



Australian Government  
 Australian Sports Commission

# Participation in Exercise, Recreation and Sport



**Annual Report 2009**

State and Territory Tables for South Australia



Communities  
 Sport & Recreation



Government of Western Australia  
 Department of Sport and Recreation



Government of South Australia  
 Office for Recreation and Sport



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### 9.3.5 South Australia

**Table 71: South Australian participants — total participation in physical activity by type of participation, age and sex, 2009 (a)**

|              |                                  | Organised only (c)<br>(A) | Non-organised only (d)<br>(B) | Both organised and non-organised (e)<br>(C) | Total organised<br>(A + C) | Total non-organised<br>(B + C) | Total participation<br>(A + B + C) |
|--------------|----------------------------------|---------------------------|-------------------------------|---|----------------------------|--------------------------------|------------------------------------|
| Sex          | Age group (years)                | Number ('000)             |                               |   |                            |                                |                                    |
| Males        | 15 to 24                         | 32.3                      | 26.8                          | 45.4  | 77.7                       | 72.2                           | 104.5                              |
|              | 25 to 34                         | 16.5                      | 42.7                          | 39.4  | 55.9                       | 82.2                           | 98.7                               |
|              | 35 to 44                         | *10.2                     | 49.9                          | 37.7  | 47.9                       | 87.6                           | 97.8                               |
|              | 45 to 54                         | *4.9                      | 51.4                          | 26.3  | 31.2                       | 77.8                           | 82.7                               |
|              | 55 to 64                         | *5.0                      | 46.5                          | 15.6  | 20.7                       | 62.2                           | 67.2                               |
|              | 65 and over                      | 13.9                      | 40.2                          | 19.3  | 33.2                       | 59.5                           | 73.4                               |
|              | <b>TOTAL</b>                     | <b>82.7</b>               | <b>257.6</b>                  | <b>183.9</b>                                | <b>266.6</b>               | <b>441.5</b>                   | <b>524.2</b>                       |
|              | Females                          | 15 to 24                  | 19.2                          | 26.9  | 41.0                       | 60.1                           | 67.9                               |
| 25 to 34     |                                  | *10.7                     | 45.7                          | 31.7  | 42.4                       | 77.5                           | 88.2                               |
| 35 to 44     |                                  | *11.0                     | 58.7                          | 28.2  | 39.2                       | 86.9                           | 98.0                               |
| 45 to 54     |                                  | *10.7                     | 60.3                          | 25.2  | 35.9                       | 85.5                           | 96.2                               |
| 55 to 64     |                                  | *5.0                      | 54.2                          | 17.5  | 22.5                       | 71.8                           | 76.8                               |
| 65 and over  |                                  | 15.9                      | 49.1                          | 24.6  | 40.5                       | 73.7                           | 89.6                               |
| <b>TOTAL</b> |                                  | <b>72.5</b>               | <b>295.0</b>                  | <b>168.2</b>                                | <b>240.7</b>               | <b>463.2</b>                   | <b>535.7</b>                       |
| Persons      |                                  | 15 to 24                  | 51.4                          | 53.7  | 86.4                       | 137.9                          | 140.1                              |
|              | 25 to 34                         | 27.2                      | 88.5                          | 71.1  | 98.3                       | 159.6                          | 186.8                              |
|              | 35 to 44                         | 21.2                      | 108.7                         | 65.9  | 87.1                       | 174.6                          | 195.8                              |
|              | 45 to 54                         | 15.5                      | 111.7                         | 51.6  | 67.1                       | 163.3                          | 178.8                              |
|              | 55 to 64                         | *10.1                     | 100.8                         | 33.2  | 43.2                       | 133.9                          | 144.0                              |
|              | 65 and over                      | 29.8                      | 89.3                          | 44.0  | 73.7                       | 133.3                          | 163.0                              |
|              | <b>TOTAL</b>                     | <b>155.2</b>              | <b>552.6</b>                  | <b>352.1</b>                                | <b>507.3</b>               | <b>904.8</b>                   | <b>1,060.0</b>                     |
|              | Total participation rate (%) (b) |                           |                               |   |                            |                                |                                    |
| Males        | 15 to 24                         | 29.4                      | 24.4                          | 41.4  | 70.8                       | 65.8                           | 95.1                               |
|              | 25 to 34                         | 16.0                      | 41.4                          | 38.2  | 54.2                       | 79.6                           | 95.6                               |
|              | 35 to 44                         | *9.2                      | 45.0                          | 34.0  | 43.2                       | 79.1                           | 88.2                               |
|              | 45 to 54                         | *4.3                      | 45.9                          | 23.5  | 27.8                       | 69.4                           | 73.7                               |
|              | 55 to 64                         | *5.3                      | 48.6                          | 16.4  | 21.6                       | 65.0                           | 70.3                               |
|              | 65 and over                      | 13.1                      | 37.8                          | 18.2  | 31.3                       | 56.1                           | 69.1                               |
|              | <b>TOTAL</b>                     | <b>13.0</b>               | <b>40.4</b>                   | <b>28.8</b>                                 | <b>41.8</b>                | <b>69.2</b>                    | <b>82.2</b>                        |
|              | Females                          | 15 to 24                  | 18.2                          | 25.5  | 38.9                       | 57.0                           | 64.4                               |
| 25 to 34     |                                  | *10.6                     | 45.3                          | 31.4  | 42.0                       | 76.7                           | 87.3                               |
| 35 to 44     |                                  | *9.9                      | 52.7                          | 25.3  | 35.2                       | 78.0                           | 87.9                               |
| 45 to 54     |                                  | *9.3                      | 52.3                          | 21.9  | 31.2                       | 74.2                           | 83.5                               |
| 55 to 64     |                                  | *5.0                      | 54.1                          | 17.5  | 22.5                       | 71.5                           | 76.5                               |
| 65 and over  |                                  | 12.7                      | 39.1                          | 19.6  | 32.3                       | 58.7                           | 71.4                               |
| <b>TOTAL</b> |                                  | <b>11.0</b>               | <b>44.8</b>                   | <b>25.5</b>                                 | <b>36.5</b>                | <b>70.3</b>                    | <b>81.3</b>                        |
| Persons      |                                  | 15 to 24                  | 23.9                          | 24.9  | 40.1                       | 64.0                           | 65.1                               |
|              | 25 to 34                         | 13.3                      | 43.3                          | 34.8  | 48.1                       | 78.1                           | 91.5                               |
|              | 35 to 44                         | 9.5                       | 48.9                          | 29.7  | 39.2                       | 78.6                           | 88.1                               |
|              | 45 to 54                         | 6.8                       | 49.1                          | 22.7  | 29.5                       | 71.8                           | 78.7                               |
|              | 55 to 64                         | *5.1                      | 51.4                          | 16.9  | 22.1                       | 68.3                           | 73.5                               |
|              | 65 and over                      | 12.8                      | 38.5                          | 19.0  | 31.8                       | 57.5                           | 70.4                               |
|              | <b>TOTAL</b>                     | <b>12.0</b>               | <b>42.6</b>                   | <b>27.2</b>                                 | <b>39.1</b>                | <b>69.8</b>                    | <b>81.7</b>                        |

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 72: South Australian participants — total participation in any physical activity (organised and non-organised) by demographics, 2009 (a)**

