participation rate (%)
Aerobics/fitness	1,171.8	14.9	1,902.8	23.3	3,074.5	19.2
Aquarobics	31.1	0.4	186.3	2.3	217.4	1.4
Athletics/track and field	56.7	0.7	33.9	0.4	90.6	0.6
Australian football	391.3	5.0	41.2	0.5	432.4	2.7
Badminton	80.5	1.0	58.0	0.7	138.5	0.9
Baseball	29.2	0.4	6.6**	0.1**	35.9	0.2
Basketball	330.5	4.2	197.8	2.4	528.3	3.3
Billiards/snooker/pool	28.0	0.4	6.9*	0.1*	34.9	0.2
Boxing	75.3	1.0	35.1	0.4	110.4	0.7
Canoeing/kayaking	68.7	0.9	50.1	0.6	118.8	0.7
Carpet bowls	13.8*	0.2*	23.5*	0.3*	37.3	0.2
Cricket (indoor)	134.6	1.7	10.9*	0.1*	145.5	0.9
Cricket (outdoor)	458.1	5.8	49.7	0.6	507.8	3.2
Cycling	1,048.3	13.3	594.5	7.3	1,642.8	10.2
Dancing	69.4	0.9	318.0	3.9	387.5	2.4
Darts	13.7*	0.2*	8.1*	0.1*	21.8*	0.1*
Fishing	298.5	3.8	45.8	0.6	344.3	2.1
Football (indoor)	247.4	3.1	54.2	0.7	301.6	1.9
Football (outdoor)	502.4	6.4	173.3	2.1	675.7	4.2
Golf	858.4	10.9	232.5	2.8	1,090.9	6.8
Gymnastics	3.2**	0.0**	36.2	0.4	39.5	0.2
Hockey (indoor)	8.2*	0.1*	17.7*	0.2*	25.9*	0.2*
Hockey (outdoor)	69.5	0.9	84.1	1.0	153.6	1.0
Horse riding/equestrian activities/polocrosse	46.7	0.6	162.7	2.0	209.4	1.3
Ice/snow sports	110.2	1.4	62.5	0.8	172.7	1.1
Lawn bowls	200.2	2.5	129.4	1.6	329.6	2.1
Martial arts	149.9	1.9	145.0	1.8	294.8	1.8
Motor sports	173.9	2.2	24.9*	0.3*	198.9	1.2
Netball	55.4	0.7	525.9	6.4	581.2	3.6
Orienteering	45.4	0.6	27.4	0.3	72.8	0.5
Rock climbing	60.1	0.8	17.3*	0.2*	77.4	0.5
Roller sports	78.5	1.0	18.5*	0.2*	97.0	0.6
Rowing	38.4	0.5	26.5	0.3	65.0	0.4
Rugby league	176.3	2.2	24.7*	0.3*	201.1	1.3
Rugby union	152.2	1.9	6.5**	0.1**	158.7	1.0
Running	733.5	9.3	461.4	5.7	1,194.9	7.4
Sailing	68.9	0.9	18.7*	0.2*	87.6	0.5
Scuba diving	55.1	0.7	20.9*	0.3*	76.0	0.5
Shooting sports	75.3	1.0	4.9**	0.1**	80.2	0.5
Softball	16.0*	0.2*	31.5	0.4	47.5	0.3
Squash/racquetball	144.9	1.8	70.0	0.9	214.9	1.3
Surf sports	302.8	3.8	70.2	0.9	373.0	2.3
Swimming	958.2	12.2	1,241.9	15.2	2,200.0	13.7
Table tennis	54.3	0.7	23.2*	0.3*	77.5	0.5
Tennis	573.7	7.3	527.0	6.5	1,100.7	6.9
Tenpin bowling	55.5	0.7	57.9	0.7	113.4	0.7
Touch football	271.8	3.4	115.7	1.4	387.5	2.4
Triathlon	40.5	0.5	13.0*	0.2*	53.5	0.3
Volleyball	99.8	1.3	91.4	1.1	191.2	1.2
Walking (bush)	347.3	4.4	407.0	5.0	754.3	4.7
Walking (other)	2,060.1	26.1	3,751.2	45.9	5,811.3	36.2
Water polo	9.9*	0.1*	25.7*	0.3*	35.6	0.2
Waterskiing/powerboating	103.3	1.3	35.2	0.4	138.5	0.9
Weight training	278.5	3.5	217.0	2.7	495.5	3.1
Yoga	41.0	0.5	436.6	5.3	477.6	3.0

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** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 17: Selected activities by age, 2006

Activity	Number ('000)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	699.6	604.8	591.4	536.8	338.3	303.7	3,074.5
Aquarobics	11.2*	17.4*	25.5*	33.6	61.9	67.8	217.4
Athletics/track and field	74.8	2.6**	9.1*	1.5**	0.0**	2.6**	90.6
Australian football	261.9	88.8	56.6	20.1*	4.2**	0.8**	432.4
Badminton	61.1	30.7	25.9*	6.7**	10.0*	4.2**	138.5
Baseball	14.1*	9.1*	7.2*	4.1**	1.4**	0.0**	35.9
Basketball	321.7	98.5	70.3	31.1	5.3**	1.6**	528.3
Billiards/snooker/pool	9.2*	5.8**	5.0**	4.5**	1.7**	8.7*	34.9
Boxing	54.6	26.7	19.1*	9.9*	0.0**	0.1**	110.4
Canoeing/kayaking	17.0*	24.8*	21.1*	29.8	24.2*	1.9**	118.8
Carpet bowls	0.0**	0.0**	0.0**	0.2**	2.9**	34.2	37.3
Cricket (indoor)	54.4	62.3	17.9*	9.3*	1.3**	0.2**	145.5
Cricket (outdoor)	250.3	114.2	88.4	42.2	8.6*	4.0**	507.8
Cycling	224.4	373.8	506.1	271.5	188.3	78.6	1,642.8
Dancing	154.9	43.4	38.2	48.1	61.1	41.8	387.5
Darts	2.7**	5.3**	1.8**	6.3**	5.4**	0.3**	21.8*
Fishing	26.1*	47.2	87.1	73.1	70.6	40.2	344.3
Football (indoor)	180.4	70.6	35.4	12.0*	3.1**	0.0**	301.6
Football (outdoor)	379.4	109.7	130.4	49.3	6.0**	0.8**	675.7
Golf	106.1	160.0	213.0	215.3	224.4	172.1	1,090.9
Gymnastics	19.9*	0.7**	9.3*	5.0**	3.0**	1.6**	39.5
Hockey (indoor)	22.0*	1.6**	2.3**	0.0**	0.1**	0.0**	25.9*
Hockey (outdoor)	78.8	18.4*	37.3	14.2*	3.6**	1.3**	153.6
Horse riding/equestrian activities/polocrosse	61.6	44.0	49.6	35.5	11.9*	6.8*	209.4
Ice/snow sports	42.6	40.7	45.9	34.3	7.3*	1.9**	172.7
Lawn bowls	14.6*	21.1*	23.4*	20.6*	61.7	188.2	329.6
Martial arts	106.3	61.7	41.7	28.5	21.1*	35.5	294.8
Motor sports	70.0	42.4	46.4	24.6*	11.8*	3.6**	198.9
Netball	277.2	165.7	107.1	26.1*	3.7**	1.5**	581.2
Orienteering	43.7	14.2*	9.2*	5.5**	0.1**	0.2**	72.8
Rock climbing	24.2*	33.7	11.5*	7.1*	0.8**	0.1**	77.4
Roller sports	37.7	34.1	16.5*	5.8**	2.9**	0.0**	97.0
Rowing	29.5	7.7*	7.3*	14.5*	4.1**	2.0**	65.0
Rugby league	145.8	39.1	14.1*	2.1**	0.0**	0.0**	201.1
Rugby union	117.1	16.2*	15.0*	7.6*	2.7**	0.0**	158.7
Running	340.5	326.2	313.9	146.9	53.7	13.8*	1,194.9
Sailing	10.8*	4.9**	23.0*	13.3*	22.3*	13.3*	87.6
Scuba diving	20.6*	27.1	9.8*	13.2*	3.9**	1.5**	76.0
Shooting sports	20.3*	9.4*	23.9*	6.9*	15.5*	4.1**	80.2
Softball	23.2*	9.8*	8.3*	6.2**	0.0**	0.0**	47.5
Squash/racquetball	37.9	70.6	58.5	40.0	6.8*	1.1**	214.9
Surf sports	115.9	88.2	84.2	67.1	11.1*	6.6**	373.0
Swimming	377.4	480.7	518.3	429.7	243.4	150.5	2,200.0
Table tennis	25.1*	14.0*	21.0*	7.0*	8.3*	2.1**	77.5
Tennis	262.2	226.1	200.9	225.4	121.3	64.7	1,100.7
Tenpin bowling	21.9*	19.5*	24.3*	22.4*	10.4*	15*	113.4
Touch football	148.2	117.3	87.9	30.0	2.1**	2.1**	387.5
Triathlon	12.5*	19.3*	16.6*	2.9**	2.3**	0.0**	53.5
Volleyball	109.6	35.6	29.3	16.4*	0.1**	0.0**	191.2
Walking (bush)	51.8	145.2	167.0	197.9	130.3	62.1	754.3
Walking (other)	380.7	861.1	1,051.2	1,310.7	1,093.2	1,114.4	5,811.3
Water polo	25.6*	6.8*	1.8**	1.3**	0.0**	0.0**	35.6
Waterskiing/powerboating	30.0	39.9	37.0	25.5*	6.2**	0.0**	138.5
Weight training	101.8	130.0	113.1	63.9	54.4	32.2	495.5
Yoga	46.0	106.7	124.0	80.3	75.4	45.2	477.6

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 17 continued: Selected activities by age, 2006

Activity	Participation rate (%)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	25.2	21.4	19.8	19.2	15.4	12.3	19.2
Aquarobics	0.4*	0.6*	0.9*	1.2	2.8	2.7	1.4
Athletics/track and field	2.7	0.1**	0.3*	0.1**	0.0**	0.1**	0.6
Australian football	9.4	3.1	1.9	0.7*	0.2**	0.0**	2.7
Badminton	2.2	1.1	0.9*	0.2**	0.5*	0.2**	0.9
Baseball	0.5*	0.3*	0.2*	0.1**	0.1**	0.0**	0.2
Basketball	11.6	3.5	2.4	1.1	0.2**	0.1**	3.3
Billiards/snooker/pool	0.3*	0.2**	0.2**	0.2**	0.1**	0.4*	0.2
Boxing	2.0	0.9	0.6*	0.4*	0.0**	0.0**	0.7
Canoeing/kayaking	0.6*	0.9*	0.7*	1.1	1.1*	0.1**	0.7
Carpet bowls	0.0**	0.0**	0.0**	0.0**	0.1**	1.4	0.2
Cricket (indoor)	2.0	2.2	0.6*	0.3*	0.1**	0.0**	0.9
Cricket (outdoor)	9.0	4.1	3.0	1.5	0.4*	0.2**	3.2
Cycling	8.1	13.3	16.9	9.7	8.5	3.2	10.2
Dancing	5.6	1.5	1.3	1.7	2.8	1.7	2.4
Darts	0.1**	0.2**	0.1**	0.2**	0.2**	0.0**	0.1*
Fishing	0.9*	1.7	2.9	2.6	3.2	1.6	2.1
Football (indoor)	6.5	2.5	1.2	0.4*	0.1**	0.0**	1.9
Football (outdoor)	13.7	3.9	4.4	1.8	0.3**	0.0**	4.2
Golf	3.8	5.7	7.1	7.7	10.2	7.0	6.8
Gymnastics	0.7*	0.0**	0.3*	0.2**	0.1**	0.1**	0.2
Hockey (indoor)	0.8*	0.1**	0.1**	0.0**	0.0**	0.0**	0.2*
Hockey (outdoor)	2.8	0.7*	1.2	0.5*	0.2**	0.1**	1.0
Horse riding/equestrian activities/polocrosse	2.2	1.6	1.7	1.3	0.5*	0.3*	1.3
Ice/snow sports	1.5	1.4	1.5	1.2	0.3*	0.1**	1.1
Lawn bowls	0.5*	0.7*	0.8*	0.7*	2.8	7.6	2.1
Martial arts	3.8	2.2	1.4	1.0	1.0*	1.4	1.8
Motor sports	2.5	1.5	1.6	0.9*	0.5*	0.1**	1.2
Netball	10.0	5.9	3.6	0.9*	0.2**	0.1**	3.6
Orienteering	1.6	0.5*	0.3*	0.2**	0.0**	0.0**	0.5
Rock climbing	0.9*	1.2	0.4*	0.3*	0.0**	0.0**	0.5
Roller sports	1.4	1.2	0.6*	0.2**	0.1**	0.0**	0.6
Rowing	1.1	0.3*	0.2*	0.5*	0.2**	0.1**	0.4
Rugby league	5.2	1.4	0.5*	0.1**	0.0**	0.0**	1.3
Rugby union	4.2	0.6*	0.5*	0.3*	0.1**	0.0**	1.0
Running	12.3	11.6	10.5	5.3	2.4	0.6*	7.4
Sailing	0.4*	0.2**	0.8*	0.5*	1.0*	0.5*	0.5
Scuba diving	0.7*	1.0	0.3*	0.5*	0.2**	0.1**	0.5
Shooting sports	0.7*	0.3*	0.8*	0.2*	0.7*	0.2**	0.5
Softball	0.8*	0.3*	0.3*	0.2**	0.0**	0.0**	0.3
Squash/racquetball	1.4	2.5	2.0	1.4	0.3*	0.0**	1.3
Surf sports	4.2	3.1	2.8	2.4	0.5*	0.3**	2.3
Swimming	13.6	17.0	17.3	15.4	11.0	6.1	13.7
Table tennis	0.9*	0.5*	0.7*	0.3*	0.4*	0.1**	0.5
Tennis	9.4	8.0	6.7	8.1	5.5	2.6	6.9
Tenpin bowling	0.8*	0.7*	0.8*	0.8*	0.5*	0.6*	0.7
Touch football	5.3	4.2	2.9	1.1	0.1**	0.1**	2.4
Triathlon	0.4*	0.7*	0.6*	0.1**	0.1**	0.0**	0.3
Volleyball	3.9	1.3	1.0	0.6*	0.0**	0.0**	1.2
Walking (bush)	1.9	5.1	5.6	7.1	5.9	2.5	4.7
Walking (other)	13.7	30.5	35.2	47.0	49.6	45.1	36.2
Water polo	0.9*	0.2*	0.1**	0.0**	0.0**	0.0**	0.2
Waterskiing/powerboating	1.1	1.4	1.2	0.9*	0.3**	0.0**	0.9
Weight training	3.7	4.6	3.8	2.3	2.5	1.3	3.1
Yoga	1.7	3.8	4.1	2.9	3.4	1.8	3.0

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 18: Selected organised sports and physical activities by age, 2006

Activity	Number ('000)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	308.3	232.5	224.9	212.3	148.3	155.8	1,282.0
Aquarobics	7.6*	14.6*	19.7*	19.3*	46.0	44.6	151.7
Athletics/track and field	62.2	0.2**	4.0**	1.5**	0.0**	0.5**	68.5
Australian football	214.6	70.8	41.8	8.5*	0.3**	0.2**	336.3
Badminton	44.7	11.2*	14.2*	1.3**	8.3*	2.0**	81.8
Baseball	10.2*	8.0*	7.2*	4.1**	1.4**	0.0**	30.9
Basketball	239.0	55.6	46.9	24.4*	2.7**	1.6**	370.0
Billiards/snooker/pool	0.0**	2.6**	1.6**	2.7**	0.9**	4.3**	12.2*
Boxing	31.4	13.4*	11.6*	4.7**	0.0**	0.1**	61.3
Canoeing/kayaking	3.5**	11.4*	1.8**	6.7**	4.1**	0.4**	27.8
Carpet bowls	0.0**	0.0**	0.0**	0.2**	2.1**	29.4	31.8
Cricket (indoor)	37.6	41.9	17.0*	6.7**	0.1**	0.0**	103.4
Cricket (outdoor)	209.6	72.8	65.1	27.5	3.9**	3.9**	382.7
Cycling	22.9*	37.8	33.3	25.5*	16.0*	4.1**	139.5
Dancing	136.5	21.6*	29.4	37.1	49.2	30.4	304.2
Darts	2.7**	0.7**	1.8**	6.3**	4.2**	0.3**	16*
Fishing	2.7**	0.4**	12.3*	12.0*	5.6**	3.3**	36.3
Football (indoor)	115.0	57.2	33.0	11.7*	3.1**	0.0**	220.1
Football (outdoor)	230.7	65.2	92.4	37.6	2.1**	0.0**	428.0
Golf	36.5	61.3	90.9	119.2	156.2	137.1	601.3
Gymnastics	19.9*	0.7**	1.0**	2.5**	0.1**	1.6**	25.8*
Hockey (indoor)	20.3*	1.6**	2.3**	0.0**	0.1**	0.0**	24.2*
Hockey (outdoor)	71.1	17.8*	37.3	14.2*	3.6**	1.3**	145.4
Horse riding/equestrian activities/polocrosse	34.3	21.8*	17.4*	13.6*	6.8*	1.8**	95.5
Ice/snow sports	7.0*	5.5**	8.2*	4.4**	5.3**	0.3**	30.7
Lawn bowls	14.6*	18.4*	16.2*	17.5*	60.9	179.5	307.2
Martial arts	99.3	48.3	34.1	24.5*	17.8*	27.8	251.8
Motor sports	20.3*	14.7*	26.9	16.9*	10.6*	0.7**	90.0
Netball	250.9	128.7	96.5	24.4*	2.5**	1.5**	504.5
Orienteering	31.1	2.3**	3.9**	5.5**	0.0**	0.2**	42.9
Rock climbing	17.5*	0.4**	0.1**	2.9**	0.1**	0.0**	24.6*
Roller sports	9.8*	5.9**	1.0**	0.2**	0.0**	0.0**	17*
Rowing	29.5	5.0**	4.4**	8.9*	3.5**	0.2**	51.4
Rugby league	100.7	39.1	12.8*	2.1**	0.0**	0.0**	154.6
Rugby union	100.8	16.2*	14.1*	3.7**	2.7**	0.0**	137.6
Running	27.7	44.1	25.9*	21.0*	6.7**	2.6**	128.1
Sailing	5.3**	4.7**	13.4*	4.2**	16.1*	7.9*	51.7
Scuba diving	16.0*	9.5*	4.2**	0.8**	0.1**	0.0**	30.6
Shooting sports	0.3**	2.8**	12.0*	5.0**	3.9**	4.1**	28.1
Softball	19.3*	5.4**	8.3*	4.7**	0.0**	0.0**	37.7
Squash/racquetball	16.4*	26.2*	31.2	25.1*	6.0**	1.1**	106.1
Surf sports	25.1*	5.2**	11.6*	5.3**	0.0**	0.1**	47.5
Swimming	116.3	34.3	61.8	50.2	31.7	13.4*	307.7
Table tennis	7.6*	2.5**	5.3**	1.4**	5.2**	2.1**	24.1*
Tennis	136.7	75.1	58.0	90.8	44.7	28.5	433.7
Tenpin bowling	6.4**	17.3*	13.2*	16.4*	6.8*	13.9*	74.1
Touch football	118.8	93.8	70.1	22.0*	0.8**	0.0**	305.5
Triathlon	10.8*	19.3*	16.6*	2.9**	2.3**	0.0**	51.8
Volleyball	79.8	21.7*	15.2*	16.1*	0.1**	0.0**	132.9
Walking (bush)	5.2**	13.1*	11.2*	33.5	25.3*	20.4*	108.6
Walking (other)	8.1*	17.3*	23.0*	28.3	35.6	49.2	161.6
Water polo	25.6*	6.8*	1.8**	1.3**	0.0**	0.0**	35.6
Waterskiing/powerboating	2.4**	2.5**	0.5**	2.1**	3.1**	0.0**	10.7*
Weight training	30.7	34.2	42.2	20.9*	18.3*	16.5*	162.7
Yoga	31.4	45.3	80.1	36.8	34.2	26.2*	254.0

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 18 continued: Selected organised sports and physical activities by age, 2006

Activity	Participation rate (%)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	11.1	8.2	7.5	7.6	6.7	6.3	8.0
Aquarobics	0.3*	0.5*	0.7*	0.7*	2.1	1.8	0.9
Athletics/track and field	2.2	0.0**	0.1**	0.1**	0.0**	0.0**	0.4
Australian football	7.7	2.5	1.4	0.3*	0.0**	0.0**	2.1
Badminton	1.6	0.4*	0.5*	0.0**	0.4*	0.1**	0.5
Baseball	0.4*	0.3*	0.2*	0.1**	0.1**	0.0**	0.2
Basketball	8.6	2.0	1.6	0.9*	0.1**	0.1**	2.3
Billiards/snooker/pool	0.0**	0.1**	0.1**	0.1**	0.0**	0.2**	0.1*
Boxing	1.1	0.5*	0.4*	0.2**	0.0**	0.0**	0.4
Canoeing/kayaking	0.1**	0.4*	0.1**	0.2**	0.2**	0.0**	0.2
Carpet bowls	0.0**	0.0**	0.0**	0.0**	0.1**	1.2	0.2
Cricket (indoor)	1.4	1.5	0.6*	0.2**	0.0**	0.0**	0.6
Cricket (outdoor)	7.5	2.6	2.2	1.0	0.2**	0.2**	2.4
Cycling	0.8*	1.3	1.1	0.9*	0.7*	0.2**	0.9
Dancing	4.9	0.8*	1.0	1.3	2.2	1.2	1.9
Darts	0.1**	0.0**	0.1**	0.2**	0.2**	0.0**	0.1*
Fishing	0.1**	0.0**	0.4*	0.4*	0.3**	0.1**	0.2
Football (indoor)	4.1	2.0	1.1	0.4*	0.1**	0.0**	1.4
Football (outdoor)	8.3	2.3	3.1	1.3	0.1**	0.0**	2.7
Golf	1.3	2.2	3.0	4.3	7.1	5.6	3.7
Gymnastics	0.7*	0.0**	0.0**	0.1**	0.0**	0.1**	0.2*
Hockey (indoor)	0.7*	0.1**	0.1**	0.0**	0.0**	0.0**	0.2*
Hockey (outdoor)	2.6	0.6*	1.2	0.5*	0.2**	0.1**	0.9
Horse riding/equestrian activities/polocrosse	1.2	0.8*	0.6*	0.5*	0.3*	0.1**	0.6
Ice/snow sports	0.3*	0.2**	0.3*	0.2**	0.2**	0.0**	0.2
Lawn bowls	0.5*	0.7*	0.5*	0.6*	2.8	7.3	1.9
Martial arts	3.6	1.7	1.1	0.9*	0.8*	1.1	1.6
Motor sports	0.7*	0.5*	0.9	0.6*	0.5*	0.0**	0.6
Netball	9.0	4.6	3.2	0.9*	0.1**	0.1**	3.1
Orienteering	1.1	0.1**	0.1**	0.2**	0.0**	0.0**	0.3
Rock climbing	0.6*	0.1**	0**	0.1**	0.0**	0.0**	0.2*
Roller sports	0.4*	0.2**	0.0**	0.0**	0.0**	0.0**	0.1*
Rowing	1.1	0.2**	0.1**	0.3*	0.2**	0.0**	0.3
Rugby league	3.6	1.4	0.4*	0.1**	0.0**	0.0**	1.0
Rugby union	3.6	0.6*	0.5*	0.1**	0.1**	0.0**	0.9
Running	1.0	1.6	0.9*	0.8*	0.3**	0.1**	0.8
Sailing	0.2**	0.2**	0.4*	0.2**	0.7*	0.3*	0.3
Scuba diving	0.6*	0.3*	0.1**	0.0**	0.0**	0.0**	0.2
Shooting sports	0.0**	0.1**	0.4*	0.2**	0.2**	0.2**	0.2
Softball	0.7*	0.2**	0.3*	0.2**	0.0**	0.0**	0.2
Squash/racquetball	0.6*	0.9*	1.0	0.9*	0.3**	0.0**	0.7
Surf sports	0.9*	0.2**	0.4*	0.2**	0.0**	0.0**	0.3
Swimming	4.2	1.2	2.1	1.8	1.4	0.5*	1.9
Table tennis	0.3*	0.1**	0.2**	0.0**	0.2**	0.1**	0.1*
Tennis	4.9	2.7	1.9	3.3	2.0	1.2	2.7
Tenpin bowling	0.2**	0.6*	0.4*	0.6*	0.3*	0.6*	0.5
Touch football	4.3	3.3	2.3	0.8*	0.0**	0.0**	1.9
Triathlon	0.4*	0.7*	0.6*	0.1**	0.1**	0.0**	0.3
Volleyball	2.9	0.8*	0.5*	0.6*	0.0**	0.0**	0.8
Walking (bush)	0.2**	0.5*	0.4*	1.2	1.1*	0.8*	0.7
Walking (other)	0.3*	0.6*	0.8*	1.0	1.6	2.0	1.0
Water polo	0.9*	0.2*	0.1**	0.0**	0.0**	0.0**	0.2
Waterskiing/powerboating	0.1**	0.1**	0.0**	0.1**	0.1**	0.0**	0.1*
Weight training	1.1	1.2	1.4	0.7*	0.8*	0.7*	1.0
Yoga	1.1	1.6	2.7	1.3	1.6	1.1*	1.6

