High Performance Sport News aims to promote greater awareness of key high performance sport activities and topics across the Australian sport sector.

High Performance Sport News is produced by the Clearinghouse for Sport and disseminated monthly. All contributions are welcome. Contact Dr Nicole Vlahovich (nicole.vlahovich@ausport.gov.au) if you would like to share your news.

Please note that some of the web links presented in this edition will require you to log into the Clearinghouse for Sport website. If you are not already a member, please join today: Clearinghouse Registration.

Subscribers to “High Performance Sport News” may also wish to subscribe to other alerting services.

Coaching

AIS International Coach Study Tour: London Olympic and Paralympic Games - Each year the AIS conducts an International Coach Study Tour which focuses on examining international calibre applied coaching concepts, methods and techniques. Two international coach study tours were conducted in 2012 in partnership with the Australian Paralympic Committee, respective national sporting organisations and with the support of the Australian Olympic Committee. Coaches on these tours attended the London Olympic or Paralympic Games to experience the unique environments of these competitions. On their return the coaches presented their findings at a Smart Talk and these presentations were recorded and are available on the Clearinghouse for Sport website:

- London 2012 Olympic Coaches Study Tour
- London 2012 Paralympic Coaches Study Tour

Reflective Practice: Value of, Issues, and Developments within Sports Coaching - This report, released
by Sports Coach UK, is an in-depth examination of the issues currently associated with reflective practice and the way in which it can be integrated into coach education programmes and used by coaches to positively impact on their practice.

**Daily Training Environment**

*Sleep and Recovery* - The Canadian Sport Information Resource Centre (SIRC) has released a new resource addressing sleep and recovery in athletes.

**Leadership and High Performance Management**

*About time! Women in sport and recreation in Australia* – The Australian Government response to the Senate Environment, Communications, Information Technology and the Arts References Committee report: About Time! Women in Sport and Recreation in Australia was tabled in Parliament on 1 November 2012. Senator Kate Lundy provided a media release commenting on the response.

*Government welcomes new appointments to Cricket Australia Board* – Senator Kate Lundy congratulated Jacqui Hey on her election as the first female independent director to the Board of Cricket Australia.

*The NRL releases five year strategic plan* - The Australian Rugby League Commission has unveiled a five-year Game Plan setting out a strategy and the funding principles that will drive Rugby League’s future as “The Greatest Game of All”.

*Australian Rugby Union release Corporate Governance Review* - Australian Rugby Union released Strengthening the Governance of Australian Rugby (the Arbib Review), which looked into the game’s corporate governance structures.

**Research and Innovation**

*Clinical Research Funding Announcement* - In early 2013 it is likely that there will be an additional $30,000+ made available for research into the Clinical areas. All NIN and NSO clinicians are eligible to apply for this funding and it is suggested that researchers who may be interested in applying start formulating proposals and collaborative partnerships now.

*National Research Grant Schemes* - Both the National Health and Medical Research Council and the Australian Research Council will soon open grant rounds for funding commencing in 2013-2014.

*BAE Systems partners with UK Sport* - The Technology partnership is giving some of Britain’s top athletes, and their coaches access, to our expertise and technology innovations normally reserved for the defence and security sector.

*Australian Sports Technology Network Annual Conference* - The inaugural ASTN Annual Conference was held at the Geelong Football Club on Friday 2 November 2012. More than 20 keynote speakers presented on the day including Minister for Sport Kate Lundy, John Bertrand and leaders from IMG, Nike, AFL and the Australian Institute of Sport. This event received some media coverage:

- [Sport technology network opens doors to global markets](#) - Minister for Sport Kate Lundy media release
- [One entity would sell sports know-how](#) - *Australian Financial Review*
- [Need for effective collaboration and support, key takeaways from ASTN sports technology conference](#) - *Sports Business Insider*

**Sport Technology Developments** - Two Smart Talks were presented at the ASC detailing technology developments in sport/ Videos of these Smart Talks are available on the Clearinghouse for Sport.
InMotio Local Positioning Measurement monitoring - Edward de Boer, Managing Director, InMotio Object Tracking.
Creating a computerised sports expert for live sports - Dr Patrick Lucey – Postdoctoral Associate at Disney Research Pittsburgh.

Developments in Sports Technology also appeared during the media in the month:

McDermott takes pace bowling technology on road - ESPN Cricinfo
First to the ball: The Melbourne company that's revolutionising the sports tech and data business - Sports Business Insider

Recent Publications from AIS/SIS/SAS researchers - The following articles by AIS and SIS/SAS researchers (and their partners) have been published in academic journals or books:

A strategy to reduce illicit drug use is effective in elite Australian football. Harcourt, Peter R.; Unglik, Harry; Cook, Jill L., British Journal of Sports Medicine 10/1/2012, Vol. 46 Issue 12, p943


To access the full articles please visit the Clearinghouse for Sport at the link provided.

To view and access academic literature on a range of sport-related topics, sign up for the Sport Monthly Update alert service.

Anti-Doping

New partnership to tackle doping in sport - Minister for Sport Kate Lundy and Minister for Home Affairs and Minister for Justice Jason Clare have announced a new Memorandum of Understanding (MoU) between the Australian Sports Anti-Doping Authority (ASADA) and the Australian Crime Commission (ACC) to protect the integrity of sport.