|  | MALES            |   | FEMALES          |                                       | PERSONS          |                                       |
|--|------------------|---|------------------|---------------------------------------|------------------|---------------------------------------|
|  | Number<br>(‘000) | Total<br>participation<br>rate (b)<br>(%) | Number<br>(‘000) | Total<br>participation<br>rate<br>(%) | Number<br>(‘000) | Total<br>participation<br>rate<br>(%) |
| <b>AGE GROUP (YEARS)</b>                                     |                  |   |                  |                                       |                  |                                       |
| 15 to 24   | 104.5            | 95.1                                      | 87.0             | 82.6                                  | 191.5            | 89.0                                  |
| 25 to 34   | 98.7             | 95.6                                      | 88.2             | 87.3                                  | 186.8            | 91.5                                  |
| 35 to 44   | 97.8             | 88.2                                      | 98.0             | 87.9                                  | 195.8            | 88.1                                  |
| 45 to 54   | 82.7             | 73.7                                      | 96.2             | 83.5                                  | 178.8            | 78.7                                  |
| 55 to 64   | 67.2             | 70.3                                      | 76.8             | 76.5                                  | 144.0            | 73.5                                  |
| 65 and over  | 73.4             | 69.1                                      | 89.6             | 71.4                                  | 163.0            | 70.4                                  |
| <b>REGION</b>  |                  |   |                  |                                       |                  |                                       |
| Capital city   | 390.5            | 84.0                                      | 407.0            | 83.0                                  | 797.5            | 83.5                                  |
| Rest of state  | 133.7            | 77.2                                      | 128.7            | 76.3                                  | 262.4            | 76.8                                  |
| <b>EMPLOYMENT STATUS</b>                                     |                  |   |                  |                                       |                  |                                       |
| Employed full time   | 294.5            | 86.2                                      | 155.4            | 85.3                                  | 449.8            | 85.9                                  |
| Employed part time   | 73.1             | 82.4                                      | 186.6            | 88.4                                  | 259.7            | 86.6                                  |
| Employed refused   | *4.0             | *85.7                                     | **1.0            | **33.6                                | *5.0             | *65.7                                 |
| Total employed   | 371.6            | 85.4                                      | 342.9            | 86.5                                  | 714.5            | 86.0                                  |
| Unemployed   | 29.3             | 96.6                                      | 17.6             | 73.2                                  | 46.9             | 86.2                                  |
| Not in the labour force                                      | 123.3            | 71.4                                      | 175.2            | 73.4                                  | 298.5            | 72.6                                  |
| <b>MARITAL STATUS</b>  |                  |   |                  |                                       |                  |                                       |
| Married  | 302.6            | 81.2                                      | 289.8            | 81.6                                  | 592.4            | 81.4                                  |
| Not married  | 219.8            | 83.7                                      | 240.9            | 81.4                                  | 460.7            | 82.5                                  |
| Refused/Do not know  | **1.9            | **75.1                                    | *5.0             | *63.2                                 | *6.8             | *66.0                                 |
| <b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>         |                  |   |                  |                                       |                  |                                       |
| At least one under 18 at home                                | 161.2            | 88.1                                      | 162.9            | 84.2                                  | 324.1            | 86.1                                  |
| At least one under 18 — none at home                         | 14.8             | 86.9                                      | **2.5            | **57.4                                | 17.3             | 81.0                                  |
| No children under 18   | 348.2            | 79.5                                      | 370.4            | 80.3                                  | 718.6            | 79.9                                  |
| <b>HIGHEST EDUCATION ATTAINMENT</b>                          |                  |   |                  |                                       |                  |                                       |
| University degree or higher (including postgraduate diploma) | 126.8            | 90.5                                      | 129.6            | 91.7                                  | 256.4            | 91.1                                  |
| Undergraduate diploma or associate diploma                   | 36.5             | 83.5                                      | 44.9             | 92.5                                  | 81.4             | 88.2                                  |
| Certificate, trade qualification or apprenticeship           | 87.1             | 85.3                                      | 67.2             | 87.5                                  | 154.3            | 86.3                                  |
| Highest level of secondary school                            | 111.6            | 79.2                                      | 112.1            | 80.5                                  | 223.7            | 79.9                                  |
| Did not complete highest level of school                     | 113.4            | 74.1                                      | 126.5            | 68.7                                  | 239.9            | 71.2                                  |
| Still at secondary school                                    | 38.6             | 100.0                                     | 34.6             | 94.2                                  | 73.3             | 97.2                                  |
| Other  | *6.9             | *49.9                                     | 18.4             | 73.1                                  | 25.3             | 64.9                                  |
| Refused  | *3.4             | *67.8                                     | **2.3            | **39.9                                | *5.7             | *52.9                                 |
| <b>INDIGENOUS STATUS</b>                                     |                  |   |                  |                                       |                  |                                       |
| Indigenous   | *4.8             | *86.4                                     | *8.7             | *78.1                                 | 13.5             | 80.9                                  |
| Non-Indigenous   | 518.7            | 82.1                                      | 527.0            | 81.4                                  | 1,045.7          | 81.7                                  |
| Refused  | **0.7            | **100.0                                   | **0.0            | **0.0                                 | **0.7            | **100.0                               |
| <b>LANGUAGE SPOKEN AT HOME</b>                               |                  |   |                  |                                       |                  |                                       |
| English only   | 468.7            | 82.3                                      | 478.3            | 81.9                                  | 947.0            | 82.1                                  |
| European language/s other than English                       | 28.6             | 82.7                                      | 30.4             | 80.8                                  | 59.0             | 81.7                                  |
| Non-European language/s                                      | 32.8             | 80.7                                      | 28.0             | 72.8                                  | 60.8             | 76.8                                  |
| <b>Total</b>   | <b>524.2</b>     | <b>82.2</b>                               | <b>535.7</b>     | <b>81.3</b>                           | <b>1,060.0</b>   | <b>81.7</b>                           |

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 73: All South Australian persons — participation in any physical activity by frequency, age and sex, 2009 (a)**

| Sex                   | Age group (years) | None          | Up to once<br>per week<br>(b) | One or two<br>times per week<br>(c) | Three or four<br>times per week<br>(d) | Five or<br>more times<br>per week | Do not know  | Total          |
|-----------------------|-------------------|---------------|-------------------------------|-------------------------------------|--|-----------------------------------|--------------|----------------|
|                       |                   | Number ('000) |                               |                                     |  |                                   |              |                |
| Males                 | 15 to 24          | *5.3          | 14.0                          | 40.6                                | 19.8                                   | 30.1                              | **0.0        | 109.8          |
|                       | 25 to 34          | *4.6          | 30.6                          | 27.6                                | 21.2                                   | 19.3                              | **0.0        | 103.2          |
|                       | 35 to 44          | 13.0          | 17.9                          | 29.8                                | 21.5                                   | 27.6                              | **1.1        | 110.8          |
|                       | 45 to 54          | 29.5          | 19.4                          | 21.5                                | 15.2                                   | 26.6                              | **0.0        | 112.2          |
|                       | 55 to 64          | 28.4          | 13.6                          | 14.2                                | 16.9                                   | 22.5                              | **0.0        | 95.6           |
|                       | 65 and over       | 32.8          | *6.9                          | 17.0                                | 22.2                                   | 26.0                              | **1.2        | 106.2          |
|                       | <b>TOTAL</b>      | <b>113.7</b>  | <b>102.4</b>                  | <b>150.8</b>                        | <b>116.7</b>                           | <b>152.1</b>                      | <b>**2.3</b> | <b>637.9</b>   |
| Females               | 15 to 24          | 18.4          | *11.0                         | 30.2                                | 19.0                                   | 26.8                              | **0.0        | 105.4          |
|                       | 25 to 34          | 12.9          | *9.8                          | 27.8                                | 25.1                                   | 25.4                              | **0.0        | 101.0          |
|                       | 35 to 44          | 13.5          | *12.4                         | 30.9                                | 25.8                                   | 28.9                              | **0.0        | 111.4          |
|                       | 45 to 54          | 19.0          | 13.3                          | 20.2                                | 25.1                                   | 35.7                              | **1.9        | 115.1          |
|                       | 55 to 64          | 23.5          | *5.2                          | 19.5                                | 19.4                                   | 32.3                              | **0.4        | 100.3          |
|                       | 65 and over       | 35.9          | *9.5                          | 23.0                                | 18.0                                   | 38.2                              | **0.9        | 125.5          |
|                       | <b>TOTAL</b>      | <b>123.1</b>  | <b>61.2</b>                   | <b>151.6</b>                        | <b>132.5</b>                           | <b>187.2</b>                      | <b>**3.2</b> | <b>658.9</b>   |
| Persons               | 15 to 24          | 23.7          | 25.0                          | 70.9                                | 38.8                                   | 56.9                              | **0.0        | 215.3          |
|                       | 25 to 34          | 17.4          | 40.4                          | 55.4                                | 46.3                                   | 44.7                              | **0.0        | 204.3          |
|                       | 35 to 44          | 26.5          | 30.3                          | 60.6                                | 47.4                                   | 56.4                              | **1.1        | 222.3          |
|                       | 45 to 54          | 48.5          | 32.7                          | 41.7                                | 40.3                                   | 62.3                              | **1.9        | 227.3          |
|                       | 55 to 64          | 52.0          | 18.9                          | 33.7                                | 36.3                                   | 54.8                              | **0.4        | 196.0          |
|                       | 65 and over       | 68.7          | 16.4                          | 40.0                                | 40.2                                   | 64.2                              | **2.2        | 231.7          |
|                       | <b>TOTAL</b>      | <b>236.8</b>  | <b>163.6</b>                  | <b>302.3</b>                        | <b>249.2</b>                           | <b>339.3</b>                      | <b>*5.5</b>  | <b>1,296.8</b> |
| Percentage of row (%) |                   |               |                               |                                     |  |                                   |              |                |
| Males                 | 15 to 24          | *4.9          | 12.7                          | 37.0                                | 18.0                                   | 27.4                              | **0.0        | 100.0          |
|                       | 25 to 34          | *4.4          | 29.7                          | 26.8                                | 20.5                                   | 18.7                              | **0.0        | 100.0          |
|                       | 35 to 44          | 11.8          | 16.1                          | 26.9                                | 19.4                                   | 24.9                              | **0.9        | 100.0          |
|                       | 45 to 54          | 26.3          | 17.3                          | 19.1                                | 13.5                                   | 23.7                              | **0.0        | 100.0          |
|                       | 55 to 64          | 29.7          | 14.3                          | 14.8                                | 17.6                                   | 23.5                              | **0.0        | 100.0          |
|                       | 65 and over       | 30.9          | *6.5                          | 16.1                                | 20.9                                   | 24.5                              | **1.2        | 100.0          |
|                       | <b>TOTAL</b>      | <b>17.8</b>   | <b>16.1</b>                   | <b>23.6</b>                         | <b>18.3</b>                            | <b>23.8</b>                       | <b>**0.4</b> | <b>100.0</b>   |
| Females               | 15 to 24          | 17.4          | *10.4                         | 28.7                                | 18.0                                   | 25.5                              | **0.0        | 100.0          |
|                       | 25 to 34          | 12.7          | *9.7                          | 27.5                                | 24.8                                   | 25.2                              | **0.0        | 100.0          |
|                       | 35 to 44          | 12.1          | *11.1                         | 27.7                                | 23.2                                   | 25.9                              | **0.0        | 100.0          |
|                       | 45 to 54          | 16.5          | 11.6                          | 17.5                                | 21.8                                   | 31.0                              | **1.6        | 100.0          |
|                       | 55 to 64          | 23.5          | *5.2                          | 19.4                                | 19.3                                   | 32.1                              | **0.4        | 100.0          |
|                       | 65 and over       | 28.6          | *7.6                          | 18.3                                | 14.3                                   | 30.4                              | **0.8        | 100.0          |
|                       | <b>TOTAL</b>      | <b>18.7</b>   | <b>9.3</b>                    | <b>23.0</b>                         | <b>20.1</b>                            | <b>28.4</b>                       | <b>**0.5</b> | <b>100.0</b>   |
| Persons               | 15 to 24          | 11.0          | 11.6                          | 32.9                                | 18.0                                   | 26.4                              | **0.0        | 100.0          |
|                       | 25 to 34          | 8.5           | 19.8                          | 27.1                                | 22.6                                   | 21.9                              | **0.0        | 100.0          |
|                       | 35 to 44          | 11.9          | 13.6                          | 27.3                                | 21.3                                   | 25.4                              | **0.5        | 100.0          |
|                       | 45 to 54          | 21.3          | 14.4                          | 18.3                                | 17.7                                   | 27.4                              | **0.8        | 100.0          |
|                       | 55 to 64          | 26.5          | 9.6                           | 17.2                                | 18.5                                   | 27.9                              | **0.2        | 100.0          |
|                       | 65 and over       | 29.6          | 7.1                           | 17.3                                | 17.4                                   | 27.7                              | **0.9        | 100.0          |
|                       | <b>TOTAL</b>      | <b>18.3</b>   | <b>12.6</b>                   | <b>23.3</b>                         | <b>19.2</b>                            | <b>26.2</b>                       | <b>*0.4</b>  | <b>100.0</b>   |