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 19: Selected sports and physical activities by frequency of participation, 2006 (a)

Activity	Number ('000)						Total
	1-6 times	7-12 times	13-26 times	27-52 times	53-104 times	more than 104 times	
Aerobics/fitness	134.7	157.4	211.6	532.4	766.0	1,272.5	3,074.5
Aquarobics	15.6*	24.3*	22.4*	69.8	52.3	33.0	217.4
Athletics/track and field	23.7*	14.4*	10.7*	18.0*	8.7*	15.2*	90.6
Australian football	66.4	42.1	72.0	88.9	89.0	74.0	432.4
Badminton	14.7*	17.1*	26.5	50.3	25.2*	4.8**	138.5
Baseball	3.4**	6.3**	11.2*	3.6**	4.4**	7.0*	35.9
Basketball	45.9	72.9	85.3	155.5	95.3	73.4	528.3
Billiards/snooker/pool	0.1**	1.4**	8.4*	15.6*	4.9**	4.4**	34.9
Boxing	11.6*	1.7**	10.1*	26.7	35.6	24.7*	110.4
Canoeing/kayaking	38.1	27.6	21.7*	17.7*	7.8*	5.9**	118.8
Carpet bowls	0.1**	1.3**	4.5**	7.6*	14.3*	9.4*	37.3
Cricket (indoor)	18.5*	17.7*	30.3	52.0	25.1*	1.9**	145.5
Cricket (outdoor)	97.3	68.9	97.4	146.8	58.6	38.8	507.8
Cycling	183.8	199.4	278.2	342.4	233.5	405.4	1,642.8
Dancing	33.3	32.7	51.3	124.2	83.4	62.6	387.5
Darts	0.2**	0.1**	3.0**	12.3*	5.3**	0.8**	21.8*
Fishing	78.3	72.6	92.6	56.4	28.9	15.6*	344.3
Football (indoor)	59.3	39.5	64.6	90.2	35.8	12.1*	301.6
Football (outdoor)	87.8	102.9	129.6	170.1	114.2	71.2	675.7
Golf	208.7	199.1	153.7	267.3	182.2	79.9	1,090.9
Gymnastics	4.8**	5.9**	4.2**	10.2*	2.1**	12.2*	39.5
Hockey (indoor)	5.2**	0.6**	6.7**	13.4*	0.0**	0.0**	25.9*
Hockey (outdoor)	15.9*	16.7*	19.6*	56.8	33.0	11.6*	153.6
Horse riding/equestrian activities/polocrosse	35.4	27.3	20.8*	45.2	22.0*	58.7	209.4
Ice/snow sports	75.9	37.5	24.2*	24.8*	8.0*	2.2**	172.7
Lawn bowls	50.3	19.4*	31.7	68.8	89.6	69.8	329.6
Martial arts	14.4*	10.8*	25.6*	81.8	68.3	93.9	294.8
Motor sports	32.7	33.0	72.1	31.4	11.9*	17.8*	198.9
Netball	42.4	70.4	73.6	229.6	107.7	57.4	581.2
Orienteering	22.9*	2.4**	11.0*	14.7*	4.9**	16.9*	72.8
Rock climbing	27.1	24.1*	5.7**	14.2*	2.2**	4.1**	77.4
Roller sports	13.0*	10.9*	18.3*	22.6*	12.8*	19.4*	97.0
Rowing	4.3**	7.3*	6.2**	10.4*	19.5*	17.3*	65.0
Rugby league	34.0	4.8**	28.2	45.6	47.7	40.8	201.1
Rugby union	11.1*	20.3*	38.1	39.4	20.2*	29.7	158.7
Running	80.1	64.8	114.0	286.0	274.0	376.2	1,194.9
Sailing	24.5*	11.8*	22.4*	19.4*	6.3**	3.1**	87.6
Scuba diving	47.0	9.2*	13.7*	4.1**	0.3**	1.7**	76.0
Shooting sports	18.3*	25.6*	16.1*	17.3*	2.7**	0.2**	80.2
Softball	8.8*	14.0*	8.3*	7.2*	9.0*	0.3**	47.5
Squash/racquetball	50.0	23.7*	30.3	56.7	34.5	19.5*	214.9
Surf sports	42.6	36.7	91.1	102.9	56.2	43.6	373.0
Swimming	235.7	290.4	454.8	570.0	340.9	308.2	2,200.0
Table tennis	14.4*	15.4*	11.8*	17.1*	8.5*	10.3*	77.5
Tennis	228.7	198.7	173.2	340.0	117.8	42.4	1,100.7
Tenpin bowling	25.8*	13.7*	7.2*	51.2	8.7*	6.9*	113.4
Touch football	53.1	58.1	112.5	77.3	67.2	19.3*	387.5
Triathlon	26.0*	6.3**	5.0**	5.1**	6.0**	5.1**	53.5
Volleyball	34.1	35.3	45.0	45.7	21.4*	9.8*	191.2
Walking (bush)	275.3	160.1	90.1	111.0	40.7	77.1	754.3
Walking (other)	122.6	106.2	250.4	806.7	1,034.3	3,491.1	5,811.3
Water polo	0.0**	11.6*	7.3*	3.7**	3.9**	9.1*	35.6
Waterskiing/powerboating	33.1	44.2	45.8	12.4*	3.1**	0.0**	138.5
Weight training	24.8*	16.2*	47.1	79.6	111.3	216.5	495.5
Yoga	33.6	54.1	56.1	205.9	59.8	68.1	477.6

(a) Number of times persons undertook the activity, including practice and training, during the 12 months prior to interview in 2006.

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 19 continued: Selected sports and physical activities by frequency of participation, 2006 (a)

Activity	Participation rate (%)						Total	Mean	Median
	1-6 times	7-12 times	13-26 times	27-52 times	53-104 times	More than 104 times			
Aerobics/fitness	0.8	1.0	1.3	3.3	4.8	7.9	19.2	121.7	104
Aquarobics	0.1*	0.2*	0.1*	0.4	0.3	0.2	1.4	66.9	52
Athletics/track and field	0.1*	0.1*	0.1*	0.1*	0.1*	0.1*	0.6	63.4	24
Australian football	0.4	0.3	0.4	0.6	0.6	0.5	2.7	56.9	40
Badminton	0.1*	0.1*	0.2	0.3	0.2*	0.0**	0.9	45.8	45
Baseball	0.0**	0.0**	0.1*	0.0**	0.0**	0.0*	0.2	58.3	20
Basketball	0.3	0.5	0.5	1.0	0.6	0.5	3.3	69.9	50
Billiards/snooker/pool	0.0**	0.0**	0.1*	0.1*	0.0**	0.0**	0.2	61.9	52
Boxing	0.1*	0.0**	0.1*	0.2	0.2	0.2*	0.7	92.3	75
Canoeing/kayaking	0.2	0.2	0.1*	0.1*	0.0*	0.0**	0.7	30.5	12
Carpet bowls	0.0**	0.0**	0.0**	0.0*	0.1*	0.1*	0.2	92.3	103
Cricket (indoor)	0.1*	0.1*	0.2	0.3	0.2*	0.0**	0.9	42.0	35
Cricket (outdoor)	0.6	0.4	0.6	0.9	0.4	0.2	3.2	40.2	25
Cycling	1.1	1.2	1.7	2.1	1.5	2.5	10.2	90.0	50
Dancing	0.2	0.2	0.3	0.8	0.5	0.4	2.4	73.5	52
Darts	0.0**	0.0**	0.0**	0.1*	0.0**	0.0**	0.1*	64.6	52
Fishing	0.5	0.5	0.6	0.4	0.2	0.1*	2.1	31.4	20
Football (indoor)	0.4	0.2	0.4	0.6	0.2	0.1*	1.9	39.2	25
Football (outdoor)	0.5	0.6	0.8	1.1	0.7	0.4	4.2	51.1	30
Golf	1.3	1.2	1.0	1.7	1.1	0.5	6.8	44.7	26
Gymnastics	0.0**	0.0**	0.0**	0.1*	0.0**	0.1*	0.2	85.3	40
Hockey (indoor)	0.0**	0.0**	0.0**	0.1*	0.0**	0.0**	0.2*	29.9	30
Hockey (outdoor)	0.1*	0.1*	0.1*	0.4	0.2	0.1*	1.0	50.5	36
Horse riding/equestrian activities/polocrosse	0.2	0.2	0.1*	0.3	0.1*	0.4	1.3	104.9	50
Ice/snow sports	0.5	0.2	0.2*	0.2*	0.0*	0.0**	1.1	17.3	7
Lawn bowls	0.3	0.1*	0.2	0.4	0.6	0.4	2.1	74.2	52
Martial arts	0.1*	0.1*	0.2*	0.5	0.4	0.6	1.8	104.0	90
Motor sports	0.2	0.2	0.4	0.2	0.1*	0.1*	1.2	41.8	24
Netball	0.3	0.4	0.5	1.4	0.7	0.4	3.6	59.0	50
Orienteering	0.1*	0.0**	0.1*	0.1*	0.0**	0.1*	0.5	73.6	30
Rock climbing	0.2	0.1*	0.0**	0.1*	0.0**	0.0**	0.5	28.2	10
Roller sports	0.1*	0.1*	0.1*	0.1*	0.1*	0.1*	0.6	72.3	40
Rowing	0.0**	0.0*	0.0**	0.1*	0.1*	0.1*	0.4	95.0	85
Rugby league	0.2	0.0**	0.2	0.3	0.3	0.3	1.3	70.3	52
Rugby union	0.1*	0.1*	0.2	0.2	0.1*	0.2	1.0	58.6	30
Running	0.5	0.4	0.7	1.8	1.7	2.3	7.4	104.0	100
Sailing	0.2*	0.1*	0.1*	0.1*	0.0**	0.0**	0.5	29.0	20
Scuba diving	0.3	0.1*	0.1*	0.0**	0.0**	0.0**	0.5	12.0	6
Shooting sports	0.1*	0.2*	0.1*	0.1*	0.0**	0.0**	0.5	21.2	12
Softball	0.1*	0.1*	0.1*	0.0*	0.1*	0.0**	0.3	30.9	18
Squash/racquetball	0.3	0.1*	0.2	0.4	0.2	0.1*	1.3	48.5	40
Surf sports	0.3	0.2	0.6	0.6	0.3	0.3	2.3	61.3	30
Swimming	1.5	1.8	2.8	3.6	2.1	1.9	13.7	60.6	32
Table tennis	0.1*	0.1*	0.1*	0.1*	0.1*	0.1*	0.5	59.0	25
Tennis	1.4	1.2	1.1	2.1	0.7	0.3	6.9	38.2	25
Tenpin bowling	0.2*	0.1*	0.0*	0.3	0.1*	0.0*	0.7	41.7	45
Touch football	0.3	0.4	0.7	0.5	0.4	0.1*	2.4	40.2	25
Triathlon	0.2*	0.0**	0.0**	0.0**	0.0**	0.0**	0.3	47.2	8
Volleyball	0.2	0.2	0.3	0.3	0.1*	0.1*	1.2	35.1	20
Walking (bush)	1.7	1.0	0.6	0.7	0.3	0.5	4.7	42.6	12
Walking (other)	0.8	0.7	1.6	5.0	6.4	21.8	36.2	183.5	156
Water polo	0.0**	0.1*	0.0*	0.0**	0.0**	0.1*	0.2	110.1	24
Waterskiing/powerboating	0.2	0.3	0.3	0.1*	0.0**	0.0**	0.9	15.8	12
Weight training	0.2*	0.1*	0.3	0.5	0.7	1.3	3.1	119.4	104
Yoga	0.2	0.3	0.3	1.3	0.4	0.4	3.0	68.0	52

(a) Number of times persons undertook the activity, including practice and training, during the 12 months prior to interview in 2006.

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 20: Physical activity for exercise, recreation and sport — type of participation by age and sex, 2006

		Organised only (A)	Non-organised only (B)	Both organised and non-organised (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	378.4	396.3	530.1	908.4	926.3	1,304.7
	25 to 34	198.9	561.5	432.5	631.4	994.0	1,192.9
	35 to 44	186.3	587.2	422.7	609.0	1,009.9	1,196.2
	45 to 54	115.3	627.9	331.2	446.5	959.1	1,074.4
	55 to 64	93.1	499.0	221.4	314.5	720.4	813.5
	65 and over	137.3	463.9	172.0	309.3	635.9	773.2
	TOTAL		1,109.2	3,135.8	2,109.9	3,219.0	5,245.6
Females	15 to 24	383.9	364.6	448.4	832.3	813.0	1,196.9
	25 to 34	155.4	622.3	370.6	526.0	992.9	1,148.4
	35 to 44	151.2	719.2	400.2	551.4	1,119.3	1,270.5
	45 to 54	97.5	750.6	329.0	426.5	1,079.6	1,177.1
	55 to 64	86.7	549.6	262.8	349.5	812.4	899.1
	65 and over	163.3	523.9	211.4	374.7	735.2	898.6
	TOTAL		1,038.1	3,530.1	2,022.4	3,060.5	5,552.5
Persons	15 to 24	762.2	760.9	978.5	1,740.7	1,739.3	2,501.6
	25 to 34	354.3	1,183.8	803.1	1,157.4	1,986.9	2,341.2
	35 to 44	337.5	1,306.4	822.9	1,160.3	2,129.2	2,466.7
	45 to 54	212.8	1,378.5	660.2	873.0	2,038.7	2,251.5
	55 to 64	179.8	1,048.6	484.2	664.0	1,532.8	1,712.6
	65 and over	300.6	987.8	383.4	684.0	1,371.2	1,671.8
	TOTAL		2,147.3	6,665.9	4,132.2	6,279.5	10,798.1
		Participation rate (%)					
Males	15 to 24	26.8	28.1	37.5	64.3	65.6	92.4
	25 to 34	14.2	40.2	31.0	45.2	71.2	85.4
	35 to 44	12.7	40.0	28.8	41.4	68.7	81.4
	45 to 54	8.4	45.8	24.1	32.5	69.9	78.3
	55 to 64	8.5	45.5	20.2	28.7	65.7	74.1
	65 and over	12.1	40.8	15.1	27.2	55.9	68.0
	TOTAL		14.1	39.8	26.8	40.8	66.5
Females	15 to 24	28.1	26.7	32.8	60.9	59.5	87.6
	25 to 34	10.9	43.7	26.0	36.9	69.7	80.6
	35 to 44	10.0	47.3	26.3	36.3	73.7	83.6
	45 to 54	6.9	53.0	23.2	30.1	76.2	83.1
	55 to 64	7.8	49.7	23.8	31.6	73.5	81.3
	65 and over	12.3	39.3	15.9	28.1	55.2	67.4
	TOTAL		12.7	43.2	24.8	37.5	68.0
Persons	15 to 24	27.4	27.4	35.2	62.6	62.6	90.0
	25 to 34	12.6	42.0	28.5	41.0	70.4	83.0
	35 to 44	11.3	43.7	27.5	38.8	71.2	82.5
	45 to 54	7.6	49.4	23.7	31.3	73.1	80.7
	55 to 64	8.2	47.6	22.0	30.1	69.6	77.7
	65 and over	12.2	40.0	15.5	27.7	55.5	67.7
	TOTAL		13.4	41.5	25.7	39.1	67.3

Table 21: All participants in organised physical activity — average frequency of participation, 2006 (a)

Sex	Age group (years)	Number of weekly sessions of activity (median)	Number of weekly sessions of activity (mean)	Mean number of different activities (for those that participate in any activity)
Males	15 to 24	2.0	2.9	2.0
	25 to 34	1.1	1.8	1.5
	35 to 44	1.0	1.5	1.4
	45 to 54	1.0	1.6	1.3
	55 to 64	1.0	1.5	1.2
	65 and over	2.0	2.0	1.2
	<i>TOTAL</i>	1.3	2.0	1.5
Females	15 to 24	1.5	2.4	1.9
	25 to 34	1.1	1.9	1.4
	35 to 44	1.1	2.0	1.3
	45 to 54	1.9	2.0	1.3
	55 to 64	1.5	1.9	1.3
	65 and over	1.9	2.0	1.3
	<i>TOTAL</i>	1.5	2.1	1.5
Persons	15 to 24	2.0	2.6	1.9
	25 to 34	1.1	1.8	1.4
	35 to 44	1.0	1.7	1.4
	45 to 54	1.0	1.8	1.3
	55 to 64	1.1	1.7	1.3
	65 and over	1.9	2.0	1.2
	TOTAL	1.4	2.0	1.5

(a) Relates to all persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006

Table 22: All participants — duration of organised and non-organised participation, 2006 (a)

		Total organised (b)	Total non-organised (b)	Total (c)
		Number ('000)		
Five hours or more	More than three sessions weekly	1,456.2	2,394.2	2,764.6
	Two or three sessions weekly	382.4	246.0	491.9
	Less than two sessions weekly	89.7	56.5	126.5
	<i>Total</i>	1,928.3	2,696.8	3,383.1
Two hours or more but less than five hours	More than three sessions weekly	573.8	2,010.9	2,126.9
	Two or three sessions weekly	671.9	1,052.3	1,412.9
	Less than two sessions weekly	362.1	377.2	635.8
	<i>Total</i>	1,607.8	3,440.4	4,175.5
Less than two hours	More than three sessions weekly	29.6	221.7	238.3
	Two or three sessions weekly	194.4	915.2	991.5
	Less than two sessions weekly	619.8	1,611.9	2,107.5
	<i>Total</i>	843.8	2,748.8	3,337.3
Total	More than three sessions weekly	2,059.5	4,626.8	5,129.8
	Two or three sessions weekly	1,248.7	2,213.6	2,896.3
	Less than two sessions weekly	1,071.6	2,045.6	2,869.8
	Total	4,379.9	8,886.0	10,895.9
		Participation rate (%)		
Five hours or more	More than three sessions weekly	13.4	22.0	25.4
	Two or three sessions weekly	3.5	2.3	4.5
	Less than two sessions weekly	0.8	0.5	1.2
	<i>Total</i>	17.7	24.8	31.0
Two hours or more but less than five hours	More than three sessions weekly	5.3	18.5	19.5
	Two or three sessions weekly	6.2	9.7	13.0
	Less than two sessions weekly	3.3	3.5	5.8
	<i>Total</i>	14.8	31.6	38.3
Less than two hours	More than three sessions weekly	0.3	2.0	2.2
	Two or three sessions weekly	1.8	8.4	9.1
	Less than two sessions weekly	5.7	14.8	19.3
	<i>Total</i>	7.7	25.2	30.6
Total	More than three sessions weekly	18.9	42.5	47.1
	Two or three sessions weekly	11.5	20.3	26.6
	Less than two sessions weekly	9.8	18.8	26.3
	Total	40.2	81.6	100.0

(a) Relates to persons aged 15 years and over who participated in one of their 'top three' physical activities for exercise, recreation and sport over a two-week period prior to interview in 2006. 'Top three' activities refer to the physical activities that respondents participated in most over the 12 months prior to interview

(b) Includes persons who reported participating in both organised and non-organised activity

(c) Components may not add to totals as persons may report both organised and non-organised activity

Table 23: Selected activities: type of participation, 2006 (a)

Activity	Number ('000)		Total (b)	Participation rate (%)		Total (b)
	Total organised (a)	Total non-organised (a)		Total organised (a)	Total non-organised (a)	
Aerobics/fitness	1,282.0	1,959.9	3,074.5	8.0	12.2	19.2
Aquarobics	151.7	75.6	217.4	0.9	0.5	1.4
Athletics/track and field	68.5	33.3	90.6	0.4	0.2	0.6
Australian rules football	336.3	109.8	432.4	2.1	0.7	2.7
Badminton	81.8	64.5	138.5	0.5	0.4	0.9
Baseball	30.9	7.4*	35.9	0.2	0.0*	0.2
Basketball	370.0	189.9	528.3	2.3	1.2	3.3
Billiards/snooker/pool	12.2*	24.2*	34.9	0.1*	0.2*	0.2
Boxing	61.3	51.5	110.4	0.4	0.3	0.7
Canoeing/kayaking	27.8	96.7	118.8	0.2	0.6	0.7
Carpet bowls	31.8	5.7**	37.3	0.2	0.0**	0.2
Cricket (indoor)	103.4	54.9	145.5	0.6	0.3	0.9
Cricket (outdoor)	382.7	155.2	507.8	2.4	1.0	3.2
Cycling	139.5	1,571.7	1,642.8	0.9	9.8	10.2
Dancing	304.2	119.8	387.5	1.9	0.7	2.4
Darts	16.0*	6.7**	21.8*	0.1*	0.0**	0.1*
Fishing	36.3	335.0	344.3	0.2	2.1	2.1
Football (indoor)	220.1	113.7	301.6	1.4	0.7	1.9
Football (outdoor)	428.0	299.9	675.7	2.7	1.9	4.2
Golf	601.3	631.4	1,090.9	3.7	3.9	6.8
Gymnastics	25.8*	14.1*	39.5	0.2*	0.1*	0.2
Hockey (indoor)	24.2*	2.0**	25.9*	0.2*	0.0**	0.2*
Hockey (outdoor)	145.4	10.3*	153.6	0.9	0.1*	1.0
Horse riding/equestrian activities/polocrosse	95.5	141.7	209.4	0.6	0.9	1.3
Ice/snow sports	30.7	151.6	172.7	0.2	0.9	1.1
Lawn bowls	307.2	39.9	329.6	1.9	0.2	2.1
Martial arts	251.8	53.7	294.8	1.6	0.3	1.8
Motor sports	90.0	139.7	198.9	0.6	0.9	1.2
Netball	504.5	122.3	581.2	3.1	0.8	3.6
Orienteering	42.9	29.9	72.8	0.3	0.2	0.5
Rock climbing	24.6*	62.8	77.4	0.2*	0.4	0.5
Roller sports	17.0*	88.2	97.0	0.1*	0.5	0.6
Rowing	51.4	15.1*	65.0	0.3	0.1*	0.4
Rugby league	154.6	61.5	201.1	1.0	0.4	1.3
Rugby union	137.6	24.6*	158.7	0.9	0.2*	1.0
Running	128.1	1,125.5	1,194.9	0.8	7.0	7.4
Sailing	51.7	53.7	87.6	0.3	0.3	0.5
Scuba diving	30.6	56.4	76.0	0.2	0.4	0.5
Shooting sports	28.1	56.1	80.2	0.2	0.3	0.5
Softball	37.7	10.6*	47.5	0.2	0.1*	0.3
Squash/racquetball	106.1	119.7	214.9	0.7	0.7	1.3
Surf sports	47.5	349.2	373.0	0.3	2.2	2.3
Swimming	307.7	1,955.0	2,200.0	1.9	12.2	13.7
Table tennis	24.1*	53.4	77.5	0.1*	0.3	0.5
Tennis	433.7	752.7	1,100.7	2.7	4.7	6.9
Tenpin bowling	74.1	45.4	113.4	0.5	0.3	0.7
Touch football	305.5	95.3	387.5	1.9	0.6	2.4
Triathlons	51.8	4.4**	53.5	0.3	0.0**	0.3
Volleyball	132.9	73.9	191.2	0.8	0.5	1.2
Walking (bush)	108.6	693.8	754.3	0.7	4.3	4.7
Walking (other)	161.6	5,724.1	5,811.3	1.0	35.7	36.2
Water polo	35.6	0.0**	35.6	0.2	0.0**	0.2
Waterskiing/powerboating	10.7*	134.3	138.5	0.1*	0.8	0.9
Weight training	162.7	355.0	495.5	1.0	2.2	3.1
Yoga	254.0	263.3	477.6	1.6	1.6	3.0