Report of the Independent Observers; London 2012 Paralympic Games - This report contains a
Doping Police Have a Powerful New Weapon in War Against Cheaters - Wired Playbook reports on a new test that significantly increases the odds of catching cheaters using human growth hormone.

International Insights

Cardenal confirms funding cuts for Spanish sport - Central funding for Spain’s national sports associations will be slashed by more than a third next year to €31 million

UK Sport has released the Rio Performance Investment Principles - UK Sport has reviewed their Investment Principles to guide World Class Performance investment decisions. The Investment Principles enshrine the “No Compromise” approach, and also the fact that all funding is a privilege and not a right.

Game changer: The FA plan for women’s football in England: 2013-18 - The five-year plan set out in this document is based on some firm foundations, as The FA’s 2008-12 strategy cycle draws to a close.

ASPIRE 2011-2016 Qatar Sports Sector Strategy - The Qatar National Vision 2030 (QNV 2030) sets out the principles for Qatar’s sustainable and balanced development, based on a vibrant and prosperous economy that provides economic and social justice, stability and equal opportunity for all.

Conferences

Sports Medicine Australia, ACT 2013 Conference of Science & Medicine in Sport - This Conference will reflect on the beginning of Sports Medicine in Australia, the milestones, highs and lows, establishment of the AIS in 1981, the advancement of technology and the evolving nature of sports, exercise and physical activity. Presenters will be drawn from all fields, reflecting on the journey of the last five decades and discussing some of the latest treatments, strategies, and technologies available today. The Conference will be held at the Australian Institute of Sport, Canberra, 9-10 February 2013.

Our Sporting Future 2013 - The Our Sporting Future Forum will provide participants with the opportunity to learn and contribute to discussion on the future of Australia’s sporting industry, looking into both internal and external impacts on Australia, and the potential effects this may have on the numerous sporting stakeholders. The Forum will be held at the Melbourne Convention & Exhibition Centre, 10–12 April 2013

American College of Sports Medicine 60th Annual Meeting and 4th World Congress on Exercise is Medicine - With 12 topical tracks, including Exercise is Medicine, attendees of more than 70 disciplines come together from around the globe to share new clinical techniques, scientific advancements and cutting-edge research in sports medicine, exercise science, physical activity and public health. This conference will be held in Indianapolis, USA, 28 May - 1 June, 2013

Ninth International Symposium on Computer Science in Sport - The symposium will be presented as a forum for mutual exchange between researchers, coaches, physical education teachers, graduates, fitness instructors, engineers, mathematicians and other sports-related and technical experts, dealing with interdisciplinary topics on sports and computer science. The symposium will be held in Istanbul, Turkey, 19-22 June 2013.

2013 World Conference on Doping in Sport - The World Anti-Doping Code review will be reaching a conclusion at the Conference and WADA’s Foundation Board will approve the next edition of the Code to come into operation in January, 2015. WADA has confirmed that the 2013 World Conference on Doping in Sport in Johannesburg, 13-15 November 2013.

Latest Information and Resources
New Resources

Australian Bureau of Statistics Sports Participation - This publication contains results from the 2012 Survey of Children's Participation in Cultural and Leisure Activities, conducted throughout Australia in April 2012 as a supplement to the Australian Bureau of Statistics') monthly Labour Force Survey.

The Record: preserving the story of London 2012 - The 2012 Olympics, Paralympics and Cultural Olympiad represent a key moment in the UK’s sporting and cultural history. In partnership with the Museums, Libraries and Archives Council, The National Archives is helping the many contributing organisations to work together to build a comprehensive legacy of accessible, searchable information. The project to secure this legacy is known as 'The Record'.

Be Active 2012 Blog - The 4th International Congress on Physical Activity and Public Health was held in Sydney, Australia from 31st October – 3rd November 2012. The Be Active Blog will provide the video and audio of selected presentations as soon as possible.

New book

Applying Education Psychology in Coaching Athletes - This book introduces the idea of the developing coach as both teacher and learner, and how coaching principles and a strong coaching philosophy provide a foundation for effective management and decision-making. By considering the theories that drive successful coaching, developing coaches gain focus, motivation and guidance as they learn how a thoughtful coach provides the structure and discipline to make athletes more successful on the field of play.

From the National Sport Information Centre

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Sport Monthly Update – This Clearinghouse for Sport current awareness service is provided with the help of our Australian Sport Sector partners, listed at the bottom of this e-newsletter. Sport Monthly Updates highlight the latest content on selected topic(s) of interest from the SPORTDiscus database, a comprehensive research database of sport and sport science literature.

Electronic Tables of Contents – This Clearinghouse for Sport current awareness service allows members to receive an electronic copy of the ‘table of contents’ for many journals of interest. A list of the journals offering this service can be found on the Clearinghouse for Sport website.

High Performance Sport News and Community Sport News – These news services will alert members to the latest information in their respective area of interest. High Performance Sports News is not available to all client groups.

Daily Sports News – This news service is published Monday through Friday and provides a summary of the latest sports news stories.
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