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 74: South Australian participants — participation in any physical activity by cumulative frequency, age and sex, 2009 (a) (b)**

| Sex                              | Age group (years) | Less than once per week | Once per week or more | Twice per week or more | Three times per week or more | Total participation |
|----------------------------------|-------------------|-------------------------|-----------------------|------------------------|------------------------------|---------------------|
|                                  |                   | Number ('000)           |                       |                        |                              |                     |
| Males                            | 15 to 24          | 14.0                    | 90.5                  | 69.6                   | 49.9                         | 104.5               |
|                                  | 25 to 34          | 30.6                    | 68.1                  | 54.4                   | 40.4                         | 98.7                |
|                                  | 35 to 44          | 17.9                    | 78.9                  | 61.4                   | 49.1                         | 97.8                |
|                                  | 45 to 54          | 19.4                    | 63.3                  | 51.6                   | 41.8                         | 82.7                |
|                                  | 55 to 64          | 13.6                    | 53.6                  | 47.1                   | 39.4                         | 67.2                |
|                                  | 65 and over       | *6.9                    | 65.3                  | 57.9                   | 48.3                         | 73.4                |
|                                  | <b>TOTAL</b>      | <b>102.4</b>            | <b>419.6</b>          | <b>342.0</b>           | <b>268.8</b>                 | <b>524.2</b>        |
| Females                          | 15 to 24          | *11.0                   | 76.0                  | 60.1                   | 45.8                         | 87.0                |
|                                  | 25 to 34          | *9.8                    | 78.4                  | 56.7                   | 50.5                         | 88.2                |
|                                  | 35 to 44          | *12.4                   | 85.6                  | 72.1                   | 54.7                         | 98.0                |
|                                  | 45 to 54          | 13.3                    | 81.0                  | 69.5                   | 60.8                         | 96.2                |
|                                  | 55 to 64          | *5.2                    | 71.2                  | 62.6                   | 51.6                         | 76.8                |
|                                  | 65 and over       | *9.5                    | 79.2                  | 71.4                   | 56.2                         | 89.6                |
|                                  | <b>TOTAL</b>      | <b>61.2</b>             | <b>471.3</b>          | <b>392.3</b>           | <b>319.7</b>                 | <b>535.7</b>        |
| Persons                          | 15 to 24          | 25.0                    | 166.6                 | 129.7                  | 95.7                         | 191.5               |
|                                  | 25 to 34          | 40.4                    | 146.4                 | 111.1                  | 91.0                         | 186.8               |
|                                  | 35 to 44          | 30.3                    | 164.4                 | 133.5                  | 103.8                        | 195.8               |
|                                  | 45 to 54          | 32.7                    | 144.2                 | 121.1                  | 102.6                        | 178.8               |
|                                  | 55 to 64          | 18.9                    | 124.7                 | 109.7                  | 91.0                         | 144.0               |
|                                  | 65 and over       | 16.4                    | 144.5                 | 129.3                  | 104.4                        | 163.0               |
|                                  | <b>TOTAL</b>      | <b>163.6</b>            | <b>890.8</b>          | <b>734.3</b>           | <b>588.5</b>                 | <b>1,060.0</b>      |
| Total participation rate (%) (c) |                   |                         |                       |                        |                              |                     |
| Males                            | 15 to 24          | 12.7                    | 82.4                  | 63.4                   | 45.4                         | 95.1                |
|                                  | 25 to 34          | 29.7                    | 65.9                  | 52.7                   | 39.2                         | 95.6                |
|                                  | 35 to 44          | 16.1                    | 71.1                  | 55.4                   | 44.3                         | 88.2                |
|                                  | 45 to 54          | 17.3                    | 56.4                  | 46.0                   | 37.3                         | 73.7                |
|                                  | 55 to 64          | 14.3                    | 56.0                  | 49.2                   | 41.2                         | 70.3                |
|                                  | 65 and over       | *6.5                    | 61.5                  | 54.5                   | 45.4                         | 69.1                |
|                                  | <b>TOTAL</b>      | <b>16.1</b>             | <b>65.8</b>           | <b>53.6</b>            | <b>42.1</b>                  | <b>82.2</b>         |
| Females                          | 15 to 24          | *10.4                   | 72.1                  | 57.0                   | 43.5                         | 82.6                |
|                                  | 25 to 34          | *9.7                    | 77.6                  | 56.1                   | 50.0                         | 87.3                |
|                                  | 35 to 44          | *11.1                   | 76.8                  | 64.7                   | 49.1                         | 87.9                |
|                                  | 45 to 54          | 11.6                    | 70.3                  | 60.4                   | 52.8                         | 83.5                |
|                                  | 55 to 64          | *5.2                    | 70.9                  | 62.4                   | 51.5                         | 76.5                |
|                                  | 65 and over       | *7.6                    | 63.1                  | 56.8                   | 44.8                         | 71.4                |
|                                  | <b>TOTAL</b>      | <b>9.3</b>              | <b>71.5</b>           | <b>59.5</b>            | <b>48.5</b>                  | <b>81.3</b>         |
| Persons                          | 15 to 24          | 11.6                    | 77.4                  | 60.3                   | 44.5                         | 89.0                |
|                                  | 25 to 34          | 19.8                    | 71.7                  | 54.4                   | 44.5                         | 91.5                |
|                                  | 35 to 44          | 13.6                    | 74.0                  | 60.0                   | 46.7                         | 88.1                |
|                                  | 45 to 54          | 14.4                    | 63.5                  | 53.3                   | 45.1                         | 78.7                |
|                                  | 55 to 64          | 9.6                     | 63.6                  | 56.0                   | 46.4                         | 73.5                |
|                                  | 65 and over       | 7.1                     | 62.4                  | 55.8                   | 45.1                         | 70.4                |
|                                  | <b>TOTAL</b>      | <b>12.6</b>             | <b>68.7</b>           | <b>56.6</b>            | <b>45.4</b>                  | <b>81.7</b>         |