(a) Includes persons who reported participating in both organised and non-organised activity

(b) Components may not add to totals as persons may report both organised and non-organised activity

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 24: Participation in organised activity — type of organisation by age and sex 2006 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association	Work	School	Other	Total organised participation (b)
		Number ('000)					
Males	15 to 24	291.4	662.8	7.6*	247.4	68.6	908.4
	25 to 34	218.6	479.4	19.4*	3.7**	55.9	631.4
	35 to 44	218.3	463.2	20.9*	10.5*	48.4	609.0
	45 to 54	133.5	324.8	23.2*	3.5**	41.2	446.5
	55 to 64	73.6	248.0	5.0**	0.0**	36.9	314.5
	65 and over	69.4	248.1	0.2**	0.0**	41.5	309.3
	TOTAL		1,004.9	2,426.2	76.3	265.1	292.5
Females	15 to 24	284.4	537.6	12.3*	269.8	50.7	832.3
	25 to 34	245.7	330.5	20.4*	4.1**	59.6	526.0
	35 to 44	241.4	351.2	12.7*	12.0*	48.6	551.4
	45 to 54	166.2	273.9	10.4*	3.6**	48.6	426.5
	55 to 64	139.9	217.3	2.8**	1.5**	67.7	349.5
	65 and over	123.7	216.4	0.0**	0.0**	102.9	374.7
	TOTAL		1,201.3	1,927.0	58.6	291.0	378.1
Persons	15 to 24	575.8	1,200.4	19.8*	517.1	119.2	1,740.7
	25 to 34	464.3	810.0	39.8	7.8*	115.5	1,157.4
	35 to 44	459.7	814.3	33.6	22.5*	97.0	1,160.3
	45 to 54	299.7	598.6	33.6	7.2*	89.8	873.0
	55 to 64	213.6	465.3	7.8*	1.5**	104.6	664.0
	65 and over	193.2	464.5	0.2**	0.0**	144.4	684.0
	TOTAL		2,206.2	4,353.1	134.9	556.1	670.5
Participation rate (%)							
Males	15 to 24	20.6	46.9	0.5*	17.5	4.9	64.3
	25 to 34	15.7	34.3	1.4*	0.3**	4.0	45.2
	35 to 44	14.9	31.5	1.4*	0.7*	3.3	41.4
	45 to 54	9.7	23.7	1.7*	0.3**	3.0	32.5
	55 to 64	6.7	22.6	0.5**	0.0**	3.4	28.7
	65 and over	6.1	21.8	0.0**	0.0**	3.7	27.2
	TOTAL		12.7	30.8	1.0	3.4	3.7
Females	15 to 24	20.8	39.3	0.9*	19.7	3.7	60.9
	25 to 34	17.3	23.2	1.4*	0.3**	4.2	36.9
	35 to 44	15.9	23.1	0.8*	0.8*	3.2	36.3
	45 to 54	11.7	19.3	0.7*	0.3**	3.4	30.1
	55 to 64	12.7	19.7	0.2**	0.1**	6.1	31.6
	65 and over	9.3	16.2	0.0**	0.0**	7.7	28.1
	TOTAL		14.7	23.6	0.7	3.6	4.6
Persons	15 to 24	20.7	43.2	0.7*	18.6	4.3	62.6
	25 to 34	16.5	28.7	1.4	0.3*	4.1	41.0
	35 to 44	15.4	27.2	1.1	0.8*	3.2	38.8
	45 to 54	10.7	21.5	1.2	0.3*	3.2	31.3
	55 to 64	9.7	21.1	0.4*	0.1**	4.7	30.1
	65 and over	7.8	18.8	0.0**	0.0**	5.8	27.7
	TOTAL		13.7	27.1	0.8	3.5	4.2

(a) Relates to persons aged 15 years and over who participated in any organised sport or physical activity over a 12-month period prior to interview in 2006. These persons may also have participated in activities that were not organised

(b) Components may not add to the totals as a person could have taken part in one or more sports and physical activities organised by more than one type of organisation

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 25: All participants — sport and physical activities in fitness, leisure or indoor sports centres — states and territories, by age and sex, 2006

Sex	Age group (years)	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Number ('000)										
Males	15 to 24	4.3	112.9	4.3	33.0	12.9	3.2	82.0	38.6	291.4
	25 to 34	3.6	59.4	1.8	39.8	17.4	4.2	64.2	28.3	218.6
	35 to 44	2.8	52.4	2.4	45.2	24.0	3.3	68.6	19.5	218.3
	45 to 54	2.3	54.6	1.2*	14.2*	8.1*	2.9*	37.9	12.4	133.5
	55 to 64	1.1*	27.3*	0.8*	6.3**	8.3*	1.2*	18.6*	10.1*	73.6
	65 and over	1.2*	26.4*	0.0**	12.2*	6.0*	1.7*	16.1*	5.8*	69.4
	TOTAL		15.2	332.9	10.5	150.7	76.8	16.6	287.4	114.8
Females	15 to 24	5.5	112.7	3.7	40.4	16.7	5.7	61.9	37.7	284.4
	25 to 34	6.4	58.8	4.6	44.2	17.6	3.6	78.9	31.7	245.7
	35 to 44	2.9	82.7	3.1	29.8	20.5	3.6	68.1	30.8	241.4
	45 to 54	2.6	55.6	2.2	20.0*	11.6	2.3*	51.7	20.2	166.2
	55 to 64	2.6	53.3	0.8*	16.9*	12.9	3.9	32.1	17.3	139.9
	65 and over	2.2	39.1	0.6*	15.9*	7.4*	2.3*	40.7	15.5	123.7
	TOTAL		22.1	402.2	15.0	167.2	86.7	21.4	333.4	153.2
Persons	15 to 24	9.8	225.7	8.0	73.4	29.7	8.9	144.0	76.3	575.8
	25 to 34	9.9	118.1	6.4	84.0	35.0	7.8	143.1	60.0	464.3
	35 to 44	5.7	135.1	5.5	75.0	44.6	6.8	136.7	50.3	459.7
	45 to 54	4.9	110.2	3.4	34.2	19.7	5.2	89.5	32.6	299.7
	55 to 64	3.6	80.6	1.6	23.2	21.3	5.1	50.8	27.4	213.6
	65 and over	3.4	65.5	0.6*	28.1	13.4	4.1	56.8	21.3	193.2
	TOTAL		37.3	735.2	25.5	317.8	163.5	37.9	620.8	268.0
Participation rate (%)										
Males	15 to 24	17.2	24.9	28.4	11.8	12.2	10.0	23.1	26.5	20.6
	25 to 34	13.9	12.8	11.1	14.7	17.9	15.5	17.9	20.9	15.7
	35 to 44	11.8	10.9	15.0	15.9	21.9	10.0	18.4	13.1	14.9
	45 to 54	10.4	12.1	8.9*	5.3*	7.6*	8.5*	11.2	8.9	9.7
	55 to 64	6.4*	7.6*	7.9*	2.8**	9.6*	4.3*	7.0*	9.2*	6.7
	65 and over	8.7*	6.8*	0.0**	5.7*	6.1*	5.8*	5.6*	5.6*	6.1
	TOTAL		12.0	12.8	13.9	9.8	12.7	8.9	14.6	14.7
Females	15 to 24	22.5	25.6	25.0	14.7	16.5	18.7	18.1	27.3	20.8
	25 to 34	24.4	12.3	27.1	15.9	18.1	12.4	21.8	23.1	17.3
	35 to 44	11.5	16.7	19.3	9.9	18.4	10.3	17.7	20.3	15.9
	45 to 54	11.1	12.0	16.3	7.2*	10.5	6.4*	14.8	14.1	11.7
	55 to 64	14.8	14.7	10.6*	7.7*	14.2	13.4	11.8	16.3	12.7
	65 and over	13.9	8.5	14.0*	6.6*	6.3*	6.6*	11.9	13.1	9.3
	TOTAL		16.7	14.9	20.5	10.5	13.8	11.0	16.3	19.3
Persons	15 to 24	19.8	25.2	26.7	13.2	14.3	14.3	20.7	26.9	20.7
	25 to 34	19.2	12.5	19.3	15.3	18.0	13.9	19.9	22.0	16.5
	35 to 44	11.6	13.8	17.2	12.8	20.1	10.1	18.1	16.7	15.4
	45 to 54	10.8	12.1	12.5	6.3	9.1	7.4	13.0	11.5	10.7
	55 to 64	10.7	11.1	9.1	5.3	12.0	8.9	9.4	12.7	9.7
	65 and over	11.5	7.7	6.6*	6.2	6.2	6.2	9.1	9.6	7.8
	TOTAL		14.4	13.9	17.2	10.2	13.3	10.0	15.4	17.0

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 26: All participants — sport and physical activities in sport or recreation club or association — states and territories, by age and sex, 2006

Sex	Age group (years)	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Number ('000)										
Males	15 to 24	11.1	232.5	7.2	114.9	45.2	13.8	174.2	63.9	662.8
	25 to 34	10.0	157.7	5.4	100.2	36.5	9.4	106.9	53.3	479.4
	35 to 44	7.4	171.7	4.9	83.6	31.4	10.5	98.0	55.7	463.2
	45 to 54	6.0	138.1	3.5	58.5	22.7	7.6	65.7	22.6	324.8
	55 to 64	4.8	89.8	2.0	43.9	21.5	7.5	50.7	27.7	248.0
	65 and over	3.7	93.1	0.7*	36.0	24.2	5.3	65.4	19.7	248.1
	TOTAL		43.1	882.9	23.7	437.1	181.6	54.1	560.9	242.8
Females	15 to 24	7.6	154.6	5.3	112.3	44.0	13.1	150.6	50.0	537.6
	25 to 34	8.2	94.9	3.2	74.6	23.4	5.0	86.8	34.4	330.5
	35 to 44	4.4	119.1	3.7	58.5	24.8	6.1	92.8	41.6	351.2
	45 to 54	5.6	91.6	2.5	49.3	22.0	4.1	71.1	27.6	273.9
	55 to 64	3.4	80.0	1.1*	24.2	12.9	5.2	61.7	28.8	217.3
	65 and over	3.4	69.4	0.7*	30.2	18.1	6.1	66.2	22.2	216.4
	TOTAL		32.7	609.7	16.5	349.2	145.3	39.8	529.2	204.6
Persons	15 to 24	18.7	387.1	12.5	227.1	89.3	26.9	324.8	113.9	1,200.4
	25 to 34	18.2	252.6	8.6	174.8	59.9	14.5	193.7	87.6	810.0
	35 to 44	11.8	290.8	8.6	142.2	56.3	16.6	190.8	97.3	814.3
	45 to 54	11.6	229.7	6.0	107.9	44.7	11.7	136.8	50.2	598.6
	55 to 64	8.2	169.8	3.1	68.1	34.5	12.8	112.4	56.5	465.3
	65 and over	7.1	162.5	1.4*	66.2	42.3	11.4	131.7	41.9	464.5
	TOTAL		75.7	1,492.6	40.2	786.3	326.9	93.9	1,090.2	447.4
Participation rate (%)										
Males	15 to 24	44.1	51.3	47.3	41.0	42.7	43.4	49.0	43.9	46.9
	25 to 34	38.9	33.9	33.3	37.0	37.4	34.5	29.8	39.4	34.3
	35 to 44	30.9	35.7	30.1	29.4	28.6	31.8	26.3	37.5	31.5
	45 to 54	27.4	30.7	25.7	21.9	21.3	22.2	19.4	16.1	23.7
	55 to 64	28.8	25.0	21.3	19.8	24.8	26.1	19.1	25.3	22.6
	65 and over	27.9	24.1	13.6*	16.8	24.9	17.6	22.9	18.8	21.8
	TOTAL		33.9	34.0	31.3	28.4	30.1	29.2	28.4	31.0
Females	15 to 24	31.2	35.0	35.7	40.9	43.4	42.6	44.1	36.2	39.3
	25 to 34	31.4	19.9	18.7	26.8	24.2	17.5	23.9	25.1	23.2
	35 to 44	17.7	24.0	23.3	19.5	22.2	17.7	24.1	27.4	23.1
	45 to 54	23.6	19.8	18.5	17.8	19.8	11.6	20.4	19.3	19.3
	55 to 64	19.7	22.1	13.8*	11.1	14.2	18.0	22.6	27.1	19.7
	65 and over	21.2	15.1	17.5*	12.6	15.3	17.3	19.4	18.8	16.2
	TOTAL		24.6	22.6	22.5	22.0	23.1	20.5	25.8	25.8
Persons	15 to 24	37.8	43.3	41.5	41.0	43.1	43.0	46.6	40.1	43.2
	25 to 34	35.1	26.8	25.8	31.8	30.8	25.8	26.9	32.2	28.7
	35 to 44	24.2	29.8	26.7	24.3	25.4	24.6	25.2	32.4	27.2
	45 to 54	25.4	25.1	22.2	19.8	20.5	16.8	19.9	17.7	21.5
	55 to 64	24.2	23.5	18.0	15.5	19.4	22.0	20.9	26.2	21.1
	65 and over	24.2	19.2	15.5*	14.6	19.6	17.4	21.0	18.8	18.8
	TOTAL		29.2	28.2	27.0	25.1	26.5	24.7	27.1	28.4

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 27: Participation in organised activity — states and territories by age and sex, 2006 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	15.2	284.7	10.4	167.2	64.7	18.4	244.1	103.8	908.4
	25 to 34	12.3	201.0	7.0	121.9	49.0	11.7	150.8	77.6	631.4
	35 to 44	9.5	210.4	6.6	110.7	46.0	13.2	144.2	68.3	609.0
	45 to 54	8.1	192.8	4.6	73.3	29.6	10.2	95.1	32.8	446.5
	55 to 64	5.9	115.9	2.6	50.7	26.6	8.5	67.7	36.7	314.5
	65 and over	4.9	108.6	0.8*	46.4	29.5	7.0	84.6	27.5	309.3
	TOTAL		56.0	1,113.3	32.0	570.3	245.4	69.0	786.4	346.6
Females	15 to 24	14.9	249.9	8.5	168.3	65.8	18.3	213.8	92.7	832.3
	25 to 34	13.1	132.4	7.7	111.5	36.8	8.2	157.4	58.9	526.0
	35 to 44	7.6	174.0	6.4	86.1	41.2	9.6	163.2	63.4	551.4
	45 to 54	8.1	149.6	4.2	64.7	34.2	6.2	109.8	49.7	426.5
	55 to 64	6.1	126.0	1.7	47.2	26.1	7.4	93.2	41.7	349.5
	65 and over	5.0	116.8	1.3*	55.3	31.6	10.2	116.9	37.7	374.7
	TOTAL		54.7	948.6	29.9	533.2	235.6	60.0	854.4	344.1
Persons	15 to 24	30.1	534.6	18.9	335.5	130.5	36.7	457.9	196.5	1,740.7
	25 to 34	25.4	333.4	14.7	233.4	85.8	20.0	308.2	136.5	1,157.4
	35 to 44	17.1	384.4	13.0	196.8	87.2	22.8	307.4	131.7	1,160.3
	45 to 54	16.2	342.4	8.9	138.0	63.8	16.4	204.9	82.4	873.0
	55 to 64	11.9	241.9	4.3	98.0	52.7	16.0	160.9	78.4	664.0
	65 and over	10.0	225.3	2.1	101.7	61.1	17.2	201.4	65.3	684.0
	TOTAL		110.7	2,061.9	61.9	1,103.4	481.0	129.0	1,640.8	690.7
Participation rate (%)										
Males	15 to 24	60.2	62.8	68.9	59.7	61.1	58.0	68.7	71.2	64.3
	25 to 34	48.1	43.2	43.3	45.0	50.2	42.9	42.1	57.4	45.2
	35 to 44	39.7	43.7	40.7	38.9	41.9	40.2	38.8	46.0	41.4
	45 to 54	37.0	42.9	33.7	27.4	27.7	29.7	28.1	23.4	32.5
	55 to 64	35.2	32.2	27.0	22.9	30.6	29.6	25.6	33.4	28.7
	65 and over	36.5	28.1	15.9*	21.6	30.4	23.3	29.5	26.4	27.2
	TOTAL	44.1	42.9	42.3	37.0	40.6	37.3	39.8	44.3	40.8
Females	15 to 24	61.2	56.7	57.1	61.3	64.9	59.5	62.6	67.0	60.9
	25 to 34	50.0	27.8	44.9	40.0	37.9	28.5	43.4	43.0	36.9
	35 to 44	30.2	35.1	40.3	28.7	36.9	27.8	42.4	41.8	36.3
	45 to 54	34.0	32.2	31.9	23.3	30.8	17.5	31.5	34.7	30.1
	55 to 64	35.2	34.7	22.3	21.5	28.8	25.6	34.2	39.3	31.6
	65 and over	31.4	25.4	31.6*	23.1	26.8	28.7	34.3	31.9	28.1
	TOTAL	41.3	35.1	40.9	33.5	37.4	30.9	41.7	43.3	37.5
Persons	15 to 24	60.7	59.8	63.1	60.5	63.0	58.7	65.7	69.2	62.6
	25 to 34	49.1	35.4	44.1	42.5	44.1	35.5	42.8	50.1	41.0
	35 to 44	34.9	39.4	40.5	33.7	39.3	33.9	40.6	43.8	38.8
	45 to 54	35.5	37.5	32.8	25.3	29.3	23.5	29.8	29.2	31.3
	55 to 64	35.2	33.5	24.9	22.2	29.7	27.5	29.9	36.3	30.1
	65 and over	33.7	26.6	23.2	22.4	28.4	26.2	32.1	29.3	27.7
	TOTAL	42.7	38.9	41.6	35.3	39.0	34.0	40.8	43.8	39.1

(a) Relates to persons aged 15 years and over who participated in any organised sport or physical activity over a 12-month period prior to interview in 2006. These persons may also have participated in activities that were not organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 28: All persons aged 15 years and over — frequency of participation, Australian Capital Territory, 2006

Sex	Age group (years)	None	Zero – once per week (a)	Once or twice per week (b)	Three or four times per week (c)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	2.7	3.5	7.9	5.1	6.0	25.2
	25 to 34	3.6	4.0	7.1	5.5	5.5	25.6
	35 to 44	3.4	2.6	6.4	5.1	6.5	24.0
	45 to 54	2.0*	4.6	5.5	3.6	6.3	22.0
	55 to 64	1.9*	2.8	3.7	4.1	4.1	16.6
	65 and over	2.6	1.8*	2.5	2.3	4.3	13.4
	TOTAL		16.0	19.4	33.0	25.8	32.7
Females	15 to 24	2.4	5.2	6.7	4.0	6.1	24.3
	25 to 34	2.3	3.0	6.4	7.5	6.9	26.1
	35 to 44	2.9	3.0	7.2	5.3	6.6	25.0
	45 to 54	3.1	2.0*	6.4	5.9	6.3	23.8
	55 to 64	2.1	1.7*	3.5	2.9	7.0	17.3
	65 and over	4.6	1.4*	3.4	2.7	4.0	16.1
	TOTAL		17.4	16.3	33.6	28.4	36.9
Persons	15 to 24	5.1	8.7	14.5	9.1	12.0	49.5
	25 to 34	5.9	7.0	13.5	13.0	12.3	51.8
	35 to 44	6.2	5.6	13.5	10.5	13.2	49.0
	45 to 54	5.1	6.5	12.0	9.5	12.6	45.8
	55 to 64	3.9	4.5	7.2	7.0	11.2	33.9
	65 and over	7.2	3.2	5.9	5.0	8.3	29.5
	TOTAL		33.4	35.6	66.6	54.1	69.6

Proportion of each demographic group within each category (row %)

		%	%	%	%	%	%
Males	15 to 24	10.8	14.0	31.2	20.4	23.7	100.0
	25 to 34	13.9	15.7	27.8	21.3	21.3	100.0
	35 to 44	14.0	11.0	26.5	21.3	27.2	100.0
	45 to 54	8.9*	20.7	25.2	16.3	28.9	100.0
	55 to 64	11.2*	16.8	22.4	24.8	24.8	100.0
	65 and over	19.2	13.5*	18.3	17.3	31.7	100.0
	TOTAL		12.6	15.3	26.0	20.3	25.8
Females	15 to 24	10.0	21.2	27.5	16.2	25.0	100.0
	25 to 34	9.0	11.5	24.4	28.8	26.3	100.0
	35 to 44	11.5	12.0	28.6	21.4	26.6	100.0
	45 to 54	13.2	8.3*	27.1	25.0	26.4	100.0
	55 to 64	12.0	9.9*	20.4	16.9	40.8	100.0
	65 and over	28.5	8.8*	21.2	16.8	24.8	100.0
	TOTAL		13.1	12.3	25.3	21.4	27.8
Persons	15 to 24	10.4	17.5	29.4	18.4	24.3	100.0
	25 to 34	11.4	13.6	26.1	25.1	23.8	100.0
	35 to 44	12.7	11.5	27.6	21.3	26.9	100.0
	45 to 54	11.1	14.3	26.2	20.8	27.6	100.0
	55 to 64	11.6	13.3	21.4	20.8	33.0	100.0
	65 and over	24.3	10.9	19.8	17.0	28.0	100.0
	TOTAL		12.9	13.7	25.7	20.9	26.8

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 29: All persons aged 15 years and over — frequency of participation in organised activity, Australian Capital Territory, 2006

		None	Zero — once per week (a)	Once or twice per week (b)	Three or four times per week (c)	Five or more times per week	Total
Sex	Age group (years)	Number ('000)					
Males	15 to 24	10.0	4.3	6.0	2.7	2.2	25.2
	25 to 34	13.3	4.5	5.0	2.1	0.7*	25.6
	35 to 44	14.5	3.9	2.8	1.8*	1.1*	24.0
	45 to 54	13.8	4.2	2.3	1.0*	0.7*	22.0
	55 to 64	10.8	1.6*	3.2	0.7*	0.4**	16.6
	65 and over	8.5	2.3	1.8*	0.5**	0.3**	13.4
	TOTAL	70.9	20.9	21.1	8.8	5.2	126.9
Females	15 to 24	9.4	7.0	3.6	2.4	1.8*	24.3
	25 to 34	13.1	4.5	4.0	3.0	1.5*	26.1
	35 to 44	17.4	2.7	2.5	1.7*	0.7*	25.0
	45 to 54	15.7	3.0	3.0	1.2*	1.0*	23.8
	55 to 64	11.2	2.6	1.9*	1.1*	0.5**	17.3
	65 and over	11.0	1.9*	2.7	0.4**	0.1**	16.1
	TOTAL	77.8	21.6	17.8	9.7	5.6	132.5
Persons	15 to 24	19.4	11.3	9.6	5.1	4.0	49.5
	25 to 34	26.4	9.0	9.0	5.2	2.2	51.8
	35 to 44	31.9	6.6	5.3	3.5	1.7*	49.0
	45 to 54	29.5	7.2	5.3	2.1	1.6*	45.8
	55 to 64	21.9	4.1	5.1	1.8*	0.9*	33.9
	65 and over	19.5	4.2	4.5	0.9*	0.4**	29.5
	TOTAL	148.8	42.5	38.8	18.5	10.8	259.4

Proportion of each demographic group within each category (row %)

Males	15 to 24	39.8	17.2	23.7	10.8	8.6	100.0
	25 to 34	51.9	17.6	19.4	8.3	2.8*	100.0
	35 to 44	60.3	16.2	11.8	7.4*	4.4*	100.0
	45 to 54	63.0	19.3	10.4	4.4*	3.0*	100.0
	55 to 64	64.8	9.6*	19.2	4.0*	2.4**	100.0
	65 and over	63.5	17.3	13.5*	3.8**	1.9**	100.0
	TOTAL	55.9	16.5	16.6	6.9	4.1	100.0
Females	15 to 24	38.7	28.7	15.0	10.0	7.5*	100.0
	25 to 34	50.0	17.3	15.4	11.5	5.8*	100.0
	35 to 44	69.8	10.9	9.9	6.8*	2.6*	100.0
	45 to 54	66.0	12.5	12.5	4.9*	4.2*	100.0
	55 to 64	64.8	14.8	11.3*	6.3*	2.8**	100.0
	65 and over	68.6	11.7*	16.8	2.2**	0.7**	100.0
	TOTAL	58.7	16.3	13.4	7.3	4.2	100.0
Persons	15 to 24	39.3	22.9	19.4	10.4	8.1	100.0
	25 to 34	50.9	17.4	17.4	10.0	4.3	100.0
	35 to 44	65.1	13.5	10.8	7.1	3.5*	100.0
	45 to 54	64.5	15.7	11.5	4.7	3.6*	100.0
	55 to 64	64.8	12.2	15.2	5.2*	2.6*	100.0
	65 and over	66.3	14.2	15.3	2.9*	1.3**	100.0
	TOTAL	57.3	16.4	15.0	7.1	4.2	100.0

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 30: All persons aged 15 years and over — frequency of participation, New South Wales, 2006

Sex	Age group (years)	None	Zero — once	Once or twice	Three or four	Five or	Total
			per week (a)	per week (b)	times per week (c)	more times per week	
		Number ('000)					
Males	15 to 24	31.5	56.1	158.0	96.0	111.7	453.2
	25 to 34	74.2	101.1	135.1	87.5	67.2	465.1
	35 to 44	94.9	106.4	113.3	90.2	76.2	481.0
	45 to 54	71.8	62.1	101.3	103.5	111.1	449.9
	55 to 64	97.7	72.3	74.6	33.5	81.8	359.8
	65 and over	134.2	24.9*	56.0	56.3	114.9	386.3
	TOTAL		504.4	422.8	638.2	467.0	562.8
Females	15 to 24	61.0	45.9	149.4	86.0	98.8	441.1
	25 to 34	139.2	80.0	104.9	64.6	88.1	476.9
	35 to 44	78.2	76.2	90.2	110.1	141.0	495.7
	45 to 54	70.8	49.6	99.6	110.7	133.1	463.8
	55 to 64	63.5	34.8	93.5	55.8	115.3	362.8
	65 and over	165.7	34.5	94.5	67.0	98.4	460.2
	TOTAL		578.5	321.0	632.0	494.3	674.7
Persons	15 to 24	92.5	102.0	307.3	182.0	210.5	894.3
	25 to 34	213.5	181.1	239.9	152.2	155.3	942.0
	35 to 44	173.1	182.5	203.5	200.4	217.2	976.7
	45 to 54	142.7	111.7	200.9	214.3	244.2	913.7
	55 to 64	161.1	107.1	168.1	89.2	197.1	722.6
	65 and over	300.0	59.3	150.5	123.3	213.3	846.5
	TOTAL		1,082.9	743.8	1,270.2	961.3	1,237.5

Proportion of each demographic group within each category (row %)

Males	15 to 24	6.9	12.4	34.9	21.2	24.6	100.0
	25 to 34	16.0	21.7	29.0	18.8	14.4	100.0
	35 to 44	19.7	22.1	23.5	18.8	15.8	100.0
	45 to 54	16.0	13.8	22.5	23.0	24.7	100.0
	55 to 64	27.2	20.1	20.7	9.3	22.7	100.0
	65 and over	34.7	6.4*	14.5	14.6	29.7	100.0
	TOTAL		19.4	16.3	24.6	18.0	21.7
Females	15 to 24	13.8	10.4	33.9	19.5	22.4	100.0
	25 to 34	29.2	16.8	22.0	13.6	18.5	100.0
	35 to 44	15.8	15.4	18.2	22.2	28.4	100.0
	45 to 54	15.3	10.7	21.5	23.9	28.7	100.0
	55 to 64	17.5	9.6	25.8	15.4	31.8	100.0
	65 and over	36.0	7.5	20.5	14.6	21.4	100.0
	TOTAL		21.4	11.9	23.4	18.3	25.0
Persons	15 to 24	10.3	11.4	34.4	20.3	23.5	100.0
	25 to 34	22.7	19.2	25.5	16.2	16.5	100.0
	35 to 44	17.7	18.7	20.8	20.5	22.2	100.0
	45 to 54	15.6	12.2	22.0	23.4	26.7	100.0
	55 to 64	22.3	14.8	23.3	12.3	27.3	100.0
	65 and over	35.4	7.0	17.8	14.6	25.2	100.0
	TOTAL		20.4	14.0	24.0	18.2	23.4

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 31: All persons aged 15 years and over — frequency of participation in organised activity, New South Wales, 2006

Sex	Age group (years)	None	Zero — once per week (a)	Once or twice per week (b)	Three or four times per week (c)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	168.5	76.0	106.1	54.1	48.5	453.2
	25 to 34	264.2	80.7	83.7	27.2*	9.3*	465.1
	35 to 44	270.6	103.1	88.6	11.0*	7.7**	481.0
	45 to 54	257.1	91.6	62.3	33.2	5.7**	449.9
	55 to 64	243.9	51.5	49.2	15.2*	0.0**	359.8
	65 and over	277.8	30.0	45.8	22.7*	10.0*	386.3
	TOTAL	1,482.0	433.1	435.6	163.5	81.2	2,595.3
Females	15 to 24	191.2	73.8	116.2	34.9	25.0*	441.1
	25 to 34	344.4	49.7	63.3	13.6*	5.9**	476.9
	35 to 44	321.8	55.8	69.8	30.9	17.4*	495.7
	45 to 54	314.3	47.9	66.7	28.1*	6.9**	463.8
	55 to 64	236.9	43.9	57.3	17.8*	7.0**	362.8
	65 and over	343.4	28.6*	59.6	15.7*	12.9*	460.2
	TOTAL	1,751.9	299.7	432.9	140.9	75.0	2,700.5
Persons	15 to 24	359.7	149.8	222.3	89.0	73.5	894.3
	25 to 34	608.6	130.5	147.0	40.7	15.2*	942.0
	35 to 44	592.3	159.0	158.3	42.0	25.1*	976.7
	45 to 54	571.3	139.5	129.0	61.3	12.6*	913.7
	55 to 64	480.7	95.4	106.5	33.0	7.0**	722.6
	65 and over	621.2	58.6	105.4	38.4	22.9*	846.5
	TOTAL	3,233.9	732.8	868.5	304.4	156.2	5,295.9

Proportion of each demographic group within each category (row %)

Males	15 to 24	37.2	16.8	23.4	11.9	10.7	100.0
	25 to 34	56.8	17.4	18.0	5.8*	2.0*	100.0
	35 to 44	56.3	21.4	18.4	2.3*	1.6**	100.0
	45 to 54	57.1	20.4	13.8	7.4	1.3**	100.0
	55 to 64	67.8	14.3	13.7	4.2*	0.0**	100.0
	65 and over	71.9	7.8	11.9	5.9*	2.6*	100.0
	TOTAL	57.1	16.7	16.8	6.3	3.1	100.0
Females	15 to 24	43.3	16.7	26.3	7.9	5.7*	100.0
	25 to 34	72.2	10.4	13.3	2.8*	1.2**	100.0
	35 to 44	64.9	11.3	14.1	6.2	3.5*	100.0
	45 to 54	67.8	10.3	14.4	6.1*	1.5**	100.0
	55 to 64	65.3	12.1	15.8	4.9*	1.9**	100.0
	65 and over	74.6	6.2*	12.9	3.4*	2.8*	100.0
	TOTAL	64.9	11.1	16.0	5.2	2.8	100.0
Persons	15 to 24	40.2	16.8	24.9	10.0	8.2	100.0
	25 to 34	64.6	13.8	15.6	4.3	1.6*	100.0
	35 to 44	60.6	16.3	16.2	4.3	2.6*	100.0
	45 to 54	62.5	15.3	14.1	6.7	1.4*	100.0
	55 to 64	66.5	13.2	14.7	4.6	1.0**	100.0
	65 and over	73.4	6.9	12.5	4.5	2.7*	100.0
	TOTAL	61.1	13.8	16.4	5.7	2.9	100.0

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 32: All persons aged 15 years and over — frequency of participation, Northern Territory, 2006

Sex	Age group (years)	None	Zero – once	Once or twice	Three or four	Five or	Total
			per week (a)	per week (b)	times per week (c)	more times per week	
		Number ('000)					
Males	15 to 24	1.0*	2.7	5.1	2.9	3.5	15.1
	25 to 34	4.1	2.2	4.0	2.5	3.4	16.2
	35 to 44	2.9	3.9	2.4	3.0	4.0	16.2
	45 to 54	3.4	1.8	3.3	1.8	3.5	13.7
	55 to 64	2.0	0.9*	1.7	1.4*	3.5	9.5
	65 and over	2.1	0.1**	0.7*	0.4**	1.5*	4.8
	TOTAL		15.5	11.4	17.1	12.0	19.5
Females	15 to 24	2.9	3.7	1.9	3.7	2.7	14.9
	25 to 34	2.1	1.6	3.5	3.5	6.4	17.1
	35 to 44	2.4	1.5*	3.9	3.0	5.0	15.9
	45 to 54	2.8	1.8	2.3	2.9	3.6	13.3
	55 to 64	2.3	0.8*	1.1*	1.7	1.9	7.8
	65 and over	1.2*	0.4**	0.7*	0.7*	1.2*	4.2
	TOTAL		13.8	9.8	13.3	15.4	20.8
Persons	15 to 24	4.0	6.4	7.0	6.6	6.1	30.0
	25 to 34	6.2	3.8	7.5	6.0	9.8	33.3
	35 to 44	5.3	5.4	6.3	6.0	9.1	32.1
	45 to 54	6.2	3.5	5.5	4.6	7.2	27.0
	55 to 64	4.4	1.7	2.8	3.1	5.4	17.4
	65 and over	3.3	0.5*	1.4*	1.1*	2.7	9.0
	TOTAL		29.3	21.3	30.5	27.4	40.3

Proportion of each demographic group within each category (row %)

Males	15 to 24	6.8*	17.6	33.8	18.9	23.0	100.0
	25 to 34	25.6	13.3	24.4	15.6	21.1	100.0
	35 to 44	17.7	23.9	15.0	18.6	24.8	100.0
	45 to 54	24.8	12.9	23.8	12.9	25.7	100.0
	55 to 64	21.3	9.0*	18.0	14.6*	37.1	100.0
	65 and over	43.2	2.3**	13.6*	9.1**	31.8*	100.0
	TOTAL		20.5	15.1	22.7	15.9	25.8
Females	15 to 24	19.6	25.0	12.5	25.0	17.9	100.0
	25 to 34	12.1	9.3	20.6	20.6	37.4	100.0
	35 to 44	15.3	9.7*	24.4	18.7	31.8	100.0
	45 to 54	20.7	13.3	17.0	21.5	27.4	100.0
	55 to 64	29.8	10.6*	13.8*	21.3	24.5	100.0
	65 and over	29.8*	8.8**	17.5*	15.8*	28.1*	100.0
	TOTAL		18.8	13.4	18.2	21.0	28.5
Persons	15 to 24	13.2	21.3	23.2	21.9	20.4	100.0
	25 to 34	18.7	11.3	22.5	18.1	29.5	100.0
	35 to 44	16.5	16.9	19.7	18.7	28.3	100.0
	45 to 54	22.8	13.1	20.5	17.1	26.6	100.0
	55 to 64	25.2	9.7	16.1	17.6	31.4	100.0
	65 and over	36.9	5.3*	15.5*	12.2*	30.1	100.0
	TOTAL		19.7	14.3	20.5	18.4	27.1

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 33: All persons aged 15 years and over — frequency of participation in organised activity, Northern Territory, 2006

		None	Zero — once per week (a)	Once or twice per week (b)	Three or four times per week (c)	Five or more times per week	Total
Sex	Age group (years)	Number ('000)					
Males	15 to 24	4.7	3.5	2.9	2.2	1.8	15.1
	25 to 34	9.2	3.4	2.0	0.7*	0.9*	16.2
	35 to 44	9.6	3.2	2.2	0.7*	0.6*	16.2
	45 to 54	9.1	2.2	2.0	0.3**	0.1**	13.7
	55 to 64	7.0	0.9*	1.0*	0.6*	0.1**	9.5
	65 and over	4.0	0.0**	0.5*	0.1**	0.1**	4.8
	TOTAL	43.6	13.1	10.5	4.7	3.7	75.6
Females	15 to 24	6.4	2.9	3.2	1.3*	1.1*	14.9
	25 to 34	9.4	2.6	3.2	1.6	0.3**	17.1
	35 to 44	9.5	2.6	2.9	0.5*	0.4**	15.9
	45 to 54	9.1	1.6	2.0	0.6*	0.1**	13.3
	55 to 64	6.1	0.6*	0.7*	0.3**	0.1**	7.8
	65 and over	2.9	0.4**	0.3**	0.4**	0.1**	4.2
	TOTAL	43.3	10.7	12.3	4.8	2.1	73.2
Persons	15 to 24	11.1	6.4	6.1	3.6	2.9	30.0
	25 to 34	18.6	6.0	5.2	2.3	1.2*	33.3
	35 to 44	19.1	5.8	5.0	1.3*	0.9*	32.1
	45 to 54	18.2	3.7	4.0	0.9*	0.2**	27.0
	55 to 64	13.0	1.4*	1.7	1.0*	0.2**	17.4
	65 and over	6.9	0.4**	0.8*	0.5*	0.3**	9.0
	TOTAL	86.9	23.8	22.8	9.5	5.7	148.8

Proportion of each demographic group within each category (row %)

Males	15 to 24	31.1	23.0	18.9	14.9	12.2	100.0
	25 to 34	56.7	21.1	12.2	4.4*	5.6*	100.0
	35 to 44	59.3	19.5	13.3	4.4*	3.5*	100.0
	45 to 54	66.3	15.8	14.9	2.0**	1.0**	100.0
	55 to 64	73.0	9.0*	10.1*	6.7*	1.1**	100.0
	65 and over	84.1	0.0**	11.4*	2.3**	2.3**	100.0
	TOTAL	57.7	17.3	13.9	6.2	4.8	100.0
Females	15 to 24	42.9	19.6	21.4	8.9*	7.1*	100.0
	25 to 34	55.1	15.0	18.7	9.3	1.9**	100.0
	35 to 44	59.7	16.5	18.2	3.4*	2.3**	100.0
	45 to 54	68.1	11.9	14.8	4.4*	0.7**	100.0
	55 to 64	77.7	7.4*	9.6*	4.3**	1.1**	100.0
	65 and over	68.4	10.5**	7.0**	10.5**	3.5**	100.0
	TOTAL	59.1	14.6	16.8	6.6	2.8	100.0
Persons	15 to 24	36.9	21.3	20.2	11.9	9.7	100.0
	25 to 34	55.9	18.0	15.5	7.0	3.7*	100.0
	35 to 44	59.5	18.0	15.7	3.9*	2.9*	100.0
	45 to 54	67.2	13.9	14.8	3.2*	0.9**	100.0
	55 to 64	75.1	8.3*	9.9	5.6*	1.1**	100.0
	65 and over	76.8	4.9**	9.3*	6.1*	2.9**	100.0
	TOTAL	58.4	16.0	15.3	6.4	3.9	100.0

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 34: All persons aged 15 years and over — frequency of participation, Queensland, 2006

Sex	Age group (years)	None	Zero — once	Once or twice	Three or four	Five or	Total
			per week	per week	times per week	more times	
			(a)	(b)	(c)	per week	
		Number ('000)					
Males	15 to 24	25.9	59.0	65.6	43.2	86.4	280.0
	25 to 34	48.0	65.6	76.5	38.3	42.8	271.1
	35 to 44	52.0	61.0	65.5	65.6	40.7	284.8
	45 to 54	55.9	64.7	53.5	40.6	52.6	267.4
	55 to 64	54.4	33.1	45.7	45.9	42.3	221.3
	65 and over	74.9	24.0	29.0	25.3	61.3	214.5
	TOTAL		311.1	307.4	335.8	258.9	326.0
Females	15 to 24	25.2	52.6	62.2	55.9	78.5	274.5
	25 to 34	38.3	53.8	57.7	69.5	59.3	278.6
	35 to 44	68.5	38.0	56.6	64.7	72.3	299.9
	45 to 54	60.9	26.5	51.2	60.1	78.8	277.6
	55 to 64	55.7	20.6*	31.5	41.2	70.3	219.2
	65 and over	81.7	20.2*	44.7	30.4	62.7	239.7
	TOTAL		330.3	211.6	304.0	321.8	421.8
Persons	15 to 24	51.2	111.6	127.7	99.1	164.9	554.5
	25 to 34	86.2	119.4	134.3	107.8	102.1	549.7
	35 to 44	120.5	99.0	122.2	130.2	112.9	584.8
	45 to 54	116.8	91.2	104.7	100.8	131.4	544.9
	55 to 64	110.1	53.7	77.2	87.1	112.5	440.6
	65 and over	156.6	44.2	73.7	55.7	124.0	454.2
	TOTAL		641.4	519.0	639.8	580.7	747.8

Proportion of each demographic group within each category (row %)

Males	15 to 24	9.3	21.1	23.4	15.4	30.8	100.0
	25 to 34	17.7	24.2	28.2	14.1	15.8	100.0
	35 to 44	18.3	21.4	23.0	23.0	14.3	100.0
	45 to 54	20.9	24.2	20.0	15.2	19.7	100.0
	55 to 64	24.6	15.0	20.6	20.7	19.1	100.0
	65 and over	34.9	11.2	13.5	11.8	28.6	100.0
	TOTAL		20.2	20.0	21.8	16.8	21.2
Females	15 to 24	9.2	19.2	22.7	20.4	28.6	100.0
	25 to 34	13.7	19.3	20.7	24.9	21.3	100.0
	35 to 44	22.8	12.7	18.9	21.6	24.1	100.0
	45 to 54	21.9	9.5	18.5	21.7	28.4	100.0
	55 to 64	25.4	9.4*	14.4	18.8	32.0	100.0
	65 and over	34.1	8.4*	18.7	12.7	26.1	100.0
	TOTAL		20.8	13.3	19.1	20.2	26.5
Persons	15 to 24	9.2	20.1	23.0	17.9	29.7	100.0
	25 to 34	15.7	21.7	24.4	19.6	18.6	100.0
	35 to 44	20.6	16.9	20.9	22.3	19.3	100.0
	45 to 54	21.4	16.7	19.2	18.5	24.1	100.0
	55 to 64	25.0	12.2	17.5	19.8	25.5	100.0
	65 and over	34.5	9.7	16.2	12.3	27.3	100.0
	TOTAL		20.5	16.6	20.4	18.6	23.9

(a) More than zero and less than once per week.

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 35: All persons aged 15 years and over — frequency of participation in organised activity, Queensland, 2006

Sex	Age group (years)	None	Zero — once per week (a)	Once or twice per week (b)	Three or four times per week (c)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	112.8	49.3	40.7	21.4*	55.9	280.0
	25 to 34	149.2	52.9	47.5	14.4*	7.1*	271.1
	35 to 44	174.1	52.0	31.7	18.1*	9.0*	284.8
	45 to 54	194.1	35.8	20.3*	13.4*	3.7**	267.4
	55 to 64	170.6	24.7	20.6*	5.5**	0.0**	221.3
	65 and over	168.1	15.4*	25.8	5.2**	0.0**	214.5
	TOTAL	969.0	230.0	186.6	77.9	75.7	1,539.2
Females	15 to 24	106.1	52.7	49.7	21.9*	44.0	274.5
	25 to 34	167.1	57.5	31.8	16.5*	5.7**	278.6
	35 to 44	213.9	30.5	39.1	16.5*	0.0**	299.9
	45 to 54	212.9	26.7	24.7	10.2*	3.2**	277.6
	55 to 64	172.0	10.9*	24.2	7.3*	4.8**	219.2
	65 and over	184.5	10.4*	32.0	6.6**	6.4**	239.7
	TOTAL	1,056.4	188.7	201.5	78.9	64.1	1,589.5
Persons	15 to 24	219.0	102.0	90.3	43.3	99.9	554.5
	25 to 34	316.3	110.4	79.3	30.9	12.8*	549.7
	35 to 44	387.9	82.5	70.7	34.6	9.0*	584.8
	45 to 54	406.9	62.4	45.1	23.6	6.9*	544.9
	55 to 64	342.6	35.6	44.9	12.7*	4.8**	440.6
	65 and over	352.6	25.8	57.8	11.8*	6.4**	454.2
	TOTAL	2,025.3	418.7	388.1	156.8	139.8	3,128.8

Proportion of each demographic group within each category (row %)

Males	15 to 24	40.3	17.6	14.5	7.6*	20.0	100.0
	25 to 34	55.0	19.5	17.5	5.3*	2.6*	100.0
	35 to 44	61.1	18.2	11.1	6.3*	3.2*	100.0
	45 to 54	72.6	13.4	7.6*	5.0*	1.4**	100.0
	55 to 64	77.1	11.1	9.3*	2.5**	0.0**	100.0
	65 and over	78.4	7.2*	12.0	2.4**	0.0**	100.0
	TOTAL	63.0	14.9	12.1	5.1	4.9	100.0
Females	15 to 24	38.7	19.2	18.1	8.0*	16.0	100.0
	25 to 34	60.0	20.6	11.4	5.9*	2.0**	100.0
	35 to 44	71.3	10.2	13.0	5.5*	0.0**	100.0
	45 to 54	76.7	9.6	8.9	3.7*	1.1**	100.0
	55 to 64	78.5	5.0*	11.1	3.3*	2.2**	100.0
	65 and over	76.9	4.3*	13.3	2.7**	2.7**	100.0
	TOTAL	66.5	11.9	12.7	5.0	4.0	100.0
Persons	15 to 24	39.5	18.4	16.3	7.8	18.0	100.0
	25 to 34	57.5	20.1	14.4	5.6	2.3*	100.0
	35 to 44	66.3	14.1	12.1	5.9	1.5*	100.0
	45 to 54	74.7	11.5	8.3	4.3	1.3*	100.0
	55 to 64	77.8	8.1	10.2	2.9*	1.1**	100.0
	65 and over	77.6	5.7	12.7	2.6*	1.4**	100.0
	TOTAL	64.7	13.4	12.4	5.0	4.5	100.0

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 36: All persons aged 15 years and over — frequency of participation, South Australia, 2006