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 734,300 South Australian persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 75: South Australian recent participants — recent participation in any physical activity by duration and age, 2009 (a)**

|   |                                 | 15 to 24<br>years       | 25 to 34<br>years | 35 to 44<br>years | 45 to 54<br>years | 55 to 64<br>years | 65 years<br>and over | Total        |
|---|---------------------------------|-------------------------|-------------------|-------------------|-------------------|-------------------|----------------------|--------------|
|   |                                 | Number ('000)           |                   |                   |                   |                   |                      |              |
| Five hours or more                            | More than three sessions weekly | 44.6                    | 27.8              | 32.1              | 25.6              | 30.0              | 37.0                 | 197.0        |
|   | Two or three sessions weekly    | 14.7                    | *8.6              | *8.7              | *4.0              | *3.9              | *10.5                | 50.3         |
|   | Less than two sessions weekly   | **1.4                   | **1.9             | **2.8             | **2.3             | **0.8             | **2.5                | *11.7        |
|   | <i>Total</i>                    | 60.6                    | 38.3              | 43.5              | 31.9              | 34.6              | 50.1                 | 259.1        |
| Two hours or more<br>but less than five hours | More than three sessions weekly | 17.4                    | 29.0              | 27.7              | 35.6              | 30.4              | 27.4                 | 167.5        |
|   | Two or three sessions weekly    | 33.8                    | 15.8              | 20.0              | 17.3              | 16.1              | 13.6                 | 116.7        |
|   | Less than two sessions weekly   | 14.6                    | *10.6             | **2.1             | *9.6              | **2.3             | *7.0                 | 46.2         |
|   | <i>Total</i>                    | 65.7                    | 55.4              | 49.8              | 62.5              | 48.8              | 48.0                 | 330.4        |
| Less than two hours                           | More than three sessions weekly | **0.0                   | **1.3             | **3.1             | **2.6             | **2.6             | *6.7                 | 16.4         |
|   | Two or three sessions weekly    | *12.2                   | *10.8             | 23.2              | 18.0              | 15.2              | 14.3                 | 93.7         |
|   | Less than two sessions weekly   | 33.2                    | 45.6              | 40.4              | 39.0              | 20.0              | 19.5                 | 197.8        |
|   | <i>Total</i>                    | 45.4                    | 57.6              | 66.8              | 59.7              | 37.8              | 40.5                 | 307.8        |
| Total   | More than three sessions weekly | 61.9                    | 58.0              | 62.9              | 63.8              | 63.0              | 71.2                 | 380.9        |
|   | Two or three sessions weekly    | 60.7                    | 35.1              | 52.0              | 39.3              | 35.2              | 38.4                 | 260.7        |
|   | Less than two sessions weekly   | 49.2                    | 58.2              | 45.3              | 51.0              | 23.1              | 29.0                 | 255.7        |
|   | <b>Total</b>                    | <b>171.8</b>            | <b>151.3</b>      | <b>160.2</b>      | <b>154.1</b>      | <b>121.3</b>      | <b>138.6</b>         | <b>897.3</b> |
|   |                                 | Percentage of total (%) |                   |                   |                   |                   |                      |              |
| Five hours or more                            | More than three sessions weekly | 5.0                     | 3.1               | 3.6               | 2.8               | 3.3               | 4.1                  | 22.0         |
|   | Two or three sessions weekly    | 1.6                     | *1.0              | *1.0              | *0.4              | *0.4              | *1.2                 | 5.6          |
|   | Less than two sessions weekly   | **0.2                   | **0.2             | **0.3             | **0.3             | **0.1             | **0.3                | *1.3         |
|   | <i>Total</i>                    | 6.8                     | 4.3               | 4.9               | 3.6               | 3.9               | 5.6                  | 28.9         |
| Two hours or more<br>but less than five hours | More than three sessions weekly | 1.9                     | 3.2               | 3.1               | 4.0               | 3.4               | 3.1                  | 18.7         |
|   | Two or three sessions weekly    | 3.8                     | 1.8               | 2.2               | 1.9               | 1.8               | 1.5                  | 13.0         |
|   | Less than two sessions weekly   | 1.6                     | *1.2              | **0.2             | *1.1              | **0.3             | *0.8                 | 5.2          |
|   | <i>Total</i>                    | 7.3                     | 6.2               | 5.6               | 7.0               | 5.4               | 5.4                  | 36.8         |
| Less than two hours                           | More than three sessions weekly | **0.0                   | **0.1             | **0.4             | **0.3             | **0.3             | *0.7                 | 1.8          |
|   | Two or three sessions weekly    | *1.4                    | *1.2              | 2.6               | 2.0               | 1.7               | 1.6                  | 10.4         |
|   | Less than two sessions weekly   | 3.7                     | 5.1               | 4.5               | 4.3               | 2.2               | 2.2                  | 22.0         |
|   | <i>Total</i>                    | 5.1                     | 6.4               | 7.4               | 6.7               | 4.2               | 4.5                  | 34.3         |
| Total   | More than three sessions weekly | 6.9                     | 6.5               | 7.0               | 7.1               | 7.0               | 7.9                  | 42.4         |
|   | Two or three sessions weekly    | 6.8                     | 3.9               | 5.8               | 4.4               | 3.9               | 4.3                  | 29.1         |
|   | Less than two sessions weekly   | 5.5                     | 6.5               | 5.0               | 5.7               | 2.6               | 3.2                  | 28.5         |
|   | <b>Total</b>                    | <b>19.1</b>             | <b>16.9</b>       | <b>17.8</b>       | <b>17.2</b>       | <b>13.5</b>       | <b>15.4</b>          | <b>100.0</b> |

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2009

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 76: South Australian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2009 (a)**

|  | MALES        |                              | FEMALES      |                          | PERSONS      |                          |
|--|--------------|------------------------------|--------------|--------------------------|--------------|--------------------------|
|  | Number       | Total participation rate (b) | Number       | Total participation rate | Number       | Total participation rate |
|  | ('000)       | (%)                          | ('000)       | (%)                      | ('000)       | (%)                      |
| <b>AGE GROUP (YEARS)</b>                                     |              |                              |              |                          |              |                          |
| 15 to 24   | 49.9         | 45.4                         | 45.8         | 43.5                     | 95.7         | 44.5                     |
| 25 to 34   | 40.4         | 39.2                         | 50.5         | 50.0                     | 91.0         | 44.5                     |
| 35 to 44   | 49.1         | 44.3                         | 54.7         | 49.1                     | 103.8        | 46.7                     |
| 45 to 54   | 41.8         | 37.3                         | 60.8         | 52.8                     | 102.6        | 45.1                     |
| 55 to 64   | 39.4         | 41.2                         | 51.6         | 51.5                     | 91.0         | 46.4                     |
| 65 and over  | 48.3         | 45.4                         | 56.2         | 44.8                     | 104.4        | 45.1                     |
| <b>REGION</b>  |              |                              |              |                          |              |                          |
| Capital city   | 215.6        | 46.4                         | 243.1        | 49.6                     | 458.7        | 48.0                     |
| Rest of state  | 53.2         | 30.7                         | 76.6         | 45.4                     | 129.8        | 38.0                     |
| <b>EMPLOYMENT STATUS</b>                                     |              |                              |              |                          |              |                          |
| Employed full time   | 134.4        | 39.3                         | 92.5         | 50.8                     | 226.9        | 43.3                     |
| Employed part time   | 42.1         | 47.5                         | 111.1        | 52.6                     | 153.2        | 51.1                     |
| Employed refused   | **1.8        | **38.4                       | **1.0        | **33.6                   | **2.8        | **36.6                   |
| Total employed   | 178.3        | 41.0                         | 204.6        | 51.6                     | 382.9        | 46.1                     |
| Unemployed   | 17.2         | 56.5                         | *10.7        | *44.6                    | 27.9         | 51.3                     |
| Not in the labour force                                      | 73.3         | 42.5                         | 104.4        | 43.8                     | 177.7        | 43.2                     |
| <b>MARITAL STATUS</b>  |              |                              |              |                          |              |                          |
| Married  | 151.2        | 40.6                         | 177.0        | 49.9                     | 328.2        | 45.1                     |
| Not married  | 117.6        | 44.8                         | 138.7        | 46.9                     | 256.3        | 45.9                     |
| Refused/Do not know  | **0.0        | **0.0                        | *4.0         | *50.4                    | *4.0         | *38.3                    |
| <b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>         |              |                              |              |                          |              |                          |
| At least one under 18 at home                                | 73.9         | 40.4                         | 97.9         | 50.6                     | 171.8        | 45.7                     |
| At least one under 18 – none at home                         | *9.4         | *55.2                        | **1.0        | **23.4                   | *10.4        | *48.9                    |
| No children under 18   | 185.4        | 42.3                         | 220.8        | 47.9                     | 406.3        | 45.2                     |
| <b>HIGHEST EDUCATION ATTAINMENT</b>                          |              |                              |              |                          |              |                          |
| University degree or higher (including postgraduate diploma) | 68.5         | 48.9                         | 79.8         | 56.5                     | 148.3        | 52.7                     |
| Undergraduate diploma or associate diploma                   | 20.6         | 47.2                         | 28.6         | 58.9                     | 49.2         | 53.3                     |
| Certificate, trade qualification or apprenticeship           | 36.5         | 35.7                         | 41.6         | 54.1                     | 78.1         | 43.6                     |
| Highest level of secondary school                            | 57.7         | 40.9                         | 63.5         | 45.6                     | 121.2        | 43.3                     |
| Did not complete highest level of school                     | 57.2         | 37.4                         | 78.2         | 42.5                     | 135.3        | 40.1                     |
| Still at secondary school                                    | 22.9         | 59.3                         | 17.2         | 46.7                     | 40.1         | 53.1                     |
| Other  | *3.8         | *27.5                        | *9.5         | *37.8                    | 13.3         | 34.2                     |
| Refused  | **1.6        | **32.5                       | **1.4        | **23.7                   | **3.0        | **27.8                   |
| <b>INDIGENOUS STATUS</b>                                     |              |                              |              |                          |              |                          |
| Indigenous   | *4.3         | *76.5                        | *5.3         | *47.7                    | *9.6         | *57.3                    |
| Non-Indigenous   | 263.8        | 41.8                         | 314.4        | 48.5                     | 578.2        | 45.2                     |
| Refused  | **0.7        | **100.0                      | **0.0        | **0.0                    | **0.7        | **100.0                  |
| <b>LANGUAGE SPOKEN AT HOME</b>                               |              |                              |              |                          |              |                          |
| English only   | 240.1        | 42.1                         | 289.4        | 49.5                     | 529.5        | 45.9                     |
| European language/s other than English                       | 19.0         | 54.9                         | 17.8         | 47.3                     | 36.8         | 51.0                     |
| Non-European language/s                                      | 14.8         | 36.4                         | 12.9         | 33.5                     | 27.7         | 35.0                     |
| <b>Total</b>   | <b>268.8</b> | <b>42.1</b>                  | <b>319.7</b> | <b>48.5</b>              | <b>588.5</b> | <b>45.4</b>              |

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 77: All South Australian persons — participation in organised physical activity by frequency, age and sex, 2009 (a)**

| Sex     | Age group (years) | None          | Up to once      | Once or twice   | Three or four         | Five or                | Do not know  | Total          |
|---------|-------------------|---------------|-----------------|-----------------|-----------------------|------------------------|--------------|----------------|
|         |                   |               | per week<br>(b) | per week<br>(c) | times per week<br>(d) | more times<br>per week |              |                |
|         |                   | Number ('000) |                 |                 |                       |                        |              |                |
| Males   | 15 to 24          | 32.1          | *12.4           | 34.2            | *12.3                 | 18.7                   | **0.0        | 109.8          |
|         | 25 to 34          | 47.3          | 25.8            | 15.3            | *7.9                  | *6.9                   | **0.0        | 103.2          |
|         | 35 to 44          | 62.9          | 17.1            | 20.5            | *6.6                  | *3.7                   | **0.0        | 110.8          |
|         | 45 to 54          | 81.0          | 13.0            | *11.3           | *6.4                  | **0.5                  | **0.0        | 112.2          |
|         | 55 to 64          | 75.0          | *6.2            | *10.4           | **2.4                 | **1.7                  | **0.0        | 95.6           |
|         | 65 and over       | 73.0          | *6.8            | 15.4            | *10.4                 | **0.6                  | **0.0        | 106.2          |
|         | <b>TOTAL</b>      | <b>371.3</b>  | <b>81.3</b>     | <b>107.0</b>    | <b>46.0</b>           | <b>32.2</b>            | <b>**0.0</b> | <b>637.9</b>   |
| Females | 15 to 24          | 45.3          | 19.1            | 21.4            | *11.1                 | *8.4                   | **0.0        | 105.4          |
|         | 25 to 34          | 58.6          | *9.3            | 24.4            | *4.0                  | *4.8                   | **0.0        | 101.0          |
|         | 35 to 44          | 72.2          | 12.9            | 15.9            | *7.4                  | *3.0                   | **0.0        | 111.4          |
|         | 45 to 54          | 79.2          | *11.4           | 12.8            | *8.6                  | *3.0                   | **0.0        | 115.1          |
|         | 55 to 64          | 77.8          | *5.2            | *11.6           | *3.8                  | **2.0                  | **0.0        | 100.3          |
|         | 65 and over       | 85.0          | *11.9           | 20.2            | *5.6                  | **2.7                  | **0.0        | 125.5          |
|         | <b>TOTAL</b>      | <b>418.1</b>  | <b>69.9</b>     | <b>106.4</b>    | <b>40.5</b>           | <b>23.9</b>            | <b>**0.0</b> | <b>658.9</b>   |
| Persons | 15 to 24          | 77.4          | 31.6            | 55.7            | 23.4                  | 27.2                   | **0.0        | 215.3          |
|         | 25 to 34          | 105.9         | 35.1            | 39.7            | *11.9                 | *11.7                  | **0.0        | 204.3          |
|         | 35 to 44          | 135.2         | 30.0            | 36.4            | 14.0                  | *6.7                   | **0.0        | 222.3          |
|         | 45 to 54          | 160.2         | 24.4            | 24.1            | 15.0                  | *3.6                   | **0.0        | 227.3          |
|         | 55 to 64          | 152.7         | *11.4           | 22.0            | *6.2                  | *3.7                   | **0.0        | 196.0          |
|         | 65 and over       | 158.0         | 18.7            | 35.6            | 16.0                  | *3.4                   | **0.0        | 231.7          |
|         | <b>TOTAL</b>      | <b>789.4</b>  | <b>151.2</b>    | <b>213.4</b>    | <b>86.5</b>           | <b>56.2</b>            | <b>**0.0</b> | <b>1,296.8</b> |

Percentage of row (%)

|         |              |             |             |             |            |            |              |              |
|---------|--------------|-------------|-------------|-------------|------------|------------|--------------|--------------|
| Males   | 15 to 24     | 29.2        | *11.3       | 31.2        | *11.2      | 17.1       | **0.0        | 100.0        |
|         | 25 to 34     | 45.8        | 25.0        | 14.8        | *7.7       | *6.7       | **0.0        | 100.0        |
|         | 35 to 44     | 56.8        | 15.4        | 18.5        | *5.9       | *3.4       | **0.0        | 100.0        |
|         | 45 to 54     | 72.2        | 11.6        | *10.1       | *5.7       | *0.5       | **0.0        | 100.0        |
|         | 55 to 64     | 78.4        | *6.5        | *10.8       | **2.5      | *1.8       | **0.0        | 100.0        |
|         | 65 and over  | 68.7        | *6.4        | 14.5        | *9.8       | *0.6       | **0.0        | 100.0        |
|         | <b>TOTAL</b> | <b>58.2</b> | <b>12.8</b> | <b>16.8</b> | <b>7.2</b> | <b>5.1</b> | <b>**0.0</b> | <b>100.0</b> |
| Females | 15 to 24     | 43.0        | 18.2        | 20.3        | *10.6      | *8.0       | **0.0        | 100.0        |
|         | 25 to 34     | 58.0        | *9.2        | 24.1        | *3.9       | *4.7       | **0.0        | 100.0        |
|         | 35 to 44     | 64.8        | 11.6        | 14.3        | *6.7       | *2.7       | **0.0        | 100.0        |
|         | 45 to 54     | 68.8        | *9.9        | 11.2        | *7.5       | *2.6       | **0.0        | 100.0        |
|         | 55 to 64     | 77.5        | *5.2        | *11.6       | *3.8       | *2.0       | **0.0        | 100.0        |
|         | 65 and over  | 67.7        | *9.5        | 16.1        | *4.5       | *2.2       | **0.0        | 100.0        |
|         | <b>TOTAL</b> | <b>63.5</b> | <b>10.6</b> | <b>16.1</b> | <b>6.2</b> | <b>3.6</b> | <b>**0.0</b> | <b>100.0</b> |
| Persons | 15 to 24     | 36.0        | 14.7        | 25.9        | 10.9       | 12.6       | **0.0        | 100.0        |
|         | 25 to 34     | 51.9        | 17.2        | 19.4        | *5.8       | *5.7       | **0.0        | 100.0        |
|         | 35 to 44     | 60.8        | 13.5        | 16.4        | 6.3        | *3.0       | **0.0        | 100.0        |
|         | 45 to 54     | 70.5        | 10.7        | 10.6        | 6.6        | *1.6       | **0.0        | 100.0        |
|         | 55 to 64     | 77.9        | *5.8        | 11.2        | *3.1       | *1.9       | **0.0        | 100.0        |
|         | 65 and over  | 68.2        | 8.1         | 15.4        | 6.9        | *1.5       | **0.0        | 100.0        |
|         | <b>TOTAL</b> | <b>60.9</b> | <b>11.7</b> | <b>16.5</b> | <b>6.7</b> | <b>4.3</b> | <b>**0.0</b> | <b>100.0</b> |