Sex	Age group (years)	None	Zero — once per week (a)	Once or twice per week (b)	Three or four times per week (c)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	8.5*	22.8	43.5	14.6	16.4	105.9
	25 to 34	18.8	16.5	36.1	11.1	15.0	97.6
	35 to 44	16.8	24.0	30.3	23.0	15.7	109.8
	45 to 54	27.8	22.2	24.2	12.8	19.7	106.8
	55 to 64	20.0	16.1	18.3	14.9	17.5	86.8
	65 and over	25.7	9.8	22.3	13.2	26.2	97.2
	TOTAL		117.7	111.5	174.7	89.6	110.5
Females	15 to 24	16.4	17.7	25.2	25.4	16.7	101.4
	25 to 34	15.8	9.1*	27.8	22.9	21.4	97.0
	35 to 44	20.9	14.9	28.2	21.4	26.4	111.8
	45 to 54	18.9	16.5	24.5	23.7	27.4	111.1
	55 to 64	21.1	8.0*	17.9	19.1	24.7	90.8
	65 and over	37.6	11.8	21.3	20.0	27.2	117.9
	TOTAL		130.6	78.1	144.9	132.5	143.8
Persons	15 to 24	24.9	40.5	68.7	40.1	33.1	207.2
	25 to 34	34.6	25.7	63.9	33.9	36.5	194.6
	35 to 44	37.7	39.0	58.5	44.4	42.1	221.6
	45 to 54	46.7	38.7	48.8	36.5	47.1	217.8
	55 to 64	41.1	24.1	36.1	34.1	42.2	177.6
	65 and over	63.3	21.6	43.6	33.2	53.4	215.1
	TOTAL		248.3	189.6	319.6	222.1	254.3

Proportion of each demographic group within each category (row %)

Males	15 to 24	8.0*	21.5	41.1	13.8	15.5	100.0
	25 to 34	19.3	17.0	37.0	11.4	15.4	100.0
	35 to 44	15.3	21.9	27.6	20.9	14.3	100.0
	45 to 54	26.0	20.7	22.7	12.0	18.5	100.0
	55 to 64	23.0	18.6	21.0	17.2	20.1	100.0
	65 and over	26.4	10.1	23.0	13.5	27.0	100.0
	TOTAL		19.5	18.5	28.9	14.8	18.3
Females	15 to 24	16.1	17.4	24.9	25.1	16.5	100.0
	25 to 34	16.3	9.4*	28.7	23.6	22.1	100.0
	35 to 44	18.7	13.4	25.2	19.1	23.6	100.0
	45 to 54	17.0	14.9	22.1	21.3	24.7	100.0
	55 to 64	23.2	8.8*	19.7	21.1	27.2	100.0
	65 and over	31.9	10.0	18.1	17.0	23.0	100.0
	TOTAL		20.7	12.4	23.0	21.0	22.8
Persons	15 to 24	12.0	19.5	33.2	19.3	16.0	100.0
	25 to 34	17.8	13.2	32.8	17.4	18.7	100.0
	35 to 44	17.0	17.6	26.4	20.0	19.0	100.0
	45 to 54	21.4	17.8	22.4	16.8	21.6	100.0
	55 to 64	23.1	13.6	20.4	19.2	23.7	100.0
	65 and over	29.4	10.1	20.3	15.4	24.8	100.0
	TOTAL		20.1	15.4	25.9	18.0	20.6

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 37: All persons aged 15 years and over — frequency of participation in organised activity, South Australia, 2006

Sex	Age group (years)	None	Zero — once per week (a)	Once or twice per week (b)	Three or four times per week (c)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	41.2	20.1	25.1	9.9	9.6	105.9
	25 to 34	48.6	20.1	20.1	4.9*	3.9*	97.6
	35 to 44	63.8	26.2	15.7	3.1*	1.0**	109.8
	45 to 54	77.1	12.7	9.9	5.0*	2.0**	106.8
	55 to 64	60.2	12.8	11.5	1.6**	0.8**	86.8
	65 and over	67.7	6.6*	16.4	4.6*	2.0**	97.2
	TOTAL	358.6	98.5	98.6	29.1	19.2	604.0
Females	15 to 24	35.6	16.2	23.9	16.7	8.9*	101.4
	25 to 34	60.2	8.7*	16.9	7.4*	3.9*	97.0
	35 to 44	70.6	12.3	18.8	6.4*	3.6*	111.8
	45 to 54	76.9	11.8	10.9	7.0*	4.5*	111.1
	55 to 64	64.7	7.4*	12.8	5.1*	0.9**	90.8
	65 and over	86.4	10.8	15.4	4.5*	0.9**	117.9
	TOTAL	394.3	67.2	98.6	47.1	22.8	629.9
Persons	15 to 24	76.8	36.3	49.0	26.6	18.5	207.2
	25 to 34	108.8	28.8	36.9	12.3	7.7*	194.6
	35 to 44	134.4	38.5	34.5	9.5	4.7*	221.6
	45 to 54	154.0	24.4	20.8	12.0	6.5*	217.8
	55 to 64	124.9	20.2	24.3	6.6*	1.6**	177.6
	65 and over	154.0	17.4	31.7	9.0*	2.9**	215.1
	TOTAL	752.9	165.7	197.2	76.2	42.0	1,233.9

Proportion of each demographic group within each category (row %)

Males	15 to 24	38.9	19.0	23.8	9.3	9.0	100.0
	25 to 34	49.8	20.6	20.6	5.0*	4.0*	100.0
	35 to 44	58.1	23.8	14.3	2.8*	0.9**	100.0
	45 to 54	72.3	11.9	9.3	4.7*	1.9**	100.0
	55 to 64	69.4	14.8	13.2	1.8**	0.9**	100.0
	65 and over	69.6	6.8*	16.8	4.7*	2.1**	100.0
	TOTAL	59.4	16.3	16.3	4.8	3.2	100.0
Females	15 to 24	35.1	16.0	23.6	16.5	8.8*	100.0
	25 to 34	62.1	9.0*	17.4	7.6*	4.0*	100.0
	35 to 44	63.1	11.0	16.8	5.8*	3.3*	100.0
	45 to 54	69.2	10.6	9.8	6.3*	4.1*	100.0
	55 to 64	71.2	8.1*	14.1	5.6*	0.9**	100.0
	65 and over	73.2	9.2	13.0	3.8*	0.8**	100.0
	TOTAL	62.6	10.7	15.6	7.5	3.6	100.0
Persons	15 to 24	37.0	17.5	23.7	12.8	8.9	100.0
	25 to 34	55.9	14.8	19.0	6.3	4.0*	100.0
	35 to 44	60.7	17.4	15.6	4.3	2.1*	100.0
	45 to 54	70.7	11.2	9.5	5.5	3.0*	100.0
	55 to 64	70.3	11.4	13.7	3.7*	0.9**	100.0
	65 and over	71.6	8.1	14.7	4.2*	1.4**	100.0
	TOTAL	61.0	13.4	16.0	6.2	3.4	100.0

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 38: All persons aged 15 years and over — frequency of participation, Tasmania, 2006

Sex	Age group (years)	None	Zero — once	Once or twice	Three or four	Five or	Total
			per week	per week	times per week	more times	
			(a)	(b)	(c)	per week	
		Number ('000)					
Males	15 to 24	4.4	5.1	9.0	5.0	8.2	31.7
	25 to 34	3.3	5.2	7.5	5.5	5.9	27.4
	35 to 44	3.4	10.9	8.5	4.4	5.7	32.9
	45 to 54	7.3	8.2	6.7	5.2	6.7	34.2
	55 to 64	6.1	6.0	7.2	4.1	5.4	28.8
	65 and over	10.5	2.5*	5.5	3.9	7.8	30.2
	TOTAL		34.9	38.0	44.3	28.2	39.7
Females	15 to 24	2.1*	4.6	6.2	6.4	11.5	30.8
	25 to 34	5.2	3.6	6.8	5.4	7.8	28.9
	35 to 44	5.6	4.0	7.7	8.1	9.2	34.5
	45 to 54	8.3	4.1	8.5	6.8	7.7	35.5
	55 to 64	4.4	3.4	6.7	5.9	8.7	29.1
	65 and over	9.1	3.3	6.9	7.0	9.2	35.4
	TOTAL		34.6	23.1	42.9	39.5	54.1
Persons	15 to 24	6.5	9.7	15.2	11.4	19.7	62.5
	25 to 34	8.5	8.9	14.3	10.9	13.7	56.3
	35 to 44	9.0	14.9	16.2	12.5	14.9	67.4
	45 to 54	15.6	12.4	15.2	12.1	14.4	69.7
	55 to 64	10.4	9.5	13.9	10.0	14.1	57.9
	65 and over	19.6	5.8	12.4	10.9	17.0	65.6
	TOTAL		69.6	61.1	87.2	67.7	93.8

Proportion of each demographic group within each category (row %)

Males	15 to 24	13.8	16.2	28.3	15.9	25.8	100.0
	25 to 34	11.9	19.0	27.4	20.2	21.4	100.0
	35 to 44	10.2	33.2	25.9	13.5	17.3	100.0
	45 to 54	21.4	24.1	19.5	15.3	19.7	100.0
	55 to 64	21.1	20.8	24.9	14.4	18.8	100.0
	65 and over	34.8	8.4*	18.2	12.8	25.8	100.0
	TOTAL		18.9	20.5	23.9	15.3	21.4
Females	15 to 24	6.7*	14.9	20.2	20.6	37.5	100.0
	25 to 34	18.1	12.6	23.7	18.5	27.2	100.0
	35 to 44	16.2	11.6	22.3	23.3	26.6	100.0
	45 to 54	23.4	11.6	24.1	19.3	21.6	100.0
	55 to 64	15.0	11.8	23.1	20.2	29.8	100.0
	65 and over	25.7	9.2	19.3	19.8	26.0	100.0
	TOTAL		17.8	11.9	22.1	20.3	27.9
Persons	15 to 24	10.3	15.6	24.3	18.2	31.5	100.0
	25 to 34	15.1	15.7	25.5	19.4	24.4	100.0
	35 to 44	13.3	22.1	24.0	18.5	22.0	100.0
	45 to 54	22.4	17.7	21.8	17.3	20.7	100.0
	55 to 64	18.0	16.3	24.0	17.3	24.4	100.0
	65 and over	29.9	8.8	18.8	16.6	25.9	100.0
	TOTAL		18.3	16.1	23.0	17.9	24.7

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 39: All persons aged 15 years and over — frequency of participation in organised activity, Tasmania, 2006

		None	Zero — once per week (a)	Once or twice per week (b)	Three or four times per week (c)	Five or more times per week	Total
Sex	Age group (years)	Number ('000)					
Males	15 to 24	13.3	5.1	7.9	3.3	2.1*	31.7
	25 to 34	15.6	5.2	4.9	1.6*	0.0**	27.4
	35 to 44	19.7	7.0	5.0	1.0**	0.2**	32.9
	45 to 54	24.0	5.0	2.2*	2.2*	0.8**	34.2
	55 to 64	20.3	4.1	3.2	1.3*	0.0**	28.8
	65 and over	23.2	1.7*	3.2	1.3*	0.9**	30.2
	TOTAL		116.1	28.1	26.4	10.6	3.9
Females	15 to 24	12.5	4.1	7.8	2.8*	3.7	30.8
	25 to 34	20.6	3.5	3.2	0.9**	0.7**	28.9
	35 to 44	24.9	4.3	3.5	1.2*	0.6**	34.5
	45 to 54	29.3	2.0*	2.5*	1.5*	0.2**	35.5
	55 to 64	21.7	2.8*	2.9*	1.1*	0.6**	29.1
	65 and over	25.3	3.3	5.2	1.5*	0.1**	35.4
	TOTAL		134.2	20.1	25.0	8.9	5.9
Persons	15 to 24	25.8	9.2	15.7	6.1	5.8	62.5
	25 to 34	36.3	8.7	8.1	2.5*	0.7**	56.3
	35 to 44	44.6	11.3	8.5	2.1*	0.8**	67.4
	45 to 54	53.3	7.0	4.7	3.7	1.0**	69.7
	55 to 64	42.0	6.9	6.1	2.4*	0.6**	57.9
	65 and over	48.4	5.1	8.3	2.8*	1.0**	65.6
	TOTAL		250.4	48.2	51.5	19.6	9.8

Proportion of each demographic group within each category (row %)

Males	15 to 24	42.0	16.1	24.9	10.4	6.6*	100.0
	25 to 34	57.1	19.0	17.9	6.0*	0.0**	100.0
	35 to 44	59.8	21.3	15.4	3.0**	0.5**	100.0
	45 to 54	70.3	14.5	6.5*	6.4*	2.2**	100.0
	55 to 64	70.4	14.2	10.9	4.5*	0.0**	100.0
	65 and over	76.7	5.7*	10.6	4.2*	2.8**	100.0
	TOTAL		62.7	15.2	14.3	5.7	2.1
Females	15 to 24	40.5	13.3	25.2	9.1*	11.9	100.0
	25 to 34	71.5	12.1	11.1	3.0**	2.3**	100.0
	35 to 44	72.2	12.5	10.1	3.4*	1.8**	100.0
	45 to 54	82.5	5.7*	7.0*	4.2*	0.6**	100.0
	55 to 64	74.4	9.6*	10.1*	3.8*	2.0**	100.0
	65 and over	71.3	9.4	14.6	4.3*	0.4**	100.0
	TOTAL		69.1	10.4	12.9	4.6	3.0
Persons	15 to 24	41.3	14.7	25.1	9.7	9.2	100.0
	25 to 34	64.5	15.5	14.4	4.5*	1.2**	100.0
	35 to 44	66.1	16.8	12.7	3.2*	1.2**	100.0
	45 to 54	76.5	10.0	6.8	5.3	1.4**	100.0
	55 to 64	72.5	11.9	10.5	4.1*	1.0**	100.0
	65 and over	73.8	7.7	12.7	4.2*	1.5**	100.0
	TOTAL		66.0	12.7	13.6	5.2	2.6

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 40: All persons aged 15 years and over — frequency of participation, Victoria, 2006

Sex	Age group (years)	None	Zero — once per week (a)	Once or twice per week (b)	Three or four	Five or	Total
					times per week (c)	more times per week	
		Number ('000)					
Males	15 to 24	30.1	56.2	95.9	74.8	98.2	355.2
	25 to 34	42.8	77.0	98.4	86.6	53.5	358.3
	35 to 44	70.0	89.7	85.4	62.5	64.3	371.9
	45 to 54	97.5	75.7	61.4	47.9	55.6	338.2
	55 to 64	72.2	32.1	49.5	45.0	66.0	264.8
	65 and over	80.7	30.3	54.9	39.3	81.1	286.2
	TOTAL		393.2	361.0	445.6	356.2	418.6
Females	15 to 24	44.2	61.9	108.2	55.4	71.8	341.5
	25 to 34	51.8	30.8	101.3	61.5	117.0	362.4
	35 to 44	56.1	45.0	95.0	92.0	96.6	384.8
	45 to 54	59.2	32.8	59.3	81.3	116.2	348.7
	55 to 64	38.0	11.7*	69.4	49.5	104.2	272.7
	65 and over	100.1	34.3	59.2	60.5	86.7	340.7
	TOTAL		349.4	216.5	492.4	400.1	592.4
Persons	15 to 24	74.3	118.1	204.1	130.2	170.0	696.7
	25 to 34	94.6	107.8	199.7	148.1	170.5	720.7
	35 to 44	126.1	134.7	180.5	154.6	160.9	756.7
	45 to 54	156.7	108.6	120.7	129.2	171.7	686.9
	55 to 64	110.1	43.7	118.9	94.5	170.2	537.4
	65 and over	180.7	64.5	114.1	99.8	167.7	626.9
	TOTAL		742.6	577.5	938.1	756.3	1,011.0

Proportion of each demographic group within each category (row %)

Males	15 to 24	8.5	15.8	27.0	21.1	27.7	100.0
	25 to 34	11.9	21.5	27.5	24.2	14.9	100.0
	35 to 44	18.8	24.1	23.0	16.8	17.3	100.0
	45 to 54	28.8	22.4	18.2	14.2	16.4	100.0
	55 to 64	27.3	12.1	18.7	17.0	24.9	100.0
	65 and over	28.2	10.6	19.2	13.7	28.3	100.0
	TOTAL		19.9	18.3	22.6	18.0	21.2
Females	15 to 24	13.0	18.1	31.7	16.2	21.0	100.0
	25 to 34	14.3	8.5	28.0	17.0	32.3	100.0
	35 to 44	14.6	11.7	24.7	23.9	25.1	100.0
	45 to 54	17.0	9.4	17.0	23.3	33.3	100.0
	55 to 64	13.9	4.3*	25.4	18.1	38.2	100.0
	65 and over	29.4	10.1	17.4	17.8	25.4	100.0
	TOTAL		17.0	10.6	24.0	19.5	28.9
Persons	15 to 24	10.7	16.9	29.3	18.7	24.4	100.0
	25 to 34	13.1	15.0	27.7	20.5	23.7	100.0
	35 to 44	16.7	17.8	23.8	20.4	21.3	100.0
	45 to 54	22.8	15.8	17.6	18.8	25.0	100.0
	55 to 64	20.5	8.1	22.1	17.6	31.7	100.0
	65 and over	28.8	10.3	18.2	15.9	26.8	100.0
	TOTAL		18.4	14.3	23.3	18.8	25.1

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 41: All persons aged 15 years and over — frequency of participation in organised activity, Victoria, 2006

		None	Zero — once per week (a)	Once or twice per week (b)	Three or four times per week (c)	Five or more times per week	Total
Sex	Age group (years)	Number ('000)					
Males	15 to 24	111.2	58.6	103.4	42.3	39.8	355.2
	25 to 34	207.5	58.3	56.1	28.9	7.5**	358.3
	35 to 44	227.7	79.8	42.9	19.0	2.5**	371.9
	45 to 54	243.1	49.7	32.8	10.9	1.7**	338.2
	55 to 64	197.1	32.3	19.8	12.9	2.6**	264.8
	65 and over	201.6	20.6	37.7	26.2	0.0**	286.2
	TOTAL	1,188.2	299.3	292.7	140.2	54.1	1,974.6
Females	15 to 24	127.7	52.8	108.2	26.0	26.8	341.5
	25 to 34	205.0	44.4	74.6	14.7	23.8*	362.4
	35 to 44	221.6	62.1	53.9	29.2	18.0*	384.8
	45 to 54	238.9	31.2	49.0	18.7	10.9*	348.7
	55 to 64	179.4	27.7	42.4	18.6	4.5**	272.7
	65 and over	223.9	38.7	53.8	17.4	7.0**	340.7
	TOTAL	1,196.5	257.0	381.9	124.6	90.9	2,050.8
Persons	15 to 24	238.8	111.5	211.6	68.3	66.6	696.7
	25 to 34	412.5	102.6	130.7	43.6	31.2	720.7
	35 to 44	449.3	141.9	96.8	48.2	20.5*	756.7
	45 to 54	482.0	80.9	81.8	29.6	12.6*	686.9
	55 to 64	376.6	60.0	62.2	31.5	7.1**	537.4
	65 and over	425.5	59.4	91.5	43.6	7.0**	626.9
	TOTAL	2,384.6	556.3	674.6	264.8	145.0	4,025.4

Proportion of each demographic group within each category (row %)

Males	15 to 24	31.3	16.5	29.1	11.9	11.2	100.0
	25 to 34	57.9	16.3	15.7	8.1	2.1**	100.0
	35 to 44	61.2	21.4	11.5	5.1	0.7**	100.0
	45 to 54	71.9	14.7	9.7	3.2	0.5**	100.0
	55 to 64	74.4	12.2	7.5	4.9	1.0**	100.0
	65 and over	70.5	7.2	13.2	9.1	0.0**	100.0
	TOTAL	60.2	15.2	14.8	7.1	2.7	100.0
Females	15 to 24	37.4	15.5	31.7	7.6	7.8	100.0
	25 to 34	56.6	12.2	20.6	4.1	6.6*	100.0
	35 to 44	57.6	16.1	14.0	7.6	4.7*	100.0
	45 to 54	68.5	9.0	14.1	5.4	3.1*	100.0
	55 to 64	65.8	10.2	15.6	6.8	1.7**	100.0
	65 and over	65.7	11.4	15.8	5.1	2.1**	100.0
	TOTAL	58.3	12.5	18.6	6.1	4.4	100.0
Persons	15 to 24	34.3	16.0	30.4	9.8	9.6	100.0
	25 to 34	57.2	14.2	18.1	6.1	4.3	100.0
	35 to 44	59.4	18.8	12.8	6.4	2.7*	100.0
	45 to 54	70.2	11.8	11.9	4.3	1.8*	100.0
	55 to 64	70.1	11.2	11.6	5.9	1.3**	100.0
	65 and over	67.9	9.5	14.6	6.9	1.1**	100.0
	TOTAL	59.2	13.8	16.8	6.6	3.6	100.0

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 42: All persons aged 15 years and over — frequency of participation, Western Australia, 2006

Sex	Age group (years)	None	Zero — once per week (a)	Once or twice per week (b)	Three or four times per week (c)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	3.3**	12.6	40.6	36.0	53.2	145.7
	25 to 34	9.0 *	27.5	45.7	26.2	26.9	135.3
	35 to 44	29.7	26.9	39.1	31.6	21.3	148.6
	45 to 54	31.6	24.8	31.5	22.6	29.2	139.7
	55 to 64	29.6	15.7	25.1	13.5	25.8	109.6
	65 and over	33.2	4.9*	18.6	16.7	31.0	104.4
	TOTAL		136.5	112.5	200.5	146.5	187.4
Females	15 to 24	15.6	28.4	33.1	23.5	37.7	138.3
	25 to 34	20.8	7.9*	30.8	24.7	52.8	136.9
	35 to 44	14.3	15.1	42.2	37.5	42.7	151.8
	45 to 54	15.7	10.1*	34.3	29.3	53.6	143.0
	55 to 64	19.9	11.3*	19.5	26.8	28.8	106.3
	65 and over	33.8	9.5*	20.8	20.6	33.6	118.3
	TOTAL		120.0	82.2	180.6	162.5	249.3
Persons	15 to 24	18.9	41.1	73.6	59.5	90.9	284.0
	25 to 34	29.8	35.4	76.5	50.9	79.6	272.2
	35 to 44	44.0	42.0	81.3	69.1	64.1	300.3
	45 to 54	47.3	34.9	65.8	51.9	82.8	282.8
	55 to 64	49.4	27.0	44.6	40.3	54.6	215.9
	65 and over	67.1	14.4	39.4	37.3	64.6	222.7
	TOTAL		256.5	194.7	381.1	308.9	436.7

Proportion of each demographic group within each category (row %)

Males	15 to 24	2.3**	8.7	27.8	24.7	36.5	100.0
	25 to 34	6.7*	20.3	33.8	19.4	19.8	100.0
	35 to 44	20.0	18.1	26.3	21.3	14.4	100.0
	45 to 54	22.6	17.8	22.5	16.1	20.9	100.0
	55 to 64	27.0	14.3	22.9	12.3	23.5	100.0
	65 and over	31.8	*4.7	17.8	16.0	29.7	100.0
	TOTAL		17.4	14.4	25.6	18.7	23.9
Females	15 to 24	11.3	20.6	23.9	17.0	27.3	100.0
	25 to 34	15.2	5.8*	22.5	18.0	38.6	100.0
	35 to 44	9.4	9.9	27.8	24.7	28.2	100.0
	45 to 54	11.0	7.1*	23.9	20.5	37.5	100.0
	55 to 64	18.7	10.6*	18.4	25.3	27.1	100.0
	65 and over	28.6	8.0*	17.5	17.4	28.4	100.0
	TOTAL		15.1	10.4	22.7	20.4	31.4
Persons	15 to 24	6.7	14.5	25.9	20.9	32.0	100.0
	25 to 34	10.9	13.0	28.1	18.7	29.3	100.0
	35 to 44	14.6	14.0	27.1	23.0	21.3	100.0
	45 to 54	16.7	12.4	23.3	18.4	29.3	100.0
	55 to 64	22.9	12.5	20.6	18.7	25.3	100.0
	65 and over	30.1	6.5	17.7	16.7	29.0	100.0
	TOTAL		16.3	12.3	24.2	19.6	27.7