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use



**Table 78: South Australian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2009 (a) (b)**

|                                  |                   | Less than once<br>per week | Once per week<br>or more | Twice per week<br>or more | Three times per<br>week or more | Total<br>participation |
|----------------------------------|-------------------|----------------------------|--------------------------|---------------------------|---------------------------------|------------------------|
| Sex                              | Age group (years) | Number ('000)              |                          |                           |                                 |                        |
| Males                            | 15 to 24          | *12.4                      | 65.3                     | 49.4                      | 31.0                            | 77.7                   |
|                                  | 25 to 34          | 25.8                       | 30.1                     | 23.4                      | 14.8                            | 55.9                   |
|                                  | 35 to 44          | 17.1                       | 30.8                     | 19.4                      | *10.3                           | 47.9                   |
|                                  | 45 to 54          | 13.0                       | 18.2                     | *9.4                      | *6.9                            | 31.2                   |
|                                  | 55 to 64          | *6.2                       | 14.5                     | *5.5                      | *4.1                            | 20.7                   |
|                                  | 65 and over       | *6.8                       | 26.4                     | 19.2                      | *11.0                           | 33.2                   |
|                                  | <b>TOTAL</b>      | <b>81.3</b>                | <b>185.3</b>             | <b>126.4</b>              | <b>78.2</b>                     | <b>266.6</b>           |
| Females                          | 15 to 24          | 19.1                       | 41.0                     | 27.9                      | 19.6                            | 60.1                   |
|                                  | 25 to 34          | *9.3                       | 33.1                     | 15.2                      | *8.7                            | 42.4                   |
|                                  | 35 to 44          | 12.9                       | 26.3                     | 15.4                      | *10.4                           | 39.2                   |
|                                  | 45 to 54          | *11.4                      | 24.5                     | 15.4                      | *11.7                           | 35.9                   |
|                                  | 55 to 64          | *5.2                       | 17.3                     | *11.8                     | *5.8                            | 22.5                   |
|                                  | 65 and over       | *11.9                      | 28.6                     | 16.4                      | *8.4                            | 40.5                   |
|                                  | <b>TOTAL</b>      | <b>69.9</b>                | <b>170.8</b>             | <b>102.1</b>              | <b>64.5</b>                     | <b>240.7</b>           |
| Persons                          | 15 to 24          | 31.6                       | 106.3                    | 77.3                      | 50.6                            | 137.9                  |
|                                  | 25 to 34          | 35.1                       | 63.2                     | 38.6                      | 23.6                            | 98.3                   |
|                                  | 35 to 44          | 30.0                       | 57.1                     | 34.8                      | 20.7                            | 87.1                   |
|                                  | 45 to 54          | 24.4                       | 42.7                     | 24.8                      | 18.6                            | 67.1                   |
|                                  | 55 to 64          | *11.4                      | 31.8                     | 17.3                      | *9.9                            | 43.2                   |
|                                  | 65 and over       | 18.7                       | 55.0                     | 35.6                      | 19.4                            | 73.7                   |
|                                  | <b>TOTAL</b>      | <b>151.2</b>               | <b>356.1</b>             | <b>228.4</b>              | <b>142.7</b>                    | <b>507.3</b>           |
| Total participation rate (%) (c) |                   |                            |                          |                           |                                 |                        |
| Males                            | 15 to 24          | *11.3                      | 59.4                     | 45.0                      | 28.3                            | 70.8                   |
|                                  | 25 to 34          | 25.0                       | 29.2                     | 22.7                      | 14.4                            | 54.2                   |
|                                  | 35 to 44          | 15.4                       | 27.8                     | 17.5                      | *9.3                            | 43.2                   |
|                                  | 45 to 54          | 11.6                       | 16.2                     | *8.4                      | *6.2                            | 27.8                   |
|                                  | 55 to 64          | *6.5                       | 15.1                     | *5.7                      | *4.3                            | 21.6                   |
|                                  | 65 and over       | *6.4                       | 24.9                     | 18.1                      | *10.4                           | 31.3                   |
|                                  | <b>TOTAL</b>      | <b>12.8</b>                | <b>29.0</b>              | <b>19.8</b>               | <b>12.3</b>                     | <b>41.8</b>            |
| Females                          | 15 to 24          | 18.2                       | 38.9                     | 26.5                      | 18.6                            | 57.0                   |
|                                  | 25 to 34          | *9.2                       | 32.8                     | 15.0                      | *8.6                            | 42.0                   |
|                                  | 35 to 44          | 11.6                       | 23.6                     | 13.8                      | *9.3                            | 35.2                   |
|                                  | 45 to 54          | *9.9                       | 21.3                     | 13.4                      | *10.1                           | 31.2                   |
|                                  | 55 to 64          | *5.2                       | 17.3                     | *11.8                     | *5.7                            | 22.5                   |
|                                  | 65 and over       | *9.5                       | 22.8                     | 13.0                      | *6.7                            | 32.3                   |
|                                  | <b>TOTAL</b>      | <b>10.6</b>                | <b>25.9</b>              | <b>15.5</b>               | <b>9.8</b>                      | <b>36.5</b>            |
| Persons                          | 15 to 24          | 14.7                       | 49.4                     | 35.9                      | 23.5                            | 64.0                   |
|                                  | 25 to 34          | 17.2                       | 31.0                     | 18.9                      | 11.5                            | 48.1                   |
|                                  | 35 to 44          | 13.5                       | 25.7                     | 15.7                      | 9.3                             | 39.2                   |
|                                  | 45 to 54          | 10.7                       | 18.8                     | 10.9                      | 8.2                             | 29.5                   |
|                                  | 55 to 64          | *5.8                       | 16.2                     | 8.8                       | *5.0                            | 22.1                   |
|                                  | 65 and over       | 8.1                        | 23.7                     | 15.4                      | 8.4                             | 31.8                   |
|                                  | <b>TOTAL</b>      | <b>11.7</b>                | <b>27.5</b>              | <b>17.6</b>               | <b>11.0</b>                     | <b>39.1</b>            |

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 228,400 South Australian persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 79: South Australian organised participants — total participation in organised activities by type of organisation, age and sex, 2009 (a)**

| Sex     | Age group (years) | Fitness, leisure or indoor sports centre | Sport or recreation club or association (c) | Work         | School      | Other       | Total organised participation |
|---------|-------------------|--|---|--------------|-------------|-------------|-------------------------------|
|         |                   | Number ('000)                            |   |              |             |             |                               |
| Males   | 15 to 24          | 28.1                                     | 51.1  | **1.6        | 24.1        | 16.7        | 77.7                          |
|         | 25 to 34          | 16.9                                     | 44.3  | *6.7         | **0.0       | *6.5        | 55.9                          |
|         | 35 to 44          | 14.5                                     | 38.4  | **3.1        | **0.7       | *7.6        | 47.9                          |
|         | 45 to 54          | *4.9                                     | 25.2  | **1.6        | **1.3       | **3.2       | 31.2                          |
|         | 55 to 64          | *5.5                                     | 14.5  | **0.6        | **0.0       | *4.1        | 20.7                          |
|         | 65 and over       | *5.9                                     | 25.8  | **0.7        | **0.7       | *4.4        | 33.2                          |
|         | <b>TOTAL</b>      |  | <b>75.8</b>                                 | <b>199.3</b> | <b>14.2</b> | <b>26.8</b> | <b>42.4</b>                   |
| Females | 15 to 24          | 24.8                                     | 35.3  | **0.0        | 17.4        | *5.2        | 60.1                          |
|         | 25 to 34          | 17.7                                     | 23.5  | **1.1        | **0.0       | *10.4       | 42.4                          |
|         | 35 to 44          | 16.5                                     | 23.9  | **1.5        | **3.0       | *8.5        | 39.2                          |
|         | 45 to 54          | 21.9                                     | 15.7  | **1.7        | **0.6       | *8.2        | 35.9                          |
|         | 55 to 64          | *12.0                                    | *9.6  | **0.0        | **0.0       | *6.1        | 22.5                          |
|         | 65 and over       | 16.5                                     | 18.6  | **0.5        | **0.5       | 14.9        | 40.5                          |
|         | <b>TOTAL</b>      |  | <b>109.4</b>                                | <b>126.6</b> | <b>*4.8</b> | <b>21.4</b> | <b>53.3</b>                   |
| Persons | 15 to 24          | 52.8                                     | 86.3  | **1.6        | 41.4        | 21.9        | 137.9                         |
|         | 25 to 34          | 34.6                                     | 67.8  | *7.8         | **0.0       | 16.9        | 98.3                          |
|         | 35 to 44          | 31.1                                     | 62.3  | *4.6         | *3.7        | 16.1        | 87.1                          |
|         | 45 to 54          | 26.8                                     | 40.9  | **3.4        | **1.9       | *11.4       | 67.1                          |
|         | 55 to 64          | 17.5                                     | 24.1  | **0.6        | **0.0       | *10.2       | 43.2                          |
|         | 65 and over       | 22.4                                     | 44.4  | **1.1        | **1.1       | 19.3        | 73.7                          |
|         | <b>TOTAL</b>      |  | <b>185.2</b>                                | <b>325.9</b> | <b>19.0</b> | <b>48.2</b> | <b>95.7</b>                   |

Total participation rate (%) (b)

|         |              |       |             |             |             |            |            |
|---------|--------------|-------|-------------|-------------|-------------|------------|------------|
| Males   | 15 to 24     | 25.6  | 46.5        | **1.5       | 21.9        | 15.2       | 70.8       |
|         | 25 to 34     | 16.3  | 42.9        | *6.5        | **0.0       | *6.3       | 54.2       |
|         | 35 to 44     | 13.1  | 34.7        | **2.8       | **0.7       | *6.9       | 43.2       |
|         | 45 to 54     | *4.4  | 22.4        | **1.5       | **1.2       | **2.8      | 27.8       |
|         | 55 to 64     | *5.8  | 15.2        | **0.6       | **0.0       | *4.3       | 21.6       |
|         | 65 and over  | *5.6  | 24.3        | **0.6       | **0.6       | *4.1       | 31.3       |
|         | <b>TOTAL</b> |       | <b>11.9</b> | <b>31.2</b> | <b>2.2</b>  | <b>4.2</b> | <b>6.7</b> |
| Females | 15 to 24     | 23.5  | 33.4        | **0.0       | 16.5        | *5.0       | 57.0       |
|         | 25 to 34     | 17.5  | 23.2        | **1.1       | **0.0       | *10.3      | 42.0       |
|         | 35 to 44     | 14.8  | 21.4        | **1.3       | **2.6       | *7.7       | 35.2       |
|         | 45 to 54     | 19.0  | 13.7        | **1.5       | **0.5       | *7.1       | 31.2       |
|         | 55 to 64     | *12.0 | *9.6        | **0.0       | **0.0       | *6.0       | 22.5       |
|         | 65 and over  | 13.1  | 14.8        | **0.4       | **0.4       | 11.9       | 32.3       |
|         | <b>TOTAL</b> |       | <b>16.6</b> | <b>19.2</b> | <b>*0.7</b> | <b>3.2</b> | <b>8.1</b> |
| Persons | 15 to 24     | 24.5  | 40.1        | **0.7       | 19.3        | 10.2       | 64.0       |
|         | 25 to 34     | 16.9  | 33.2        | *3.8        | **0.0       | 8.3        | 48.1       |
|         | 35 to 44     | 14.0  | 28.0        | *2.0        | *1.7        | 7.3        | 39.2       |
|         | 45 to 54     | 11.8  | 18.0        | **1.5       | **0.8       | *5.0       | 29.5       |
|         | 55 to 64     | 8.9   | 12.3        | **0.3       | **0.0       | *5.2       | 22.1       |
|         | 65 and over  | 9.7   | 19.2        | **0.5       | **0.5       | 8.3        | 31.8       |
|         | <b>TOTAL</b> |       | <b>14.3</b> | <b>25.1</b> | <b>1.5</b>  | <b>3.7</b> | <b>7.4</b> |

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 80: South Australian participants — total participation in specific activities (organised and non-organised) by sex, 2009 (a)**

| Activity                                      | MALES            |   | FEMALES          |                                       | PERSONS          |                                       |
|---|------------------|---|------------------|---------------------------------------|------------------|---------------------------------------|
|   | Number<br>(’000) | Total<br>participation<br>rate (b)<br>(%) | Number<br>(’000) | Total<br>participation<br>rate<br>(%) | Number<br>(’000) | Total<br>participation<br>rate<br>(%) |
| Aerobics/fitness                              | 98.0             | 15.4                                      | 188.4            | 28.6                                  | 286.4            | 22.1                                  |
| Aquarobics                                    | **2.1            | **0.3                                     | *10.8            | *1.6                                  | 12.9             | 1.0                                   |
| Athletics/track and field                     | *9.3             | *1.5                                      | *5.8             | *0.9                                  | 15.1             | 1.2                                   |
| Australian rules football                     | 61.1             | 9.6                                       | *4.5             | *0.7                                  | 65.6             | 5.1                                   |
| Badminton                                     | *5.0             | *0.8                                      | *4.3             | *0.7                                  | *9.3             | *0.7                                  |
| Baseball                                      | **2.4            | **0.4                                     | **0.7            | **0.1                                 | **3.1            | **0.2                                 |
| Basketball                                    | 34.9             | 5.5                                       | 24.6             | 3.7                                   | 59.5             | 4.6                                   |
| Billiards/snooker/pool                        | **1.9            | **0.3                                     | **0.5            | **0.1                                 | **2.4            | **0.2                                 |
| Boxing  | **2.7            | **0.4                                     | **0.0            | **0.0                                 | **2.7            | **0.2                                 |
| Canoeing/kayaking                             | *4.6             | *0.7                                      | *5.4             | *0.8                                  | *10.0            | *0.8                                  |
| Carpet bowls                                  | **2.2            | **0.3                                     | **2.8            | **0.4                                 | *5.0             | *0.4                                  |
| Cricket (indoor)                              | 13.7             | 2.1                                       | **0.0            | **0.0                                 | 13.7             | 1.1                                   |
| Cricket (outdoor)                             | 40.9             | 6.4                                       | **3.4            | **0.5                                 | 44.3             | 3.4                                   |
| Cycling                                       | 87.5             | 13.7                                      | 37.3             | 5.7                                   | 124.8            | 9.6                                   |
| Dancing                                       | *4.5             | *0.7                                      | 22.5             | 3.4                                   | 27.1             | 2.1                                   |
| Darts   | **1.8            | **0.3                                     | **0.0            | **0.0                                 | **1.8            | **0.1                                 |
| Fishing                                       | 26.7             | 4.2                                       | **2.7            | **0.4                                 | 29.4             | 2.3                                   |
| Football (indoor)                             | 19.0             | 3.0                                       | *6.9             | *1.1                                  | 26.0             | 2.0                                   |
| Football (outdoor)                            | 51.7             | 8.1                                       | *4.6             | *0.7                                  | 56.4             | 4.3                                   |
| Golf  | 62.1             | 9.7                                       | *12.2            | *1.8                                  | 74.3             | 5.7                                   |
| Gymnastics                                    | **0.8            | **0.1                                     | **1.2            | **0.2                                 | **2.0            | **0.2                                 |
| Hockey (indoor)                               | *4.4             | *0.7                                      | **0.0            | **0.0                                 | *4.4             | *0.3                                  |
| Hockey (outdoor)                              | **0.9            | **0.1                                     | *7.0             | *1.1                                  | *8.0             | *0.6                                  |
| Horse riding/equestrian activities/polocrosse | **1.0            | **0.2                                     | *11.8            | *1.8                                  | 12.8             | 1.0                                   |
| Ice/snow sports                               | *5.8             | *0.9                                      | **2.4            | **0.4                                 | *8.2             | *0.6                                  |
| Lawn bowls                                    | 22.6             | 3.5                                       | 14.6             | 2.2                                   | 37.2             | 2.9                                   |
| Martial arts                                  | *11.1            | *1.7                                      | 14.2             | 2.2                                   | 25.3             | 2.0                                   |
| Motor sports                                  | *9.7             | *1.5                                      | **0.7            | **0.1                                 | *10.4            | *0.8                                  |
| Netball                                       | *8.9             | *1.4                                      | 53.7             | 8.2                                   | 62.6             | 4.8                                   |
| Orienteering                                  | **3.0            | **0.5                                     | **0.7            | **0.1                                 | *3.7             | *0.3                                  |
| Rock climbing                                 | **0.6            | **0.1                                     | **0.0            | **0.0                                 | **0.6            | **0.0                                 |
| Roller sports                                 | *4.9             | *0.8                                      | **0.0            | **0.0                                 | *4.9             | *0.4                                  |
| Rowing  | *4.7             | *0.7                                      | **1.4            | **0.2                                 | *6.1             | *0.5                                  |
| Rugby league                                  | **1.0            | **0.2                                     | **1.5            | **0.2                                 | **2.5            | **0.2                                 |
| Rugby union                                   | **2.4            | **0.4                                     | **0.0            | **0.0                                 | **2.4            | **0.2                                 |
| Running                                       | 73.9             | 11.6                                      | 39.9             | 6.1                                   | 113.9            | 8.8                                   |
| Sailing                                       | *4.6             | *0.7                                      | **1.8            | **0.3                                 | *6.4             | *0.5                                  |
| Scuba diving                                  | *6.3             | *1.0                                      | *3.9             | *0.6                                  | *10.2            | *0.8                                  |
| Shooting sports                               | *7.5             | *1.2                                      | **1.5            | **0.2                                 | *9.0             | *0.7                                  |
| Softball                                      | **2.1            | **0.3                                     | **0.0            | **0.0                                 | **2.1            | **0.2                                 |
| Squash/racquetball                            | 18.9             | 3.0                                       | **0.8            | **0.1                                 | 19.7             | 1.5                                   |
| Surf sports                                   | *12.6            | *2.0                                      | *6.1             | *0.9                                  | 18.7             | 1.4                                   |
| Swimming                                      | 62.2             | 9.7                                       | 66.7             | 10.1                                  | 128.9            | 9.9                                   |
| Table tennis                                  | *10.4            | *1.6                                      | **1.5            | **0.2                                 | *12.0            | *0.9                                  |
| Tennis  | 53.5             | 8.4                                       | 35.6             | 5.4                                   | 89.1             | 6.9                                   |
| Tenpin bowling                                | *5.2             | *0.8                                      | *5.7             | *0.9                                  | *10.9            | *0.8                                  |
| Touch football                                | *4.6             | *0.7                                      | **0.7            | **0.1                                 | *5.3             | *0.4                                  |
| Triathlon                                     | **1.7            | **0.3                                     | **0.0            | **0.0                                 | **1.7            | **0.1                                 |
| Volleyball                                    | 16.9             | 2.6                                       | *9.8             | *1.5                                  | 26.7             | 2.1                                   |
| Walking (bush)                                | 32.7             | 5.1                                       | 34.3             | 5.2                                   | 67.0             | 5.2                                   |
| Walking (other)                               | 172.1            | 27.0                                      | 302.9            | 46.0                                  | 475.0            | 36.6                                  |
| Water polo                                    | **1.6            | **0.3                                     | **3.3            | **0.5                                 | *4.9             | *0.4                                  |
| Waterskiing/powerboating                      | *9.0             | *1.4                                      | **2.6            | **0.4                                 | *11.7            | *0.9                                  |
| Weight training                               | 25.6             | 4.0                                       | *9.6             | *1.5                                  | 35.2             | 2.7                                   |
| Yoga  | *4.0             | *0.6                                      | 40.4             | 6.1                                   | 44.4             | 3.4                                   |