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 43: All persons aged 15 years and over — frequency of participation in organised activity, Western Australia, 2006

		None	Zero — once per week (a)	Once or twice per week (b)	Three or four times per week (c)	Five or more times per week	Total
Sex	Age group (years)	Number ('000)					
Males	15 to 24	41.9	23.3	33.9	26.6	20.0	145.7
	25 to 34	57.7	28.5	26.4	13.8	8.8*	135.3
	35 to 44	80.3	27.8	26.5	9.3*	4.6*	148.6
	45 to 54	107.0	14.7	11.2*	6.8*	0.0**	139.7
	55 to 64	72.9	16.4	15.7	0.8**	3.7**	109.6
	65 and over	76.9	7.8*	13.2	4.1*	2.5**	104.4
	TOTAL	436.7	118.6	127.0	61.4	39.6	783.3
Females	15 to 24	45.7	30.9	35.0	17.5	9.3*	138.3
	25 to 34	78.0	17.0	26.5	8.9*	6.4*	136.9
	35 to 44	88.4	19.1	26.0	9.2*	9.0*	151.8
	45 to 54	93.3	18.3	17.6	9.9*	3.9*	143.0
	55 to 64	64.5	17.4	15.7	5.7*	2.9**	106.3
	65 and over	80.5	12.5	15.7	7.5*	2.0**	118.3
	TOTAL	450.4	115.2	136.5	58.8	33.6	794.5
Persons	15 to 24	87.6	54.2	68.9	44.1	29.2	284.0
	25 to 34	135.7	45.5	52.9	22.8	15.3	272.2
	35 to 44	168.7	47.0	52.5	18.5	13.7	300.3
	45 to 54	200.3	33.0	28.8	16.6	3.9*	282.8
	55 to 64	137.5	33.9	31.4	6.5*	6.7*	215.9
	65 and over	157.4	20.2	28.9	11.7	4.5*	222.7
	TOTAL	887.2	233.8	263.5	120.2	73.2	1,577.9

Proportion of each demographic group within each category (row %)

Males	15 to 24	28.8	16.0	23.3	18.3	13.7	100.0
	25 to 34	42.6	21.1	19.5	10.2	6.5*	100.0
	35 to 44	54.0	18.7	17.8	6.3*	3.1*	100.0
	45 to 54	76.6	10.5	8.0*	4.8*	0.0**	100.0
	55 to 64	66.6	15.0	14.3	0.7**	3.4**	100.0
	65 and over	73.6	7.4*	12.6	4.0*	2.4**	100.0
	TOTAL	55.7	15.1	16.2	7.8	5.1	100.0
Females	15 to 24	33.0	22.3	25.3	12.7	6.7*	100.0
	25 to 34	57.0	12.4	19.3	6.5*	4.7*	100.0
	35 to 44	58.2	12.6	17.2	6.1*	5.9*	100.0
	45 to 54	65.3	12.8	12.3	6.9*	2.7*	100.0
	55 to 64	60.7	16.4	14.7	5.4*	2.8**	100.0
	65 and over	68.1	10.6	13.3	6.4*	1.7**	100.0
	TOTAL	56.7	14.5	17.2	7.4	4.2	100.0
Persons	15 to 24	30.8	19.1	24.3	15.5	10.3	100.0
	25 to 34	49.9	16.7	19.4	8.4	5.6	100.0
	35 to 44	56.2	15.6	17.5	6.2	4.5	100.0
	45 to 54	70.8	11.7	10.2	5.9	1.4*	100.0
	55 to 64	63.7	15.7	14.5	3.0*	3.1*	100.0
	65 and over	70.7	9.1	13.0	5.2	2.0*	100.0
	TOTAL	56.2	14.8	16.7	7.6	4.6	100.0

(a) More than zero and less than once per week

(b) Once or more and less than three times per week

(c) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 44: Selected activities —Australian Capital Territory, 2006

Activity	MALES		FEMALES		PERSONS	
	Number	Participation rate	Number	Participation rate	Number	Participation rate
	'000	%	'000	%	'000	%
Aerobics/fitness	23.0	18.1	39.7	30.0	62.7	24.2
Aquarobics	0.6*	0.5*	2.7	2.0	3.2	1.2
Athletics/track and field	0.5**	0.4**	0.4**	0.3**	0.9*	0.4*
Australian football	2.6	2.0	0.5**	0.4**	3.0	1.2
Badminton	2.8	2.2	2.0*	1.5*	4.9	1.9
Baseball	0.7*	0.5*	0.0**	0.0**	0.7*	0.3*
Basketball	4.4	3.5	3.2	2.4	7.6	2.9
Billiards/snooker/pool	0.1**	0.1**	0.0**	0.0**	0.1**	0.1**
Boxing	0.9*	0.7*	0.2**	0.1**	1.1*	0.4*
Canoeing/kayaking	0.9*	0.7*	0.8*	0.6*	1.7*	0.7*
Carpet bowls	0.0**	0.0**	0.1**	0.1**	0.1**	0.0**
Cricket (indoor)	4.9	3.9	1.1*	0.8*	6.0	2.3
Cricket (outdoor)	6.4	5.1	1.4*	1.0*	7.8	3.0
Cycling	26.5	20.9	17.4	13.2	43.9	16.9
Dancing	0.5**	0.4**	4.9	3.7	5.5	2.1
Fishing	2.5	2.0	0.2**	0.1**	2.7	1.0
Football (indoor)	14.5	11.4	2.1	1.6	16.5	6.4
Football (outdoor)	0.3**	0.2**	0.6*	0.4*	0.8*	0.3*
Golf	1.1*	0.9*	0.6*	0.5*	1.7*	0.7*
Gymnastics	1.0*	0.8*	2.7	2.0	3.7	1.4
Hockey (indoor)	0.0**	0.0**	2.0*	1.5*	2.0*	0.8*
Hockey (outdoor)	4.3	3.4	2.8	2.1	7.1	2.7
Horse riding/equestrian activities/polocrosse	2.0*	1.5*	0.8*	0.6*	2.8	1.1
Ice/snow sports	2.7	2.1	3.6	2.7	6.3	2.4
Lawn bowls	1.9*	1.5*	0.5**	0.4**	2.4	0.9
Martial arts	1.3*	1.0*	9.7	7.3	11.0	4.3
Motor sports	1.8*	1.4*	0.5**	0.3**	2.3	0.9
Netball	1.5*	1.2*	0.6*	0.5*	2.2	0.8
Orienteering	1.7*	1.4*	0.3**	0.3**	2.1	0.8
Rock climbing	0.7*	0.6*	0.9*	0.7*	1.6*	0.6*
Roller sports	1.8*	1.4*	0.4**	0.3**	2.2	0.8
Rowing	4.1	3.2	0.6*	0.5*	4.7	1.8
Rugby league	16.4	12.9	11.8	8.9	28.2	10.9
Rugby union	1.5*	1.2*	0.1**	0.1**	1.6*	0.6*
Running	0.5**	0.4**	0.2**	0.1**	0.7*	0.3*
Sailing	0.4**	0.3**	0.0**	0.0**	0.4**	0.2**
Scuba diving	5.8	4.6	2.8	2.1	8.6	3.3
Shooting sports	10.6	8.3	6.6	5.0	17.2	6.6
Softball	0.9*	0.7*	1.0*	0.8*	1.9*	0.7*
Squash/racquetball	3.3	2.6	1.1*	0.8*	4.4	1.7
Surf sports	1.8*	1.4*	1.1*	0.8*	2.9	1.1
Swimming	19.1	15.1	23.2	17.5	42.3	16.3
Table tennis	0.5**	0.4**	0.1**	0.1**	0.7*	0.3*
Tennis	9.9	7.8	7.7	5.8	17.6	6.8
Tenpin bowling	0.8*	0.6*	0.8*	0.6*	1.6*	0.6*
Touch football	7.4	5.8	2.6	2.0	10.0	3.9
Triathlons	0.9*	0.7*	0.6*	0.4*	1.5*	0.6*
Volleyball	1.5*	1.2*	1.8*	1.3*	3.2	1.3
Walking (bush)	11.6	9.2	9.0	6.8	20.6	7.9
Walking (other)	40.9	32.2	67.0	50.6	107.9	41.6
Water polo	0.2**	0.2**	0.0**	0.0**	0.2**	0.1**
Waterskiing/powerboating	0.8*	0.7*	0.0**	0.0**	0.8*	0.3*
Weight training	6.8	5.4	3.8	2.9	10.6	4.1
Yoga	1.6*	1.2*	6.0	4.5	7.6	2.9

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 45: Selected activities — New South Wales, 2006

Activity	MALES		FEMALES		PERSONS	
	Number	Participation rate	Number	Participation rate	Number	Participation rate
	'000	%	'000	%	'000	%
Aerobics/fitness	382.1	14.7	610.2	22.6	992.4	18.7
Aquarobics	15.4*	0.6*	70.3	2.6	85.7	1.6
Athletics/track and field	18.4*	0.7*	8.5**	0.3**	26.9*	0.5*
Australian football	31.7	1.2	1.8**	0.1**	33.5	0.6
Badminton	13.7*	0.5*	8.1**	0.3**	21.8*	0.4*
Baseball	2.5**	0.1**	2.5**	0.1**	5.0**	0.1**
Basketball	96.0	3.7	38.7	1.4	134.7	2.5
Billiards/snooker/pool	7.7**	0.3**	4.1**	0.2**	11.7*	0.2*
Boxing	23.1*	0.9*	16.7*	0.6*	39.8	0.8
Canoeing/kayaking	26.4*	1.0*	24.6*	0.9*	51.0	1.0
Carpet bowls	3.0**	0.1**	5.6**	0.2**	8.7**	0.2**
Cricket (indoor)	28.7*	1.1*	1.8**	0.1**	30.5	0.6
Cricket (outdoor)	154.8	6.0	5.9**	0.2**	160.6	3.0
Cycling	309.7	11.9	158.6	5.9	468.3	8.8
Dancing	28.6*	1.1*	114.3	4.2	142.9	2.7
Darts	6.6**	0.3**	3.7**	0.1**	10.3*	0.2*
Fishing	104.5	4.0	6.8**	0.3**	111.4	2.1
Football (indoor)	71.8	2.8	19.5*	0.7*	91.2	1.7
Football (outdoor)	235.4	9.1	77.7	2.9	313.2	5.9
Golf	315.5	12.2	80.6	3.0	396.0	7.5
Gymnastics	0.0**	0.0**	21.4*	0.8*	21.4*	0.4*
Hockey (indoor)	0.0**	0.0**	7.0**	0.3**	7.0**	0.1**
Hockey (outdoor)	12.0*	0.5*	24.9*	0.9*	36.9	0.7
Horse riding/equestrian activities/polocrosse	18.7*	0.7*	45.1	1.7	63.8	1.2
Ice/snow sports	60.0	2.3	27.1*	1.0*	87.1	1.6
Lawn bowls	77.6	3.0	43.2	1.6	120.8	2.3
Martial arts	52.4	2.0	65.5	2.4	118.0	2.2
Motor sports	58.3	2.2	3.6**	0.1**	61.9	1.2
Netball	13.1*	0.5*	150.8	5.6	163.9	3.1
Orienteering	8.2**	0.3**	2.5**	0.1**	10.7*	0.2*
Rock climbing	38.6	1.5	11.4*	0.4*	50.0	0.9
Roller sports	25.1*	1.0*	6.6**	0.2**	31.6	0.6
Rowing	10.5*	0.4*	6.8**	0.3**	17.3*	0.3*
Rugby league	90.9	3.5	6.6**	0.2**	97.5	1.8
Rugby union	52.3	2.0	2.9**	0.1**	55.2	1.0
Running	263.4	10.1	135.0	5.0	398.4	7.5
Sailing	18*	0.7*	5.2**	0.2**	23.2*	0.4*
Scuba diving	22.1*	0.9*	4.7**	0.2**	26.9*	0.5*
Shooting sports	17.4*	0.7*	0.0**	0.0**	17.4*	0.3*
Softball	4.3**	0.2**	4.4**	0.2**	8.7**	0.2**
Squash/racquetball	25.4*	1.0*	23.0*	0.9*	48.4	0.9
Surf sports	151.3	5.8	21.8*	0.8*	173.1	3.3
Swimming	379.8	14.6	435.0	16.1	814.7	15.4
Table tennis	15.4*	0.6*	2.4**	0.1**	17.7*	0.3*
Tennis	202.1	7.8	191.1	7.1	393.2	7.4
Tenpin bowling	14.6*	0.6*	18.6*	0.7*	33.2	0.6
Touch football	153.9	5.9	56.4	2.1	210.2	4.0
Triathlon	12.8*	0.5*	1.5**	0.1**	14.3*	0.3*
Volleyball	23.4*	0.9*	18.1*	0.7*	41.4	0.8
Walking (bush)	112.6	4.3	154.1	5.7	266.7	5.0
Walking (other)	599.0	23.1	1189.7	44.1	1788.7	33.8
Water polo	5.1**	0.2**	7.0**	0.3**	12.1*	0.2*
Waterskiing/powerboating	35.3	1.4	9.0**	0.3**	44.3	0.8
Weight training	98.2	3.8	50.2	1.9	148.4	2.8
Yoga	9.8*	0.4*	147.8	5.5	157.6	3.0

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 46: Selected activities — Northern Territory, 2006

Activity	MALES		FEMALES		PERSONS	
	Number	Participation rate	Number	Participation rate	Number	Participation rate
	'000	%	'000	%	'000	%
Aerobics/fitness	9.0	11.9*	16.3	22.2*	25.3	17.0*
Aquarobics	0.3**	0.4**	2.3	3.1**	2.6	1.8**
Athletics/track and field	0.2**	0.3**	0.5*	0.7**	0.7*	0.5**
Australian football	5.2	6.9**	0.6*	0.8**	5.8	3.9**
Badminton	0.5*	0.7**	0.0**	0.0**	0.5*	0.4**
Baseball	0.5*	0.7**	0.0**	0.0**	0.5*	0.3**
Basketball	2.9	3.8**	3.6	4.9**	6.5	4.4**
Billiards/snooker/pool	0.4**	0.6**	0.0**	0.0**	0.4**	0.3**
Boxing	0.7*	0.9**	0.9*	1.2**	1.5*	1.0**
Canoeing/kayaking	0.9*	1.2**	0.5*	0.6**	1.4*	0.9**
Cricket (indoor)	1.6	2.2**	0.2**	0.2**	1.8	1.2**
Cricket (outdoor)	3.9	5.1**	0.4**	0.5**	4.2	2.8**
Cycling	13.2	17.5*	9.8	13.4*	23.0	15.5*
Dancing	0.4**	0.5**	3.4	4.6**	3.8	2.6**
Darts	0.3**	0.4**	0.1**	0.1**	0.4**	0.3**
Fishing	5.2	6.9**	0.8*	1.0**	6.0	4.0**
Football (indoor)	2.5	3.3**	0.8*	1.1**	3.3	2.2**
Football (outdoor)	3.5	4.6**	1.7	2.3**	5.1	3.4**
Golf	7.3	9.6*	1.5*	2.1**	8.8	5.9*
Gymnastics	0.2**	0.3**	0.4**	0.6**	0.7*	0.4**
Hockey (indoor)	0.2**	0.3**	0.3**	0.5**	0.6*	0.4**
Hockey (outdoor)	0.9*	1.2**	0.6*	0.8**	1.5*	1.0**
Horse riding/equestrian activities/polocrosse	0.3**	0.5**	0.6*	0.9**	1.0*	0.7**
Ice/snow sports	0.3**	0.5**	0.0**	0.0**	0.3**	0.2**
Lawn bowls	0.7*	1.0**	1.1*	1.5**	1.8	1.2**
Martial arts	1.7	2.3**	1.3*	1.8**	3.0	2.0**
Motor sports	1.7	2.2**	0.0**	0.0**	1.7	1.1**
Netball	1.1*	1.5**	5.0	6.9**	6.2	4.1**
Orienteering	0.5*	0.7**	0.4**	0.5**	0.9*	0.6**
Rock climbing	0.6*	0.8**	0.7*	1.0**	1.3*	0.9**
Roller sports	0.4**	0.5**	0.1**	0.1**	0.5*	0.3**
Rowing	0**	0**	0.1**	0.1**	0.1**	0.1**
Rugby league	1.7	2.2**	0.3**	0.4**	2.0	1.3**
Rugby union	2.1	2.8**	0.0**	0.0**	2.1	1.4**
Running	7.8	10.3*	6.5	8.9**	14.3	9.6*
Sailing	1.1*	1.4**	0.7*	1.0**	1.8	1.2**
Scuba diving	0.2**	0.3**	0.3**	0.4**	0.5*	0.3**
Shooting sports	1.2*	1.5**	0.1**	0.1**	1.2*	0.8**
Softball	0.0**	0.0**	0.4**	0.6**	0.4**	0.3**
Squash/racquetball	2.9	3.8**	0.4**	0.6**	3.3	2.2**
Surf sports	1.3*	1.8**	0.2**	0.3**	1.5*	1.0**
Swimming	8.3	11.0*	15.5	21.2*	23.8	16.0*
Table tennis	1.0*	1.3**	0.0**	0.0**	1.0*	0.7**
Tennis	4.0	5.3**	3.4	4.7**	7.4	5.0*
Tenpin bowling	0.9*	1.2**	0.4**	0.6**	1.3*	0.9**
Touch football	3.3	4.4**	2.2	3.0**	5.5	3.7**
Triathlon	0.9*	1.2**	0.5*	0.6**	1.4*	0.9**
Volleyball	2.9	3.8**	3.1	4.2**	6.0	4.0**
Walking (bush)	3.8	5.0**	3.4	4.6**	7.2	4.8*
Walking (other)	18.2	24.1*	31.6	43.1	49.7	33.4
Water polo	0.0**	0.0**	0.6*	0.9**	0.6*	0.4**
Waterskiing/powerboating	0.5*	0.7**	0.2**	0.2**	0.7*	0.5**
Weight training	2.5	3.3**	1.8	2.4**	4.3	2.9**
Yoga	0.4**	0.5**	3.3	4.5**	3.7	2.5**

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 47: Selected activities — Queensland, 2006

Activity	MALES		FEMALES		PERSONS	
	Number	Participation rate	Number	Participation rate	Number	Participation rate
	'000	%	'000	%	'000	%
Aerobics/fitness	205.8	13.4	349.7	22.0	555.4	17.8
Aquarobics	6.8*	0.4*	35.6	2.2	42.5	1.4
Athletics/track and field	19.1*	1.2*	4.4**	0.3**	23.5	0.8
Australian football	48.5	3.2	6.2**	0.4**	54.8	1.8
Badminton	3.8**	0.2**	4.4**	0.3**	8.2*	0.3*
Baseball	2.3**	0.1**	0.0**	0.0**	2.3**	0.1**
Basketball	45.3	2.9	21.2*	1.3*	66.4	2.1
Billiards/snooker/pool	0.0**	0.0**	2.7**	0.2**	2.7**	0.1**
Boxing	23.5	1.5	12.7*	0.8*	36.2	1.2
Canoeing/kayaking	14.0*	0.9*	4.5**	0.3**	18.5*	0.6*
Carpet bowls	5.2**	0.3**	5.5**	0.3**	10.7*	0.3*
Cricket (indoor)	23.6	1.5	1.2**	0.1**	24.8	0.8
Cricket (outdoor)	64.4	4.2	10.9*	0.7*	75.3	2.4
Cycling	168.2	10.9	104.9	6.6	273.2	8.7
Dancing	3.2**	0.2**	50.0	3.1	53.1	1.7
Fishing	71.4	4.6	22.0	1.4	93.4	3.0
Football (indoor)	28.7	1.9	5.3**	0.3**	34.0	1.1
Football (outdoor)	64.1	4.2	32.5	2.0	96.6	3.1
Golf	143.7	9.3	38.8	2.4	182.5	5.8
Gymnastics	0.0**	0.0**	9.1*	0.6*	9.1*	0.3*
Hockey (outdoor)	8.3*	0.5*	14.3*	0.9*	22.6	0.7
Horse riding/equestrian activities/polocrosse	6.9*	0.4*	39.5	2.5	46.4	1.5
Ice/snow sports	11.4*	0.7*	7.3*	0.5*	18.6*	0.6*
Lawn bowls	35.0	2.3	30.5	1.9	65.5	2.1
Martial arts	40.4	2.6	17.7*	1.1*	58.0	1.9
Motor sports	43.8	2.8	9.2*	0.6*	53.0	1.7
Netball	11.7*	0.8*	83.4	5.2	95.1	3.0
Orienteering	19.1*	1.2*	8.1*	0.5*	27.3	0.9
Rock climbing	0.0**	0.0**	2.0**	0.1**	2**	0.1**
Roller sports	17.4*	1.1*	1.6**	0.1**	19.0*	0.6*
Rowing	11.5*	0.7*	3.4**	0.2**	14.8*	0.5*
Rugby league	67.1	4.4	10.5*	0.7*	77.6	2.5
Rugby union	77.4	5.0	2.0**	0.1**	79.4	2.5
Running	116.3	7.6	80.0	5.0	196.3	6.3
Sailing	14.4*	0.9*	4.1**	0.3**	18.6*	0.6*
Scuba diving	12.6*	0.8*	3.0**	0.2**	15.6*	0.5*
Shooting sports	18.8*	1.2*	3.1**	0.2**	21.9*	0.7*
Softball	1.9**	0.1**	4.6**	0.3**	6.5**	0.2**
Squash/racquetball	34.5	2.2	11.4*	0.7*	45.9	1.5
Surf sports	58.1	3.8	15.9*	1.0*	73.9	2.4
Swimming	173.6	11.3	257.2	16.2	430.8	13.8
Table tennis	0.0**	0.0**	3.0**	0.2**	3.0**	0.1**
Tennis	87.2	5.7	93.5	5.9	180.7	5.8
Tenpin bowling	12.6*	0.8*	11.1*	0.7*	23.7	0.8
Touch football	72.7	4.7	41.5	2.6	114.2	3.7
Triathlon	17.4*	1.1*	0.0**	0.0**	17.4*	0.6*
Volleyball	23.2	1.5	20.9*	1.3*	44.1	1.4
Walking (bush)	65.0	4.2	65.4	4.1	130.4	4.2
Walking (other)	419.2	27.2	710.3	44.7	1129.5	36.1
Water polo	2.4**	0.2**	9.4*	0.6*	11.8*	0.4*
Waterskiing/powerboating	14.2*	0.9*	4.7**	0.3**	18.9*	0.6*
Weight training	46.9	3.0	40.2	2.5	87.1	2.8
Yoga	2.4**	0.2**	78.0	4.9	80.3	2.6

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 48: Selected activities — South Australia, 2006

Activity	MALES		FEMALES		PERSONS	
	Number	Participation rate	Number	Participation rate	Number	Participation rate
	'000	%	'000	%	'000	%
Aerobics/fitness	72.9	12.1	145.3	23.1	218.2	17.7
Aquarobics	2.3**	0.4**	14.4	2.3	16.7	1.4
Athletics/track and field	0.0**	0.0**	5.8*	0.9*	5.8*	0.5*
Australian football	55.5	9.2	0.7**	0.1**	56.2	4.6
Badminton	11.1	1.8	2.7**	0.4**	13.8	1.1
Baseball	4.5*	0.7*	2.2**	0.4**	6.8*	0.5*
Basketball	35.4	5.9	26.1	4.1	61.5	5.0
Billiards/snooker/pool	8.1*	1.3*	0.0**	0.0**	8.1*	0.7*
Boxing	1.7**	0.3**	0.5**	0.1**	2.2**	0.2**
Canoeing/kayaking	10.5	1.7	3.9*	0.6*	14.4	1.2
Carpet bowls	0.6**	0.1**	3.2*	0.5*	3.8*	0.3*
Cricket (indoor)	7.9*	1.3*	0.0**	0.0**	7.9*	0.6*
Cricket (outdoor)	26.9	4.4	8.7*	1.4*	35.5	2.9
Cycling	71.9	11.9	43.2	6.9	115.1	9.3
Dancing	4.9*	0.8*	23.6	3.7	28.5	2.3
Darts	1.3**	0.2**	0.7**	0.1**	2.0**	0.2**
Fishing	24.6	4.1	4.2*	0.7*	28.8	2.3
Football (indoor)	26.4	4.4	3.2*	0.5*	29.7	2.4
Football (outdoor)	30.1	5.0	9.0*	1.4*	39.1	3.2
Golf	63.4	10.5	12.6	2.0	76.0	6.2
Gymnastics	1.0**	0.2**	0.7**	0.1**	1.7**	0.1**
Hockey (indoor)	1.4**	0.2**	0.0**	0.0**	1.4**	0.1**
Hockey (outdoor)	9.4	1.6	5.5*	0.9*	14.9	1.2
Horse riding/equestrian activities/polocrosse	1.4**	0.2**	8.8*	1.4*	10.2	0.8
Ice/snow sports	2.9**	0.5**	2.5**	0.4**	5.4*	0.4*
Lawn bowls	16.1	2.7	9.4	1.5	25.5	2.1
Martial arts	8.0*	1.3*	14.8	2.3	22.7	1.8
Motor sports	8.9*	1.5*	0.4**	0.1**	9.2*	0.7*
Netball	6.7*	1.1*	59.0	9.4	65.7	5.3
Orienteering	1.0**	0.2**	0.0**	0.0**	1.0**	0.1**
Rock climbing	1.6**	0.3**	0.0**	0.0**	1.6**	0.1**
Roller sports	2.6**	0.4**	0.0**	0.0**	2.6**	0.2**
Rowing	0.0**	0.0**	1.7**	0.3**	1.7**	0.1**
Rugby league	5.2*	0.9*	0.0**	0.0**	5.2*	0.4*
Rugby union	3.4*	0.6*	0.0**	0.0**	3.4*	0.3*
Running	52.4	8.7	19.5	3.1	71.8	5.8
Sailing	7.1*	1.2*	1.3**	0.2**	8.4*	0.7*
Scuba diving	1.6**	0.3**	2.1**	0.3**	3.8*	0.3*
Shooting sports	5.3*	0.9*	0.0**	0.0**	5.3*	0.4*
Softball	1.0**	0.2**	10.3	1.6	11.3	0.9
Squash/racquetball	4.3*	0.7*	6.2*	1.0*	10.5	0.9
Surf sports	17.3	2.9	1.1**	0.2**	18.4	1.5
Swimming	49.4	8.2	67.6	10.7	117.0	9.5
Table tennis	5.5*	0.9*	2.7**	0.4**	8.3*	0.7*
Tennis	45.1	7.5	36.0	5.7	81.2	6.6
Tenpin bowling	7.0*	1.2*	3.9*	0.6*	11.0	0.9
Touch football	4.1*	0.7*	3.6*	0.6*	7.7*	0.6*
Triathlon	4.9*	0.8*	0.0**	0.0**	4.9*	0.4*
Volleyball	9.6	1.6	6.9*	1.1*	16.5	1.3
Walking (bush)	30.4	5.0	22.3	3.5	52.7	4.3
Walking (other)	179.8	29.8	282.4	44.8	462.3	37.5
Water polo	0.0**	0.0**	1.3**	0.2**	1.3**	0.1**
Waterskiing/powerboating	13.6	2.2	5.5*	0.9*	19.1	1.5
Weight training	24.5	4.1	21.6	3.4	46.2	3.7
Yoga	0.8**	0.1**	32.0	5.1	32.7	2.7

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 49: Selected activities — Tasmania, 2006

Activity	MALES		FEMALES		PERSONS	
	Number	Participation rate	Number	Participation rate	Number	Participation rate
	'000	%	'000	%	'000	%
Aerobics/fitness	16.7	9.0	32.1	16.5	48.8	12.9
Aquarobics	0.5**	0.3**	3.3	1.7	3.8	1.0
Athletics/track and field	0.3**	0.2**	1.7*	0.9*	2.1*	0.6*
Australian football	15.8	8.5	0.8**	0.4**	16.7	4.4
Badminton	2.4*	1.3*	3.1	1.6	5.5	1.4
Basketball	5.9	3.2	3.7	1.9	9.6	2.5
Billiards/snooker/pool	1.4*	0.7*	0.1**	0.1**	1.5*	0.4*
Boxing	0.3**	0.2**	0.4**	0.2**	0.7**	0.2**
Canoeing/kayaking	2.9*	1.6*	2.9*	1.5*	5.9	1.5
Carpet bowls	0.7**	0.4**	1.1*	0.6*	1.8*	0.5*
Cricket (indoor)	3.5	1.9	0.6**	0.3**	4.1	1.1
Cricket (outdoor)	11.1	6.0	2.3*	1.2*	13.4	3.5
Cycling	26.9	14.5	13.1	6.8	40.1	10.6
Dancing	1.0**	0.6**	4.1	2.1	5.1	1.3
Darts	0.8**	0.4**	0.7**	0.4**	1.5*	0.4*
Fishing	13.7	7.4	1.5*	0.8*	15.2	4.0
Football (indoor)	4.0	2.2	2.7*	1.4*	6.7	1.8
Football (outdoor)	10.0	5.4	4.2	2.2	14.2	3.7
Golf	18.2	9.8	4.1	2.1	22.2	5.9
Gymnastics	0.0**	0.0**	0.4**	0.2**	0.4**	0.1**
Hockey (indoor)	0.3**	0.2**	0.0**	0.0**	0.3**	0.1**
Hockey (outdoor)	3.8	2.1	5.3	2.7	9.1	2.4
Horse riding/equestrian activities/polocrosse	0.7**	0.4**	4.1	2.1	4.8	1.3
Ice/snow sports	1.1*	0.6*	0.4**	0.2**	1.6*	0.4*
Lawn bowls	4.4	2.4	3.4	1.7	7.8	2.0
Martial arts	4.0	2.1	4.0	2.0	7.9	2.1
Motor sports	7.7	4.2	0.6**	0.3**	8.3	2.2
Netball	1.2*	0.7*	12.0	6.2	13.2	3.5
Orienteering	0.5**	0.3**	1.6*	0.8*	2.1*	0.5*
Rock climbing	1.6*	0.8*	0.6**	0.3**	2.1*	0.6*
Roller sports	1.1*	0.6*	0.2**	0.1**	1.4*	0.4*
Rowing	1.4*	0.8*	0.8**	0.4**	2.3*	0.6*
Rugby league	0.0**	0.0**	0.2**	0.1**	0.2**	0.0**
Rugby union	1.2*	0.6*	0.0**	0.0**	1.2*	0.3*
Running	17.3	9.4	10.6	5.5	27.9	7.4
Sailing	4.3	2.3	0.6**	0.3**	4.9	1.3
Scuba diving	3.4	1.8	0.3**	0.2**	3.7	1.0
Shooting sports	3.5	1.9	0.2**	0.1**	3.8	1.0
Softball	0.0**	0.0**	0.7**	0.3**	0.7**	0.2**
Squash/racquetball	2.8*	1.5*	1.0**	0.5**	3.8	1.0
Surf sports	5.8	3.2	0.8**	0.4**	6.7	1.8
Swimming	15.1	8.1	27.3	14.0	42.4	11.2
Table tennis	2.4*	1.3*	0.2**	0.1**	2.6*	0.7*
Tennis	6.3	3.4	6.8	3.5	13.1	3.5
Tenpin bowling	2.0*	1.1*	0.0**	0.0**	2.0*	0.5*
Touch football	3.2	1.7	1.3*	0.7*	4.5	1.2
Triathlon	0.4**	0.2**	0**	0.0**	0.4**	0.1**
Volleyball	0.5**	0.3**	0.7**	0.4**	1.3*	0.3*
Walking (bush)	19.5	10.5	15.1	7.8	34.6	9.1
Walking (other)	53.8	29.1	102.7	52.9	156.5	41.2
Water polo	0.7**	0.4**	0.2**	0.1**	0.9**	0.2**
Waterskiing/powerboating	3.2	1.7	0.5**	0.3**	3.7	1.0
Weight training	5.0	2.7	3.1	1.6	8.1	2.1
Yoga	0.6**	0.3**	7.1	3.6	7.7	2.0

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 50: Selected activities — Victoria, 2006

Activity	MALES		FEMALES		PERSONS	
	Number	Participation rate	Number	Participation rate	Number	Participation rate
	'000	%	'000	%	'000	%
Aerobics/fitness	337.4	17.1	487.5	23.8	824.9	20.5
Aquarobics	5.2**	0.3**	40.4	2.0	45.6	1.1
Athletics/track and field	14.7*	0.7*	6.6**	0.3**	21.2*	0.5*
Australian football	156.2	7.9	26.7	1.3	182.9	4.5
Badminton	26.7	1.4	24.3*	1.2*	50.9	1.3
Baseball	10.9*	0.6*	1.9**	0.1**	12.8*	0.3*
Basketball	115.8	5.9	78.2	3.8	194.0	4.8
Billiards/snooker/pool	7.7**	0.4**	0.0**	0.0**	7.7**	0.2**
Boxing	13.9*	0.7*	2.6**	0.1**	16.4	0.4
Canoeing/kayaking	1.4**	0.1**	5.8*	0.3*	7.2**	0.2**
Carpet bowls	3.4**	0.2**	7.6*	0.4*	11.0*	0.3*
Cricket (indoor)	46.6	2.4	6.0*	0.3*	52.6	1.3
Cricket (outdoor)	147.0	7.4	15.5	0.8	162.5	4.0
Cycling	309.7	15.7	175.2	8.5	484.9	12.0
Dancing	24.9*	1.3*	83.7	4.1	108.6	2.7
Darts	3.2**	0.2**	0.0**	0.0**	3.2**	0.1**
Fishing	48.6	2.5	5.3**	0.3**	53.9	1.3
Football (indoor)	82.3	4.2	16.8*	0.8*	99.1	2.5
Football (outdoor)	101.4	5.1	31.6	1.5	133.0	3.3
Golf	207.6	10.5	70.9	3.5	278.5	6.9
Gymnastics	1.7**	0.1**	2.3**	0.1**	3.9**	0.1**
Hockey (indoor)	3.2**	0.2**	6.8**	0.3**	10.0*	0.2*
Hockey (outdoor)	19.8*	1.0*	20.6*	1.0*	40.4	1.0
Horse riding/equestrian activities/polocrosse	16.8*	0.9*	45.5	2.2	62.3	1.5
Ice/snow sports	24.9*	1.3*	17.8*	0.9*	42.7	1.1
Lawn bowls	46.5	2.4	27.2	1.3	73.7	1.8
Martial arts	30.6	1.5	23.9*	1.2*	54.5	1.4
Motor sports	34.7	1.8	6.3**	0.3**	41.0	1.0
Netball	13.2*	0.7*	128.7	6.3	141.9	3.5
Orienteering	12.2*	0.6*	10.1*	0.5*	22.3*	0.6*
Rock climbing	12.7*	0.6*	2.0**	0.1**	14.7*	0.4*
Roller sports	22.7*	1.2*	4.5**	0.2**	27.2	0.7
Rowing	6.4**	0.3**	8.4*	0.4*	14.8*	0.4*
Rugby league	5.7**	0.3**	6.8**	0.3**	12.5*	0.3*
Rugby union	5.8**	0.3**	0.0**	0.0**	5.8**	0.1**
Running	171.9	8.7	137.1	6.7	309.0	7.7
Sailing	16.1*	0.8*	3.6**	0.2**	19.6*	0.5*
Scuba diving	7.0**	0.4**	5.9**	0.3**	12.8*	0.3*
Shooting sports	24.5*	1.2*	1.5**	0.1**	26.0	0.6
Softball	0.0**	0.0**	6.8**	0.3**	6.8**	0.2**
Squash/racquetball	47.6	2.4	16.8*	0.8*	64.4	1.6
Surf sports	23.2	1.2	20.1*	1.0*	43.3	1.1
Swimming	196.9	10.0	278.8	13.6	475.7	11.8
Table tennis	23.5*	1.2*	12.6*	0.6*	36.1	0.9
Tennis	170.6	8.6	142.3	6.9	312.9	7.8
Tenpin bowling	13.9*	0.7*	22.0*	1.1*	35.9	0.9
Touch football	10.0*	0.5*	2.6**	0.1**	12.6*	0.3*
Triathlon	2.5**	0.1**	9.0*	0.4*	11.6*	0.3*
Volleyball	25.3	1.3	14.3*	0.7*	39.6	1.0
Walking (bush)	74.6	3.8	105.6	5.1	180.2	4.5
Walking (other)	547.4	27.7	972.6	47.4	1519.9	37.8
Water polo	0.0**	0.0**	3.9**	0.2**	3.9**	0.1**
Waterskiing/powerboating	25.5	1.3	13.2*	0.6*	38.7	1.0
Weight training	66.8	3.4	73.4	3.6	140.2	3.5
Yoga	21.2*	1.1*	120.8	5.9	142.0	3.5

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 51: Selected activities — Western Australia, 2006

Activity	MALES		FEMALES		PERSONS	
	Number	Participation rate	Number	Participation rate	Number	Participation rate
	'000	%	'000	%	'000	%
Aerobics/fitness	125.0	16.0	221.9	27.9	346.9	22.0
Aquarobics	0.0**	0.0**	17.2	2.2	17.2	1.1
Athletics/track and field	3.4**	0.4**	6.0*	0.8*	9.4*	0.6*
Australian football	75.6	9.7	3.9*	0.5*	79.5	5.0
Badminton	19.5	2.5	13.3	1.7	32.8	2.1
Baseball	7.9*	1.0*	0.0**	0.0**	7.9*	0.5*
Basketball	24.8	3.2	23.1	2.9	48.0	3.0
Billiards/snooker/pool	2.5**	0.3**	0.0**	0.0**	2.5**	0.2**
Boxing	11.2*	1.4*	1.3**	0.2**	12.4	0.8
Canoeing/kayaking	11.6	1.5	7.0*	0.9*	18.7	1.2
Carpet bowls	0.8**	0.1**	0.4**	0.1**	1.2**	0.1**
Cricket (indoor)	17.7	2.3	0.0**	0.0**	17.7	1.1
Cricket (outdoor)	43.7	5.6	4.7*	0.6*	48.3	3.1
Cycling	122.1	15.6	72.2	9.1	194.3	12.3
Dancing	5.9*	0.7*	34.0	4.3	39.9	2.5
Darts	1.4**	0.2**	3.0**	0.4**	4.4*	0.3*
Fishing	28.0	3.6	4.9*	0.6*	32.9	2.1
Football (indoor)	25.9	3.3	3.2**	0.4**	29.1	1.8
Football (outdoor)	47.2	6.0	10.1*	1.3*	57.3	3.6
Golf	88.2	11.3	22.0	2.8	110.2	7.0
Gymnastics	0.0**	0.0**	1.4**	0.2**	1.4**	0.1**
Hockey (indoor)	2.0**	0.3**	2.9**	0.4**	4.9*	0.3*
Hockey (outdoor)	14.3	1.8	10.1*	1.3*	24.4	1.5
Horse riding/equestrian activities/polocrosse	1.8**	0.2**	17.2	2.2	18.9	1.2
Ice/snow sports	5.3*	0.7*	4.6*	0.6*	10.0*	0.6*
Lawn bowls	18.0	2.3	13.8	1.7	31.7	2.0
Martial arts	10.2*	1.3*	14.2	1.8	24.4	1.5
Motor sports	17.0	2.2	4.4*	0.5*	21.3	1.4
Netball	7.1*	0.9*	77.1	9.7	84.3	5.3
Orienteering	2.0**	0.3**	4.3*	0.5*	6.3*	0.4*
Rock climbing	3.5**	0.4**	0.0**	0.0**	3.5**	0.2**
Roller sports	7.5*	1.0*	5.2*	0.7*	12.7	0.8
Rowing	7.9*	1.0*	4.5*	0.6*	12.3	0.8
Rugby league	4.0*	0.5*	0.0**	0.0**	4.0*	0.3*
Rugby union	6.0*	0.8*	1.0**	0.1**	7.0*	0.4*
Running	88.2	11.3	61.0	7.7	149.1	9.4
Sailing	6.4*	0.8*	3.1**	0.4**	9.5*	0.6*
Scuba diving	7.6*	1.0*	4.5*	0.6*	12.2	0.8
Shooting sports	4.1*	0.5*	0.0**	0.0**	4.1*	0.3*
Softball	7.9*	1.0*	3.3**	0.4**	11.2*	0.7*
Squash/racquetball	24.1	3.1	10.0*	1.3*	34.1	2.2
Surf sports	44.0	5.6	9.3*	1.2*	53.2	3.4
Swimming	115.9	14.8	137.3	17.3	253.2	16.0
Table tennis	5.9*	0.8*	2.3**	0.3**	8.2*	0.5*
Tennis	48.6	6.2	46.1	5.8	94.6	6.0
Tenpin bowling	3.7**	0.5**	0.9**	0.1**	4.6*	0.3*
Touch football	17.2	2.2	5.6*	0.7*	22.7	1.4
Triathlon	0.8**	0.1**	1.4**	0.2**	2.2**	0.1**
Volleyball	13.5	1.7	25.6	3.2	39.1	2.5
Walking (bush)	29.7	3.8	32.2	4.1	61.9	3.9
Walking (other)	201.8	25.8	394.9	49.7	596.7	37.8
Water polo	1.5**	0.2**	3.3**	0.4**	4.8*	0.3*
Waterskiing/powerboating	10.1*	1.3*	2.2**	0.3**	12.3	0.8
Weight training	27.6	3.5	23.0	2.9	50.6	3.2
Yoga	4.3*	0.6*	41.6	5.2	45.9	2.9

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 52: Participation in physical activity for exercise, recreation and sport — 2001 to 2006 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	103.8	2,026.0	60.1	1,099.2	447.2	134.4	1,493.6	599.5	5,963.9
	2002	107.2	1,987.3	58.0	1,096.1	468.3	137.4	1,511.1	603.3	5,968.6
	2003	108.3	2,152.2	59.9	1,147.8	490.4	145.4	1,632.1	636.7	6,372.7
	2004	110.5	2,156.3	61.1	1,217.9	472.6	147.3	1,678.2	669.9	6,513.7
	2005	113.2	2,214.8	59.8	1,273.3	498.0	150.5	1,667.2	663.5	6,640.3
	2006	110.9	2,090.9	60.1	1,228.1	486.3	150.3	1,581.4	646.9	6,354.8
Females	2001	100.2	1,944.5	53.2	1,060.8	438.7	146.4	1,443.9	596.9	5,784.6
	2002	102.4	1,928.0	53.4	1,130.4	460.0	140.1	1,515.3	613.8	5,943.4
	2003	110.1	2,099.9	57.2	1,204.2	502.8	153.0	1,683.1	661.0	6,471.3
	2004	112.0	2,160.7	54.4	1,243.0	497.7	156.8	1,700.1	652.9	6,577.6
	2005	112.0	2,214.8	55.4	1,243.5	508.7	156.5	1,735.2	663.3	6,689.5
	2006	115.1	2,122.0	59.4	1,259.2	499.3	159.6	1,701.4	674.5	6,590.6
Persons	2001	204.0	3,970.5	113.3	2,160.0	886.0	280.8	2,937.6	1,196.4	11,748.6
	2002	209.6	3,915.2	111.4	2,226.5	928.3	277.5	3,026.4	1,217.1	11,912.0
	2003	218.4	4,252.0	117.1	2,352.1	993.2	298.4	3,315.1	1,297.6	12,844.0
	2004	222.5	4,317.0	115.5	2,461.0	970.3	304.0	3,378.3	1,322.9	13,091.3
	2005	225.1	4,429.6	115.3	2,516.8	1,006.7	307.0	3,402.4	1,326.9	13,329.8
	2006	226.0	4,212.9	119.5	2,487.3	985.6	309.8	3,282.8	1,321.4	12,945.4
		Participation rate (%)								
Males	2001	86.0	80.3	81.9	79.1	76.6	75.7	79.8	81.3	79.8
	2002	88.8	77.8	78.6	77.3	79.6	77.1	79.5	80.3	78.7
	2003	88.8	83.2	81.4	78.7	82.6	80.5	84.3	83.0	82.6
	2004	88.6	82.5	83.2	80.9	79.1	80.9	85.3	86.0	83.0
	2005	90.3	84.1	81.4	82.1	82.7	81.5	83.7	83.8	83.5
	2006	87.4	80.6	79.5	79.8	80.5	81.1	80.1	82.6	80.6
Females	2001	80.9	75.6	79.1	75.5	72.9	78.6	75.0	80.8	75.9
	2002	83.1	74.2	79.2	78.6	76.0	74.9	77.6	81.6	77.0
	2003	88.5	79.8	84.8	81.4	82.4	80.8	84.7	86.0	82.4
	2004	87.8	81.5	82.3	81.5	81.1	81.9	84.9	83.7	82.6
	2005	87.7	83.0	84.9	79.7	82.5	80.9	85.7	83.8	83.1
	2006	86.9	78.6	81.2	79.2	79.3	82.2	83.0	84.9	80.7
Persons	2001	83.4	77.9	80.5	77.3	74.7	77.2	77.4	81.0	77.8
	2002	85.9	76.0	78.9	78.0	77.8	75.9	78.5	81.0	77.8
	2003	88.6	81.5	83.0	80.1	82.5	80.7	84.5	84.5	82.5
	2004	88.2	82.0	82.8	81.2	80.1	81.4	85.1	84.8	82.8
	2005	89.0	83.5	83.0	80.9	82.6	81.2	84.7	83.8	83.3
	2006	87.1	79.6	80.3	79.5	79.9	81.7	81.6	83.7	80.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in the respective year

Table 53: Participation in organised physical activities for exercise, recreation and sport by state and territory — 2001 to 2006 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	57.2	1,058.5	35.3	564.7	253.1	79.0	794.2	316.4	3,158.3
	2002	58.2	1,131.2	33.2	621.1	253.2	75.3	805.4	319.0	3,296.7
	2003	61.3	1,135.5	33.3	597.5	284.1	80.0	924.4	333.9	3,450.0
	2004	66.3	1,162.1	34.5	618.6	249.4	81.5	966.3	330.4	3,509.0
	2005	64.6	1,150.2	32.5	678.6	275.9	74.9	911.5	329.0	3,517.2
	2006	56.0	1,113.3	32.0	570.3	245.4	69.0	786.4	346.6	3,219.0
Females	2001	49.5	912.5	27.9	536.8	223.2	76.4	740.6	306.6	2,873.6
	2002	54.3	995.3	29.5	546.4	216.0	65.1	745.5	312.9	2,965.0
	2003	57.6	1,030.3	29.6	565.2	239.1	75.4	851.4	353.5	3,202.2
	2004	61.6	1,084.4	28.2	558.7	229.3	71.2	875.8	335.3	3,244.4
	2005	59.5	1,059.2	25.6	560.7	238.4	71.3	808.8	351.3	3,174.8
	2006	54.7	948.6	29.9	533.2	235.6	60.0	854.4	344.1	3,060.5
Persons	2001	106.7	1,971.0	63.2	1,101.5	476.3	155.4	1,534.8	623.0	6,031.9
	2002	112.5	2,126.5	62.7	1,167.5	469.1	140.4	1,550.9	632.0	6,261.7
	2003	118.8	2,165.8	62.9	1,162.7	523.3	155.4	1,775.8	687.5	6,652.2
	2004	127.9	2,246.5	62.6	1,177.3	478.7	152.7	1,842.0	665.7	6,753.4
	2005	124.1	2,209.5	58.2	1,239.4	514.3	146.1	1,720.3	680.2	6,692.1
	2006	110.7	2,061.9	61.9	1,103.4	481.0	129.0	1,640.8	690.7	6,279.5
		Participation rate (%)								
Males	2001	47.4	41.9	48.1	40.6	43.4	44.4	42.4	42.9	42.2
	2002	48.2	44.3	45.0	43.8	43.1	42.2	42.4	42.5	43.5
	2003	50.2	43.9	45.3	41.0	47.9	44.3	47.7	43.5	44.7
	2004	53.2	44.5	47.0	41.1	41.7	44.8	49.1	42.4	44.7
	2005	51.5	43.7	44.3	43.7	45.8	40.6	45.8	41.5	44.2
	2006	44.1	42.9	42.3	37.0	40.6	37.3	39.8	44.3	40.8
Females	2001	40.0	35.5	41.5	38.2	37.1	41.1	38.4	41.5	37.7
	2002	44.1	38.3	43.8	38.0	35.7	34.8	38.2	41.6	38.4
	2003	46.2	39.2	43.8	38.2	39.2	39.8	42.9	46.0	40.8
	2004	48.3	40.9	42.6	36.6	37.4	37.2	43.7	43.0	40.8
	2005	46.6	39.7	39.2	36.0	38.7	36.8	39.9	44.4	39.4
	2006	41.3	35.1	40.9	33.5	37.4	30.9	41.7	43.3	37.5
Persons	2001	43.6	38.7	44.9	39.4	40.2	42.7	40.4	42.2	39.9
	2002	46.1	41.3	44.5	40.9	39.3	38.4	40.2	42.0	40.9
	2003	48.2	41.5	44.6	39.6	43.5	42.0	45.3	44.8	42.7
	2004	50.7	42.7	44.9	38.8	39.5	40.9	46.4	42.7	42.7
	2005	49.1	41.7	41.9	39.8	42.2	38.7	42.8	43.0	41.8
	2006	42.7	38.9	41.6	35.3	39.0	34.0	40.8	43.8	39.1

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in the respective year

4 Explanatory notes

4.1 Introduction

ERASS collects information on participation in physical activity for exercise, recreation and sport by the Australian population. Participation is restricted to active 'playing' participation and does not include non-playing participation such as coaching, refereeing and being a spectator, or activities that are related to work or household chores. Practice and training activities are included.