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 81: South Australian participants — total participation in specific activities by type of activity, 2009 (a)**

| Activity                                      | Number ('000) |               |       | Total participation rate (%) (b) |               |       |
|---|---------------|---------------|-------|----------------------------------|---------------|-------|
|   | Organised     | Non-organised | Total | Organised                        | Non-organised | Total |
| Aerobics/fitness                              | 84.0          | 210.7         | 286.4 | 6.5                              | 16.3          | 22.1  |
| Aquarobics                                    | *8.8          | *4.1          | 12.9  | *0.7                             | *0.3          | 1.0   |
| Athletics/track and field                     | *10.9         | *4.2          | 15.1  | *0.8                             | *0.3          | 1.2   |
| Australian rules football                     | 58.4          | 14.3          | 65.6  | 4.5                              | 1.1           | 5.1   |
| Badminton                                     | *6.1          | **3.2         | *9.3  | *0.5                             | **0.2         | *0.7  |
| Baseball                                      | **1.8         | **1.4         | **3.1 | **0.1                            | **0.1         | **0.2 |
| Basketball                                    | 33.0          | 29.6          | 59.5  | 2.5                              | 2.3           | 4.6   |
| Billiards/snooker/pool                        | **0.9         | **2.0         | **2.4 | **0.1                            | **0.2         | **0.2 |
| Boxing  | **0.7         | **2.0         | **2.7 | **0.1                            | **0.2         | **0.2 |
| Canoeing/kayaking                             | **2.8         | *8.4          | *10.0 | **0.2                            | *0.6          | *0.8  |
| Carpet bowls                                  | *4.1          | **0.9         | *5.0  | *0.3                             | **0.1         | *0.4  |
| Cricket (indoor)                              | *6.6          | *9.6          | 13.7  | *0.5                             | *0.7          | 1.1   |
| Cricket (outdoor)                             | 35.6          | 14.1          | 44.3  | 2.7                              | 1.1           | 3.4   |
| Cycling                                       | *11.1         | 122.9         | 124.8 | *0.9                             | 9.5           | 9.6   |
| Dancing                                       | 16.7          | *12.3         | 27.1  | 1.3                              | *0.9          | 2.1   |
| Darts   | **0.4         | **1.4         | **1.8 | **0.0                            | **0.1         | **0.1 |
| Fishing                                       | **1.1         | 29.4          | 29.4  | **0.1                            | 2.3           | 2.3   |
| Football (indoor)                             | 19.2          | *6.7          | 26.0  | 1.5                              | *0.5          | 2.0   |
| Football (outdoor)                            | 34.6          | 23.4          | 56.4  | 2.7                              | 1.8           | 4.3   |
| Golf  | 36.8          | 42.7          | 74.3  | 2.8                              | 3.3           | 5.7   |
| Gymnastics                                    | **1.2         | **0.8         | **2.0 | **0.1                            | **0.1         | **0.2 |
| Hockey (indoor)                               | **0.0         | *4.4          | *4.4  | **0.0                            | *0.3          | *0.3  |
| Hockey (outdoor)                              | *6.1          | **1.9         | *8.0  | *0.5                             | **0.1         | *0.6  |
| Horse riding/equestrian activities/polocrosse | *8.2          | *9.7          | 12.8  | *0.6                             | *0.8          | 1.0   |
| Ice/snow sports                               | **1.5         | *6.7          | *8.2  | **0.1                            | *0.5          | *0.6  |
| Lawn bowls                                    | 34.6          | *6.9          | 37.2  | 2.7                              | *0.5          | 2.9   |
| Martial arts                                  | 22.1          | 3.2           | 25.3  | 1.7                              | **0.2         | 2.0   |
| Motor sports                                  | *4.0          | *6.4          | *10.4 | *0.3                             | *0.5          | *0.8  |
| Netball                                       | 48.7          | 15.4          | 62.6  | 3.8                              | 1.2           | 4.8   |
| Orienteering                                  | *3.7          | **0.0         | *3.7  | *0.3                             | **0.0         | *0.3  |
| Rock climbing                                 | **0.0         | **0.6         | **0.6 | **0.0                            | **0.0         | **0.0 |
| Roller sports                                 | **0.0         | *4.9          | *4.9  | **0.0                            | *0.4          | *0.4  |
| Rowing  | **2.2         | *4.9          | *6.1  | **0.2                            | *0.4          | *0.5  |
| Rugby league                                  | **1.5         | **1.0         | **2.5 | **0.1                            | **0.1         | **0.2 |
| Rugby union                                   | **2.4         | **0.0         | **2.4 | **0.2                            | **0.0         | **0.2 |
| Running                                       | 18.1          | 104.1         | 113.9 | 1.4                              | 8.0           | 8.8   |
| Sailing                                       | *4.5          | **2.7         | *6.4  | *0.3                             | 0.2           | *0.5  |
| Scuba diving                                  | *7.9          | *8.2          | *10.2 | *0.6                             | *0.6          | *0.8  |
| Shooting sports                               | *5.0          | *4.6          | *9.0  | *0.4                             | *0.4          | *0.7  |
| Softball                                      | **2.1         | **0.0         | **2.1 | **0.2                            | **0.0         | **0.2 |
| Squash/racquetball                            | *7.8          | 15.5          | 19.7  | *0.6                             | 1.2           | 1.5   |
| Surf sports                                   | **1.5         | 17.2          | 18.7  | **0.1                            | 1.3           | 1.4   |
| Swimming                                      | 20.1          | 114.2         | 128.9 | 1.5                              | 8.8           | 9.9   |
| Table tennis                                  | *5.4          | *6.5          | *12.0 | *0.4                             | *0.5          | *0.9  |
| Tennis  | 53.2          | 40.7          | 89.1  | 4.1                              | 3.1           | 6.9   |
| Tenpin bowling                                | *6.1          | *5.3          | *10.9 | *0.5                             | *0.4          | *0.8  |
| Touch football                                | *5.3          | **1.4         | *5.3  | *0.4                             | **0.1         | *0.4  |
| Triathlon                                     | **1.7         | **0.0         | **1.7 | **0.1                            | **0.0         | **0.1 |
| Volleyball                                    | 18.3          | *9.8          | 26.7  | 1.4                              | *0.8          | 2.1   |
| Walking (bush)                                | *7.8          | 64.1          | 67.0  | *0.6                             | 4.9           | 5.2   |
| Walking (other)                               | 17.7          | 468.9         | 475.0 | 1.4                              | 36.2          | 36.6  |
| Water polo                                    | *4.9          | **0.0         | *4.9  | *0.4                             | **0.0         | *0.4  |
| Waterskiing/powerboating                      | **0.0         | *11.7         | *11.7 | **0.0                            | *0.9          | *0.9  |
| Weight training                               | *4.2          | 31.9          | 35.2  | *0.3                             | 2.5           | 2.7   |
| Yoga  | 24.9          | 19.6          | 44.4  | 1.9                              | 1.5           | 3.4   |

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use