The survey is conducted quarterly throughout Australia, with the fieldwork undertaken by ACNielsen Research. Results for 2006 were compiled by aggregating the four quarterly surveys conducted in February, May, August and November.

4.2 Scope

The survey collects information on persons who participated in exercise, recreation and sport in the 12 months prior to interview. The scope of the survey was all persons aged 15 years and over in occupied private dwellings (excludes people in special dwellings such as hospitals, hotels, nursing homes, etc).

4.3 Methodology

Mode: All interviews were conducted by telephone using ACNielsen's Computer-Assisted Telephone Interviewing (CATI) system.

Sample design: The sample design was a random survey stratified by state and territory. The sample is selected from the Electronic White Pages and one person is randomly selected per dwelling to complete the interview (based on last birthday method).

Total sample: The total sample of records used to produce estimates for 2006 was 13,708 persons.

Overall response rate: The overall response rate is 42%. The response rate is the number of completed interviews divided by the number of contacts plus those where there was no answer after six calls.

4.4 Questionnaire

The questionnaire covers three main areas:

- Physical activity for exercise, recreation and sport over the last 12 months — identifying up to ten different types of activities participated in over the last 12 months, and for each type of activity determining whether it was organised by a club or association, the type of club or association and the number of times that activity was engaged in over the last 12 months
- Physical activity for exercise, recreation and sport over the last two weeks — identifying the frequency and duration of participation in the three activities that the respondent participated in during the two weeks prior to interview for the three activities they participated in most over the 12 months prior to interview. This section was first added in 2005 and was again collected in 2006
- Demographics — covers sex, age, marital status, number and age of children, educational qualifications, employment status, Indigenous status, language spoken at home and postcode.

A copy of the questionnaire is in Section 5.

4.5 Comparability of the data

The survey was first conducted in 2001. This publication provides results from the sixth annual survey, which was conducted in 2006. The survey will also be conducted in 2007, which will allow a comparison of participation in physical activity for exercise, recreation and sport over a seven-year period.

ERASS is not comparable with data collected through other surveys of participation in physical activity. In particular, the data cannot be directly compared with participation surveys conducted by the Australian Bureau of Statistics (for example, Population Survey Monitor) and by Sweeney Sports (Sweeney Research). This is due to differences in the scope, methodology and questionnaire design of the various surveys.

4.6 Standard errors and relative standard errors

Since the estimates presented in the tables are based on information obtained from persons from a sample of households selected randomly by telephone number, they are subject to sampling variability; that is, they may differ from those that would have been produced if all households had been included in the survey.

One measure of the likely difference is given by the standard error (SE), which indicates the extent to which an estimate might have varied by chance because only a sample of households was included. There are about two chances in three (67%) that a sample estimate will vary by less than one standard error from the number that would have been obtained if all households had been included, and about 19 chances in 20 (95%) that the difference will be less than two standard errors.

For example, if an estimate of 100,000 persons is provided for participating in a particular activity, then we are 67% confident that if we surveyed the entire Australian population the result would be between 88,100 and 111,900. Similarly, we would be 95% confident that, if we surveyed the entire Australian population, the result would be between 76,200 and 123,800

Another measure of the likely difference is the relative standard error (RSE) that is obtained by expressing the standard error as a percentage of the estimate. The relative standard error is a useful measure in that it provides an indication of the relative accuracy of the estimate.

For the tables provided in this publication, only estimates with relative standard errors of less than 25% are considered sufficiently reliable for most purposes. However, estimates with relative standard errors between 25% and 50% have been included and are followed by an asterisk (for example, 13.5*) to indicate that they should be treated with caution and viewed as being merely indicative of the magnitude involved. Estimates with relative standard errors greater than 50% are followed by a double asterisk (for example, 3.6**) and are subject to sampling error too high for most practical purposes.

The table following this section gives the relative standard error cut-offs to be used when applying, if required, a single or double asterisk to the estimate. For example, for New South Wales an estimate between 9,083 and 28,973 should be followed by a single asterisk and used with caution, and an estimate less than 9,083 should be followed by a double asterisk and will be considered too unreliable for general use.

4.7 Significance testing

When differences are detected between statistics, it is important to test to determine if those perceived differences are statistically significant. For example, in New South Wales 42.7% and 41.7% of the population participated in organised physical activities for exercise, recreation and sport in 2004 and 2005 respectively. While on face value it may appear that this participation rate has decreased by 1% between 2004 and 2005, statistical tests identify that there is not enough evidence to substantiate this. That is, the sample sizes are too small to reliably detect a difference of this size.

All comparisons between statistics have been tested for significant differences using applicable significance testing, with an alpha value of 0.05. The alpha value is a number between 0 and 1 that sets a cut-off for differences to be statistically significant. For tests where proportions are being compared, the Bonferroni correction was also applied.

The Bonferroni correction is used when several dependent or independent statistical tests are being performed simultaneously. This correction is required in these situations because while a given alpha value may be appropriate for each individual comparison, it is not appropriate for the set of all comparisons. In order to avoid a lot of spurious positives, the alpha value needs to be lowered to account for the number of comparisons being performed.

Exercise Recreation and Sport Survey 2006

Standard errors

Size of estimate	NSW no.	VIC no.	QLD no.	SA no.	WA no.	TAS no.	NT no.	ACT no.	Australia no.
1,000	1,900	1,700	1,400	1,000	1,200	500	300	400	1,200
2,000	2,500	2,300	1,900	1,300	1,500	700	400	500	1,800
5,000	3,600	3,300	2,900	1,800	2,100	900	600	700	2,900
10,000	4,700	4,400	4,000	2,400	2,700	1,200	800	1,000	4,100
20,000	6,200	5,700	5,300	3,200	3,500	1,600	1,100	1,200	5,800
50,000	9,000	8,300	7,600	4,500	4,900	2,200	1,700	1,700	8,800
100,000	11,900	10,900	9,700	5,900	6,400	2,800	2,200	2,100	11,900
200,000	15,800	14,300	12,400	7,800	8,300	3,700	2,900	2,500	15,800
500,000	22,800	20,600	16,600	11,200	11,600	5,200	4,300	3,200	22,300
800,000	27,500	24,800	19,100	13,400	13,800	6,200	5,200	3,600	26,300
1,000,000	30,100	27,100	20,400	14,700	15,000	6,800	5,700	3,700	28,400
1,500,000	35,500	31,800	22,900	17,200	17,400	7,900	6,700	4,100	32,500
2,000,000	39,800	35,700	24,700	19,300	19,400	8,800	7,600	4,300	35,600
5,000,000	57,600	51,300	31,200	27,600	27,200	12,400	11,000	5,000	46,600
8,000,000	69,600	61,900	34,900	33,200	32,300	14,700	13,400	5,400	52,900

Relative standard errors

Size of estimate	NSW %	VIC %	QLD %	SA %	WA %	TAS %	NT %	ACT %	Australia %
1,000	186.9	174.7	139.5	97.1	116.4	50.7	32.8	37.0	118.6
2,000	123.5	115.0	97.2	63.8	75.2	32.9	21.8	25.2	88.1
5,000	71.4	66.2	59.0	36.6	42.2	18.5	12.8	14.8	57.9
10,000	47.2	43.6	39.8	24.0	27.3	12.0	8.5	9.7	41.3
20,000	31.2	28.7	26.5	15.8	17.6	7.8	5.7	6.2	29.0
50,000	18.0	16.5	15.1	9.0	9.9	4.4	3.3	3.4	17.7
100,000	11.9	10.9	9.7	5.9	6.4	2.8	2.2	2.1	11.9
200,000	7.9	7.2	6.2	3.9	4.1	1.8	1.5	1.3	7.9
500,000	4.6	4.1	3.3	2.2	2.3	1.0	0.9	0.6	4.5
800,000	3.4	3.1	2.4	1.7	1.7	0.8	0.6	0.4	3.3
1,000,000	3.0	2.7	2.0	1.5	1.5	0.7	0.6	0.4	2.8
1,500,000	2.4	2.1	1.5	1.1	1.2	0.5	0.4	0.3	2.2
2,000,000	2.0	1.8	1.2	1.0	1.0	0.4	0.4	0.2	1.8
5,000,000	1.2	1.0	0.6	0.6	0.5	0.2	0.2	0.1	0.9
8,000,000	0.9	0.8	0.4	0.4	0.4	0.2	0.2	0.1	0.7

Relative standard error cut-offs

RSE cut-off	NSW no.	VIC no.	QLD no.	SA no.	WA no.	TAS no.	NT no.	ACT no.	Australia no.
25%*	28,973	25,121	21,987	9,355	11,483	3,097	1,590	2,024	26,499
50%**	9,083	7,959	6,709	2,986	3,822	1,022	488	567	6,795

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

5 Exercise, Recreation and Sport Survey questionnaire 2006

The following questions are about physical activities you have participated in during the last 12 months for exercise, recreation or sport. Do not include any activities that were part of work or household and garden chores.

- Q1 During the last 12 months did you participate in any physical activities for exercise, recreation or sport?
- Yes 1 Go to Q2
- No 2 Go to Q7
- Don't know 9 Go to Q7
- Q2 What activities did you participate in?
- Up to maximum of ten activities to be coded*
- For each activity — ask Q3–Q5*
- Q3 Was any of this (activity) organised by a club, association or other type of organisation?
- Yes, all (organised) 1 Go to Q4
- Yes, some (organised) 2 Go to Q4
- No 3 Go to Q5
- Don't know 9 Go to Q5
- Q4 What type of club, association or organisation organised the (activity)?
- (multiple response)**
- Fitness, leisure or indoor sports centre that required payment for participation 1
 - Sport or recreation club or association that required payment of membership, fees or registration 2
 - Work 3
 - School 4
 - Other (specify) 8

Q5 Including any practice or training, approximately how many times did you participate in (activity) during the last 12 months?

Record actual number

[Ask Q6a and Q6b only for the 'top three sports' based on the frequency of activities reported at Q5]

Q6a Now thinking about the activities you have mentioned, during the last two weeks, how many sessions of [activity 1, 2, 3] did you participate in?

Q6b On average, how long was each session of [activity 1, 2, 3] during the two-week period?

CW1 Compared to 12 months ago (that is, from <current month> last year onwards), has the amount of time you spend participating in exercise, recreation and sport increased, decreased or stayed the same?

- Increased1 Go to CW2
- Stayed the same2 Go to CW3
- Decreased3 Go to CW3
- Refused7 Go to CW3
- Don't know9 Go to CW3

CW2 For what reasons has your participation increased? [What sparked that interest?]

- Time — has more free time1
- Time — more convenient timetables.....2
- Transport/Geographical location.....3
- Health or age4
- Level of interest.....5
- Social interaction6
- Cost.....7
- Commonwealth Games8
- Children/pregnancy.....9
- Job/school10
- Pets11
- Refused97
- Other (specify)98
- Don't know99

CW3 I'm now going to read out two statements that might apply to your participation in physical activities for exercise, recreation and sport. Could you please tell me if any of the following apply to you?

CW3a I am now participating in an activity that I wasn't participating in 12 months ago
 Yes1
 No.....2

CW3b I am no longer participating in an activity that I was participating in 12 months ago
 Yes1
 No.....2

CW4 [ONLY COMPLETE IF CW3a = 1]
 For what reasons have you taken up a new activity? [What sparked that interest?]
 Time — has more free time1
 Time — more convenient timetables.....2
 Transport/Geographical location.....3
 Health or age4
 Level of interest.....5
 Social interaction6
 Cost.....7
 Commonwealth Games8
 Children/pregnancy.....9
 Job/school10
 Pets11
 Refused97
 Other (specify)98
 Don't know99

CW5 [SKIP TO Q7 IF CW1 ≠ 1 AND CW3a = 2]
 Would you say that Melbourne hosting the Commonwealth Games this year influenced your decision to:

CW5a [ONLY COMPLETE IF CW1 = 1 AND CW2 ≠ 8]
 Spend more time participating in exercise, recreation and/or sport
 Yes1
 No.....2

CW5b	[ONLY COMPLETE IF CW3a = 1 AND CW4 ≠ 8] Take up a new exercise, recreation and/or sport.		
	Yes	1	
	No	2	
CW6	Thinking about the Commonwealth Games in Melbourne this year, have the Games made you feel more positive about Australia, more negative about Australia or made no difference to how you feel?		
	More positive	1	
	No difference.....	2	
	More negative	3	
	Don't know	9	
Q7	Sex of respondent		
	Male	1	
	Female	2	
Q8	What is your current age? (Record age)		
Q9	Which of the following best describes your current marital status? (Read out)		
	Married.....	1	
	De facto.....	2	
	Separated.....	3	
	Divorced	4	
	Widowed.....	5	
	Never married.....	6	
	Refused	7	
Q10	Do you have any children under 18 years of age?		
	Yes	1	Go to Q11
	No.....	2	Go to Q13
Q11	How many of these children are living with you? (Record actual number. If zero then go to Q13)		
Q12	What is the age of each of these children who are under 18 years of age and living with you? (Record actual age of each child)		

- Q13 What is the highest educational qualification you have completed?
- University degree or higher (including postgraduate diploma)1
 - Undergraduate diploma or associate diploma2
 - Certificate, trade qualification or apprenticeship3
 - Highest level of secondary school4
 - Did not complete highest level of school5
 - Never went to school6
 - Still at secondary school7
 - Other (specify)8
 - Refused9
- Q14 Do you have a full-time or part-time job of any kind?
- Yes1 Go to Q15
 - No2 Go to Q17
- Q15 Do you have more than one job?
- Yes1
 - No2
- Q16 How many hours a week do you usually work (in all jobs)?
- Go To Q18
- Q17 Did you look for work at any time in the last four weeks?
- Yes1
 - No2
- Q18 Which language or languages do you speak at home? (Please indicate all languages spoken)
- Q19 Are you of Aboriginal or Torres Strait Islander origin?
- Q20 What is the postcode of the suburb/area where you live? (Record postcode)

Questionnaire attachment — list of activities

1	Calisthenics	43	Football — rugby union
2	Chinese exercise	44	Football — soccer (indoor)
3	Exercise bike	45	Football — fluffy ball
4	Gymnasium workouts	46	Football — futsal
5	Military exercise	47	Football — soccer (outdoor)
6	Prime movers=>50s	48	Football — touch
7	Step Reebok	49	Football — Austag
8	Aerobics/exercising/other	50	Golf
9	Aerobatics	51	Gymnastics
10	Ballooning	52	Trampolineing
11	Gliding	53	Hockey (indoor)
12	Gyroplane flying	54	Hockey (outdoor)
13	Hang gliding	55	Horseriding/equestrian activities
14	Model aeroplane flying	56	Blade-skating
15	Ultralight flying	57	Ice hockey
16	Air sports — other	58	Ice skating
17	Archery	59	Snow skiing
18	Bow hunting	60	Ice/snow sports — other
19	Athletics — track and field	61	Lacrosse (outdoor)
20	Badminton	62	Lawn bowls
21	Baseball	63	Chi kung
22	Basketball (indoor and outdoor)	64	Eastern — judo
23	Billiards	65	Judo
24	Pool	66	Karate
25	Snooker	67	Kickboxing
26	Bocce/French bowls (outdoor)	68	Taekwondo
27	Boxing	69	Tai Chi
28	Canoeing	70	Yoga
29	Kayaking	71	Martial arts — other
30	Carpet bowls	72	Motor sports — go-karting
31	Cricket (indoor)	73	Motor sports — track
32	Cricket (outdoor) — Vigoro	74	Motor sports — trail bike
33	Croquet	75	Motor sports — other
34	Cycling	76	Netball (indoor)
35	BMX	77	Netball (outdoor)
36	Mountain bike	78	Cross-country running
37	Darts	79	Orienteering
38	Football — Australian rules	80	Rogaining
39	Football — gridiron (US)	81	Rodeo
40	Football — rugby league	82	Inline hockey
41	Football — sevens	83	Rollerblading
42	Football — modball	84	Skateboarding

85	Roller sports — other	129	Dog racing
86	Rowing	130	Walking — bush
87	Jogging	131	Walking — other (specify)
88	Running (for example, marathon)	133	Abseiling
89	Sailing (outrigging)	134	Caving
90	Hunting	135	Rock climbing
91	Paintball shooting	136	Handball
92	Pistol shooting	137	Fencing
93	Shooting sports — other	138	Gorilla ball
94	Softball	139	Racquet ball
95	Squash	140	Ultimate frisbee
96	Surf lifesaving/Royal lifesaving	141	Gaelic football
97	Sailboarding	142	Horsereading (strapping)
98	Windsurfing	143	Teeball (T-ball)
99	Surfing	144	Boomerang throwing
100	Surf sports — other	145	Water volleyball
101	Diving (board)	146	Woodchopping
102	Swimming	147	Dog shows
103	Table tennis	148	Sheepdog trials
104	Tennis (outdoor)	149	Winter Olympics
105	Tenpin bowling	150	Marching
106	Triathlons	151	Aquarobics
107	Volleyball (indoor) — rebound	152	Korfball
108	Newcombe ball	153	Underwater hockey
109	Volleyball (outdoor)	154	Softcrosse
110	Jet skiing	155	Commonwealth Games
111	Powerboating	156	Royal tennis
112	Waterskiing	157	Broom ball
113	Wrestling	158	Polocrosse
114	Tennis (indoor)	159	Leader ball
115	Lacrosse (indoor)	160	Pigeon racing
116	Canoe polo	161	Weight-lifting (competition)
117	Bodybuilding	162	Play
118	Circuits	163	Putt-putt golf
119	Power team	164	Grockey
120	Weight training for fitness — other	165	Other activities (specify)
121	Ballet		
122	Boot scooting		
123	Dancing — other		
124	Fishing		
125	Electric light cricket		
126	Wheelchair ice hockey		
127	Scuba diving		
128	Water polo		

6 Glossary

Aerobics/fitness

Includes calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers for Over 50s and Step Reebok

Capital cities

The six state capital city statistical divisions, the Darwin Statistical Division and the Australian Capital Territory

Cycling

Includes BMX and mountain bike riding

Dancing

Includes ballet and line dancing

Employed full time

Persons employed full time are those who usually work 35 hours or more per week (in all jobs)

Employed part time

Persons employed part time are those who usually work less than 35 hours per week (in all jobs)

ERASS

Exercise, Recreation and Sport Survey

European language

A language originating, and primarily spoken, in a country lying within Europe. Includes Afrikaans

Fitness organisation

A fitness, leisure or indoor sports centre that requires payment for participation

Gymnastics

Includes trampolining

Ice/snow sports

Includes blade-skating, ice hockey, ice-skating and snow skiing

Indigenous people

People who identified themselves, or were identified by another household member, as being of Aboriginal and/or Torres Strait Islander origin

Married

Married persons are those who describe their marital status as being married or in a de facto relationship

Martial arts

Includes chi kung, judo, karate, kick boxing, taekwondo and Tai Chi

Mean

Often known as the average, which includes all data values in its calculation

Median

The median represents the centre or midpoint of the data. One-half of the data will have values less than the median, and the other half will have values greater than the median

Motor sports

Includes car, motorbike, speedway, drag and go-kart

Netball

Includes indoor and outdoor netball

Non-European language

A language originating, and primarily spoken, in a country lying outside Europe. Includes Turkish and Russian

Not in the labour force

Persons not in the labour force are those who did not have a job when interviewed and did not look for work in the four weeks prior to interview

Not married

Not married persons are those who describe their marital status as being either separated, divorced, widowed or never married

Organised sport and physical activities

Sport and physical activities that were organised in full or in part by a club, association or other type of organisation

Orienteering

Includes rogaining and cross-country running

Participation rate

For any group, this is the number of persons who participated in the activity, expressed as a percentage of the population in the same group

Per week

Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participate in physical activity for exercise, recreation and sport during the 12 months prior to interview by 52 (that is, number of weeks in a year). This provides an average of the number of times persons participated 'per week'. However, it is possible that individuals that participate 'once per week' may not be regular participants throughout the 12 months prior to interview, as all their participation might be concentrated during one particular time period. For example, an individual who participates in cricket 52 times over three months, but then in no other activity for the other nine months, would appear to participate in physical activity for exercise, recreation and sport once per week

Rest of state

The whole of Australia less the six state capital city statistical divisions, the Darwin Statistical Division and the Australian Capital Territory

Rock climbing

Includes abseiling and caving

Roller sports

Includes inline hockey, rollerblading and skateboarding

RSE

Relative standard error

Rugby union

Includes rugby sevens

SE

Standard error

Shooting sports

Includes hunting, paintball and pistol shooting

Sport organisation

Sport or recreation club or association that requires payment of membership, fees or registration

Surf sports

Includes sailboarding, surfing, wind surfing. Excludes surf lifesaving

Swimming

Includes board diving

Unemployed

Unemployed persons are those who did not have a job when interviewed and looked for work in the four weeks prior to interview

Volleyball

Includes indoor and outdoor volleyball

Walking

Indicated as 'Walking — other' in the tables. This category excludes bushwalking, which is reported separately

Weight-training

Includes bodybuilding, circuits and weight training for fitness

7 Contacts

For more information about the survey, please contact:

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or contact your state or territory government agency
responsible for sport and recreation:

Australian Capital Territory

Sport and Recreation Services
Tel: (02) 6207 2111

New South Wales

NSW Sport and Recreation
Tel: (02) 9006 3761

Northern Territory

Division of Sport and Recreation
Tel: (08) 8982 2325

Queensland

Sport, Recreation and Racing
Tel: (07) 3237 0098

South Australia

Office for Recreation and Sport
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Tasmania

Sport and Recreation Tasmania
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Victoria

Sport and Recreation Victoria
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Western Australia

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